

Preventing Surgical Site Infections

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Disclosures

- Research funding from the AHRQ, NIH/NIAID, and CDC
- Royalties from UpToDate, Online

Outline

- Impact of SSI
- Surveillance for SSIs
- Strategies for Prevention
 - Basic recommendations
 - Special strategies
- Implementation
- Rates and reporting

Impact of SSI

- SSIs are the most common and most costly HAI
- An estimated 16 million operations were performed in acute care hospitals in 2010
- Prevalence
 - 2-5% of surgical patients develop an SSI
 - ~160,000-300,000 SSIs per year in US
 - SSI is now the most common and costly HAI
- Impact
 - Each SSI results in 7-11 additional hospital days
 - Patients with SSI have a 2-11 times higher risk of death
 - 77% of deaths among patients with SSI are directly due to SSI
 - Cost (2007 dollars): \$3.5 to \$10 billion annually

Surveillance

- Direct vs. indirect methods
 - Indirect method reliable (sensitivity, 84%-89%) and specific (specificity, 99.8%) compared with direct surveillance
- Indirect combines
 - Review of microbiology reports and patient medical records
 - Screening for readmission and/or return to the operating room
 - Other information, such as coded diagnoses, coded procedures, operative reports, or antimicrobials ordered
 - Surgeon and/or patient surveys

Surveillance - Electronic Data Helps

- Strategy 1 - antibiotics and readmissions
 - Improve the sensitivity and reduce effort
- Strategy 2 - diagnosis codes
 - Medicare claims data can be used to enhance traditional surveillance methods for SSI and to identify hospitals with unusually high or low rates of SSI

Surveillance - Post-Discharge

- Important for internal review
- Not useful for hospital comparisons

Rates and Reporting

- Rate
 - Number of infections/100 procedures
- SIR - Standardized Infection Ratio
 - Number of observed infections/number of expected infections
 - >1 is bad
- Methods for risk adjustment exist, but are not very good

Example

- SSI following colon=10
 - Number of procedures=250
- NHSN says rate of colon SSI=2.0
 - So expected number of SSIs for 250 procedures would be 5 (5/250=2 SSI/100 procedures)
- $SIR = 10/5 = 2$

SHEA/IDSA PRACTICE RECOMMENDATION

Strategies to Prevent Surgical Site Infections in Acute Care Hospitals: 2014 Update

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PURPOSE

Previously published guidelines are available that provide comprehensive recommendations for detecting and preventing healthcare-associated infections (HAIs). The intent of this document is to highlight practical recommendations in a concise format designed to assist acute care hospitals in implementing

ventable by using evidence-based guidelines.^{10,11}

- B. SSIs account for 20% of all HAIs in hospitalized patients.¹²
- C. Each SSI is associated with approximately 7–11 additional postoperative hospital-days.^{3,9,13,14}
- D. Patients with an SSI have a 2–11-times higher risk of



Most Recent Update

- Compendium documents originally published in 2008
- Reconvened and diversified writing group to update (inclusion of surgeons!)
- 6 sections
 - Rationale
 - Strategies
 - Performance measures
 - Detection
 - Recommendations
 - Implementation

What's New?

- Modification of grading of evidence
- Expansion of recommendations
 - 15 Basic Practices
 - 5 Special Approaches
 - 4 Don't Dos
 - 4 Unresolved Issues
- Addition of the section on implementation

Other Recent Guidelines

- WHO - 2016
- ACS - 2016
- CDC - 2017
- Minor differences

Basic Practices - SCIP

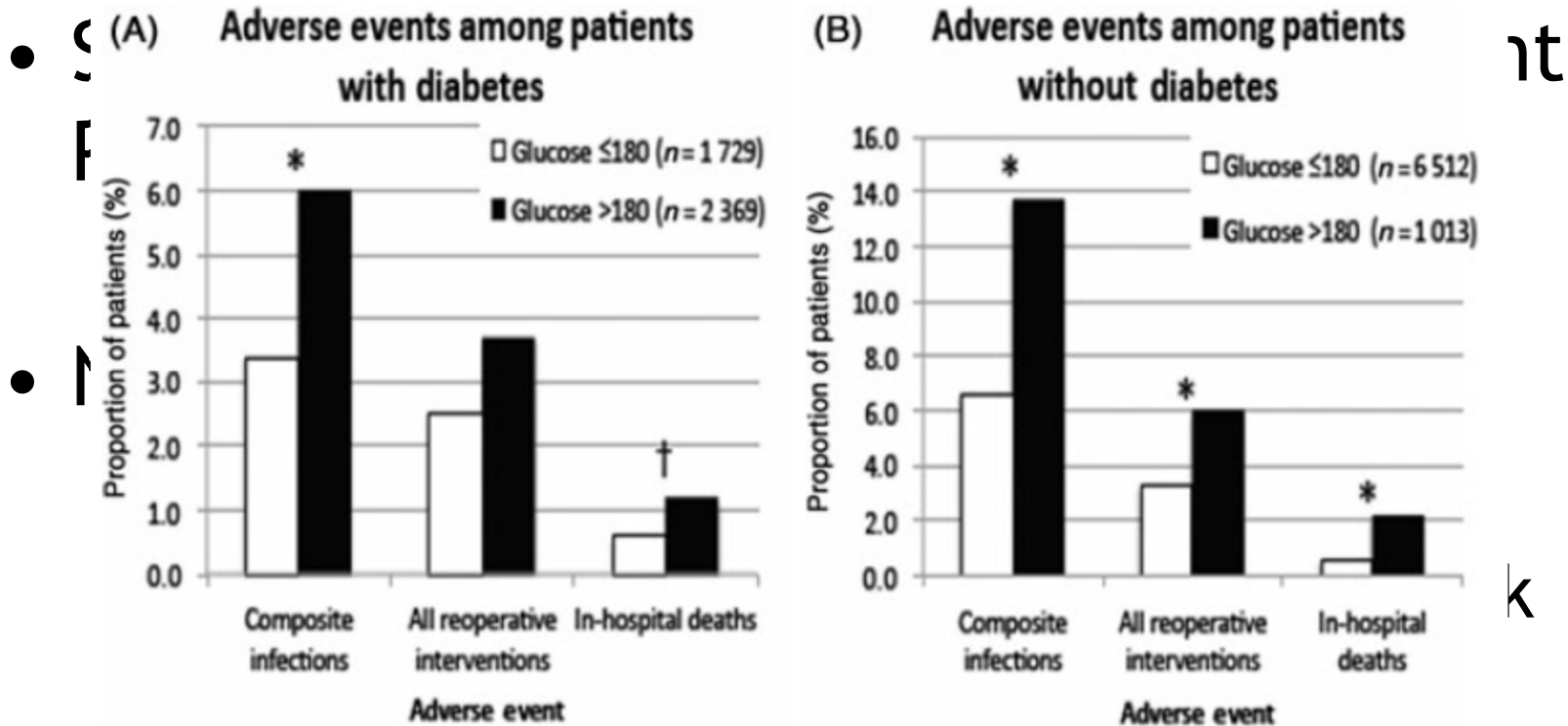
- Dose
- Timing
- Discontinuation
- No shaving
- Post-op glucose control
 - 180 mg/dL
 - Cardiac and non-cardiac
 - 18-24 hours after end of anesthesia
- Normothermia

Post-op Glycemic Control

- Surgical Care and Outcomes Assessment Program in Washington State
 - 11,633 patients (57% colorectal)
- Notes
 - 25% had glucose > 180
 - Hyperglycemia = 2-fold increase in SSI risk
 - Adjusted



Post-op Glycemic Control



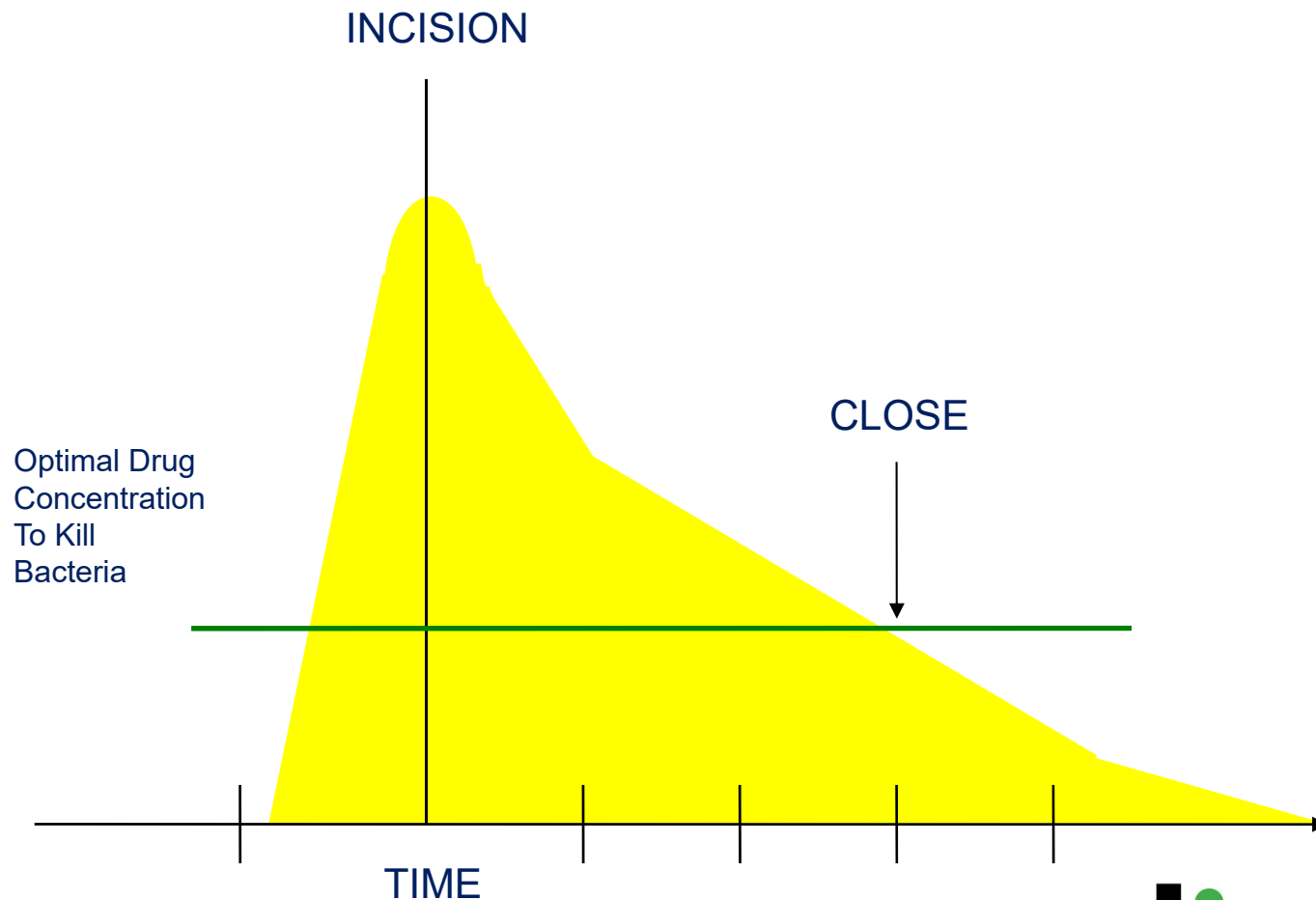
How?

- RCT of basal-bolus insulin vs. SS insulin
 - 211 general surgery patients with diabetes
- Results
 - 3.4-fold decrease in composite outcome
 - SSI, pneumonia, BSI, resp/renal failure
 - Average post-op glucose 145 v. 172 ($p < 0.01$)
 - No statistically significant difference in patients with $BG < 40$, but close (4 v. 0, $p = 0.06$)

Basic Practices - Build on SCIP

- Weight-based dosing
- Redosing of prophylactic antibiotics for prolonged procedures
- Bowel prep

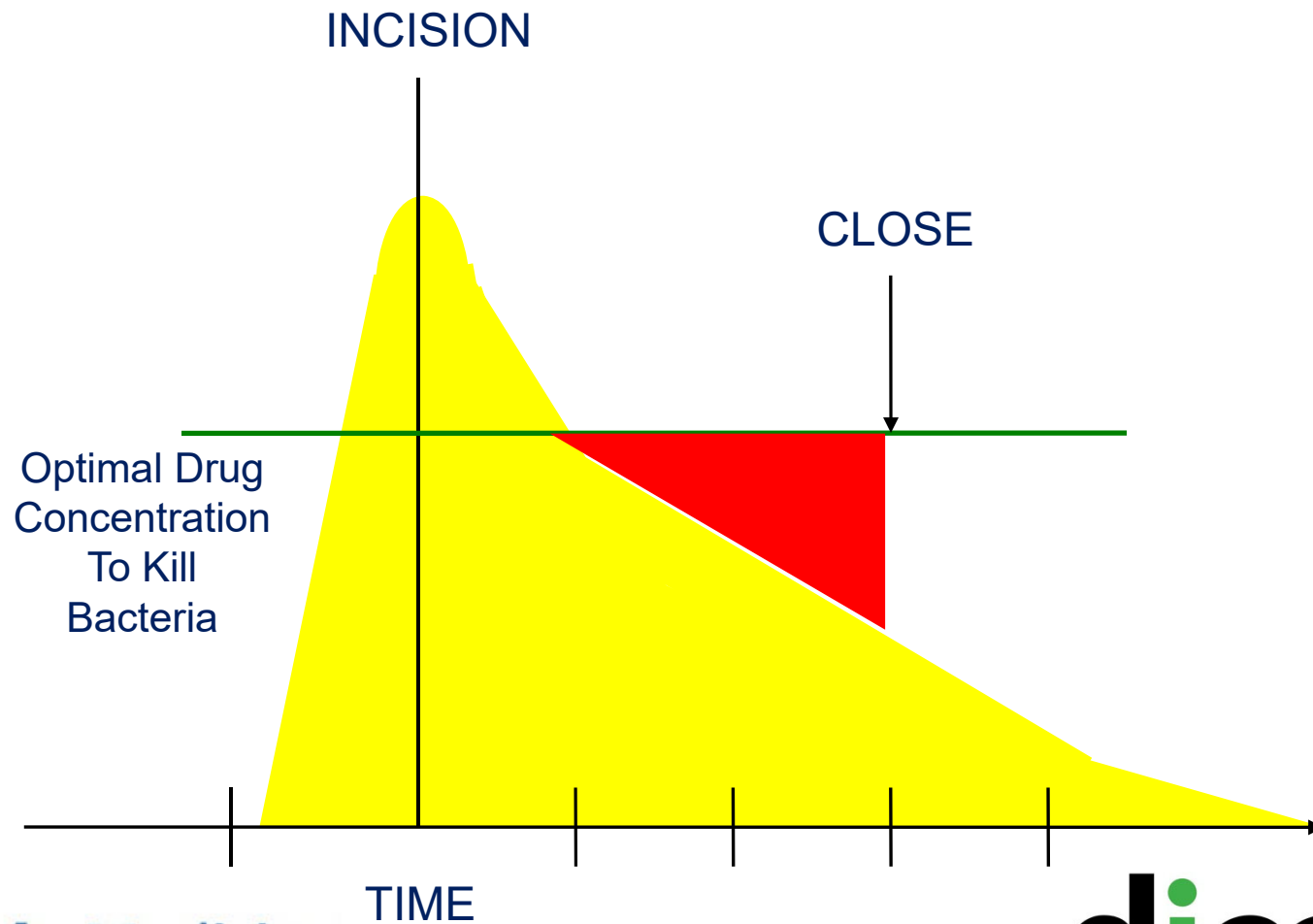
Prophylaxis: Ideal Scenario



Obesity and Surgical Duration

- Both significantly impact antibiotic levels in tissue
- Obesity is a risk factor for SSI
- Prolonged surgical duration is risk factor for SSI

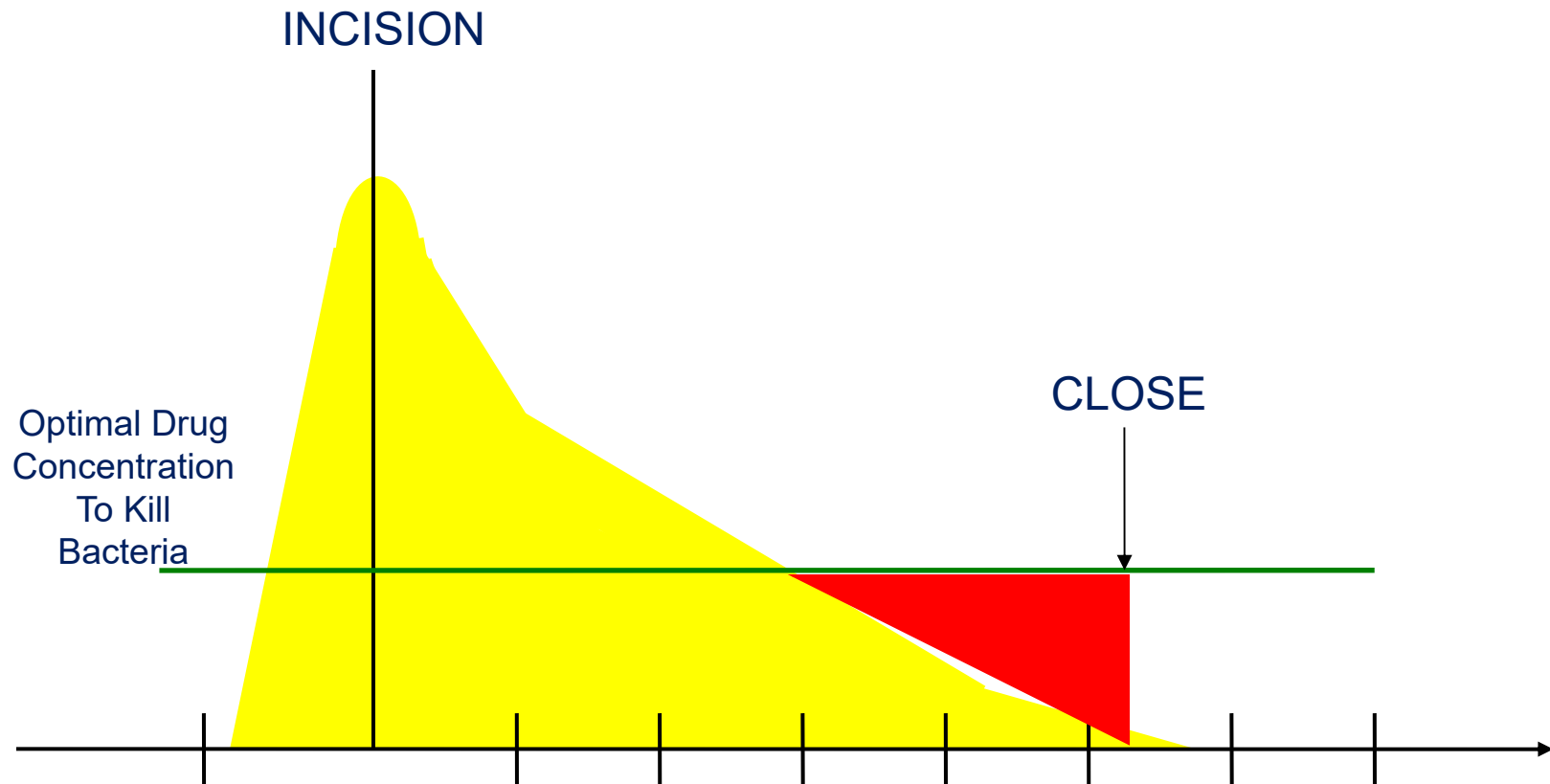
Prophylaxis: Obesity



Impact of Increasing Dose

- Trial comparing 1g cefazolin v. 2g cefazolin among obese patients undergoing bariatric surgery
- Baseline rates of infection
 - 16.5/100 in obese
 - 2.5/100 in non-obese (undergoing other clean-contaminated surgery)
- Tissue and serum concentrations were lower in patients who received 1g ($p < 0.0001$)
- Rate decreased to 5.6/100 procedures in obese patients

Prophylaxis: Long Procedure



Re-Dosing: Data Show it Works

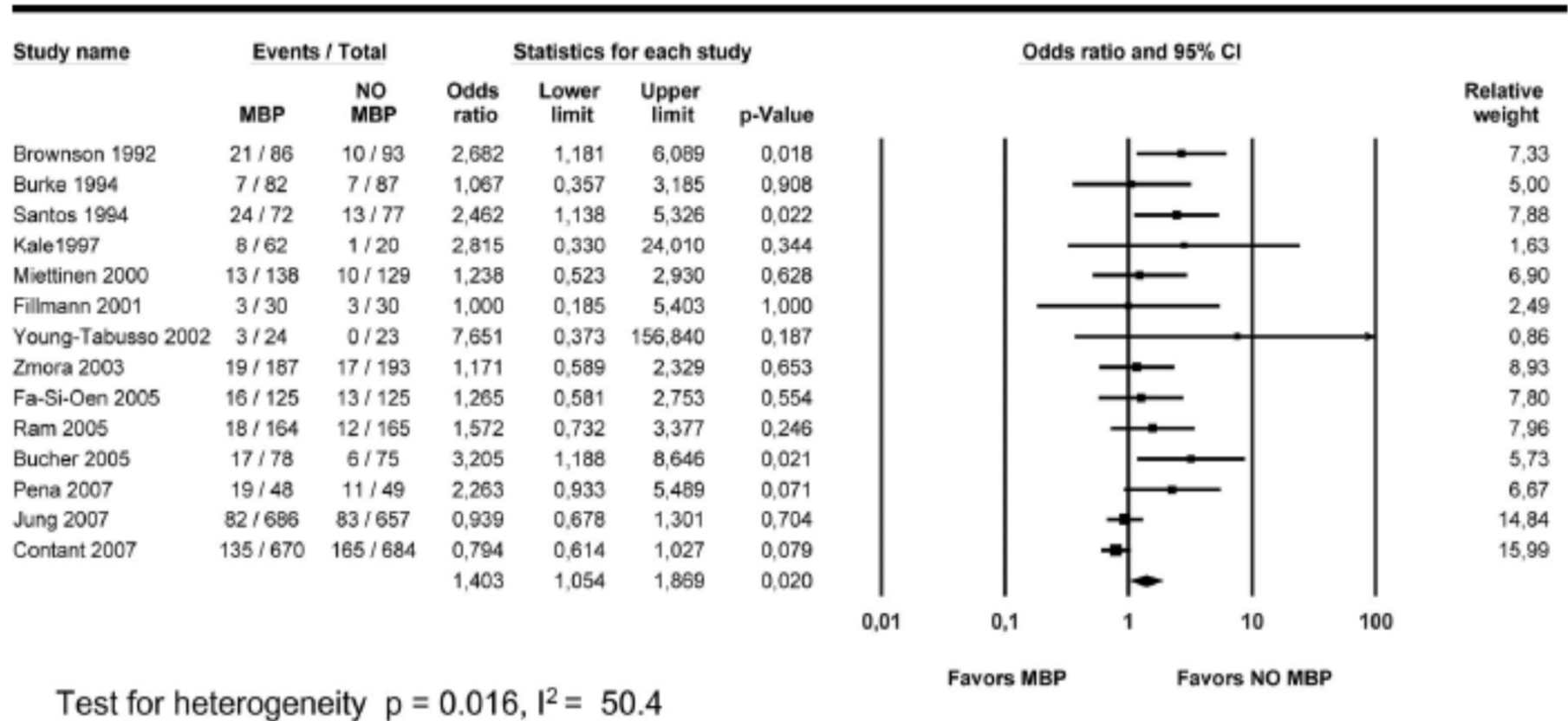
- Review of published literature
- Analysis of 801 patients undergoing clean-contaminated operations:
 - 1g cefazolin
 - 1g cefazolin + 1g 3 hours later
- If procedure > 3 hours, then rate of SSI reduced from 6.1 to 1.3



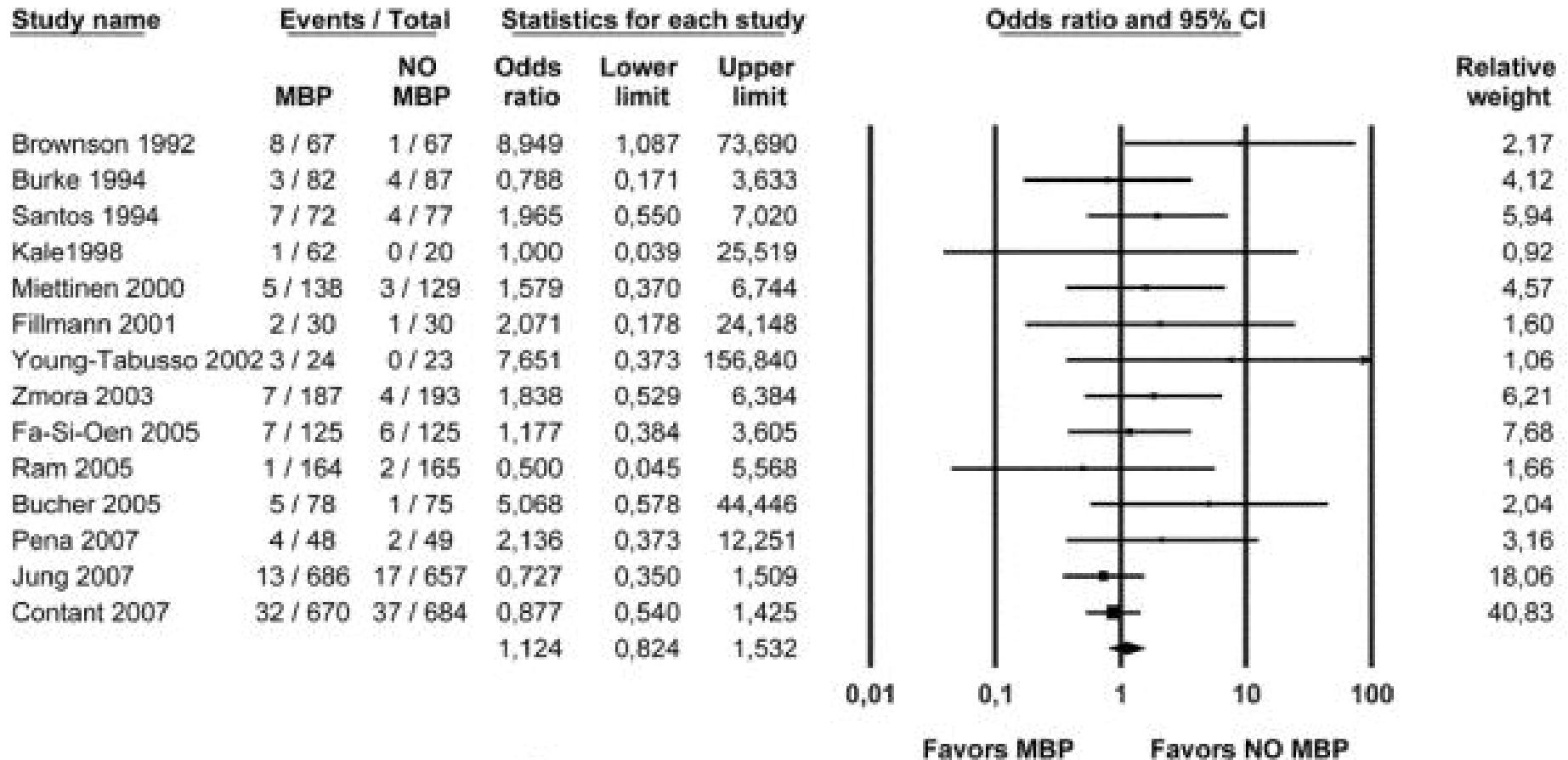
Mechanical Bowel Prep?

- Should we give?
- Just bowel prep?
 - Risk of anastamotic leak?
- Bowel prep + PO antibiotics?

MBP (no PO abx) and SSI



MBP and Harm? Anastamotic Leak



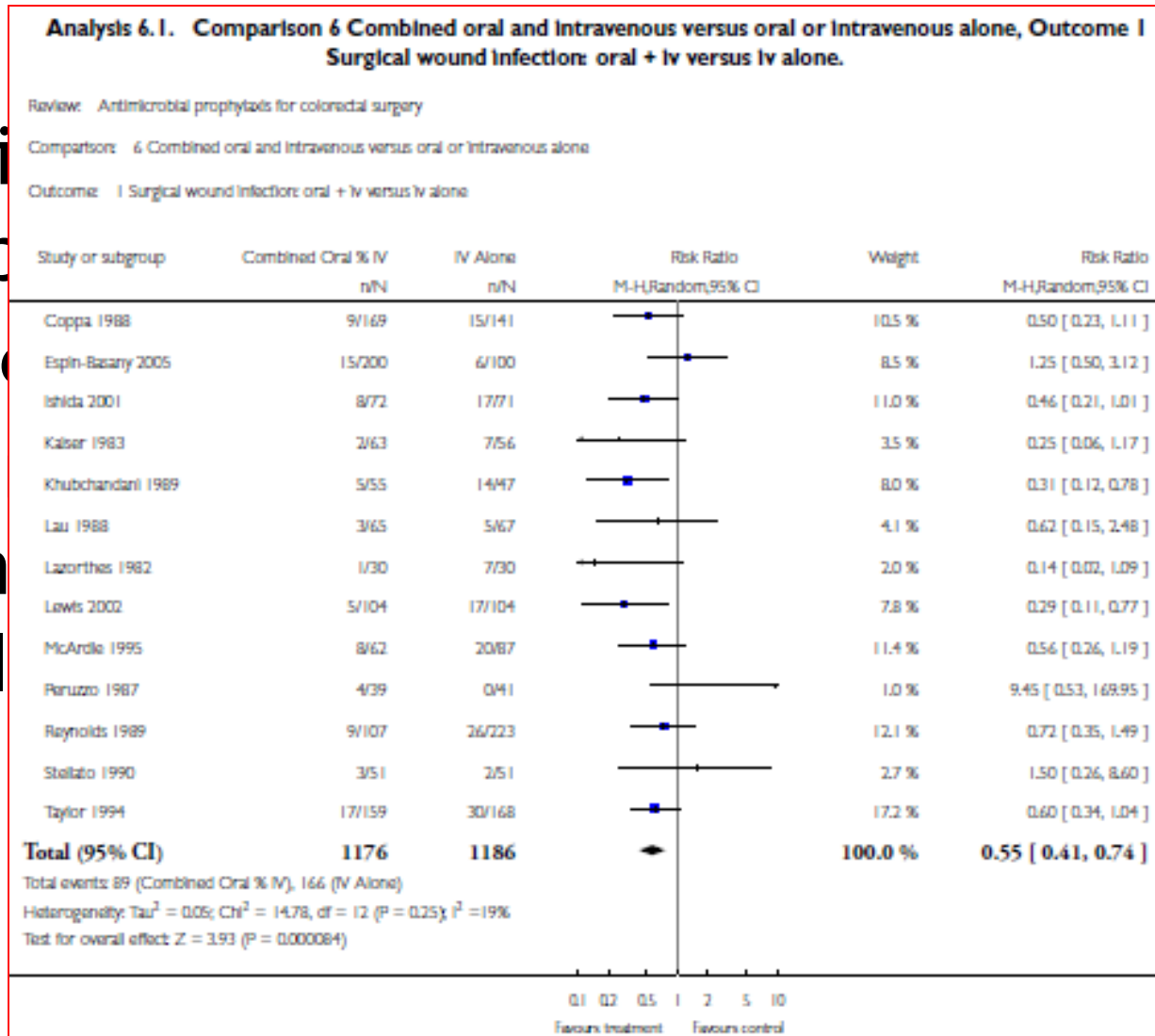
Test for heterogeneity $p = 0.492, I^2 = 0$

Oral + IV Antibiotics?

- Reviewed 182 RCTs comparing different prophylactic regimens
 - Elective and emergency procedures included
- 13 trials met criteria to compare combined oral and intravenous antibiotic vs. IV alone

Oral + IV Antibiotics?

- Review of prophylaxis - Efficacy
- 13 trials compared oral + IV vs. IV alone



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cluded

biotic

Consensus Recommendation

- Now three of the four major guidelines recommend the use of MBP + oral antibiotics for colorectal procedures
 - SHEA/IDSA
 - WHO
 - ACS/SIS
 - (not discussed in CDC/HICPAC)

Basic Practices - Beyond SCIP

- Oxygenation
- Skin prep
- Use of plastic wound protectors
- WHO checklist

Oxygen and SSI: Basic Science

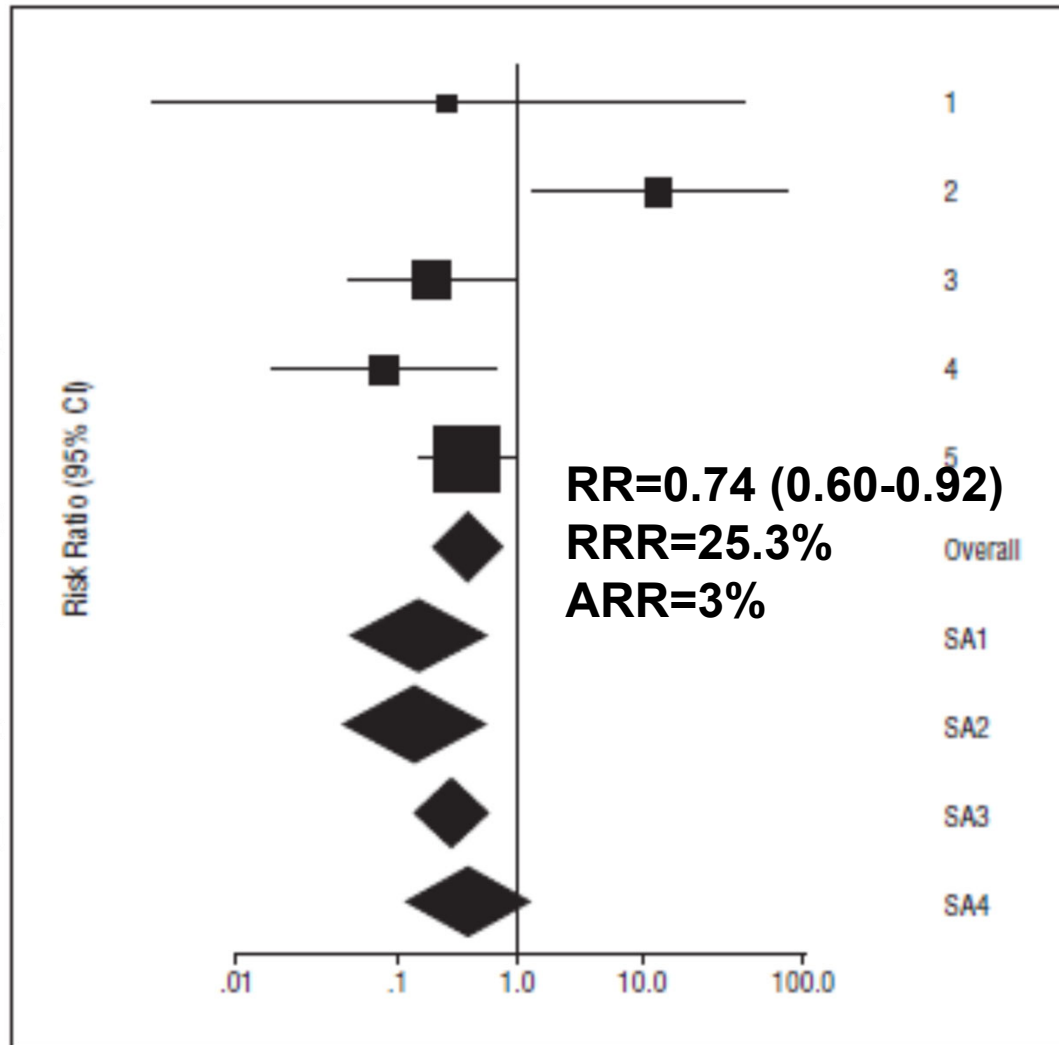
- O_2 is important for wound healing
- O_2 correlated with collagen deposition
- Tissue hypoxia is a risk factor for wound infection and dehiscence
- Superoxide production by leukocytes proportional to P_{O_2}
- Many antibiotics require oxygen to exert lethal effects on bacteria

High Inspired O₂ Fraction

- Recent meta-analysis reviewed 5 RCTs
 - Variation in methods noted
 - 3 included nitrous oxide mixture
 - 1 provided O₂ for 6 hours
 - 3 colorectal
 - Antibiotic prophylaxis not controlled for in all
- By fixed-effects method, data supports use of 80% FiO₂ for prevention of SSI

High Inspired O₂ Fraction

- Received
- Variable
- 3
- 1
- 3
- A
- By fixed
- use of



RCTs

or in all
ports
SSI

Harm?

- PROXI Trial
 - n=1400 patients undergoing acute or elective laparotomy
 - Randomized to 80% v. 30% FiO₂
 - SSI dx in 14 days
- No difference in rates of SSI for two groups
 - Approx 20% for each group
 - Adjusted RR=0.91 (0.69 to 1.20)
- No difference in adverse outcomes between two groups

Implementation?

- Not easy
- Reasonable chance being given high FiO_2 *during* procedure
- Difficult to develop process to continue high FiO_2 *after* procedure

Skin Prep

- Use alcohol-containing skin prep (when possible)
- Add a disinfectant
 - CHG likely superior to PI

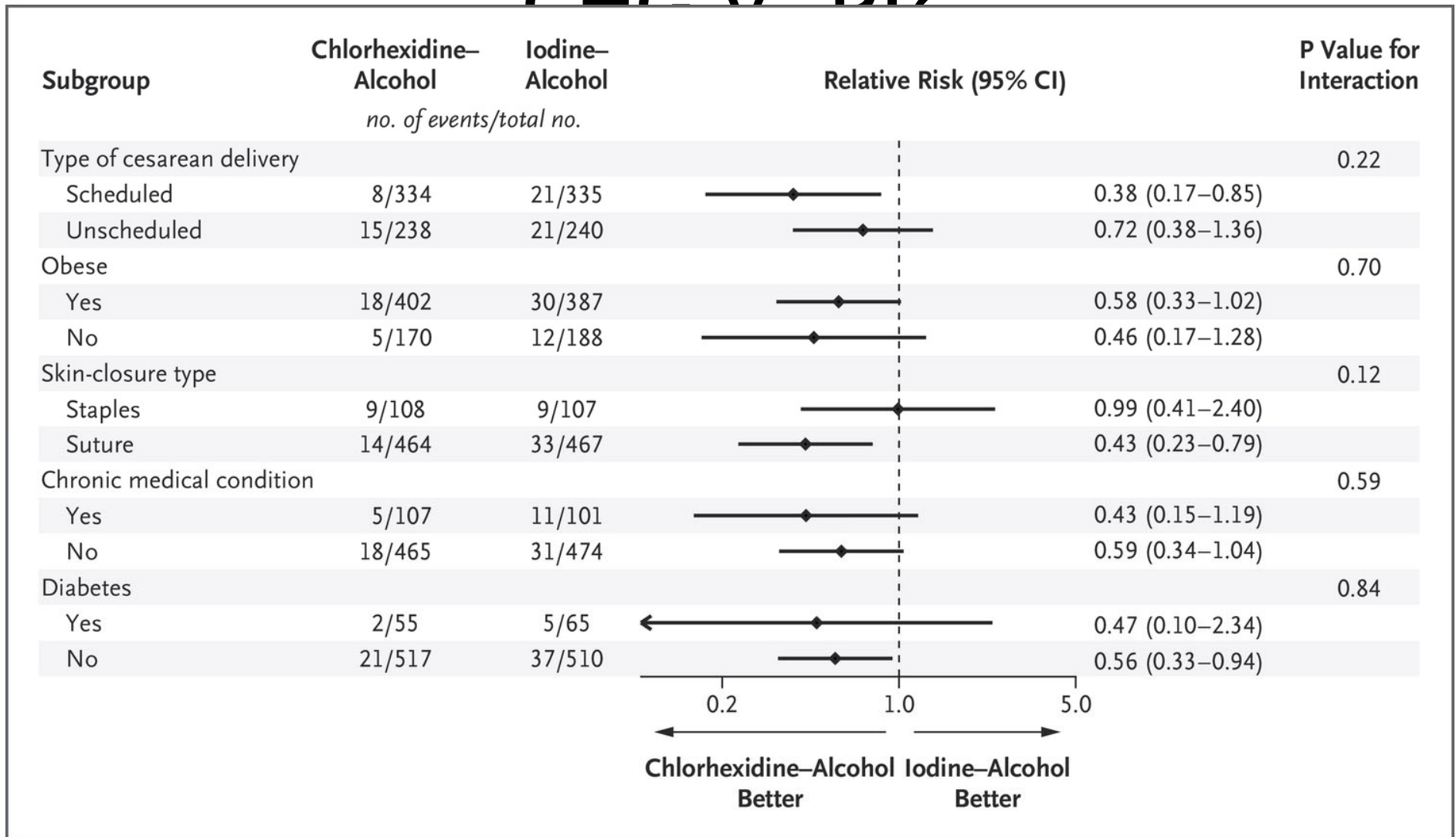
CHG Uses in Infection Control

<i>Application</i>	<i>Evidence</i>
Skin antisepsis	
CVC site preparation	50% better than povidone-iodine (catheter colonization)
Surgical hand scrub	86-92% reduction in flora
Source control in ICUs	Reduction in skin flora; reduce risk of CLABSI 6-fold
Preoperative scrub	Superior to other antiseptics in reducing skin flora at surgical site
Impregnated devices	
Vascular catheter dressings	Reduction in catheter colonization (40-50%); decrease rate of CLABSI
Vascular catheters	Reduction in catheter colonization (55%); in BSI (40%) in high-risk groups

CHG v. PI?

- Finally, RCT comparing CHG-ETOH vs. PI-ETOH
- 1,147 women undergoing CSEC
- Rate of SSI lower with CHG/EtOH (p=0.02)
 - CHG/EtOH - SSI rate=3.0
 - PI/EtOH - SSI rate=4.9

CIC v. DI?



FDA Warning: CHG

- FDA released a Safety Communication warning about potential for rare but serious allergic reactions to CHG
- Data
 - 1969-2015: 52 cases of anaphylaxis (2 deaths)
 - Big increase since 2010
- While need to monitor for these important reactions, this issue does not change recommendations about CHG

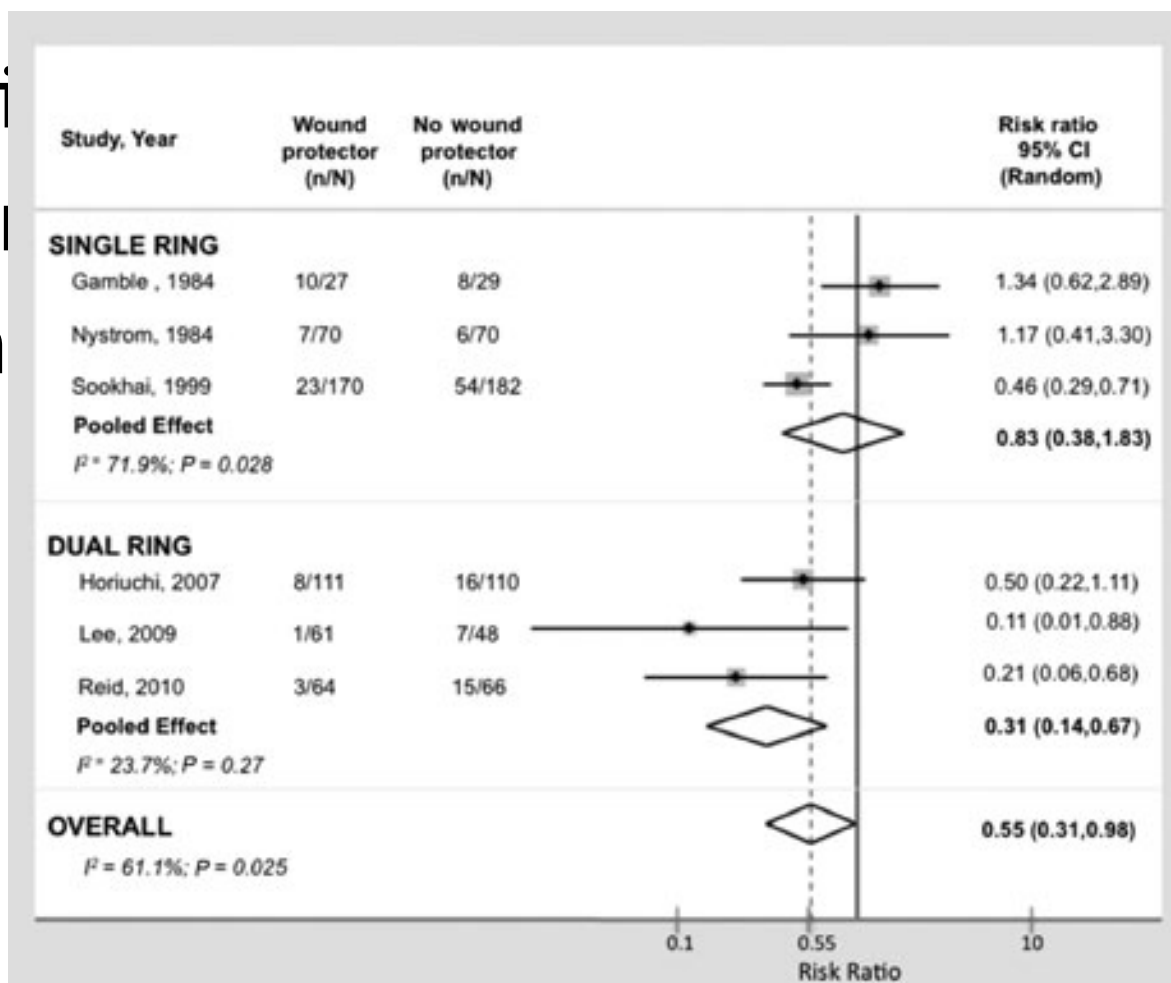
Impervious Plastic Wound Protectors

- Plastic sheath that facilitates retraction
- Theoretically improves health of tissue
- GI and biliary tract procedures

Impervious Plastic Wound Protectors

- Plastic
- Theor
- GI an

tion
sue



Surgical Safety Checklist

Surgical Safety Checklist

- Checklists
 - Proven method for prevention of complications
 - Change system AND individual behavior
 - CLABSI
- New checklist for surgical care
 - 19 item surgical safety checklist
 - Sign in, Time out, Sign out
 - 8 institutions throughout world
 - Prospective, quasi-experimental study of patients before (n=3733) and after (n=3955) implementation
 - Non-cardiac surgery
 - During “Time-Out,” OR team had to confirm that prophylactic antibiotics have been administered ≤ 60 min before incision is made or that antibiotics are not indicated



Surgical Safety Checklist

Table 2. Characteristics of Participating Hospitals.

Site	Location	No. of Beds	No. of Operating Rooms	Type
Prince Hamzah Hospital	Amman, Jordan	500	13	Public, urban
St. Stephen's Hospital	New Delhi, India	733	15	Charity, urban
University of Washington Medical Center	Seattle, Washington	410	24	Public, urban
St. Francis Designated District Hospital	Ifakara, Tanzania	371	3	District, rural
Philippine General Hospital	Manila, Philippines	1800	39	Public, urban
Toronto General Hospital	Toronto, Canada	744	19	Public, urban
St. Mary's Hospital*	London, England	541	16	Public, urban
Auckland City Hospital	Auckland, New Zealand	710	31	Public, urban

Surgical Safety Checklist

Site No.	No. of Patients Enrolled		Surgical-Site Infection		Prophylactic Antibiotics Given Appropriately (N = 6802)		Death		Any Complication	
	Before	After	Before	After	Before	After	Before	After	Before	After
					<i>percent</i>					
1	524	598	4.0	2.0	98.1	96.9	1.0	0.0	11.6	7.0
2	357	351	2.0	1.7	56.9	76.9	1.1	0.3	7.8	6.3
3	497	486	5.8	4.3	83.8	87.7	0.8	1.4	13.5	9.7
4	520	545	3.1	2.6	80.0	81.8	1.0	0.6	7.5	5.5
5	370	330	20.5	3.6	29.8	96.2	1.4	0.0	21.4	5.5
6	496	476	4.0	4.0	25.4	50.6	3.6	1.7	10.1	9.7
7	525	585	9.5	5.8	42.5	91.7	2.1	1.7	12.4	8.0
8	444	584	4.1	2.4	18.2	77.6	1.4	0.3	6.1	3.6
Total	3733	3955	6.2	3.4	56.1	82.6	1.5	0.8	11.0	7.0
P value			<0.001		<0.001		0.003		<0.001	

Other Interventions

- Maintain normothermia
 - Devices make easier
 - Only in procedures with general anesthesia
- Surveillance
 - Use automated data
 - Feedback data to surgeons/surgical personnel
 - Provide education to surgeons and patients

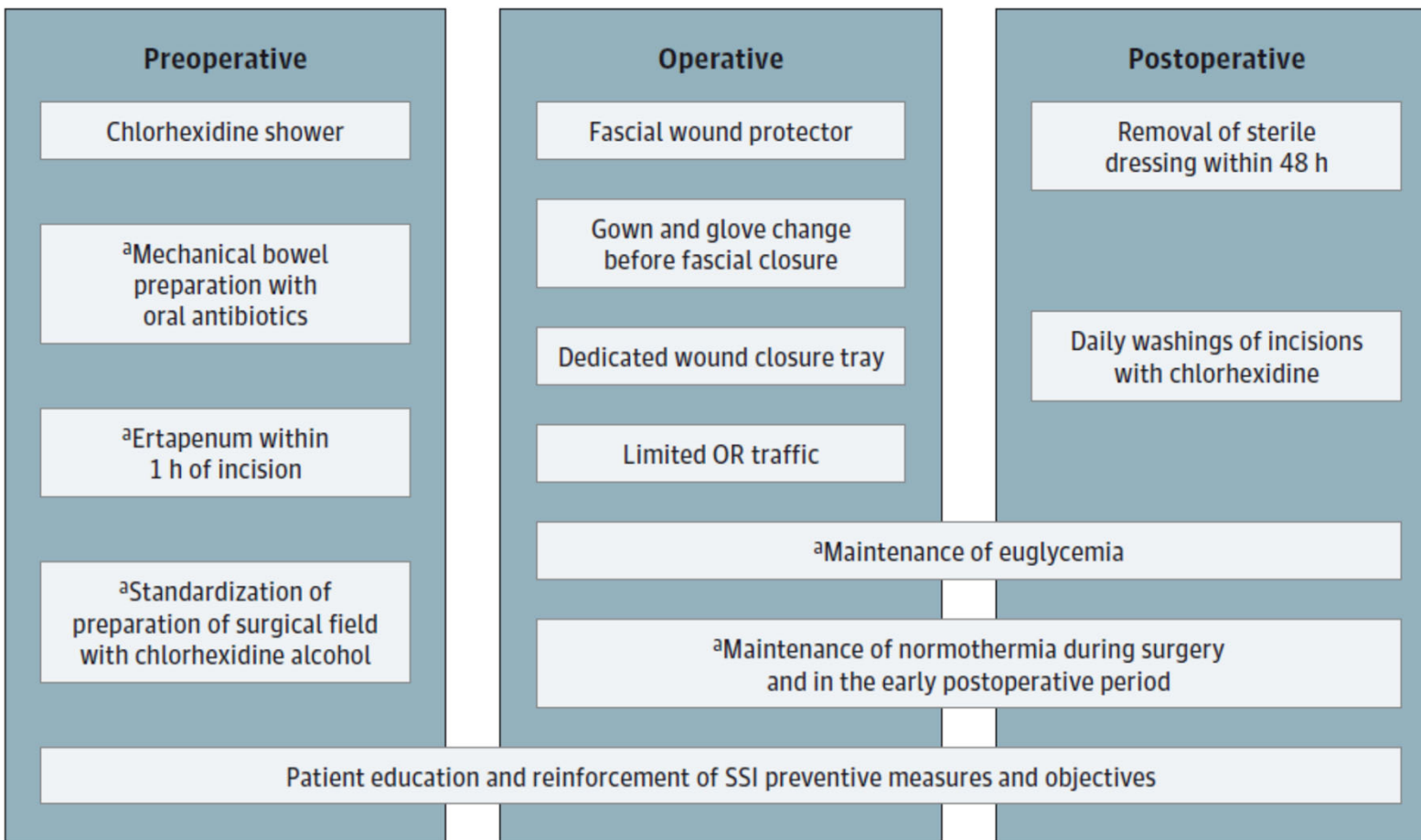
Special Strategies - To Do or Not?

- “Duke” colorectal bundle
 - Glove change for closure?
- Screening and decolonization for *S. aureus*
- Antimicrobial sutures

The Duke Colorectal Bundle

- High adverse outcomes following colorectal procedures (>20%)
 - ACS-NSQIP data
- Created and implemented a “bundle” of evidence-based and “common sense” interventions
 - Multidisciplinary
 - Monthly review meetings
 - Items included on a “checklist”

Bundle Components



Results

- Retrospective analysis of 559 randomly selected patients from 2008 through 2012
 - Propensity matched on multiple potential confounders (age, sex, BMI, DM, chemo, XRT, total op time, lap approach, rectal)
 - 212 patients in each group
 - No major differences in patient characteristics

Results

	Prebundle (n=212)	Postbundle (n=212)	p-value
Superficial-incisional SSI	41 (19.3)	12 (5.7)	<0.001
Deep-incisional SSI	3 (1.4)	0	0.25
Organ-Space SSI	11 (5.2)	6 (2.8)	0.32
Wound disruption	5 (2.4)	3 (1.4)	0.72
Postop sepsis	18 (8.5)	5 (2.4)	0.009
LOS - med (IQR)	5.5 (4-8)	5.0 (3-7)	0.05
30-d readmit	32 (15.1)	19 (9.0)	0.14

Successes/Challenges

- Bundle considered a success
 - Increased adherence to evidence-based and systematic practices
 - Key “implementation” components:
 - Multidisciplinary
 - Monthly review, open discussion
- Limitations
 - Retrospective, quasi-experimental
 - Elective procedures only
 - Bundle component vs. all?
- Challenges
 - What components to include?
 - Scheduling
 - Prioritization
 - Must have a surgeon “champion”

Glove/Instrument Change

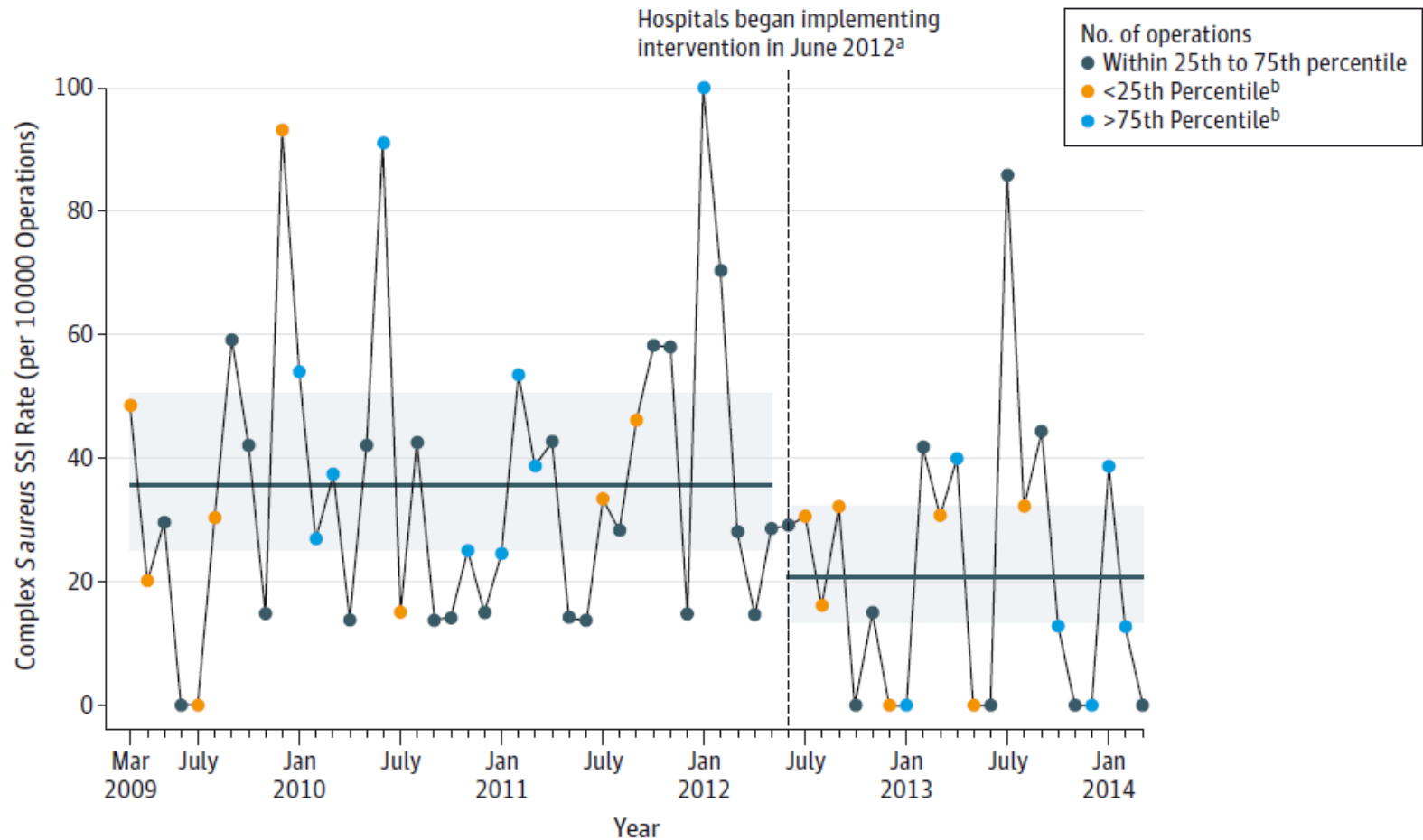
- ACS/SIS recommended changing gloves and instruments for closure in colorectal surgery
- Based on expert consensus
- Frankly, not a bad idea

SA Screening/Decolonization

- If known to be colonized, should decolonize
 - ASHP, WHO, ACS, SHEA
- BUT
 - Should you screen??

- Controversial!

SA Screening/Decolonization



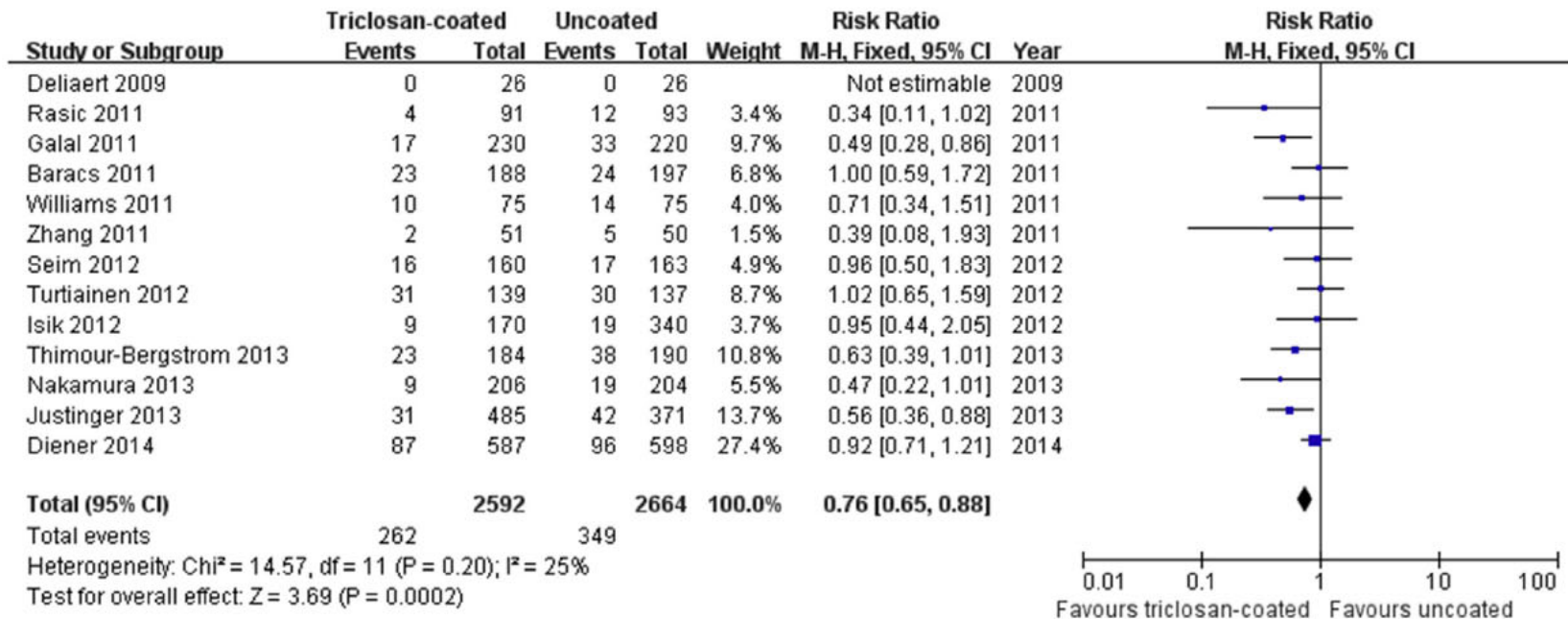
SA Screening/Decolonization

- Many factors to consider
 - Baseline rate of *S. aureus* SSI
 - Adherence to basic practices
 - Ability to follow up protocol
 - Resources to implement protocol
 - How to screen? How to decolonize?
- Currently recommended as a “Special Approach”

Antimicrobial Sutures

- Important:
 - Foreign devices increase the risk of SSI
 - Presence of sutures decreases inoculum required for SSI
 - 10^6 to 10^2
- SHEA/IDSA guidelines - not recommended
- WHO and ACS guidelines - recommended for clean and clean-contaminated abdominal cases
 - Meta-analysis published in 2016 that included 6 additional RCTs

Antimicrobial Sutures



Unresolved

- CHG baths before surgery
- Intranasal CHG
- Antibiotic-impregnated, implantable sponges
 - Gentamicin

One Last Thought about Interventions

- SCIP SSI measures have been largely removed
- Cynical view
 - All the gain in best practices via SCIP will gradually degrade
- So...
 - Need to remain vigilant for increases in SSI during and after transition
 - Can SCIP measures still be tracked??

Implementation

- Based on 4 Es
 - Engage
 - Clear communication about why important
 - Ex: physician champions
 - Educate
 - The “what to do/not do”
 - Ex: Education for patients/family
 - Execute
 - Reduce barriers and improve adherence
 - Ex: QI methodology (six sigma, etc.)
 - Evaluate
 - Measurement
 - Ex: Longitudinal evaluation of outcomes and process

Role of IP in Implementation

- Engage
 - Involve hospital leadership
 - Identify physician champions
 - Identify multidisciplinary teams
 - Evidence-based practices
 - Foster a culture of safety
- Educate
 - Patients, surgeons, leadership

Role of IP in Implementation

- Execute
 - Quality improvement strategies
 - Maximize IT
 - Participate in a network/collaborative
 - Order sets
 - Protocols
 - Act on problems once identified!!
- Evaluate
 - Surveillance

Take Home Points

- SSI is the most common and most costly HAI
- Many different strategies are required to reduce SSI risk to lowest extent possible
- IPs play a critical role
- Not every hospital needs to approach SSI prevention the same way
 - But all hospitals need to at least use the basic strategies

Questions?