

# **Viral Hepatitis**

**William A. Rutala, Ph.D., M.P.H., C.I.C.**

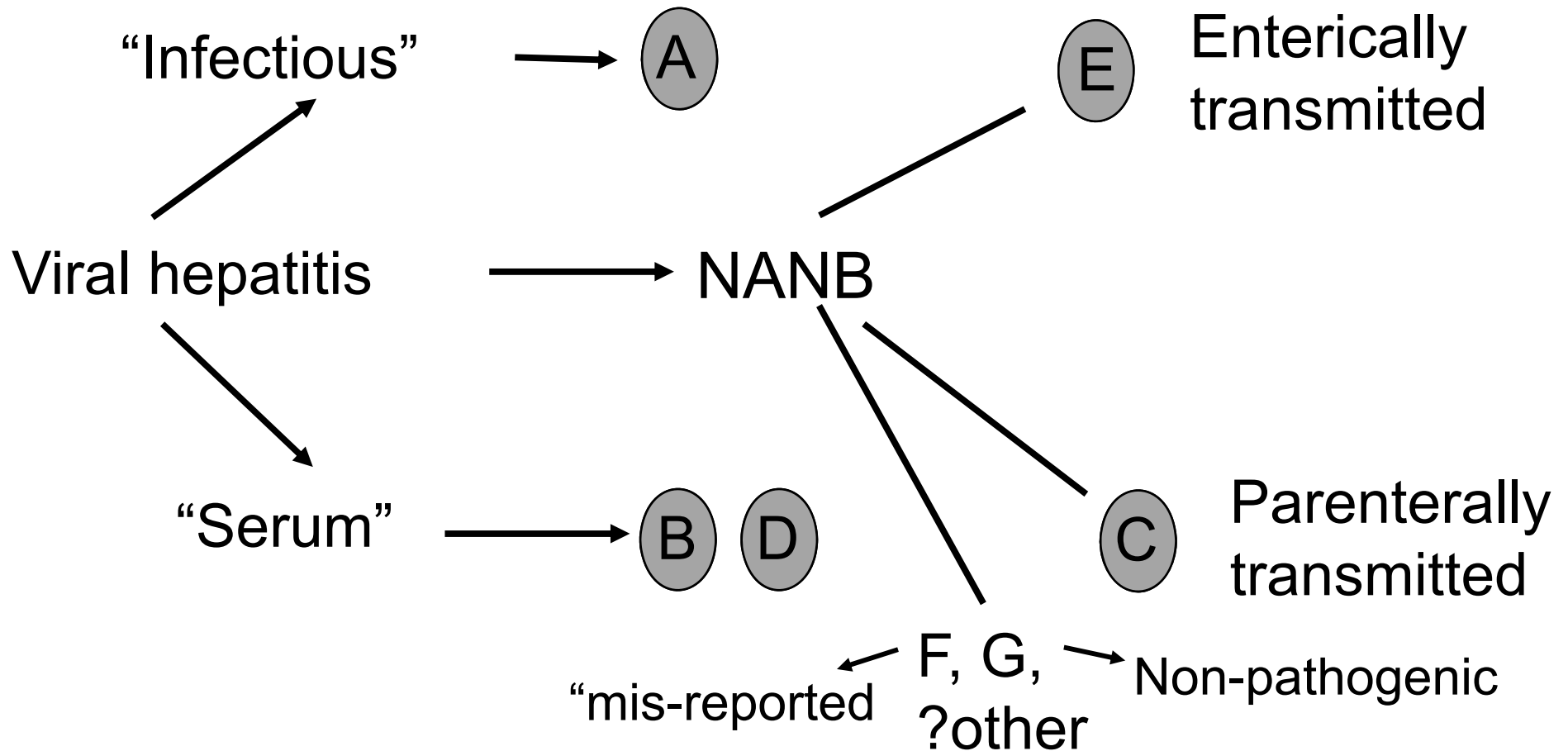
**Director, Statewide Program for Infection Control and Epidemiology  
and Professor of Medicine, University of North Carolina at Chapel  
Hill, NC, USA**

**Former Director, Hospital Epidemiology, Occupational Health and  
Safety, UNC Hospitals, Chapel Hill, NC**

# Viral Hepatitis - Overview

- Primary infection of the liver caused by at least five unrelated viruses: A, B, C, D, E
- HAV and HEV
  - Fecal-oral route
  - Acute self-limited disease; no chronic infection
- HBV, HCV, HDV
  - Percutaneous or mucosal exposures to blood
  - Chronic infection – major causes of cirrhosis and hepatocellular carcinoma worldwide

# Viral Hepatitis – Historical Perspective



# Viral Hepatitis - Overview

## Type of Hepatitis

	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
Source of virus	feces	blood/ blood-derived body fluids	blood/ blood-derived body fluids	blood/ blood-derived body fluids	feces
Route of transmission	fecal-oral	percutaneous permucosal	percutaneous permucosal	percutaneous permucosal	fecal-oral
Chronic infection	no	yes	yes	yes	no
Prevention	pre/post- exposure immunization	pre/post- exposure immunization	blood donor screening; risk behavior modification	pre/post- exposure immunization; risk behavior modification	ensure safe drinking water

# Clinical Features of Hepatitis

## *Common*

- malaise
- anorexia
- nausea & vomiting
- fever
- jaundice
- abdominal pain
- hepatomegaly

## *Less Common*

- diarrhea
- arthralgias
- pruritis
- rash

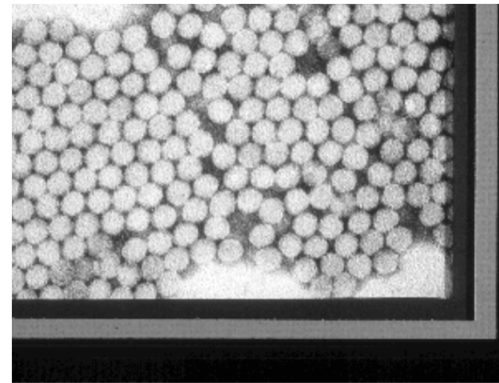
# **Enterically Transmitted Viral Hepatitis**

# Hepatitis A—Highlights

- Estimated 1.5 million clinical cases of hepatitis A annually worldwide
- Tens of millions of hepatitis A virus infections occur each year
- Transition to lower rates of endemic HAV infection occurring on a global scale
- Universal childhood vaccination effective in countries with varying endemic rates
  - Reduces morbidity and mortality

# Hepatitis A Virus

- RNA Picornavirus
- Single serotype worldwide
- Acute disease and asymptomatic infection
- No chronic infection
- Protective antibodies develop in response to infection - confers lifelong immunity
- Vaccine preventable





# Transmission of Hepatitis A Virus

- Fecal-oral transmission leads to spread between close contacts
- Greatest period of communicability: 2 weeks before onset of jaundice
- Stable in environment for months

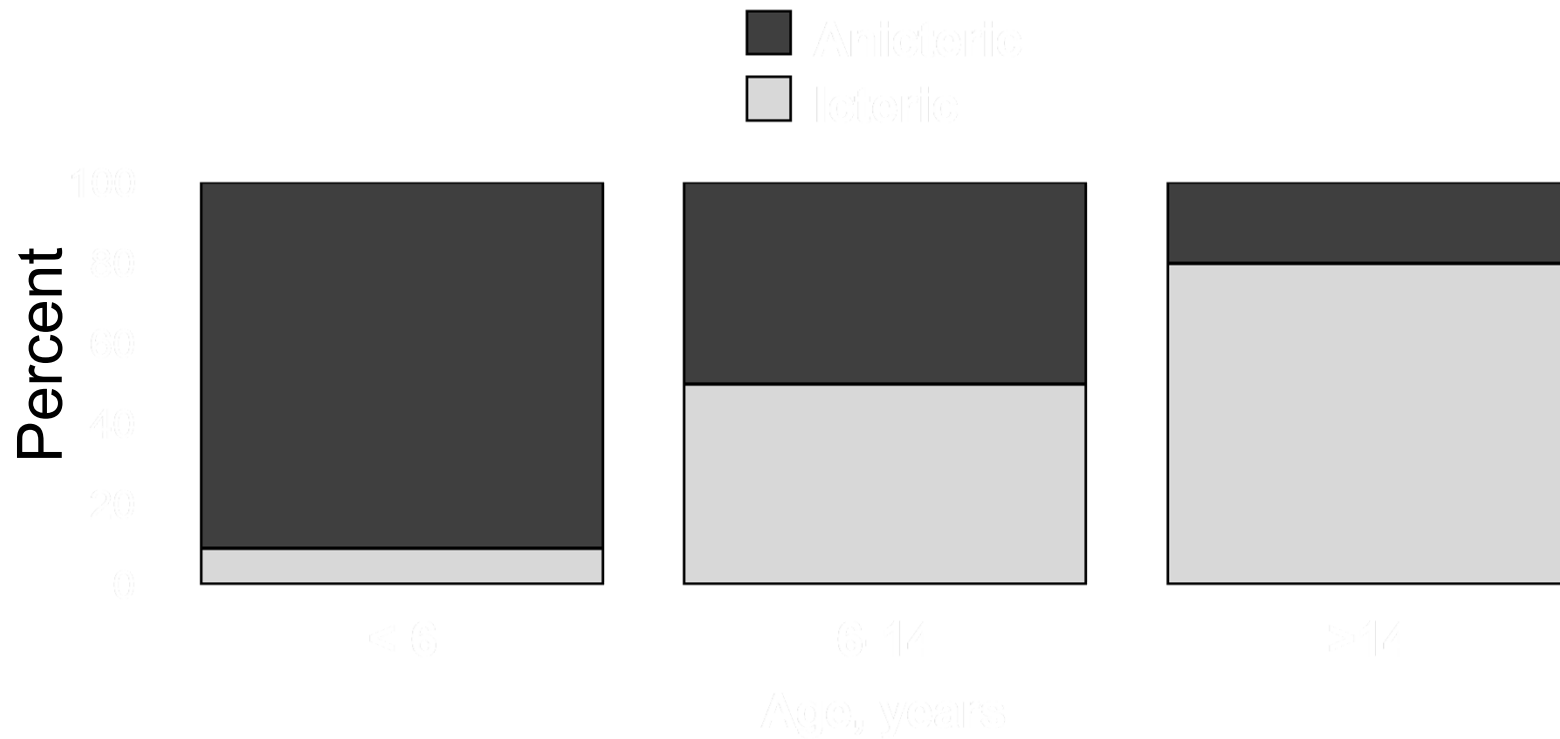
# Transmission of Hepatitis A Virus

- Close personal contact  
(e.g., household contact, sex contact)
- Contaminated food (water)  
(e.g., infected food handlers, produce)
- Blood exposure  
(e.g., injecting drug use, transfusion)

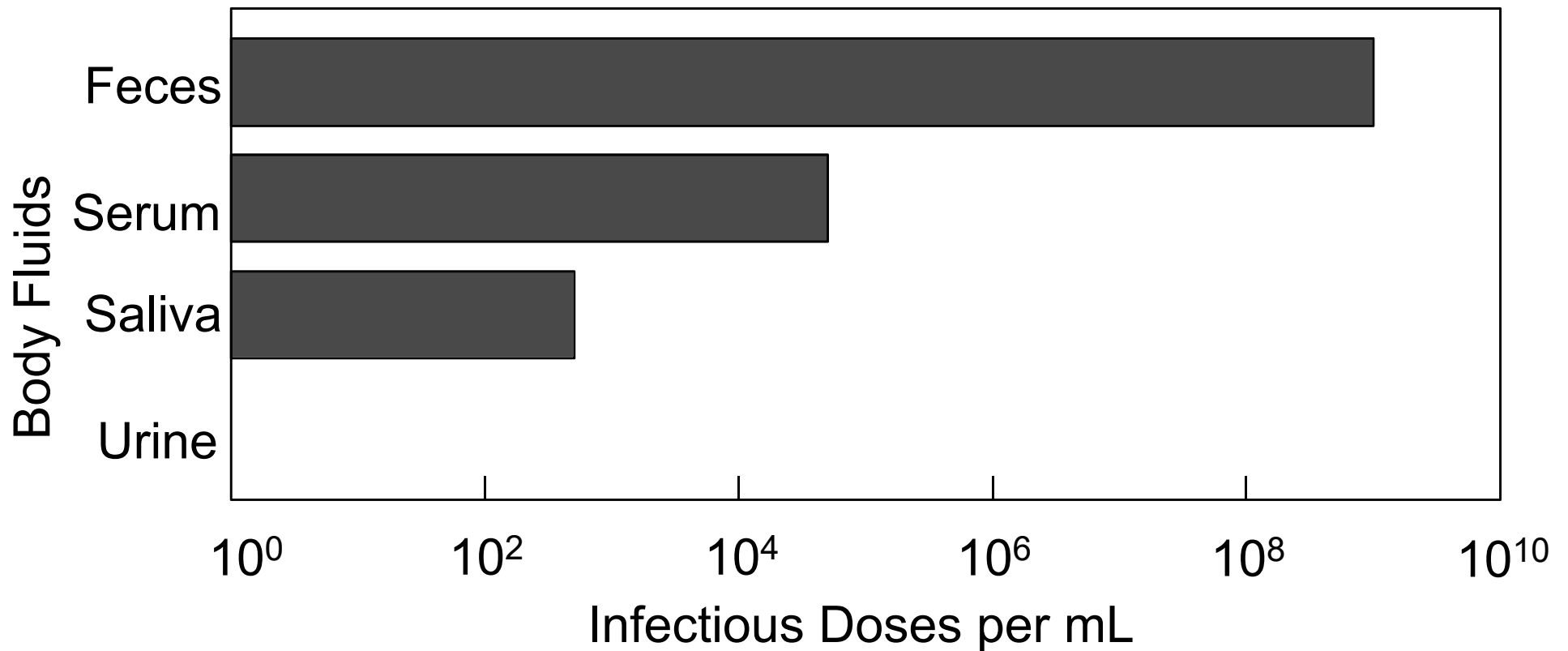
# Hepatitis A - Clinical Features

Incubation period	Average 30 days Range 15-50 days
Jaundice by age	<6 yrs <10% 6-14 yrs 40%-50% >14 yrs 70%-80%
Case fatality rate	0.3% (0.2%-2.0%)
Complications	Fulminant; cholestatic; relapsing
Chronic sequelae	None (prolonged shedding in neonates and immunocompromised)

# Relative Frequency of Jaundice with Hepatitis A, by Age

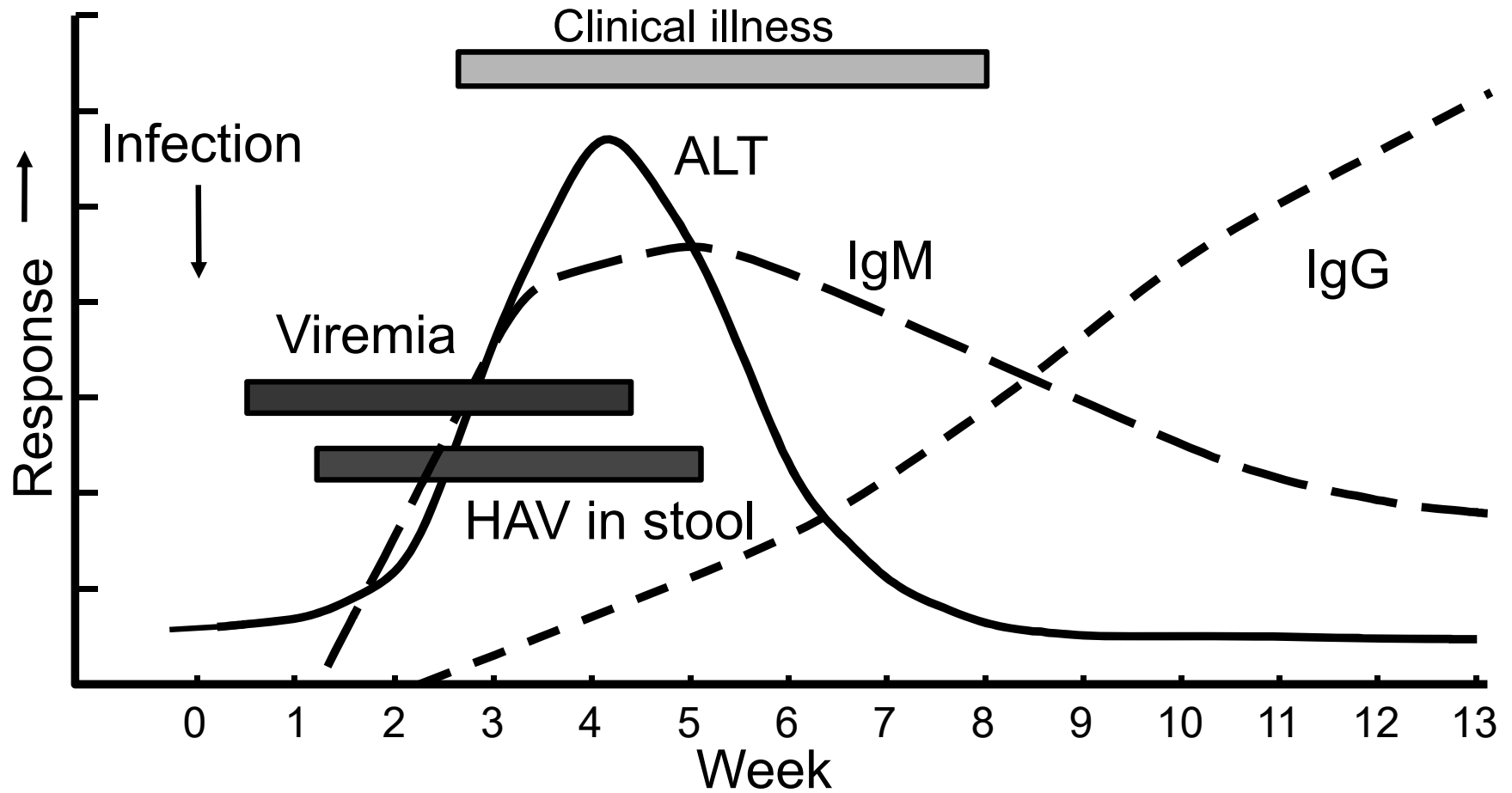


# Concentration of Hepatitis A Virus in Various Body Fluids

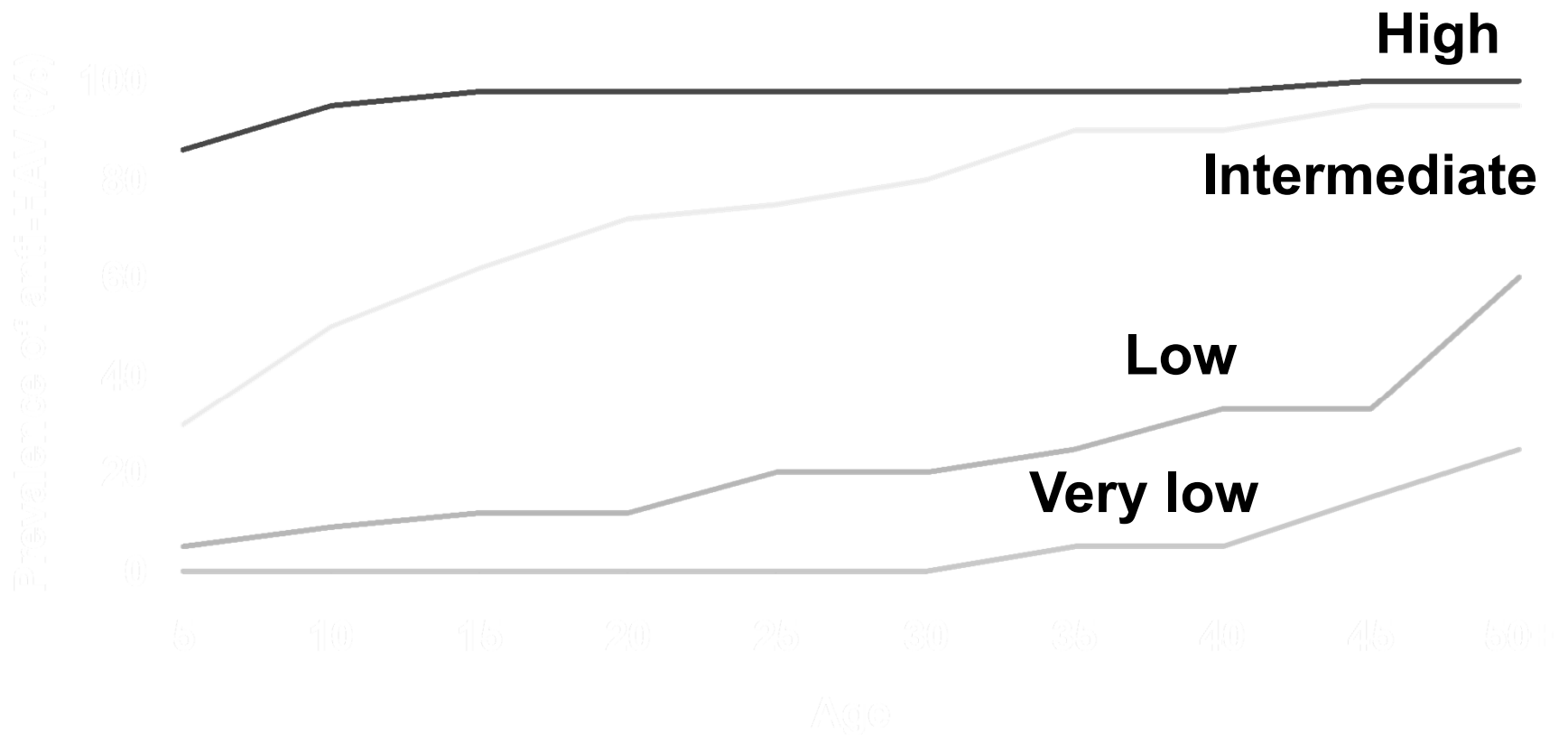


Source: Viral Hepatitis and Liver Disease 1984;9-22; J Infect Dis 1989;160:887-890

# Events in Hepatitis A Virus Infection



# Patterns of Hepatitis A Virus Infection Worldwide



# Hepatitis A Virus Transmission

## Global Patterns

<u>Endemicity</u>	<u>Disease Rate</u>	<u>Age at Infection</u>	<u>Transmission patterns</u>
High	Low	Early childhood	Person to person; outbreaks uncommon
Intermediate	High	Late childhood/ young adults	Person to person; food and waterborne outbreaks
Low	Low to high	Late childhood/ young adults	Person to person; food and waterborne outbreaks
Very low	Very low	Adults	Travelers; outbreaks uncommon



# Global Patterns of Hepatitis A Endemicity

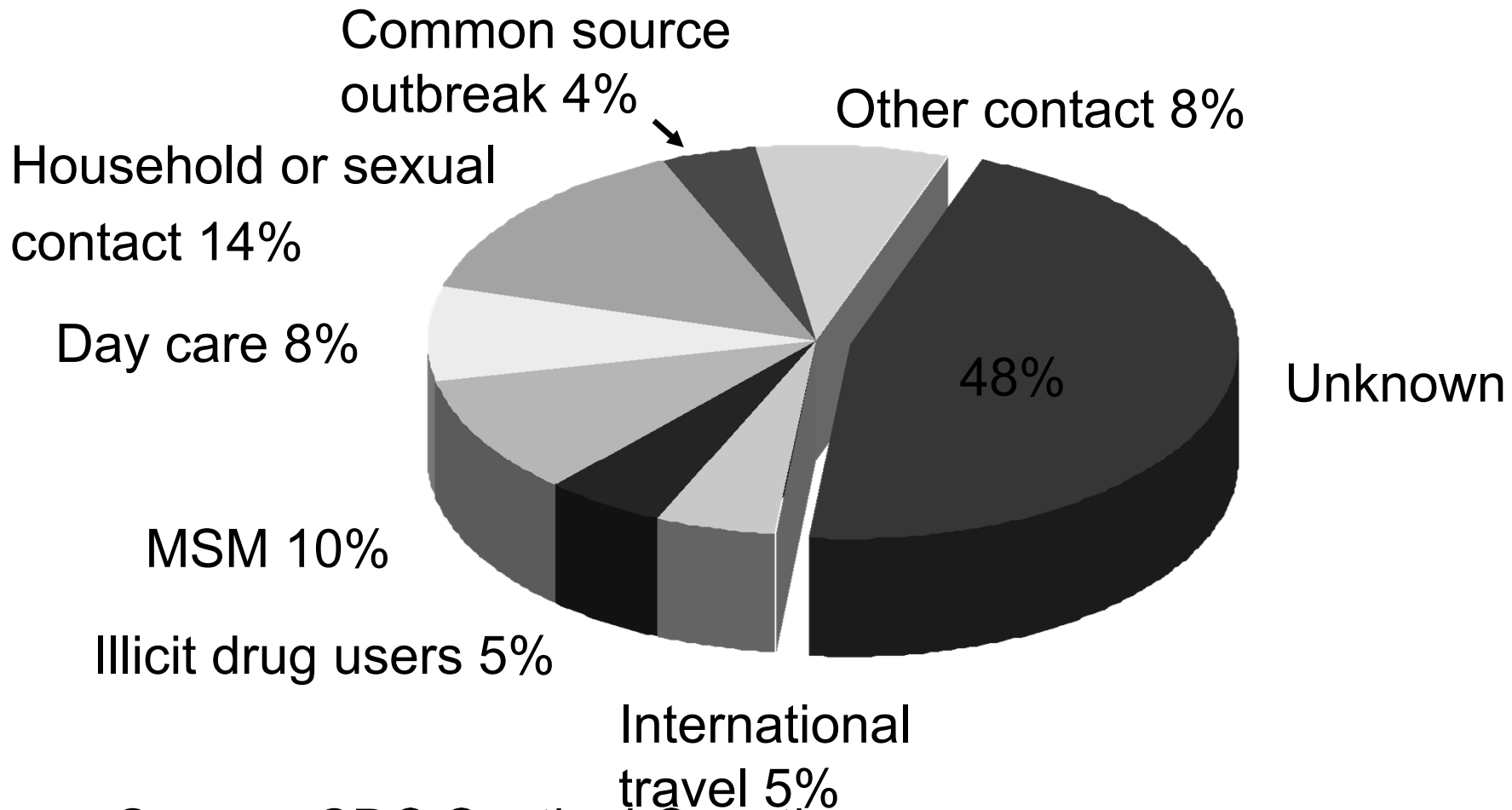


High  
High/Intermediate  
Intermediate  
Low  
Very Low

# Epidemiologic Features of Hepatitis A in the United States

- Wide geographic and temporal variation in incidence
  - Areas with highest rates account for most reported cases
- Most disease occurs in the context of community-wide outbreaks
- Infection transmitted from person to person in households and extended family settings
  - Facilitated by asymptomatic infection among children
- Groups at increased risk can be identified
  - Specific factor varies
  - Do not account for majority of cases
- No risk factor identified for 30%-40% of cases

# Risk Factors Among Persons with Hepatitis A, Reported Cases, United States, 1990-2000



Source: CDC Sentinel Counties  
Source: Viral Hepatitis Surveillance Program



# HEPATITIS A VACCINE EFFICACY STUDIES

<b>Vaccine</b>	<b>Site/ Age Group</b>	<b>N</b>	<b>Vaccine Efficacy (95 % CI)</b>
<b>HAVRIX</b> <sup>®*</sup> (GSK) 2 doses 360 EL.U.	Thailand 1-16 yrs	38,157	94% (79%-99%)
<b>VAQTA</b> <sup>®**</sup> (Merck) 1 dose 25 units	New York 2-16 yrs	1,037	100% (85%-100%)

# HEPATITIS A VACCINES

## Recommended Dosages of Hepatitis A Vaccines

<u>Vaccine</u>	<u>Age (yrs)</u>	<u>Dose</u>	<u>Volume (mL)</u>	<u>2-Dose Schedule (mos)</u>
<b>HAVRIX</b> <sup>®</sup> #	<b>2-18</b>	<b>720 (EL.U.*)</b>	<b>0.5</b>	<b>0, 6-12</b>
	<b>&gt;18</b>	<b>1,440</b>	<b>1.0</b>	<b>0, 6-12</b>
<b>VAQTA</b> <sup>®</sup> ##	<b>2-18</b>	<b>25 (U**)</b>	<b>0.5</b>	<b>0, 6-18</b>
	<b>&gt;18</b>	<b>50</b>	<b>1.0</b>	<b>0, 6-12</b>

\* EL.U. – Enzyme-linked immunosorbent assay (ELISA) units

\*\* Units

# has 2-phenoxyethanol as a preservative

## has no preservative

# SAFETY OF HEPATITIS A VACCINE

- Most common side effects
  - Soreness/tenderness at injection site - 50%
  - Headache - 15%
  - Malaise - 7%
- No severe adverse reactions attributed to vaccine
- Safety in pregnancy not determined – risk likely low
- Contraindications - severe adverse reaction to previous dose or allergy to a vaccine component
- No special precautions for immunocompromised persons

# Immunogenicity of Inactivated Hepatitis A Vaccines

- 2-dose series 6-18 months apart (dosage varies by manufacturer)
- 95%-100% had protective levels of antibody one month after receiving one dose
- 100% had protective levels of antibody one month after receiving second dose with high geometric mean titers

# Prevention of Hepatitis A

- Worldwide
  - Hygiene and sanitation
    - ◆ Handwashing and clean water sources
    - ◆ Prevent contamination of fresh produce
- Low endemic countries
  - Preexposure vaccination
    - ◆ All children aged  $\geq 1$  years
    - ◆ Risk groups (travelers, MSM, illegal drug users, persons with chronic liver disease)
  - Postexposure prophylaxis (vaccine or IG)
    - ◆ Household and sex contacts
    - ◆ Common source exposure (prepared food by infected handler)



# Hepatitis E Virus (HEV)

# Hepatitis E—Highlights

## Like HAV

- Fecal-oral
- Acute self-limiting infection
  - Exception—may persist in immunologically compromised host
- Vaccine preventable

## Unlike HAV

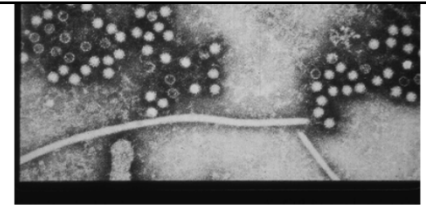
- Incubation period ~10 days longer
- Clinical response dose-dependent
  - Not age dependent
  - Infection rare in children and household contacts
- Higher mortality overall
  - Much higher in pregnant women
- Sporadic disease very rare in developed countries, Ab relatively common
  - Not always associated with travel\*
  - *Zoonotic* source

# First Recognized Outbreak of Hepatitis E New Delhi, India (1956)

- 35,000 cases acute jaundice
- City water system contaminated by sewage
- Highest attack rate persons 15-40 years old
- Case-fatality rate 10.5% among pregnant women
- Originally thought to be hepatitis A

# History

- 1983 human challenge experiment
  - Ingested pooled stool from outbreak-related cases
  - Developed acute non-A, non-B hepatitis
  - Excretion of virus-like particles
  - Stool infectious for non-human primates
- Classified enterically-transmitted NANB hepatitis
- 1990 HEV genome cloned
  - Classified as calicivirus



# Diagnosis of Acute Hepatitis E

- Clinical illness indistinguishable from other types of acute viral hepatitis (A, B, C, D,....)
- Definitive diagnosis requires laboratory confirmation
- Serology:
  - IgM anti-HEV, IgG anti-HEV
  - Acute infection - good sensitivity and specificity
  - Prevalent infection - discordance between tests
- Research labs
  - HEV RNA by PCR (serum, stool, liver)
  - HEVAg by immunofluorescent probe (liver)

# Hepatitis E - Clinical Features

Incubation period	Average 40 days; Range 15-60 days
Clinical illness	Case/infection ratio and severity increase with age
Chronic sequelae	None (“chronic” viremia recently reported in transplant patients)
Case-fatality rate	Overall 1-3% Pregnant women 15-20%
Factors related to increased severity	Chronic liver disease, large inoculum, pregnancy

# Hepatitis E in Pregnancy

- Reasons for poor outcomes are unclear
- Most severe in 3rd trimester
  - 1/2: asymptomatic or mild HEV infection
  - 1/2: acute HE
    - ◆ 1/3 have FHF (fulminant hepatic failure, in resource-poor settings: high mortality)
    - ◆ 2/3 preterm delivery
    - ◆ High rates of obstetric complications
- Vertical transmission is common with 3rd trimester
  - Rate 33%-100%
  - Clinical outcome in infants is highly variable
    - ◆ Asymptomatic infection to hepatic necrosis
    - ◆ Hypoglycemia and hypothermia associated with mortality

# Treatment

- Supportive
- No specific antiviral therapy
- Acute HE in pregnant women
  - No published data on potential benefits of early delivery

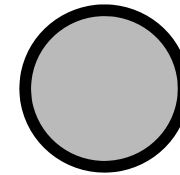
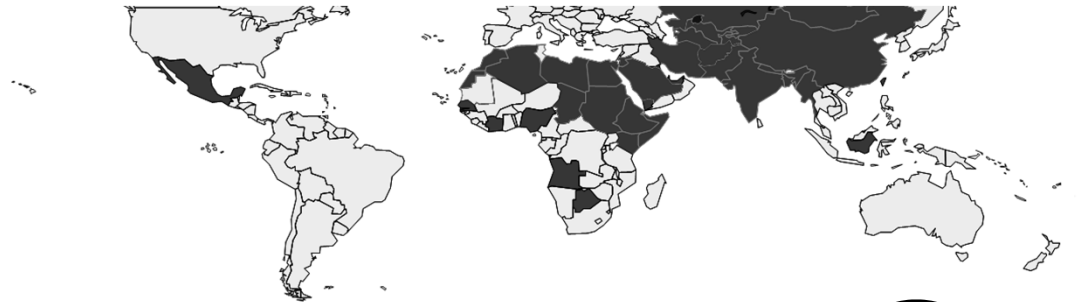


# Epidemiologic Features of HEV

- Responsible for sporadic cases of acute hepatitis and outbreaks
- Mode of transmission fecal-oral
  - Recent report of solid organ transplant-related
- Pattern
  - Outbreaks - fecally contaminated drinking water
  - Sporadic cases - not known
- Highest attack rate in young adults
- Minimal person-to-person transmission
- Animal reservoir

# Geographic Distribution of HEV

Outbreaks or  
Confirmed Infection in >25% of Sporadic Non-ABC Hepatitis



HEV may be most  
common etiology of  
acute viral hepatitis

# “Endemic” Countries

- Outbreaks
  - Waterborne
  - Flooding, disruptions in water systems
- Sporadic Hepatitis E
  - HEV accounts for a variable proportion of acute viral hepatitis
  - Source of transmission not clear

# “Non-Endemic” Countries

- No outbreaks
- Sporadic HE
  - Travel-related
    - ◆ Most commonly after travel to Asia, especially India and China
  - Domestically acquired
    - ◆ Rare
    - ◆ Source unknown

# Prevention of Hepatitis E

- Treatment - None
- Vaccine – effective, high-risk populations
- Immune globulin - Not effective
- Clean and reliable water supply
  - Virus probably inactivated by boiling
  - Effect of chlorination not known
- Proper sanitation (e.g., safe disposal of human and animal sewage)

# Bloodborne Viral Hepatitis

Hepatitis B Virus

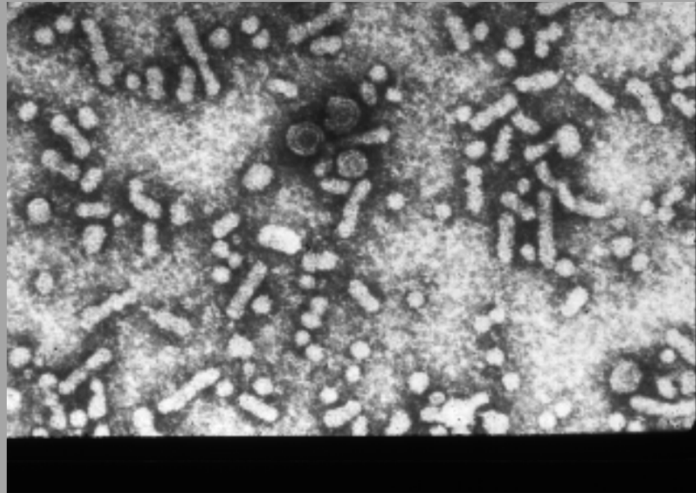
Hepatitis C Virus

Hepatitis D Virus

# Bloodborne Viral Hepatitis HBV and HCV—Highlights

- HBV
  - Status of universal childhood immunization
- HBV and HCV
  - Transfusion Safety
  - Injection Safety
  - Changing epidemiology
  - Chronic disease burden

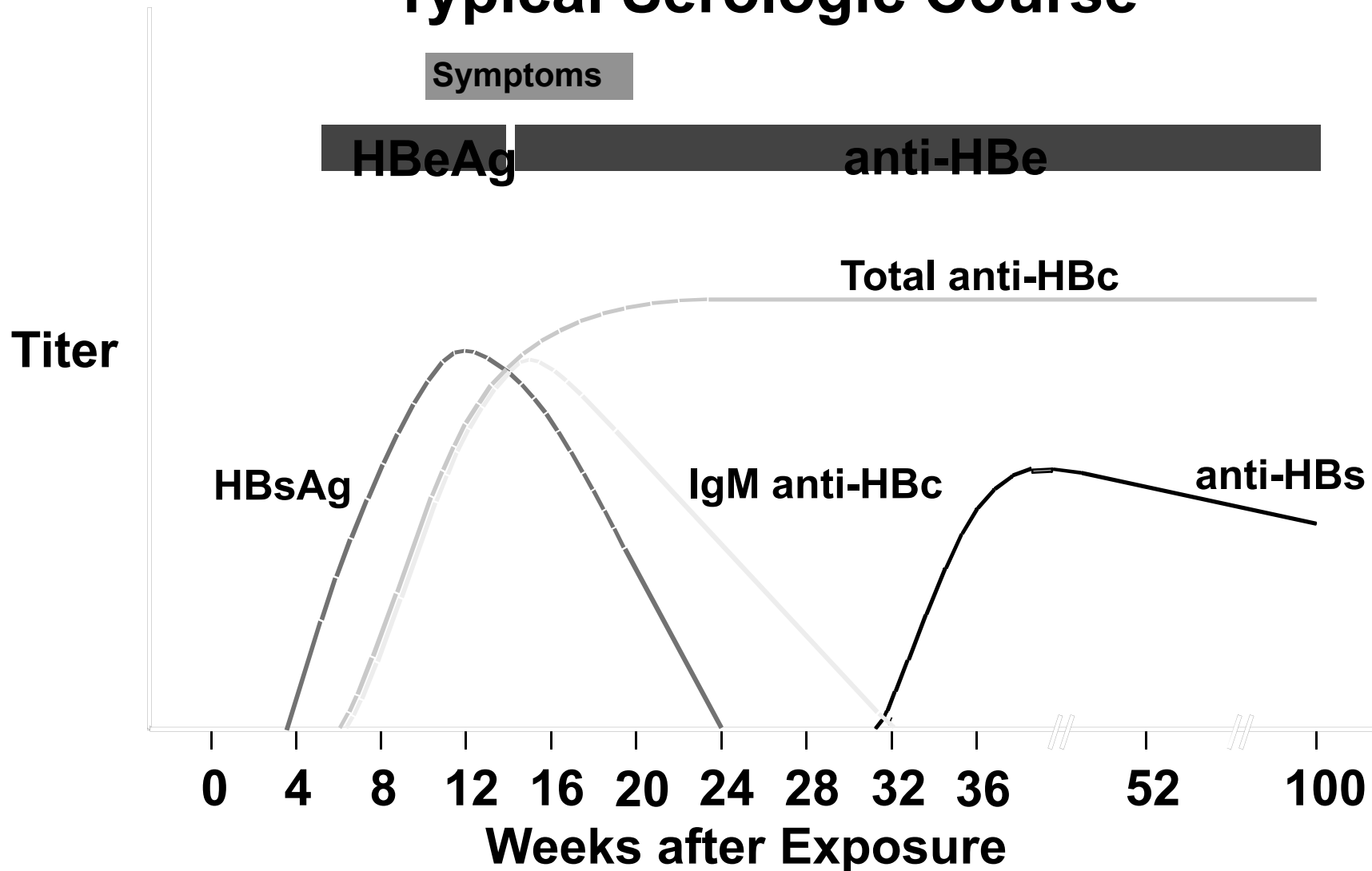
# Hepatitis B Virus





# Acute Hepatitis B Virus Infection with Recovery

## Typical Serologic Course



# Ten Leading Causes of Infectious Disease Deaths Worldwide (2000)

<u>Disease</u>	<u>Deaths per Year</u>
Lower resp tract infections	~3.5 million
HIV/AIDS	~3.0 million
Diarrheal diseases	~2.2 million
Tuberculosis	~2.0 million
Malaria	~1-3 million
Measles	~888,000
Hepatitis B	~750,000
Pertussis	~355,000
Neonatal tetanus	~300,000
Hepatitis C	~ 250,000

Source: CDC, WHO, UNICEF, UNAIDS

# Global and US Disease Burden from Bloodborne Viral Infections

	Estimated No. Chronic Infections	
	<u>Global</u>	<u>US</u>
HBV	370 million	1.25 million
HCV	130 million	3-4 million
HIV	40 million	1 million
HIV / HBV	(3–4 million)	(250,000)
HIV / HCV	(4–5 million)	(40-50,000)

Sources: WHO and CDC, unpublished data.

# Features of HBV & HCV Infection

	<u>HBV</u>	<u>HCV</u>
Virus Classification	DNA Hepadnavirus	RNA Flavivirus
Incubation period – average	8–12 wks	6–7 wks
– range	6–26 wks	2–26 wks
Specific serologic markers		
acute infection	Yes	No
active infection	Yes	No
chronic infection	Yes	No
Clinical illness (jaundice)	30%–50%	20%
Chronic infection	90% (infants) 5–10% (adults)	~70%
Mortality from CLD, cirrhosis, HCC	25%	1-5%

# Relative Efficiency of Transmission by Type of Exposure

Type of exposure to infected source	Efficiency of transmission		
	<u>HBV</u>	<u>HCV</u>	<u>HIV</u>
Transfusion	++++	++++	++++
Injecting drug use	++++	++++	++++
Unsafe injections	+++	+++	++
Needlestick	+++	+	<+
Sexual	+++	+	+++
Perinatal	++++	++	+++
Non-intact skin	++	+/-	+/-

# Relative Infectivity of HBV, HCV, HIV

	<u>HBV</u>	<u>HCV</u>	<u>HIV</u>
Copies/mL	$10^{8-9}$	$10^5$	$10^3$
Environmental stability	++++	++	-
Infectious after drying			
at room temperature	$\geq 7d$	$\geq 16h$ ( $< 4d$ )	0

Bond WW, Lancet 1981;1:550-51; Kamili S, Infect Control Hosp Epi 2006.

# Environmental Stability of HBV and HCV Facilitates Their Transmission

- More rapid acquisition among IDUs
  - Clean needles and syringes alone insufficient to interrupt transmission because virus can live on contaminated drug preparation equipment (i.e., cookers and cotton)
- Iatrogenic transmission
  - Virus can live in contaminated multi-dose vials and on needles and syringes

# Routes of HBV Transmission

## Age Group

## Routes of Infection

Newborn

Mother to infant (perinatal)

Childhood

Household (non-intact skin)

Adolescent/Adult

Sexual contact

Injecting drug use equipment

Occupational exposures

All ages

Unsafe injections

Transfusion from unscreened donors

Other health care related



# Global Differences in HBV Transmission Patterns

Chronic infection  
(% immune)  
(% immune)

High  $\geq 8\%$   
( $\geq 60\%$ )

Intermediate 2-7%  
(20-60%)

Low  $< 2\%$   
(5-20%)

Primary Age  
at Infection

Infants  
Young children

All age groups

Adolescents  
Adults

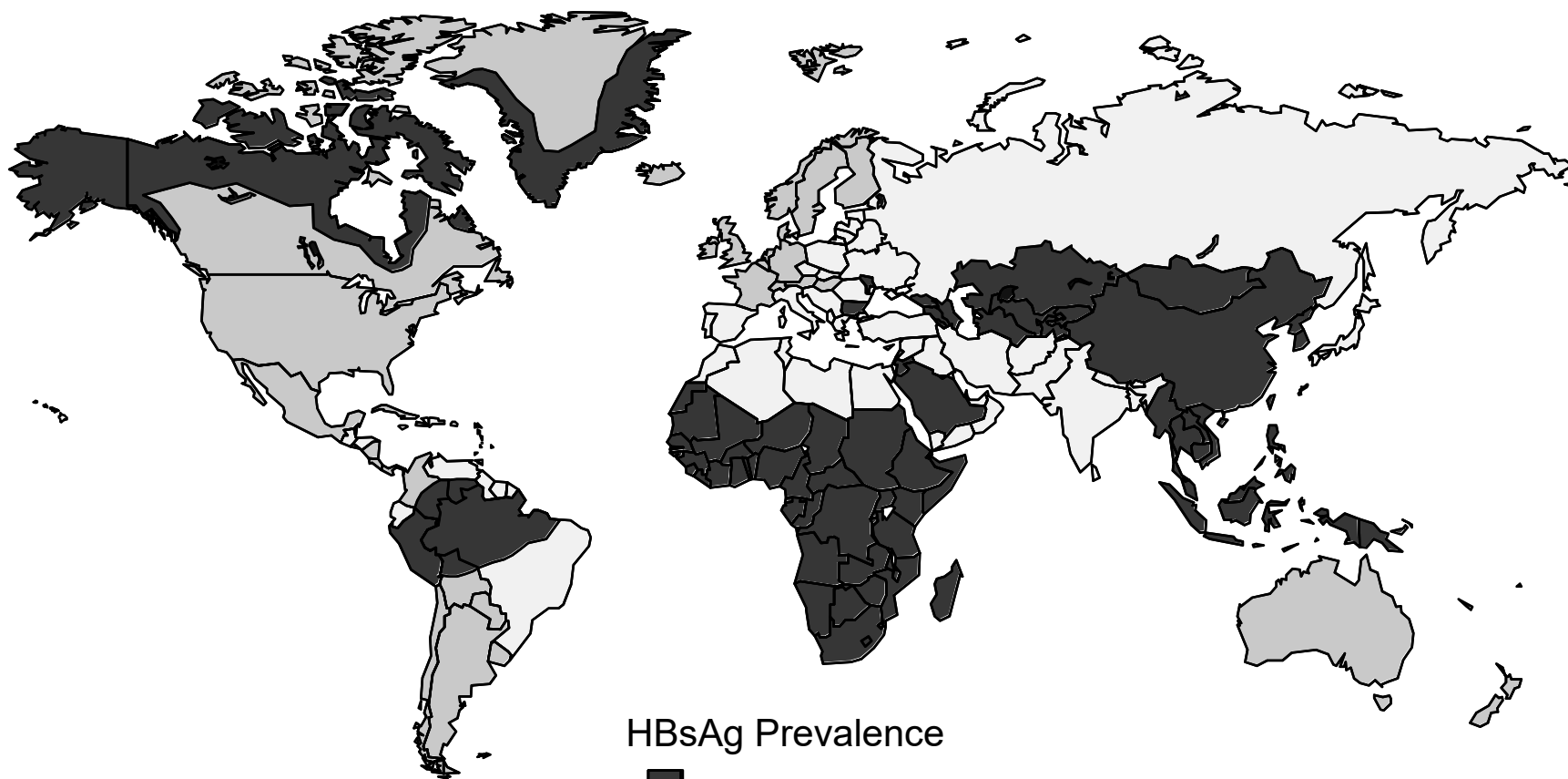
Primary Modes  
of Transmission

Perinatal, horizontal, unsafe injections, unscreened blood

Perinatal, horizontal, unsafe injections, sexual, IDU

Sexual, IDU

# Geographic Distribution of Chronic HBV Infection

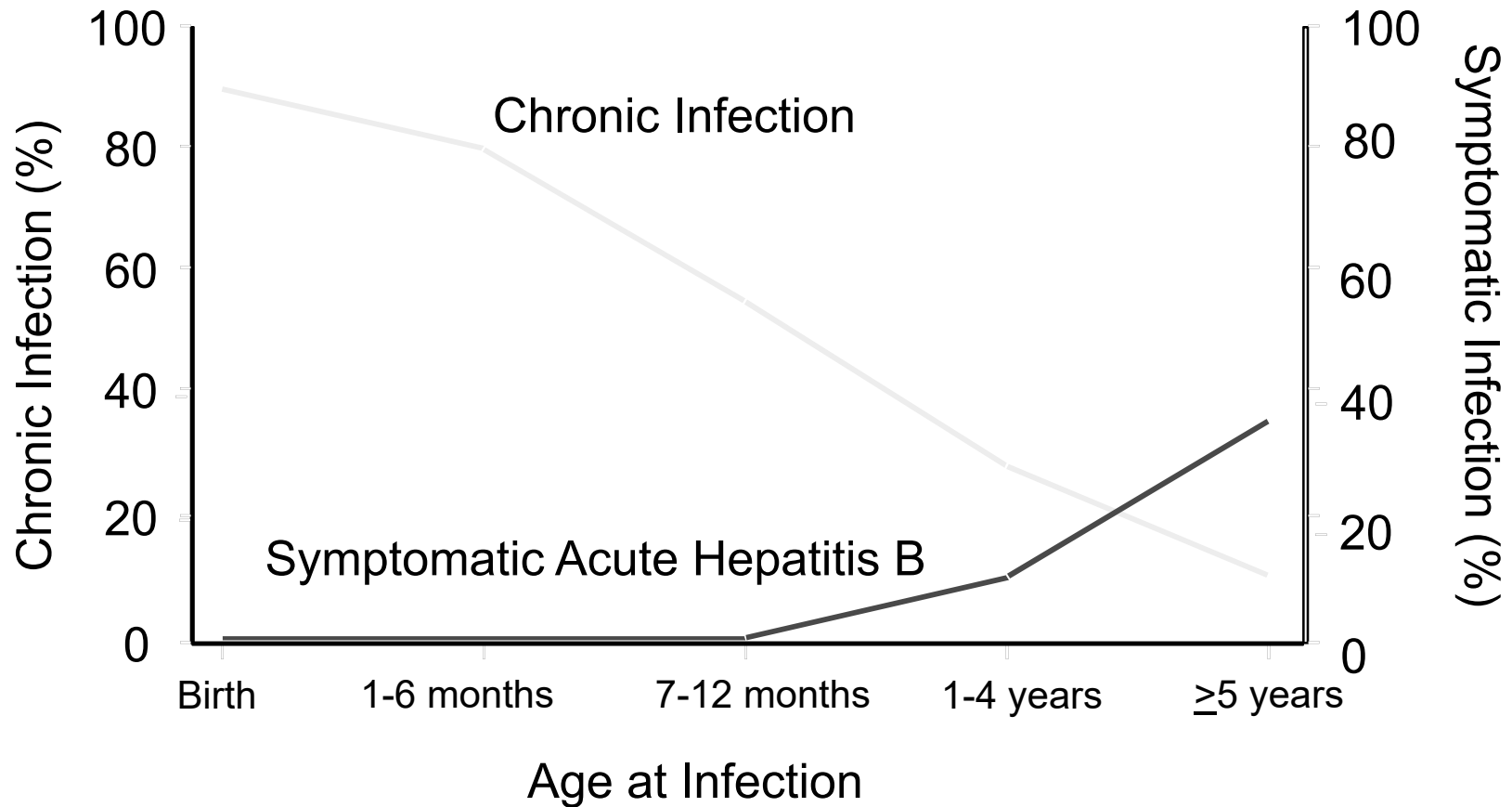


HBsAg Prevalence

- ≥8% - High
- 2-7% - Intermediate
- <2% - Low



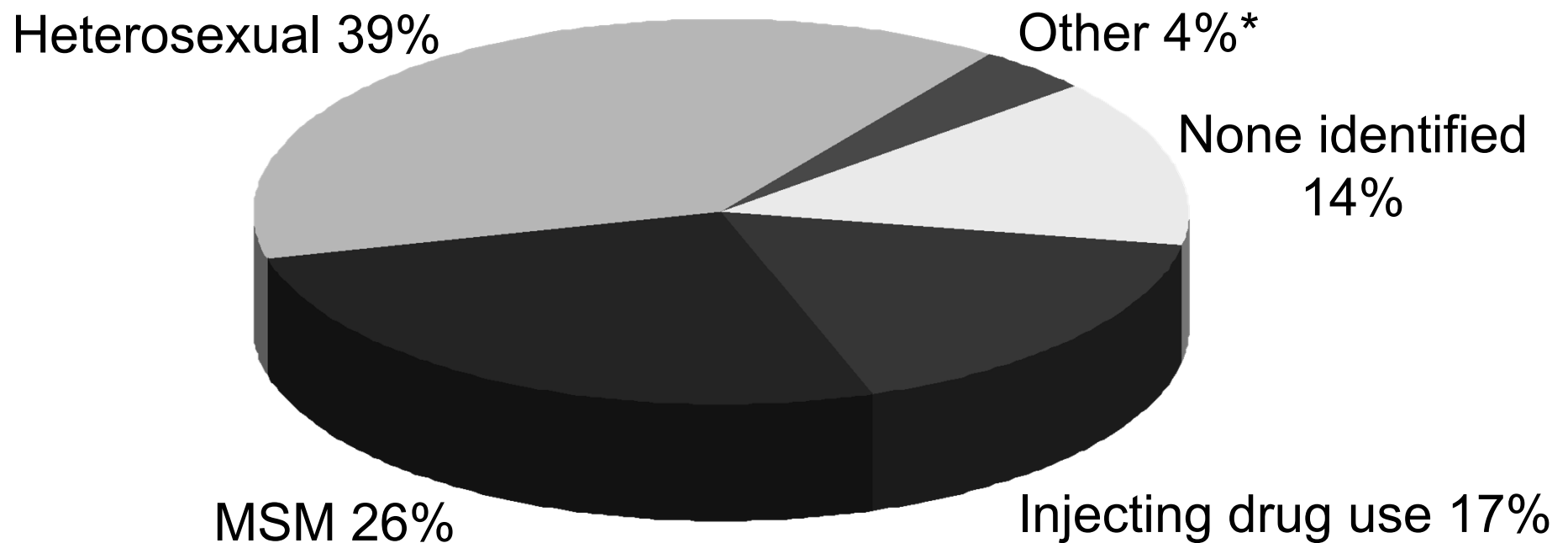
# Outcome of HBV Infection by Age at Infection



# Global Strategy to Prevent HBV Transmission

- Hepatitis B Vaccination
  - Routine infant vaccination (all countries)
  - Catch-up vaccination of older children/adolescents
  - Vaccination of high-risk groups
- Prevention of Iatrogenic transmission
  - Routine screening of transfused blood
    - ◆ developed countries - 100% screen
    - ◆ least developed countries - 35% screen (?)
  - Safe injection practices
  - Proper infection control practices

## Risk Factors Reported by Cases of Acute Hepatitis B, United States, 2000-2003



\* Other - Household contact, occupational exposure, hemodialysis, institutionalization, transfusion

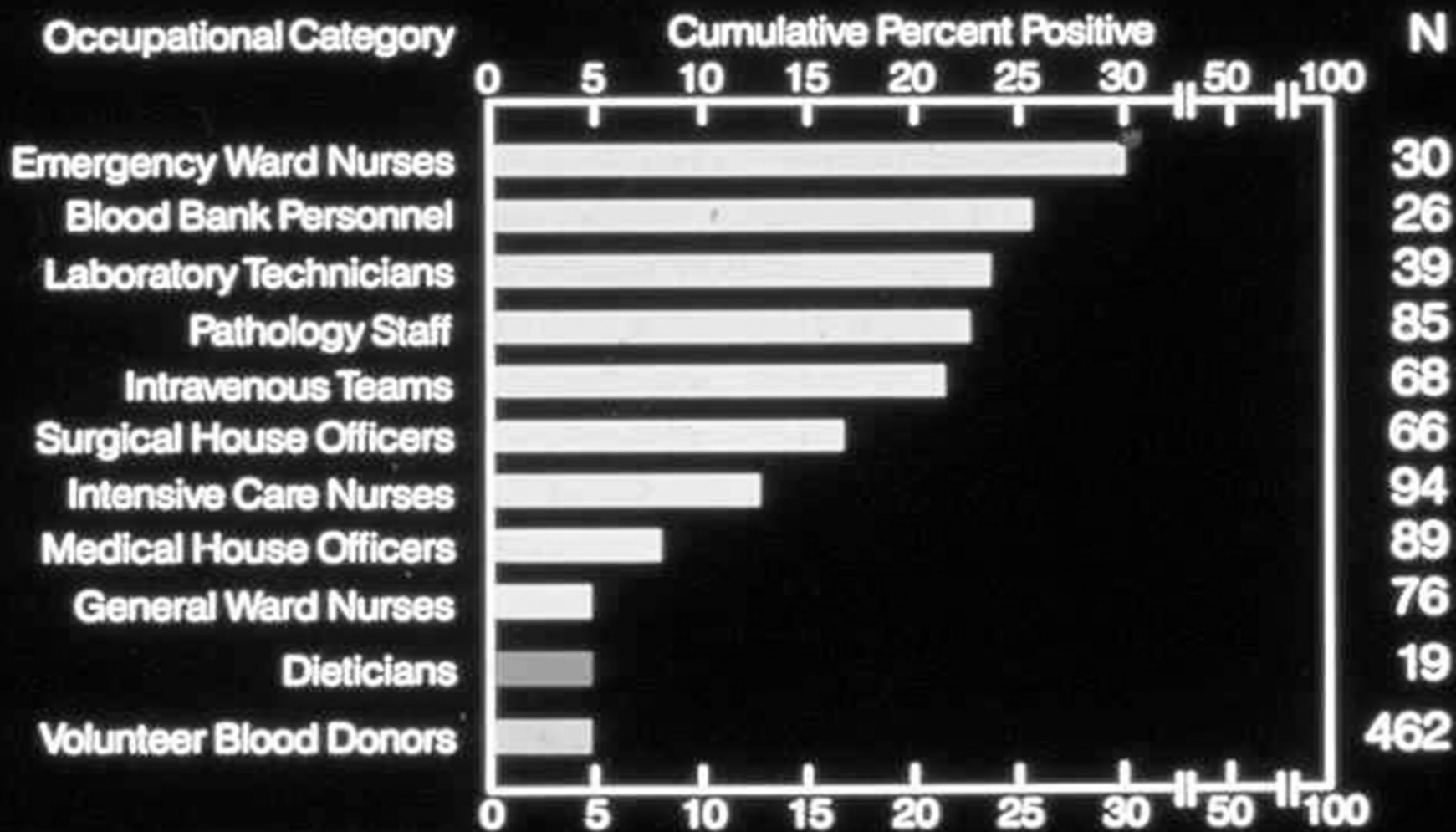
Source: Adapted from Sentinel Counties and NNDSS, CDC

# Recent HBV Outbreaks Associated with Blood Glucose Monitoring

- Shared fingerstick devices
  - 1999 – VA – Assisted Living Centers – 4 cases
  - 1999 – CA – Nursing Home – 4 cases
  - 2003 – MS – Nursing Home – 15 cases
  - 2003 – CA – Assisted Living Center – 8 cases
  - 2005 – VA – Assisted Living Centers (2) – 11 cases
- Dedicated fingerstick devices
  - 1999 – CA – Skilled Nursing Facility – 5 cases
  - 2002 – CA – Subacute Hospital – 3 cases
  - 2003 – NC – Nursing Home – 11 cases

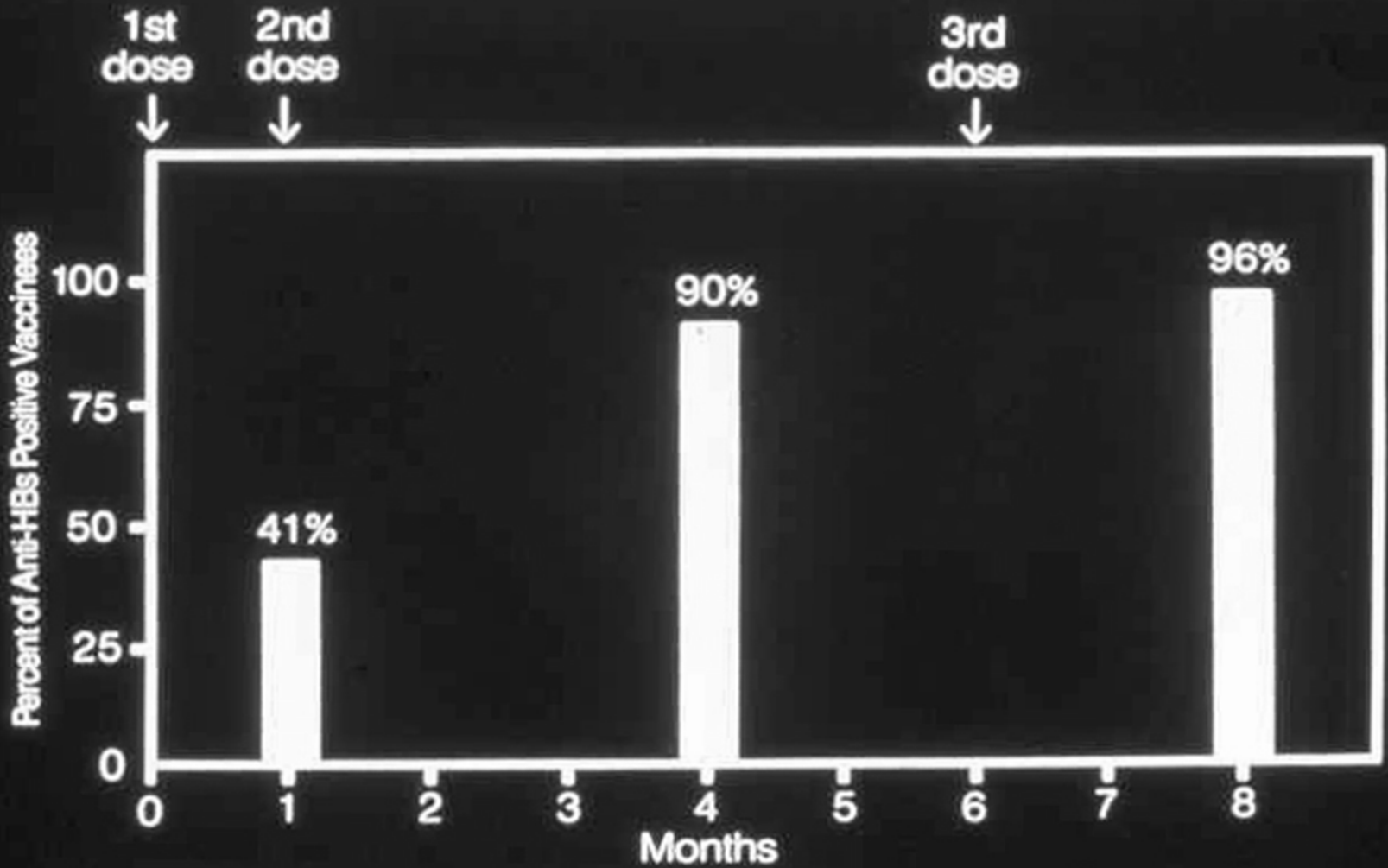
# **Hepatitis B in Health-Care Personnel**

# Prevalence of HBV Serologic Markers in 624 Hospital Personnel and 462 Nonhospital Controls



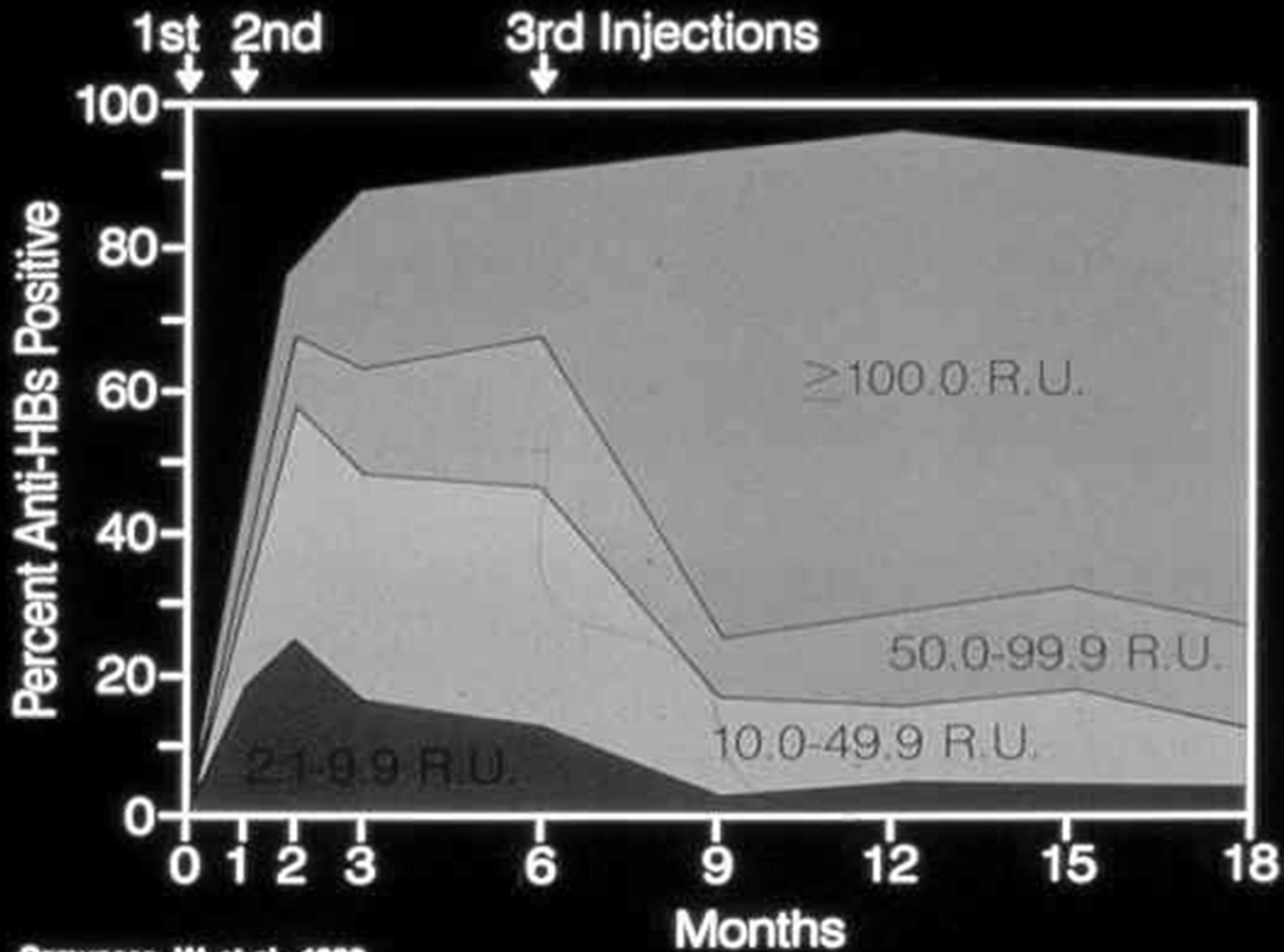


# Immunogenicity of Heptavax-B<sup>®</sup> (Hepatitis B Vaccine | MSD)



Adapted from Szmunes, W. et al., J. Med. Virol., 1981

# Immunogenicity of Hepatitis B Vaccine



Szmunes, W. et al., 1980

# Hepatitis B Vaccine

<b>Factor</b>	<b>Response</b>	<b>Factor</b>	<b>Response</b>
Age 20-29	95%	Diabetes	70-80%
Age 30-39	90%	Liver disease	60-70%
Age 40-49	86%	Gender	Female>male
Age 50-59	71%	Obesity	Decreased
Age $\geq$ 60	47%	Smokers	Decreased
Renal Failure	50-80%	Gluteal injection	Decreased
HIV infection	50-70%		

Response is defined as  $\geq$  10 mIU/mL

# Hepatitis B Vaccine: Administration 2

- Schedule
  - 0, 1, 6 mo
  - 0, 1, 2, 12 mo (more rapid antibody rise) (Engerix)
- Pre-exposure
  - ACP: Three doses, obtain titer (1-6 mo). If antibody negative, provide up to 3 additional doses (titer 1-2 mo after each dose)
  - If no response after 6 doses, provide HBIG for exposures

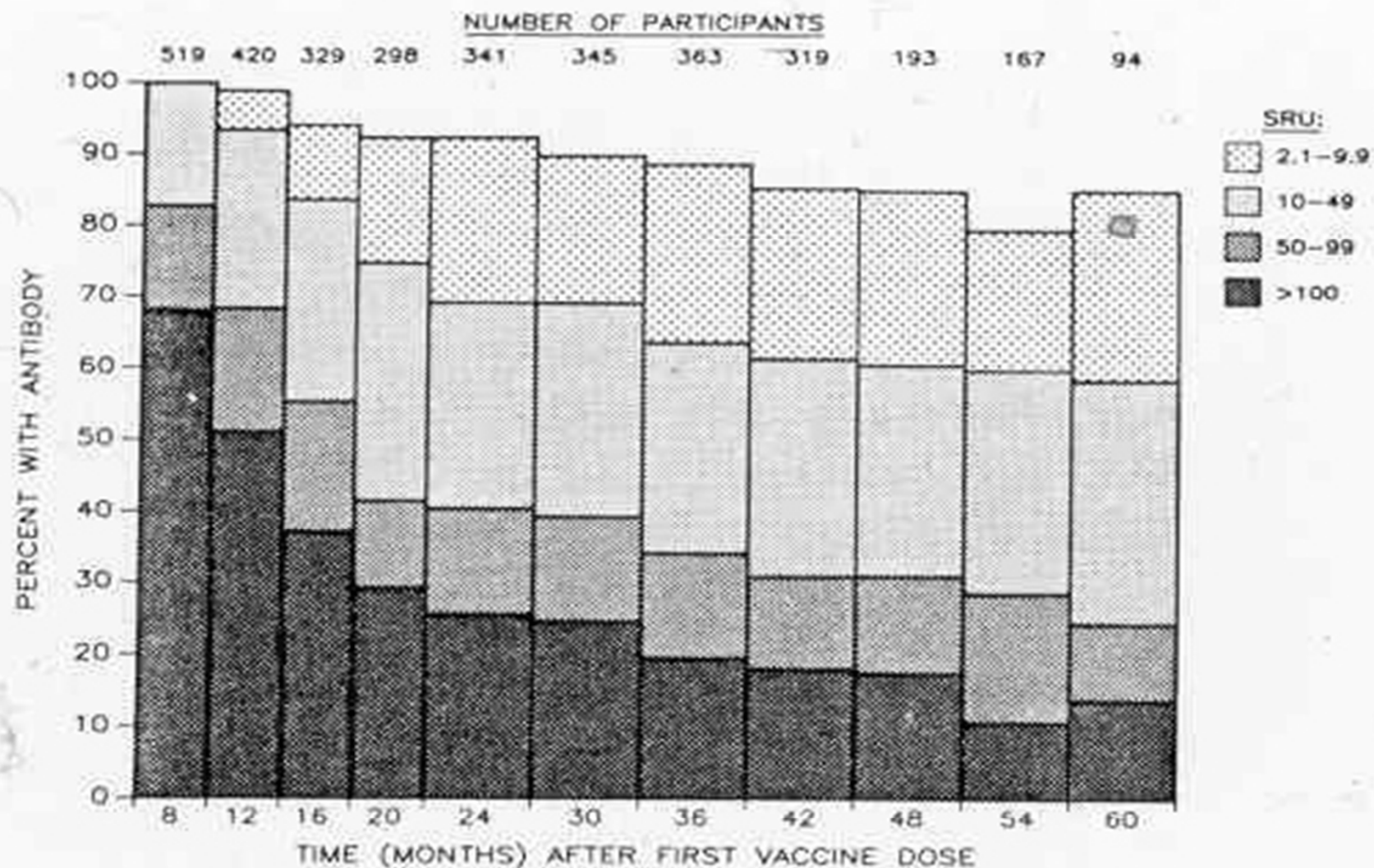
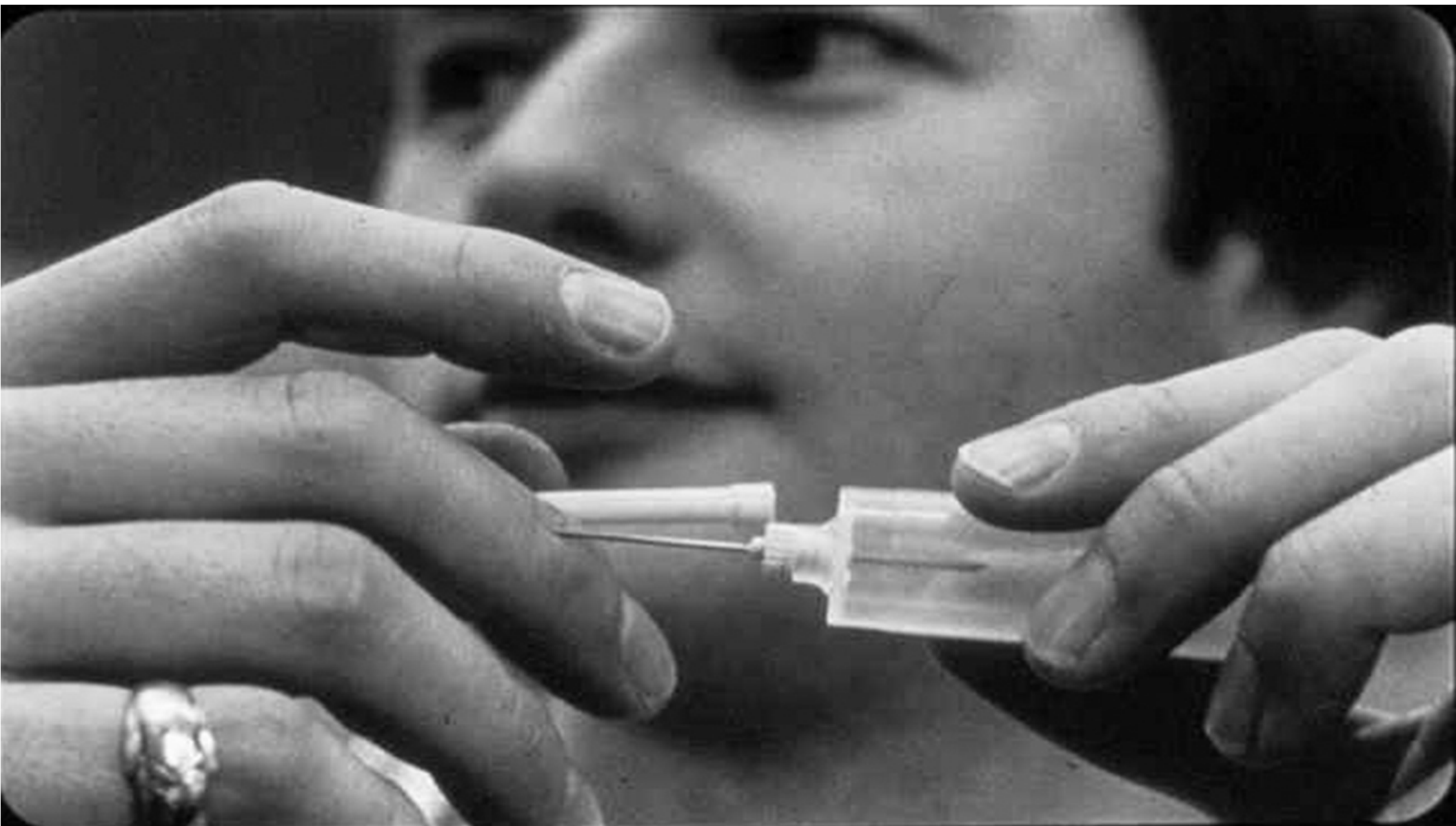


Figure 1. Long-Term Persistence of Anti-HBs in Persons in Whom Anti-HBs Levels above 9.9 SRU Developed after Standard Three-Dose Vaccination.



# HBV: POST-EXPOSURE PROPHYLAXIS

Exposed person	Source HBsAg+	Source HBsAg-	Source unknown
Unvaccinated	HBIG x 1 HBV vaccine	HBV vaccine	HBV vaccine
Vaccinated, Responder	No therapy	No therapy	No therapy
Vaccinated, Nonresponder	HBIG x 2 or HBIG x 1 & HBV vaccine	No therapy	If known high-risk source, treat as if source HBsAg+
Vaccinated, Response unknown	Obtain anti-HBs * If ok, no therapy * If low, HBIG x 1 & vaccine	No therapy	Obtain anti-HBs * If OK, no therapy * If low, vaccine booster

Adequate anti-HBs is ≥10 mIU/mL; HBIG = 0.06 mg/kg IM

# Hepatitis C Virus

- RNA Flavivirus (Hepacivirus)
  - **Discovery using recombinant DNA technology reported in 1989**
  - **Clinical entity (non-A, non-B hepatitis) in transfused patients reported late 1960s**
  - **Target organ liver**
- Bloodborne (primarily) and sexually-transmitted
- No vaccine
  - **Mutations occur during viral replication**
  - **Substantial heterogeneity (quasispecies) prevents effective neutralization**
- Treatable and curable (most people free of virus in months)

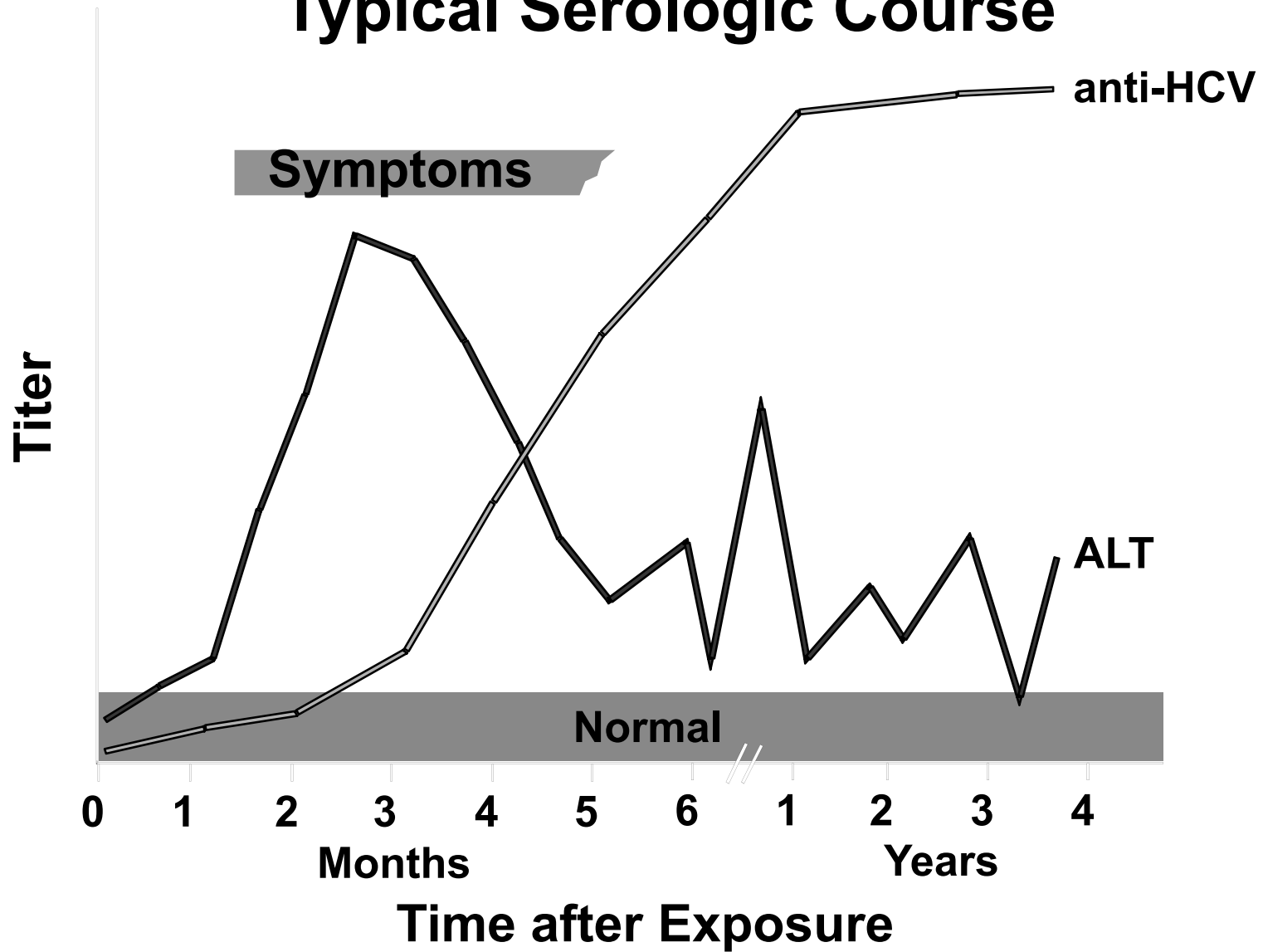


# Features of Hepatitis C Virus Infection

Incubation period	Average 6-7 weeks Range 2-26 weeks
Acute illness (jaundice)	Mild (20%-30%)
Case fatality rate	Low
Chronic infection	75%-85%
Chronic hepatitis	70%
Mortality from CLD	1%-5%

# Hepatitis C Virus Infection

## Typical Serologic Course

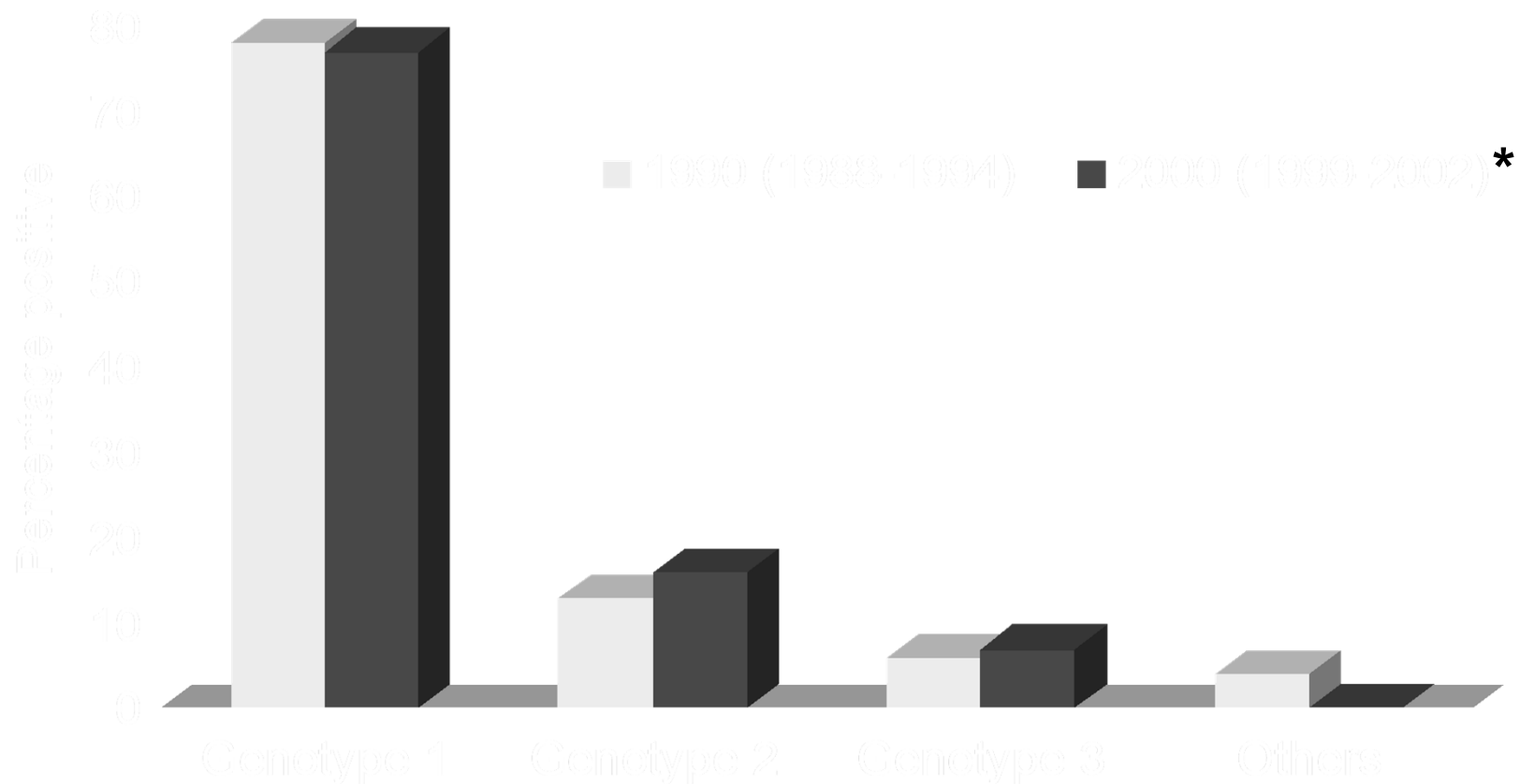


# Hepatitis C Virus Infection United States

New infections per year 1985-89	242,000
2006	20,000
Deaths from acute liver failure	Rare
Persons ever infected (1.6%)	4.1 million (3.4-4.9)*
Persons with chronic infection	3.1 million (2.5-3.7)*
HCV-related chronic liver disease	40% - 60%
Deaths from chronic disease/year	8,000-10,000

\* 95% confidence interval (data from 1999-2002)

# Distribution of HCV Genotypes in the General Population, 1990 vs. 2000, US



Nainan OV. Gastroenterol 2006;131:478-484

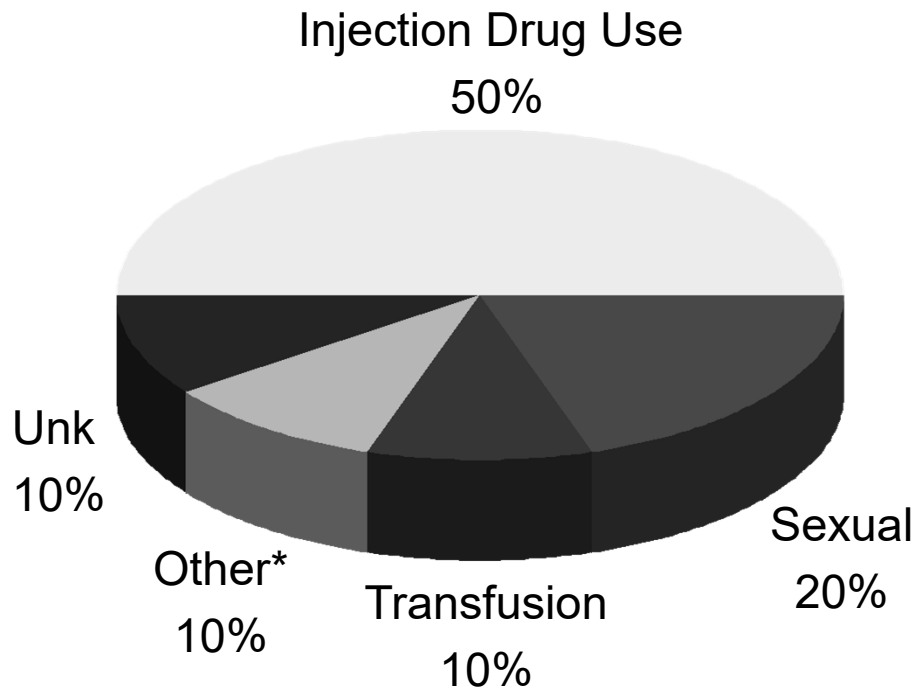
\*CDC, preliminary unpublished data

# Transmission of HCV

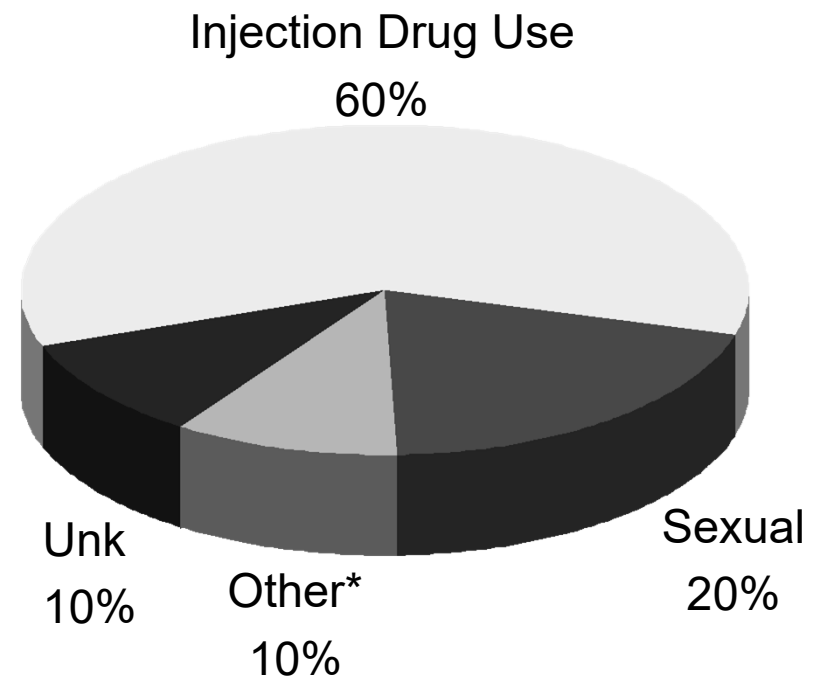
- Percutaneous
  - Injecting drug use
  - Clotting factors before viral inactivation
  - Transfusion, transplant from infected donor
  - Therapeutic (contaminated equipment, unsafe injection practices)
  - Occupational (needlestick)
- Permucosal
  - Perinatal
  - Sexual

# Risk Factors For Persons with Acute or Chronic Hepatitis C 1999-2002, U.S.

## Chronic (Prevalent)



## Acute (Incident)



\* Other includes occupational, nosocomial, iatrogenic, perinatal

Armstrong GL, Ann Intern Med 2006;144:705-14; CDC Sentinel Counties, unpublished data

# Intravenous-Related Outbreaks of HCV Infections in Developed Countries

- In- and outpatient care
  - Chronic hemodialysis, surgery, endoscopy, pain management clinic, oncology clinic, in-patient ward
- Most due to unsafe injection practices, i.e., failure to use aseptic techniques
  - Contamination of multi-dose medication vials and IV solutions
  - Reuse of syringes/needles
  - Contamination of finger stick devices
- Infected HCW rarely source
  - Usually due to self-injection of patients' narcotics

# Health-Care Related HCV Transmission

- Blood transfusion from unscreened donors
  - including plasma-derived products not inactivated
- Unsafe injection practices
  - inadequate sterilization of reuseable needles and syringes
  - sharing of disposable needles and syringes
- Contaminated equipment
  - inadequate cleaning and disinfection
    - ◆ health care settings
    - ◆ alternative medicine practices, rituals



# Global Burden of Disease Associated with Unsafe Injections

- Estimated annual incidence, 2000
  - > 20 million HBV infections
    - ◆ 30% of new infections
  - > 2 million HCV infections
    - ◆ 40% of new infections
  - > 250,000 HIV infections
    - ◆ 5% of new infections

# Unsafe Injection Practices

## Developing Countries

- Inadequate supplies of sterile syringes
- Inadequate sterilization of reusable syringes and needles
- Administration at home by non-professionals
- Syringes shared with others (family, neighbors)
- Overuse of therapeutic injections

## Developed Countries

- Failure to use aseptic techniques
  - Reuse of same syringe and needle to administer meds to multiple patients
  - Medication preparation and blood sample handling in same area
  - Contamination of multiple dose medication vials
- Infected HCW rarely source
  - Usually due to self-injection of patients' narcotics

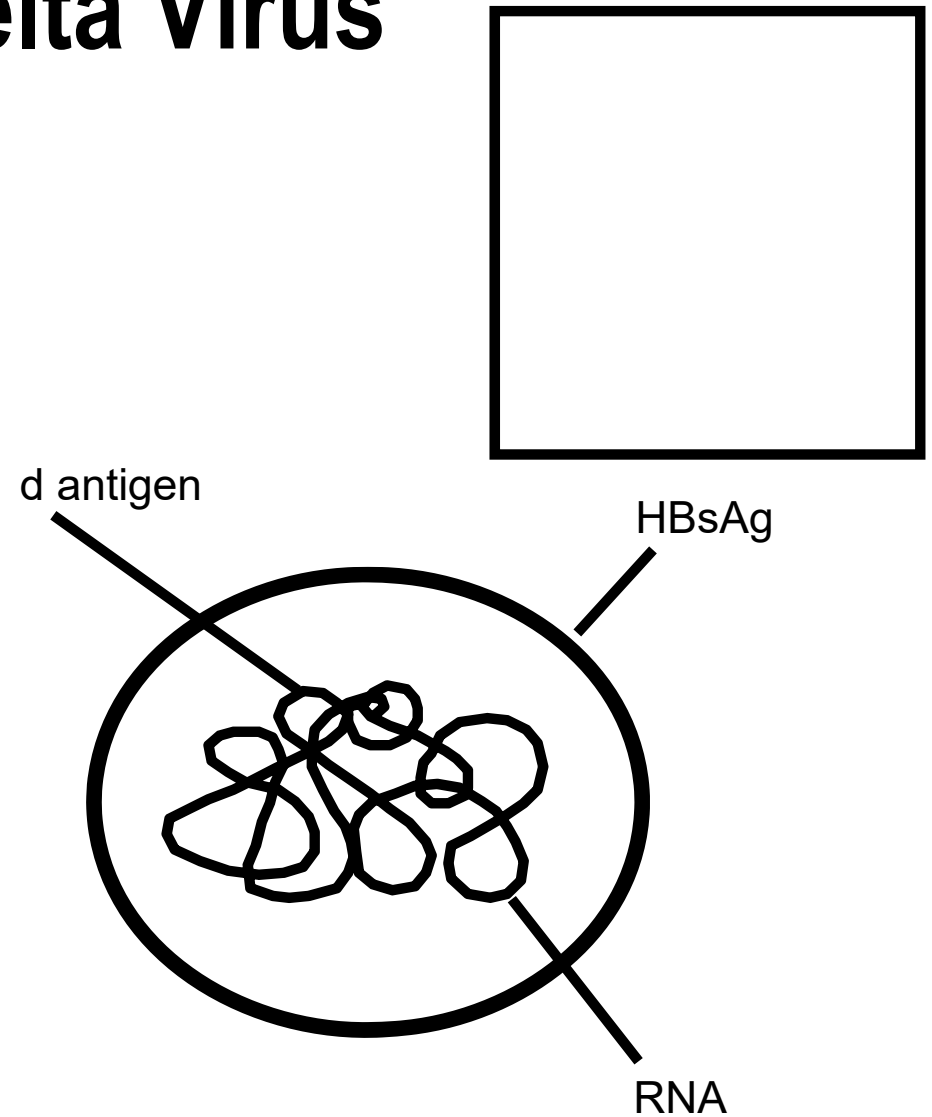


# Children Handling Medical Waste, Bangladesh



# Hepatitis Delta Virus

- Referred to as “defective” virus
  - HDV RNA
  - surrounded by coat of HBsAg
- HDV dependent on presence of HBV to establish infection
  - requires a protein coat of HBsAg to be released from infected hepatocytes
  - HBsAg mfg by HBV



# Infection with HDV

## *HBV-HDV Coinfection*

- Simultaneous infection with HBV and HDV in a person susceptible to HBV
- Low risk of death from chronic liver disease

## *HBV-HDV Superinfection*

- Infection with HDV in a person with chronic HBV
- High risk of severe chronic liver disease and death

Persons immune from HBV infection – either through vaccination or resolved infection – cannot become infected with HDV

# Epidemiologic Features of HDV

- Transmission similar to HBV
  - Percutaneous – highly efficient
  - Sexual } Much less efficient
  - Perinatal } than HBV
- Uncommon in U.S. - seen mainly in IDU's
- Worldwide, endemic in Amazon, Mediterranean, Central Asia, Africa

# Prevention of HDV

## *HBV-HDV coinfection*

- Hepatitis B vaccination

## *HBV-HDV superinfection*

- Prevent exposure to HBV
  - screen blood for HBV (need HBV for HDV)
- Reduce high-risk behaviors
  - safer sex practices
  - safer injection practices



# Current and Future Issues

- Identification of infected persons
  - Screening and testing not routinely performed
  - Lack effective methods for reaching those whose risk was in the remote past
    - ◆ Risk factor ascertainment in routine healthcare visits is rare
- Therapy regimens less than ideal, especially those with genotype 1
  - In US, treatment offered to low % of HCV-positives
- Implications of multiple co-factors on liver disease progression and response to therapies not well understood
  - Impact likely to grow creating an even greater challenge
- Need to be alert to changes in epidemiology

# Viral Hepatitis - Overview

- Primary infection of the liver caused by at least five unrelated viruses: A, B, C, D, E
- HAV and HEV
  - Fecal-oral route
  - Acute self-limited disease; no chronic infection
- HBV, HCV, HDV
  - Percutaneous or mucosal exposures to blood
  - Chronic infection – major causes of cirrhosis and hepatocellular carcinoma worldwide

# Acknowledgment

- Most slides provided by Miriam J. Alter, Ph.D. University of Texas, Galveston

# Geographic Differences in HCV Transmission Patterns

<u>Exposures among prevalent infections</u>	<u>Contribution of exposures to disease burden by HCV prevalence</u>		
	<u>Low</u>	<u>Moderate</u>	<u>High</u>
Injecting drug use	++++	++	+
Transfusions (before testing)	+++	+++	+++
Unsafe therapeutic injections	+	++++	++++
Occupational	+	+	+
Perinatal	+	+	+
High-risk sex	++	+	+/-

# Specific and Actionable Expectations and Objectives

- Research/Science-assist in the execution of microbiologic and clinical study plans that enhance the science and marketability of PDI products
- Business Development-evaluate science behind new disinfection and antiseptics technologies that represent potential acquisitions or partnership opportunities for PDI
- Consultation-respond to disinfection, antiseptics and infection prevention queries from clinical affairs, sales, marketing, and business development.
- Education-participate in national and state APIC conferences as well as other conferences/scientific meetings (e.g., APSIC, SHEA, HIS, IFIC, IDWeek, APSIC) to enhance knowledge on the infection prevention value of antiseptics and disinfection of environmental surfaces.