BLOODSTREAM INFECTIONS (BSI)

EPIDEMIOLOGY, PATHOPHYSIOLOGY, AND PREVENTION

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Disclosures

None

Objectives



Understand the impact of bloodstream infections

Understand the incidence and causative pathogens of bloodstream infections

Understand the risk factors for healthcareassociated bloodstream infections

Understand how we define bloodstream infection, both clinically and epidemiologically

Understand the prevention and control of bloodstream infections

BSI: Impact on Healthcare

Approximately 72,000 primary bloodstream infections per year

Accounts for ~10% of healthcare-associated infections (rank = 5)

Rate of BSIs varies by:

- Hospital size, unit, and service
- Population served (elderly/infants, acute/chronic)
- Use and type of intravascular access device
- Time-trends
- Endemic/Epidemic

Major risk = central venous catheter

 CLABSI associated with increased length of stay and increased cost (\$3,700 to \$39,000 per episode)

Magill SS, et al. New Engl J Med 2014;370:1198; Marschall J, et al. ICHE 2014;35:753-771

Table 2. Distribution of 504 Health				
Type of Infection	Rank	No. of Infections	Percentage of All Health Care– Associated Infections (95% CI)	
Pneumonia 'i	l (tie)	110	21.8 (18.4–25.6)	
Surgical-site infection	l (tie)	110	21.8 (18.4–25.6)	
Gastrointestinal infection	3	86	17.1 (14.0–20.5)	
Urinary tract infection <u>;</u>	4	65	12.9 (10.2–16.0)	50 Primary BSI
Primary bloodstream infection§	5	50	9.9 (7.5–12.8)	42 (82%) CLABSI
Eye, ear, nose, throat, or mouth infection	6	28	5.6 (3.8–7.8)	37 Secondary BSI
Lower respiratory tract infection	7	20	4.0 (2.5–6.0)	
Skin and soft-tissue infection	8	16	3.2 (1.9–5.0)	
Cardiovascular system infection	9	6	1.2 (0.5–2.5)	
Bone and joint infection	10	5	1.0 (0.4–2.2)	
Central nervous system infection	11	4	0.8 (0.3–1.9)	
Reproductive tract infection	12	3	0.6 (0.2–1.6)	
Systemic infection	13	1	0.2 (0.01-1.0)	

Magill SS, et al. New Engl J Med 2014;370:1198

Central Lines: Utilization

Characteristic	All Patients (N=11,282)	Patients without Health Care– Associated Infections (N=10,830)	Patients with Health Care– Associated Infections (N=452)	P Value†
Central catheter in place on survey date — no. (%) $\ $				
Any	2,121 (18.8)	1,862 (17.2)	259 (57.3)	<0.001
Femoral	54 (0.5)	44 (0.4)	10 (2.2)	
Peripherally inserted	1,037 (9.2)	878 (8.1)	159 (35.2)	
Other known type	1,057 (9.4)	958 (8.8)	99 (21.9)	
Unknown type	32 (0.3)	29 (0.3)	3 (0.7)	
None	9,140 (81.0)	8,948 (82.6)	192 (42.5)	
Missing data	21 (0.2)	20 (0.2)	1 (0.2)	

Magill SS, et al. New Engl J Med 2014;370:1198

Central Line Utilization by Unit

High: ICUs (Medical and Surgical)

Low: Psych, L&D/Postpartum, Ortho

Central line utilization ratio [¶]							Percentile			
Type of acute care hospital location	No. of locations †	Central line days	Patient days	Pooled mean	10%	25%	50% (median)	75%	90%	
Medical/surgical: major teaching	358 (356)	800,019	1,482,658	0.54	0.28	0.39	0.53	0.65	0.71	
Medical/surgical: all other, ≤ 15 beds	1,647 (1,627)	1,260,781	3,453,458	0.37	0.11	0.19	0.34	0.50	0.62	
Medical/surgical: all other, >15 beds	807	2,132,226	4,391,341	0.49	0.30	0.40	0.51	0.60	0.69	
Neurologic	59 (58)	80,894	171,989	0.47	0.22	0.32	0.46	0.55	0.67	
Neurosurgical	181	317,745	731,728	0.43	0.24	0.34	0.43	0.54	0.60	
Pediatric cardiothoracic	43	146,328	202,899	0.72	0.49	0.59	0.75	0.86	0.91	
Pediatric medical	31 (29)	23,719	63,391	0.37	0.10	0.14	0.25	0.34	0.47	
Pediatric medical/surgical	315 (307)	389,069	866,418	0.45	0.14	0.22	0.35	0.50	0.62	
Pediatric surgical	6	3,105	9,609	0.32						
Prenatal	8	710	9,153	0.08						
Respiratory	6	9,842	26,288	0.37						
Surgical: major teaching	197	470,884	819,943	0.57	0.38	0.46	0.57	0.67	0.75	
Surgical: all other	190 (188)	345,261	(
Surgical cardiothoracic	455 (454)	955,534	1,					No o	of device day	VS
Trauma	147	329,688	Des	vice utili	zati	on r	- nite	110. 0	JI UCVICC UA	y S
Step-down units			Der	ice utili	Zati	UIII	$auo = \frac{1}{2}$	No o	of patient da	WC
Adult step-down (postcritical care)	700 (699)	818,478	3,				1	NO. U	n patient ua	.ys
Step-down NICU (level II)	47 (44)	4,886	83,342	0.06	0.01	0.02	0.04	0.07	0.11	
Pediatric step-down (postcritical care)	17	17,416	57,086	0.31						
Mixed acuity units [‡]										
Adult mixed acuity	83 (82)	83,286	336,340	0.25	0.04	0.10	0.19	0.35	0.49	
Mixed age mixed acuity	49	28,758	204,837	0.14	0.03	0.06	0.10	0.20	0.32	
Pediatric mixed acuity	16	29,140	125,440	0.23						
Inpatient wards										
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Dudeck et al. AJIC 2015; 43: 206-221

Central Line Associated BSI (CLABSI) Rate by Unit

High: Burn, ICUs (Medical and Surgical), Trauma, Vent Unit

Low: Ortho, GYN, Psych

Table 3

Pooled means and key percentiles of the distribution of laboratory-confirmed central line-associated BSI rates and central line utilization ratios, by type of location, acute care hospitals, DA Module, 2013

Central line—associated BSI rate*							Percentile			
Type of acute care hospital location	No. of locations †	No. of CLABSIs	Central line days	Pooled mean	10%	25%	50% (median)	75%	90%	
Critical care										
Burn	71 (69)	219	74,949	2.9	0.0	0.0	2.2	4.4	7.3	
Medical: major teaching	251 (250)	812	669,976	1.2	0.0	0.4	1.0	1.8	2.8	
Medical: all other	452 (432)	660	611,514	1.1	0.0	0.0	0.5	1.4	2.5	
Medical cardiac	387 (381)	565	557,944	1.0	0.0	0.0	0.8	1.6	2.6	
Medical/surgical: major teaching	358 (354)	908	800,019	1.1	0.0	0.0	0.9	1.6	2.4	
Medical/surgical: all other, ≤ 15 beds	1,647 (1,510)	1,032	1,260,781	0.8	0.0	0.0	0.0	1.0	2.4	
Medical/surgical: all other, >15 beds	807 (804)	1,752	2,132,226	0.8	0.0	0.0	0.6	1.2	2.0	
Neurologic	59 (58)	91	80,894	1.1	0.0	0.0	0.9	1.6	2.8	
Neurosurgical	181 (178)	300	317,745	0.9	0.0	0.0	0.7	1.4	2.2	
Pediatric cardiothoracio	42	105	146 220	1.2	0.0	0.5	1.2	2.0	27	
Pediatric n Pediatric n Pediatric s Dovrico accocci	ated infect	ion rate	_ No. of d	levice –	asso	ciat	ed infect	ions	s for a	an infection site $\times 1.0$
Prenatal Respirator	ateu miett	1011 Tate			Ν	lo. (of device	day	'S	~ 1,0
Prenatal Respirator Surgical: n	ateu intect	ion rate			Ν	lo. (of device	day	Ś	~ 1,0
Prenatal Respirator	190 (180)	295	545,201	0.9	1	0.0	0.7	1.4	2.5	~ 1,0
Prenatal Respirator Surgical: n			955,534	0.9				5		~ 1,0

Dudeck et al. AJIC 2015; 43: 206-221

Definitions: IMPORTANT!

CLINICAL DEFINITION



SURVEILLANCE DEFINITION

CLINICAL DEFINITION

What is BSI?

Bloodstream infection or Bacteremia:



Positive blood culture(s) +/- systemic signs of infection

Other terms:

- Septicemia: positive blood cultures + systemic signs of infection
- Sepsis and Septic Shock
- Pseudobacteremia or "contaminated" blood cultures: positive blood cultures resulting from contamination during the collection procedure or during laboratory processing

CLINICAL DEFINITION

What is BSI?

Primary BSI: NO identifiable originating source on clinical exam and/or diagnostic testing

Secondary BSI: Identifiable, localized infection at a specific site on clinical exam and/or diagnostic testing

Ex: Group B Streptococcus BSI



GBS BSI Source in Non-pregnant adults	%
Unknown (Primary)	30-40%
Skin and Soft Tissue	15-40%
Urinary Tract	5-15%
Upper Respiratory Tract	6-12%
Bone and Joint	2-15%
Cardiac/Endocarditis	2-9%
Central Nervous System	<4%

Source: UpToDate.

How do pathogens enter the bloodstream?

Many potential points/mechanisms of entry.

Disruption of skin or mucosal barriers:

- Localized infection advances to become systemic (Secondary BSI)
- Skin disruption, scratches, bug bites
- IV drug abuse
- Invasive devices (central venous catheter)
- Invasive procedures (surgical, dental, scopes)

Transient bacteremic episodes may happen all the time but are usually cleared by the liver/spleen

Host considerations

- Implants/prostheses
- Impaired immunity

CLINICAL DEFINITION Signs and symptoms

Systemic: Fever, chills, rigors, fatigue \rightarrow hypotension, shock

Respiratory: hyperventilation \rightarrow respiratory failure

Neurologic: Confusion \rightarrow seizure, coma

Secondary: Other localized infection symptoms



Fever

Septic Shock + Organ Failure



SIRS criteria (old): WBC>12K or <4K or >10% bands RR>20 HR>90 Temp>38 or <36C

Image: https://twitter.com/ICPIC_meeting/status/982198791301283842



JAMA. 2016;315(8):801-810

MORTALITY OF NOSOCOMIAL BSI, SCOPE, 1995-98



Clinical management: Go to the Source

- 1. Source control
- Incision and Drainage for abscesses
- Remove necrotic material
- Remove foreign material
- Contain bowel/bladder contents
- Wash out joints

2. Antibiotics and/or antifungals

- Initially IV
- May be able to transition to oral depending on: clinical progress, culture clearance, primary source, and organism/susceptibilities

3. Supportive Care

Fluids, oxygen, ICU (pressors, vent)



CLINICAL DEFINITION

Central Venous Catheter Infections

Infection	Definition
Catheter colonization	Significant growth of >1 microorganism in a quantitative or semiquantitative culture of the catheter tip, subcutaneous catheter segment, or catheter hub
Phlebitis	Induration or erythema, warmth, and pain or tenderness along the tract of a catheterized or re- cently catheterized vein
Exit site infection	
Microbiological	Exudate at catheter exit site yields a microorganism with or without concomitant bloodstream infection
Clinical	Erythema, induration, and/or tenderness within 2 cm of the catheter exit site; may be associated with other signs and symptoms of infection, such as fever or purulent drainage emerging from the exit site, with or without concomitant bloodstream infection ^a
Tunnel infection	Tenderness, erythema, and/or induration >2 cm from the catheter exit site, along the subcutaneous tract of a tunneled catheter (e.g., Hickman or Broviac catheter), with or without concomitant bloodstream infection ^a
Pocket infection	Infected fluid in the subcutaneous pocket of a totally implanted intravascular device; often associ- ated with tenderness, erythema, and/or induration over the pocket; spontaneous rupture and drainage, or necrosis of the overlying skin, with or without concomitant bloodstream infection ^a
Bloodstream infection	
Infusate related	Concordant growth of a microorganism from infusate and cultures of percutaneously obtained blood cultures with no other identifiable source of infection
Catheter related	Bacteremia or fungemia in a patient who has an intravascular device and >1 positive blood culture result obtained from the peripheral vein, clinical manifestations of infection (e.g., fever, chills, and/ or hypotension), and no apparent source for bloodstream infection (with the exception of the catheter). One of the following should be present: a positive result of semiquantitative (>15 cfu per catheter segment) or quantitative (>10 ² cfu per catheter segment) catheter culture, whereby the same organism (species) is isolated from a catheter segment and a peripheral blood culture; simultaneous quantitative cultures of blood with a ratio of >3:1 cfu/mL of blood (catheter vs. peripheral blood); differential time to positivity (growth in a culture of blood obtained through a catheter hub is detected by an automated blood culture system at least 2 h earlier than a culture of simultaneously drawn peripheral blood of equal volume). Note that this definition differs from the definition of central line-associated bloodstream infection used for infection-control surveillance activities.

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Type of intravascular device	Comment
Peripheral venous catheter	Usually inserted into the veins of the forearm or the hand; the most commonly used short-term intravascular device
Peripheral arterial catheter	For short-term use; commonly used to monitor hemodynamic status and to determine blood gas levels of critically ill patients; risk of bloodstream infection may approach that of CVCs
Midline catheter	Peripheral catheter (size, 7.6–20.3 cm) is inserted via the antecubi- tal fossa into the proximal basilic or cephalic veins, but it does not enter central veins; it is associated with lower rates of in- fection, compared with CVCs
Short-term CVC	Most commonly used CVC; accounts for the majority of all cathe- ter-related bloodstream infections
Pulmonary artery catheter	Inserted through a teflon introducer and typically remains in place for an average duration of only 3 days
Pressure-monitoring system	Used in conjunction with arterial catheter; associated with both epidemic and endemic nosocomial bloodstream infections
Peripherally inserted central catheter	Provides an alternative to subclavian or jugular vein catheteriza- tion; is inserted via the peripheral vein into the superior vena cava, usually by way of cephalic and basilar veins; similar risk of infection as CVCs in patients hospitalized in intensive care units
Long-term CVC	Surgically implanted CVC (e.g., Hickman, Broviac, or Groshong catheter) with the tunneled portion exiting the skin and a dacron cuff just inside the exit site; used to provide vascular access to patients who require prolonged chemotherapy, home-infusion therapy, or hemodialysis
Totally implantable device	A subcutaneous port or reservoir with self-sealing septum is tun- neled beneath the skin and is accessed by a needle through in- tact skin; associated with low rates of infection

Table 3. Types of intravascular devices and comments on their use.



SUBCUTANEOUS PORT FOR A CATHETER



PATHOGENESIS Central Line Infection

Multifactorial and complex

Most catheter-related infections appear to result from migration of skin organisms at insertion site into the cutaneous tract with eventual colonization of the catheter tip

Catheter hub also important contributor to intralumenal colonization (especially in longterm catheters)

Less common = hematogenous seeding of catheter tip from distant focus of infection or contaminated infusate



POTENTIAL ROUTES OF INFECTION



BIOFILM





TOP 10 PATHOGENS ASSOCIATED WITH CLABSIs: NHSN, 2009-2010



Populations at Higher Risk for CLABSI

ICU patients

- High CL utilization (often multiple CL at once and specialized lines)
- Catheters placed in emergencies circumstances
- Need for repeated access daily
- Often need CL for extended time periods

Vulnerable populations

- Hemodialysis
- Peri-operative
- Hem/Onc

Risk Factors for CLABSI*

INCREASED RISK FACTORS:

- Prolonged hospitalization prior to catheterization
- Prolonged duration of catheterization
- Heavy microbial colonization at the insertion site
- Heavy microbial colonization of the catheter hub
- Site of catheter (adults): Femoral (worst), Internal jugular, compared to Subclavian (best)
- Host Immunity: Neutropenia, neonate prematurity
- Reduced Nurse: Patient Ratios (ICU)
- TPN
- Substandard catheter care (e.g. excessive manipulation)
- Blood products (children)

DECREASED RISK/PROTECTIVE FACTORS:

- Female sex
- Antibiotic administration
- Minocycline-rifampin impregnated catheters

*In at least 2 observational studies *ICHE* 2014; 35: 753-771.

CLINICAL CLUES of CVC INFECTIONS

- CVC: Exit site infection (erythema, tenderness, purulence) or tunnel infection (erythema, tenderness, purulence, induration)
- High grade bacteremia/fungemia (multiple positive cultures)
- Abrupt onset, associated with shock
- Symptoms/signs of sepsis (i.e., fever/ hypotension) without obvious source (no identifiable local infection)
- Evidence of septic thrombophlebitis of great vein
- Continued bacteremia/fungemia despite appropriate therapy
- Symptoms/signs of sepsis plus catheter malfunction
- Bacteremia with CoNS, Candida, Bacillus, Corynebacterium

COMPLICATIONS OF CLABSIs

Local infection

Tunnel infection, pocket infection

Sepsis

Remote site infection

- Osteomyelitis
- Meningitis
- Endovascular infection
- Endocarditis
- Mycotic aneurysms
- Septic thrombophlebitis

Identifying Complicated SAB *Devices* Clinical Context Matters *Matter S. aureus* Bacteremia + Prosthesis = Trouble



SAB + Arthroplasty = 28% Joint Infection

Murdoch et al Clin Infect Dis 2001; 32:647-9.



SAB + Prosthetic Valve = 51% Valve Infection El-Adhab *Am J Med* 2005; 118:225-9.



SAB + Pacemaker/ICD = 45% Device Infection Chamis Circulation 2001; 104: 1029



SAB + Central Catheter = 71% Thrombophlebitis Crowley Crit Care Med 2008;36:385-90

Slide: Thomas Holland MD, Duke Univ

Goals of Infection Surveillance: Improve Understanding

Estimate disease incidence:

 Assess program impact, detect outbreaks or problem areas to focus prevention efforts, understand and describe disease burden

Reliability, reproducibility

- Trend over time
- Valid and standardized to the degree possible among practice areas (internal validity)
- Compare to benchmarks (external validity)

The definitions are designed to reflect clinical "truth," but there is NO method of measurement that is perfect.

Abiding by NHSN definitions improves validity AND provides protection when faced with external review or challenges to the data.

NHSN definitions must be adjusted with time due to the dynamic nature of medicine.



What is BSI?

There are multiple surveillance definitions to be familiar with for BSI:

LCBI (1 to 3)

Secondary BSI due to other site-specific infection MBI LCBI (1 to 3)

CLABSI



January 2018 Update: https://www.cdc.gov/nhsn/pdfs/pscmanual/4psc_clabscurrent.pdf

SURVEILLANCE DEFINITION

Healthcare Associated Infection (HAI)

There are multiple "timing" related definitions:

- Date of Event (DOE)
- Healthcare associated infection (HAI)
- Infection window period (IWP)
- Present on admission (POA)
- Repeat infection timeframe (RIT)
- Secondary BSI attribution period (SBAP) = IWP + RIT

An infection is considered an HAI if:

 ALL elements of a CDC/NHSN site-specific infection criterion were NOT present on admission but were ALL present on or after the 3rd calendar day of admission to the facility.

SURVEILLANCE DEFINITION

Laboratory Confirmed BSI (LCBI)

Must meet ONE of 3 LCBI criteria:

- Recognized pathogen (1+ cx)
- Common skin commensal (≥2 separate +cx with ≤1 day gap between)
- Neonates + common skin commensal

For all: organism cultured from blood is *not related* to infection at another site

Most closely reflects a clinical Primary BSI.



Patient of any age has a recognized pathogen, which is an organism NOT included on the NHSN common commensal list, identified from one or more blood specimens obtained by a culture or non-culture based microbiologic testing method

AND

organism cultured from blood is not related to an infection at another site





Recognized Pathogen (Examples)

- S. aureus
- P. aeruginosa
- E. coli
- K. pneumoniae
- S. marcescens
- C. albicans
- Enterococcus sp.

SURVEILLANCE DEFINITION

LCBI 2

Patient of any age has at least one of the following signs or symptoms: fever (>38.0C), chills, or hypotension

AND

Organism(s) identified from blood is *not related* to an infection at another site

AND

The same NHSN common commensal is identified by a culture or non-culture based microbiologic testing method, from two or more blood specimens collected on separate occasions.

Criterion elements must occur within the Infection Window Period (IWP), the 7-day time period which includes the date the positive blood culture was collected, the 3 calendar days before and the 3 calendar days after





Common Commensals (Partial List)

Diphtheroids [Corynebacterium spp. not C. diphtheriae] Bacillus spp. [not B. anthracis] Propionibacterium spp. Coagulase-negative staphylococci [including S. epidermidis] Viridans group streptococci Aerococcus spp. Micrococcus spp. Rhodococcus spp.
SURVEILLANCE DEFINITION

LCBI 3

Patient \leq 1 year of age has at least <u>one</u> of the following signs or symptoms: fever (>38.0C), hypothermia (<36.0C), apnea, or bradycardia

AND

Organism(s) identified from blood is *not* related to an infection at another site

AND

The same NHSN common commensal is identified by a culture or non-culture based microbiologic testing method, from two or more blood specimens collected on separate occasions.

Criterion elements must occur within the Infection Window Period (IWP), the 7-day time period which includes the collection date of the positive blood, the 3 calendar days before and the 3 calendar days after.





Common Commensals (Partial List)

Diphtheroids [Corynebacterium spp. not C. diphtheriae] Bacillus spp. [not B. anthracis] Propionibacterium spp. Coagulase-negative staphylococci [including S. epidermidis] Viridans group streptococci Aerococcus spp. Micrococcus spp. Rhodococcus spp.

SURVEILLANCE DEFINITION

Secondary BSI

An NHSN site-specific definition must be met; either one of the CDC/NHSN Surveillance Definitions for Specific Types of Infections (defined in Chapter 17), or UTI, PNEU or SSI definitions.

AND

One of the following scenarios must be met:

Scenario 1	Scenario 2	
A positive blood specimen must contain at least one eligible matching organism to the site-specific specimen	Positive blood specimen must be an element of the site-specific definition	
And the blood specimen is collected in the site- specific secondary BSI attribution period	And blood specimen is collected in the site-specific infection window period	
And an eligible organism <u>identified from the site-</u> <u>specific specimen</u> is used as an element to meet the site-specific definition	And an eligible <u>organism identified in a blood</u> <u>specimen</u> is used as an element to meet the site- specific definition	
Scenario 1 "Match"	Scena "Elen	

Гуре	
BJ – Bone a	nd Joint Infection
BONE - Ost	
	space infection
JNT - Joint	or bursa infection
	etic joint infection
	ral Nervous System
	nial infection
	ingitis or ventriculitis
SA – Spinal	abscess without meningitis
CVS – Card	liovascular System Infection
	ocarditis or pericarditis
ENDO - End	docarditis
MED – Med	
	erial or venous infection
	e, Ear, Nose, Throat, or Mouth Infection
CONJ - Con	
	mastoid infection
	nfection, other than conjunctivitis
	al cavity infection (mouth, tongue, or gums)
SINU - Sinu	
UR – Upper	respiratory tract infection, pharyngitis, laryngitis, epiglottitis
CI - Cestro	intestinal System Infection
	dium difficile Infection
GE – Gastro	
	bintestinal (GI) tract infection
	bdominal infection, not specified elsewhere
	otizing enterocolitis
	ouzing enterocontis
	r Respiratory System Infection, Other Than Pneumonia
LUNG – Otł	ner infection of the lower respiratory tract
REPR - Re	productive Tract Infection
EMET – End	
	otomy infection
	er infection of the male or female reproductive tract

SST	-Skin and Soft Tissue Infection
BRS	T – Breast abscess or mastitis
BUR	N – Burn Infection
CIRC	C- Newborn circumcision infection
DEC	U – Decubitus ulcer infection (also known as pressure injury infection)
SKI	N – Skin infection
ST –	Soft tissue infection
UMI	3 – Omphalitis

USI - Urinary System Infection

Site	Criterion
BONE	3a
BURN	1
DISC	3a
	4a, 4b, 5a or 5b
	(specific
ENDO	organisms)
	6e or 7e plus other
	criteria as listed
GIT	1b or 2c
IAB	2b or 3b
JNT	3c
MEN	2c or 3c
OREP	3a
PNEU	2 or 3
SA	3a
UMB	1b
USI	3b or 4b

SECONDARY BSI GUIDE FOR ELIGIBLE ORGANISMS (not applicable to VAE)





Laboratory Confirmed BSI (LCBI)

LCBI Hierarchy; Types of LCBIs (see Table 1 and Table 2):



Hem/Onc/BMT a "special population" for surveillance

Complex patient population	 Highly toxic treatments ICU stays Complications (infection, bleeding, ADEs)
Device utilization	True need for central line
Culturing practices	Bad veinsThrombocytopenia
Antimicrobial utilization	Like waterUsually appropriate for severity of illness
Surveillance practices	Variable?
Administrative pressure	"Protective" of program and reputation
Adjudication	 Clinicians don't consider many "CLABSI" to be preventable Definitions don't apply well to patient population and leads to rejection of data

SURVEILLANCE DEFINITION Mucosal Barrier Injury Laboratory Confirmed Bloodstream Infection (MBI-LCBI)

A subset of the LCBI criteria

Aim to identify the "special population" of patients who have BSI due to hematogenous spread from the gut/oral flora due to immune compromise

Must meet one of the 3 LCBI criteria

AND

Must meet one of the two MBI criteria



SURVEILLANCE DEFINITION Mucosal Barrier Injury Laboratory Confirmed Bloodstream Infection (MBI-LCBI)

One of two MBI criteria:

- 1. Is an allogeneic hematopoietic stem cell transplant recipient within the past year with one of the following documented during same hospitalization as positive blood specimen:
 - a) Grade III or IV gastrointestinal graft versus host disease [GI GVHD]
 - b) ≥1-liter diarrhea in a 24-hour period (or ≥20 mL/kg in a 24hour period for patients <18 years of age) with onset on or within the 7 calendar days before the date the positive blood specimen was collected.
- 2. Is neutropenic, defined as at least two separate days with ANC and/or WBC values <500 cells/mm3 collected within a 7-day time period which includes the collection date of the positive blood specimen, the 3 calendar days before and the 3 calendar days after.







MBI-BSI 1

LCBI 1 = at least 1 culture positive for "recognized pathogen"

from the intestines

Plus

One of the MBI criteria



Intestinal pathogens (partial list)

Bacteroides spp. Candida spp. Clostridium spp. Enterococcus spp. Fusobacterium spp. Peptostreptococcus spp. Prevotella spp. Veillonella spp. Enterobacteriaceae



MBI-BSI 2

- LCBI 2 = signs and symptoms AND at least 2 separate cultures with "common commensals"
- Only viridans group Streptococci and no other organisms.

Plus

One of the two MBI criteria









MBI-BSI 3

LCBI 3 = Patient ≤1 year of age, AND at least 2 separate cultures with "common commensals"





Only viridans group streptococci and no other organisms.

Plus

One of the MBI criteria



Laboratory Confirmed BSI (LCBI)

LCBI Hierarchy; Types of LCBIs (see Table 1 and Table 2):





Central Line



Central line: terminates at or close to the heart or in one of the great vessels, used for infusions, withdrawal of blood, or hemodynamic monitoring.

 Catheter must terminate in aorta, pulmonary artery, superior or inferior vena cava, brachiocephalic veins, internal jugular veins, subclavian veins, external iliac or common iliac veins, femoral veins, umbilical artery/vein (neonates)

The following are NOT considered central lines:

- Extracorporeal membrane oxygenation (ECMO)
- Arterial catheters
- Intra-aortic balloon pump (IABP) devices
- Hemodialysis reliable outflow (HeRO) dialysis catheters
- Non-accessed central line (not accessed nor inserted during the hospitalization)
- Peripheral IV or Midlines
- Ventricular Assist Device (VAD)

Infusion: Introduction of a solution through a blood vessel via a catheter lumen

SURVEILLANCE DEFINITION

Central Line

Temporary central line: A non-tunneled, non-implanted catheter

Permanent central line:

- Tunneled catheters, including dialysis catheters
- Implanted catheters (including ports)

Umbilical catheter: A vascular catheter inserted through the umbilical artery or vein in a neonate.

SURVEILLANCE DEFINITION CENTRAL LINE-ASSOCIATED BLOODSTREAM INFECTION (CLABSI) EVENT

<u>Eligible Central Line:</u> A CL that has been in place for more than two consecutive calendar days (on or after CL day 3), following the first access of the central line, in an inpatient location, during the current admission. Such lines are eligible for CLABSI events and remain eligible for CLABSI events until the day after removal from the body or patient discharge, whichever comes first.

<u>Central line-associated BSI (CLABSI):</u> A laboratory confirmed bloodstream infection where an eligible BSI organism is identified and an eligible central line is present on the LCBI DOE or the day before.

https://www.cdc.gov/nhsn/pdfs/pscmanual/4psc_clabscurrent.pdf

How does CLABSI happen?



2011;60(8):243-248.

Contamination occurs...

Insertion:

- Patient's Skin
- Operator (Spit, Hair, Hands)
- Environment

Maintenance:

- Cap is frequently accessed, inadequately cleaned during access, or poorly functioning
- Operator (Spit, Hair, Hands) during assessments + routine dressing changes
- Bacterial migration along catheter tract from skin

What's a Bundle?



"Care bundles are small, straightforward, sets of evidence-based practices... that, when implemented collectively, improve the reliability of their delivery and improve patient outcomes."



An Intervention to Decrease Catheter-Related Bloodstream Infections in the ICU

Peter Pronovost, M.D., Ph.D., Dale Needham, M.D., Ph.D., Sean Berenholtz, M.D., David Sinopoli, M.P.H., M.B.A., Haitao Chu, M.D., Ph.D., Sara Cosgrove, M.D., Bryan Sexton, Ph.D., Robert Hyzy, M.D., Robert Welsh, M.D., Gary Roth, M.D., Joseph Bander, M.D., John Kepros, M.D., and Christine Goeschel, R.N., M.P.A.

http://www.ihi.org/resources/Pages/ImprovementStories/WhatIsaBundle.aspx

IHI Bundle: PREVENTION OF CENTRAL LINE INFECTIONS

During insertion:

- Hand hygiene
- Maximal barrier precautions
- Chlorhexidine skin antisepsis (now CHG-alcohol)
- Optimal catheter site selection, with subclavian vein as the preferred site for nontunneled catheters

During maintenance:

 Daily review of line necessity, with prompt removal of unnecessary lines



SHEA/IDSA PRACTICE RECOMMENDATION

Strategies to Prevent Central Line–Associated Bloodstream Infections in Acute Care Hospitals: 2014 Update

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GRADING THE QUALITY OF EVIDENCE

Grade	Definition
I. High	Highly confident that the true effect lies close to that of the estimated size and direction of the effect. Evidence is rated as high quality when there is a wide range of studies with no major limitations, there is little variation between studies, and the summary estimate has a narrow confidence interval.
II. Moderate	The true effect is likely to be close to the estimated size and direction of the effect, but there is a possibility that it is substantially different. Evidence is rated as moderate quality when there are only a few studies and some have limitations but not major flaws, there is some variation between studies, or the confidence interval of the summary estimate is wide.
III. Low	The true effect may be substantially different from the estimated size and direction of the effect. Evidence is rated as low quality when supporting studies have major flaws, there is important variation between studies, the confidence interval of the summary estimate is very wide, or there are no rigorous studies, only expert consensus.

NOTE. Based on Grades of Recommendation, Assessment, Development, and Evaluation (GRADE)²³⁹ and the Canadian Task Force on Preventive Health Care.²⁴⁰

PREVENTING CLABSI: BEFORE INSERTION

Provide easy access to an evidence-based list of indications for CVC {III}

Require education of HCP involved in insertion, care, and maintenance of CVCs about CLABSI prevention {II}

Bathe ICU patients over 2 mo of age with a CHG preparation on a daily basis {I}

CDC EDUCATIONAL MATERIAL

Checklist for Prevention of Central Line Associated Blood Stream Infections

Based on 2011 CDC guideline for prevention of intravascular catheter-associated bloodstream infections. http://www.cdc.gov/hicpac/pdf/guidelines/bsi-guidelines-2011.pdf

For Clinicians:

Promptly remove unnecessary central lines

Perform daily audits to assess whether each central line is still needed

Follow proper insertion practices

- Perform hand hygiene before insertion
- Adhere to aseptic technique
- Use maximal sterile barrier precautions (i.e., mask, cap, gown, sterile gloves, and sterile full-body drape)
- □ Perform skin antisepsis with >0.5% chlorhexidine with alcohol
- Choose the best site to minimize infections and mechanical complication Avoid femoral site in adult patients
- Cover the site with sterile gauze or sterile, transparent, semipermeable dressings

Handle and maintain central lines appropriately

- Comply with hand hygiene requirements
- □ Scrub the access port or hub immediately prior to each use with an appropriate antiseptic (e.g., chlorhexidine, povidone iodine, an iodophor, or 70% alcohol)
- Access catheters only with sterile devices Replace dressings that are wet, soiled, or dislodged
- Perform dressing changes under aseptic technique using clean or sterile gloves

For Facilities:

- Empower staff to stop non-emergent insertion if proper procedures are not followed
- "Bundle" supplies (e.g., in a kit) to ensure items are readily available for use
- Provide the checklist above to clinicians, to ensure all insertion practices are followed
- Ensure efficient access to hand hygiene
- Monitor and provide prompt feedback for adherence to hand hygiene http://www.cdc.gov/handhygiene/Measurement.html
- Derivide recurring education sessions on central line insertion, handling and maintenance

Supplemental strategies for consideration:

- 2% Chlorhexidine bathing
- Antimicrobial/Antiseptic-impregnated catheters
- Chlorhexidine-impregnated dressings



FAQs

What is a catheter-associated bloodstream infection?

A "central line" or "central catheter" is a tube that is placed into a patient's large vein, usually in the neck, chest, arm, or groin. The catheter is often used to draw blood, or give fluids or medications. It may be left in place for several weeks. A bloodstream infection can occur when bacteria or other germs travel down a "central line" and enter the blood. If you develop a catheter-associated bloodstream infection you may become ill with fevers and chills or the skin around the catheter may become sore and red.

Can a catheter-related bloodstream infection be treated? A catheter-associated bloodstream infection is serious, but often can be successfully treated with antibiotics. The catheter might need to be removed if you develop an infection

What are some of the things that hospitals are doing to prevent catheter-associated bloodstream infections?

To prevent catheter-associated bloodstream infections doctors and nurses will:

- Choose a vein where the catheter can be safely inserted and where the risk for infection is small.
- Clean their hands with soap and water or an alcohol-based hand rub before putting in the catheter.
- · Wear a mask, cap, sterile gown, and sterile gloves when putting in the catheter to keep it sterile. The patient will be covered with
- a sterile sheet. Clean the patient's skin with an antiseptic cleanser before putting
- in the catheter.
- Clean their hands, wear gloves, and clean the catheter opening with an antiseptic solution before using the catheter to draw blood or give medications. Healthcare providers also clean their hands and wear gloves when changing the bandage that covers
- the area where the catheter enters the skin. Decide every day if the patient still needs to have the catheter.
- The catheter will be removed as soon as it is no longer needed. · Carefully handle medications and fluids that are given through the catheter
- What can I do to help prevent a catheter-associated bloodstream infection?
- · Ask your doctors and nurses to explain why you need the catheter and how long you will have it.





http://www.cdc.gov/HAI/bsi/bsi.html

· Ask your doctors and nurses if they will be using all of the prevention methods discussed above.

"Catheter-Associated

Bloodstream Infections'

- · Make sure that all doctors and nurses caring for you clean their hands with soap and water or an alcohol-based hand rub before
- and after caring for you.

lers clean their hi ot see your pro

- · If the bandage comes off or becomes wet or dirty, tell your nurse or doctor immediately
- · Inform your nurse or doctor if the area around your catheter is sore or red
- Do not let family and friends who visit touch the catheter or the tubing.
- Make sure family and friends clean their hands with soap and water or an alcohol-based hand rub before and after visiting you.

What do I need to do when I go home from the hospital

Some patients are sent home from the hospital with a catheter in order to continue their treatment. If you go home with a catheter, your doctors and nurses will explain everything you need to know about taking care of your catheter.

- · Make sure you understand how to care for the catheter before leaving the hospital. For example, ask for instructions on shower ing or bathing with the catheter and how to change the catheter dressing.
- Make sure you know who to contact if you have questions or problems after you get home.

· Make sure you wash your hands with soap and water or an

- alcohol-based hand rub before handling your catheter · Watch for the signs and symptoms of catheter-associated blood-
- stream infection, such as soreness or redness at the catheter site or fever, and call your healthcare provider immediately if any occur.

If you have additional questions, please ask your doctor or nurse.

BATHE ICU PATIENTS >2 MONTHS OF AGE WITH A CHG PREPARATION DAILY

Intervention = Daily bathing with 2% CHG impregnated washcloth Design & setting : Cross-over study in MICU Result: CHG associated with decreased 1.00rate (per 1,000 pt-days) of CLABSI (4.1 vs 10.4) Proportion of Patients Without BSI 0.75 2% Chlorhexidine cloths MICU A Soap and water 0.50 2% Chlorhexidine cloths MICU B 0.25 Scap and water Study arm 2% CHG Soap and water "Washout" period P=.04 by the log-rank test 0.005 10 15 202530 2 weeks 24 weeks 28 weeks Length of Stay in the MICU, d

(January 5-June 21, 2006)

(June 8-December 20, 2005)

Bleasdale S, et al. Arch Intern Med 2007;167:2073

35

REDUCE MRSA

Cluster-randomized trial in 74 ICUs

MRSA screening and isolation vs. targeted decolonization of MRSA carriers vs. universal decolonization

Decolonization: CHG daily bathing + nasal mupirocin

Result: Universal decolonization reduced rate of all Primary BSI significantly. Decreased MRSA BSI also, but NS.

1 BSI prevented per 99 patients decolonized.

Huang SS et al. N Engl J Med 2013;368:2255-2265.



PREVENTING CLABSI: AT INSERTION

Have a process in place to ensure adherence to infection prevention practices (e.g., checklist){II}

Perform hand hygiene prior to catheter insertion or manipulation {II}

Avoid using the femoral artery for central venous access in obese patients $\{I\}$

- Consider risks and benefits of different insertion sites
- Do not used peripherally inserted CVCs (PICCs) as a strategy to reduce CLABSI

Use an all-inclusive catheter cart or kit {II}

Use ultrasound guidance for internal jugular insertion {II}

Use maximum sterile barrier precautions during CVC insertion (mask, cap, sterile gown, and sterile gloves; patient covered with full body sterile drape) {II}

Use alcohol-chlorhexidine for skin antisepsis {I}



CLABSI: MAINTENANCE



http://allnurses.com/general-nursing-discussion/scrub-the-hub-926648-page5.html

Ensure appropriate nurse-to-patient ratio and limit the use of float nurses in the ICU $\{I\}$

Disinfect catheter hubs, needleless connectors, and injection ports before accessing the catheter {II}

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Remove nonessential catheters {II}
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For non-tunneled CVCs in adults and children, change transparent dressings and perform site care with a CHG-based antiseptic every 5-7 days or immediately if dressing is soiled, loose or damp {II}

Replace administration sets not used for blood, blood products, or lipids at intervals not longer than 96 hours {II}

PREVENTING CLABSI: SPECIAL APPROACHES

Use antiseptic or antimicrobial-impregnated CVCs in adult patients {I} in specific situations:

- Higher than desired CLABSI rate
- Patients with recurrent CLABSI
- Patients at higher risk of severe sequelae from a CLABSI (e.g. prosthetic valves)

Use an antiseptic-containing dressing for CVCs inpatients over 2 mo of age $\{I\}$

Use an antiseptic-containing hub/connector cap/port protector to cover connectors {I}

Use antimicrobial locks for CVCs {I} in specific situations:

- HD catheters
- Limited access and history of recurrent CLABSI
- Patients at higher risk of severe sequelae from a CLABSI

AVOID:

- Antimicrobial prophylaxis
- Routine replacement of CVCs

PREVENTING CLABSI: UNRESOLVED ISSUES

- Routine use of needleless connectors
- IV therapy teams
- PICC teams have been shown to reduce BSI (but unknown in CLABSI, specifically)
- Silver-coated catheter connectors
- Standard transparent dressings (nonantimicrobial)

Impact of CHG-containing products on CHGresistance



Central Line Associated BSI: High Stakes

CLABSI is a rare event. Every case is examined for root cause.

Public reporting is the rule

https://www.medicare.gov/hospitalcompare/

Financial penalties for CLABSI are a reality (since 2008) and increasing with VBP.

Reputation may be affected.

2015: Required CLABSI reporting is house-wide (adult and pediatric ICUs, medical, surgical wards)

Standardized Infection Ratio (SIR)

Observed N CLABSI / Predicted N CLABSI

SIR >1 rate is higher than comparator

SIR <1 rate is lower than comparator

If predicted <1 then no SIR is calculated

Regression modeling used to calculate "Predicted" based on NHSN reference population

- 2015 SIRs based on 2006-2008 NHSN baseline
- 2016 SIR "re-baseline" based on 2015 NHSN population

Adjustment factors for CLABSI SIR: location/unit type, bed size, medical school affiliation, facility type (e.g. children/women's hospital), birthweight if NICU

 $SIR = \frac{Observed(O) HAIs}{Predicted(P) HAIs}$

https://www.cdc.gov/nhsn/pdfs/ps-analysis-resources/nhsn-sir-guide.pdf

A. Central Line-Associated Bloodstream Infections (CLABSI)

1. CLABSI in Adult/Pediatric ICUs

North Carolina 2016 CLABSI Highlights in Adult/Pediatric Medical, Surgical and Medical/Surgical Wards & ICUs

- North Carolina hospitals reported 590 infections, compared to the 975 infections predicted.
- This was better than the 2006-2008 national experience.
- In North Carolina, there is an upward trend in CLABSI infections when compared to previous years.
- In 2016, North Carolina did not meet the U.S. Department of Health and Human Services goal to reduce CLABSIs by 50% from the 2006-2008 baseline experience.
- The most commonly identified organisms from adult and pediatric CLABSI patients were Candida and other yeasts/fungi.

Note: In previous years' reports NICU locations were inadvertently included in Adult/Pediatric summary data. Overall data trends were not impacted by their inclusion.

Year	# Observed Infections	# Predicted Infections	· · · · · · · · · · · · · · · · · · ·	
2012	271	524	*Better: Fewer infections than were	
			predicted (better than the national experience)	
2013	273	523	*Better: Fewer infections than were	
			predicted (better than the national experience)	
2014	215	544	★Better: Fewer infections than were	
			predicted (better than the national experience)	
2015*	574	996	*Better: Fewer infections than were	
			predicted (better than the national experience)	
2016	590	975	*Better: Fewer infections than were	
			predicted (better than the national experience	

Table 1. NC Central Line Associated Bloodstream Infections (CLABSI) in Adult/Pediatric Medical, Surgical and Medical/Surgical Wards & ICUs, by Year, 2012-2015

Ta *In 2015, CLABSI surveillance was expanded to include medical, surgical and medical/surgical wards.

M Figure 1.

Year	# Observed	# Predicted	How Does North Carolina Compare to the		
	Infections	Infections	National Experience?		
2017	533	520.58	= Same: about the same number of infections as were predicted (same as the national experience)		





Figure 2.





Figure 3.



CLABSI in Adult/Pediatric Medical, Surgical, and Medical/Surgical Wards and ICUs Standardized Infection Ratios: January 1 – December 31, 2017 Hospital Group: Hospitals with Primary Medical School Affiliation



IC effect on primary BSI

The Effect of a Nationwide Infection Control Program Expansion on Hospital-Onset Gram-Negative Rod Bacteremia in 130 Veterans Health Administration Medical Centers: An Interrupted Time-Series Analysis

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Horizontal

- Local MDRO coordinator
- Culture transformation
- Education
- Leadership

Vertical (MRSA+ only)

- Active surveillance
- Contact precautions

CID. 2016; 63 (5):642-50.



Figure 1. Effect of the Methicillin-Resistant *Staphylococcus aureus* Prevention Initiative on changes in incidence rates of gram-negative rod bacteremia. Solid slope lines are slopes estimated by autoregressive models; break slope lines are estimated slopes without effects of intervention; vertical break lines are beginning and end of implementation of the initiative.

CLABSI Prevention Success!

CLABSI incidence is downtrending

46% fewer CLABSI in hospital ICU patients in 2013 than in 2008

Prevention efforts have saved ~ 3,000-6,000 lives and ~\$414 million in extra medical costs (2009 compared with 2001)

But, CLABSIs still occur: ~30,000 per year

MMWR 2011;60(8):243-248.



	DICON Average	10%	25%	50% (median)	75%	90%
7/2016-6/2017 ICU CLABSI	0.7	0.0	0.0	0.3	0.8	1.4
7/2016-6/2017 House- wide CLABSI	0.60	0.00	0.00	0.51	0.88 DICON: Un	1.25 published data

CLABSI



LOWER COMPARED TO NAT'L BASELINE



U.S. hospitals reported a significant decrease in CLABSIs between 2016 and 2017



Among the 2,337 hospitals in U.S. with enough data to calculate an SIR, 9% had an SIR significantly higher (worse) than 0.81, the value of the national SIR.

CENTRAL LINE-ASSOCIATED BLOODSTREAM INFECTIONS

When a tube is placed in a large vein and not put in correctly or kept clean, it can become a way for germs to enter the body and cause deadly infections in the blood.

https://gis.cdc.gov/grasp/PSA/HAIreport.html

CONCLUSIONS

Healthcare-associated bloodstream (BSI) cause significant morbidity and mortality

The most important risk factor for BSI is presence of a central venous catheter

Clinical definition and surveillance definition of catheter-related BSI are NOT the same

A near 0 rate of CLABSI is possible using existing technology and appropriate practice strategies

Current guidelines should be followed for the prevention of CLABSI

Key References

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