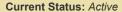


This policy has been adopted by UNC Health Care for its use in infection control. It is provided to you as information only.





## Infection Control Plan FY 2019

## I. Description

Outlines the annual infection prevention priorities of Hospital Epidemiology and UNC Health Care

## II. Rationale

An organized, systematic plan based upon the annual infection control risk assessment that provides the foundation for an effective infection prevention program.

# III. Policy

## A. Goals

- 1. Overall
  - a. Reduce risk of healthcare-associated infections for all patients, employee, and visitors.
- 2. Targeted
  - a. Healthcare-associated infection reduction 10% reduction overall across the infection types listed below. (Note: these infection counts are based on CMS required reporting regulations, not necessarily all hospital-wide infections)

Infection Types - All CMS Reportable	Count - CY17	Reduce %	Reduce # for FY19
MRSA bacteremia, <i>C. difficle</i> ; CLABSI; SSI Hyst; SSI-Colon surgery; CAUTI	308	10%	31

- b. Clean In, Clean Out hand hygiene compliance program
  - i. Incorporate Patients and Families in at least three areas from pilot phase through full implementation.
  - ii. Consistently sustain ≥90% compliance across all inpatient units, outpatient areas, procedural areas, operating locations and job classes.
    - At least 90 percent of inpatient units and departments must sustain 90 percent compliance or higher
    - At least 90 percent of participating outpatient/procedureal areas must sustain 90 percent compliance or higher
    - · At least 85 percent of job classes must sustain 90 percent compliance or higher
    - At least 75 percent of OR locations must sustain 90 percent compliance or higher
  - iii. Continue improving our culture of feedback.
    - Achieve overall feedback >75 percent in inpatient and outpatient areas
  - iv. Promote engagement
    - Increase monthly number of participants by 10%

- Physician participation goal to be determine by Service Leaders

#### **B. Risk Assessment**

(see Attachment 1: Annual Unit Based Infection Risk Assessment)

- 1. Patient Populations at Increased Risk of Infection
  - a. All intensive care unit patients
  - b. Solid organ transplant patients
  - c. Burn patients
  - d. Hematopoietic Stem Cell Transplant (HSCT) patients
  - e. Immunosuppressed patients (e.g., absolute neutrophil count [ANC] <1000, agranulocytosis)
- 2. Procedures/Devices that Increase Infection Risk
  - a. Central venous catheters
  - b. Indwelling urinary catheters
  - c. Tubes, drains, other devices inserted percutaneously
  - d. Intubation and prolonged ventilator support
  - e. Surgical procedures
  - f. ECMO
- 3. Epidemiologically Important Pathogens
  - a. Legionella
  - b. Aspergillus/Rhizopus/Mucor
  - c. MRSA
  - d. VRE
  - e. C. difficile
  - f. MDR Gram negative bacteria
  - g. Carbapenem-resistant Enterobacteriacae
  - h. Candida auris
- 4. Highly Communicable Diseases
  - a. Novel Influenza virus
  - b. SARS
  - c. MERS-coV
  - d. Viral hemorrhagic fevers (e.g., Lassa fever, Ebola viral disease)

## C. Strategies to Reduce Infection Risk

- 1. Identify and control outbreaks
  - a. Review of microbiology, immunology, molecular microbiology reports
  - b. Prospective and syndromic surveillance
  - c. Pulsed field gel electrophoresis of outbreak pathogens

- d. Epidemiologic assessment as indicated (e.g., timeline, epidemic curve, case-control study)
- e. Institution of prevention and control measures as indicated (e.g., isolation, cohorting of patients and staff, improved hand hygiene, active surveillance cultures, assessment of environmental cleaning)
- f. Exposure follow-up (in conjunction with OHS)
- 2. Perform surveillance for healthcare-associated infections
  - a. Follow CDC National Healthcare Safety Network (NHSN) definitions
  - b. Prospective and targeted Retrospective
  - c. Comprehensive: inpatient-related and outpatient-detected
  - d. Calculation/distribution of monthly infection rates and line listing of infected patients for each inpatient unit/service line
  - e. Monthly and as needed analysis of potential for cross-transmission
  - f. Targeted surveillance for home health/hospice infections
  - g. Monitor incidence of healthcare-associated device-related or procedure-related infections
    - i. Central Line-Associated Bloodstream Infections
    - ii. Ventilator-Associated Events (VAE)
    - iii. Surgical Site Infections (SSI)
    - iv. Catheter-Associated Urinary Tract Infections (CAUTI)
- 3. Conduct routine monitoring
  - a. Biological indicators for sterilizers
  - b. Endoscopes
  - c. Pharmaceuticals
  - d. Dental water lines
- 4. Improve Hand Hygiene Compliance
  - a. Routinely monitor compliance and provide feedback to staff
  - b. Routinely evaluate the availability and acceptability of hand hygiene products
  - c. Provide just-in-time peer coaching
  - d. Provide frequent and tailored education on when and how to perform hand hygiene along with frequent visible reminders
  - e. Enlist organizational leaders to serve as role models
  - f. Ensure commitment of leadership to achieve and sustain compliance of ≥90%. Managers must hold everyone accountable for proper hand hygiene.
- 5. Support Infection Control Liaison Program
  - a. Unit-based staff, outpatient care services clinical staff, and ancillary care staff (i.e., ES, FNS, Transport) with focused infection control training provided by Hospital Epidemiology
  - Responsible for assessing their unit's compliance with infection control policies/procedures and conducting performance improvement activities related to infection prevention (e.g., reducing device-associated infections, monitoring and improving hand hygiene compliance)
  - c. Serves as the contact person to disseminate infection control information, updates, and answer staff questions
- 6. Ensure compliance with JC National Patient Safety Goals

- a. Comply with WHO or CDC hand hygiene guidelines
- b. Prevent HAIs due to multi-drug resistant organisms (MDROs)
  - i. Annual risk assessment for MDROs
  - ii. Implement and assess prevention strategies outlined in this plan and under NPSG 07.03.01
- c. Assess compliance with evidence-based practices for prevention of central line-associated bloodstream infections
  - i. Compliance with Central Line Insertions, Access, and Maintenance Bundle
  - ii. Standardized insertion training for providers
  - iii. Chlorhexidine bathing in intensive care units, step down units, and oncology units
  - iv. Daily assessment for central line need
  - v. Appropriate maintenance of central venous access devices
  - vi. Provide Central Line-Associated Bloodstream Infection rate data and prevention outcome measures to key stakeholders, including leaders, licensed independent practitioners, nursing staff, and other clinicians.
- d. Assess compliance with evidence-based practices for prevention of surgical site infections
  - i. Ensure patient education provided in Pre-op visit. Use LMS for staff education.
  - ii. Ensure Peri-Operative Services and Anesthesia infection control policies support prevention strategies.
  - iii. Trend surgical procedure specific infection rates and unit rates and provide feedback to key stakeholders
- e. Implement evidence-based strategies for prevention of catheter-associated urinary tract infections
  - i. Staff education regarding aseptic insertion of catheter
  - ii. Insertion order must include indication for catheter
  - iii. Daily assessment for urinary catheter need
  - iv. Appropriate maintenance of indwelling urinary catheters
- 7. Manage HAIs as Sentinel Events When Indicated
  - a. Review all HAIs for indications of an unanticipated death or permanent loss of function
  - b. Notify Risk Management of suspected sentinel event
  - c. Participate in root cause analysis and follow up as needed
- 8. Construction Rounds and Construction Risk Assessment Meetings
  - a. Walk-about rounds with Plant Engineering every 2 weeks and on an as needed basis
  - b. Attend bi-weekly and as needed construction meetings held by Plant Engineering and Contract Services
  - c. Review blueprints and risk assessments for all new construction and renovations in clinical areas
- 9. Infection Control Rounds
  - a. Evaluate compliance with infection control policies/practices
  - b. Written recommendations to manager with their follow-up documented
- 10. Policy Review and Revision
- 11. Committee Participation: Refer to Infection Control Program Policy for committee information
- 12. Periodic Comprehensive TB Risk Assessment
- 13. Consultation, Education/Training

- a. In-services, presentations, educational material to staff, visitors/families, attending physicians, residents, contract employees, students, and volunteers
- b. Computer-based training modules
- c. Educational videos
- d. Newsletter articles
- e. Educational materials (e.g., booklets/brochures)
- f. Quality Improvement support from Epidemiology Quality Improvement Staff
- g. On-Call availability 24/7 for Infection Prevention consultation
- 14. Additional Strategies to Reduce Infections for the Immunosuppressed Patient
  - a. Ideally a private positive pressure room, HEPA filtration for HSCT patients
  - b. No live plants or fresh flowers
  - c. Immunosuppressed diet per physician order
  - d. Patient must wear tight-fitting surgical mask when outside room
- 15. Additional Strategies for Home Health and Hospice
  - a. Trend analysis of device-related infections (urinary catheter-associated UTIs and central catheter-associated bloodstream infections)
  - b. Promote immunizations to prevent respiratory infections: influenza and pneumococcal pneumonia vaccines (as recommended by ACIP)
- 16. Additional Strategies for Outpatient Care Services
  - a. Since most patient encounters with the healthcare system now take place in outpatient settings, UNC Health Care will maintain infection control programs in Outpatient Care Services, and this will include
  - b. Training and monitoring of practices on:
    - i. the basic principles of disease transmission and the methods to prevent transmission
    - ii. safe injection practices and proper use of single use and single patient devices/medications
    - iii. principles of asepsis and hand hygiene
    - iv. OSHA Bloodborne Pathogen Standard
    - v. the principles of disinfection and sterilization
    - vi. TB and respiratory protection per OSHA

#### **D. Evaluation of Plan Effectiveness**

- 1. Statistical analysis of infections
- 2. Trend analysis of infection rates
- 3. Device-associated rates to include home health and hospice
- 4. Monthly infection reports to nurse managers, clinical directors, infection control liaisons
- 5. Monthly infection reports to Infection Control Committee
- 6. Infection Control rounds report and annual compliance assessment
- 7. Monitor compliance with required and recommended immunizations
- 8. Annual assessment of communicable disease exposures with trend analysis

- 9. Annual risk assessment for MDROs with trend analysis
- 10. Periodic assessment of process measures with staff feedback
  - a. Evidence based processes to prevent surgical site infections
  - b. Evidence based processes to prevent catheter associated bloodstream infections
  - c. Evidence based processes to prevent catheter associated urinary tract infections
  - d. Evidence based processes to prevent Clostridium difficile infections
  - e. Evidence based processes to prevent ventilator associated pneumonia
  - f. Hand hygiene compliance
  - g. Isolation precautions compliance

### Attachments:

Attachment 1 - Annual Unit Based Infection Risk Assessment.docx

#### **Approval Signatures**

Step Description	Approver	Date	
Policy Stat Administrator	Patricia Ness: Nurse Educator	08/2018	
	Thomas Ivester: CMO/VP Medical Affairs	08/2018	
	Emily Vavalle: Director, Epidemiology	08/2018	
	Sherie Goldbach: Infection Prevention Registrar	08/2018	
Applicability			
UNC Medical Center			