



DROPLET CONTACT PRECAUTIONS



PRECAUCIONES DE TRANSMISIÓN POR GOTAS Y POR CONTACTO

Family/Visitors should not visit if having signs or symptoms of an infection or a communicable disease. Visitation also based on facility's policy.
Los familiares y visitantes no deben visitar si tienen señales o síntomas de infección o de una enfermedad contagiosa. Las visitas también dependen de la política de la instalación.

Follow instructions below before entering room.
Antes de entrar a la habitación, siga las instrucciones a continuación.

Everyone must:

Todos deben:



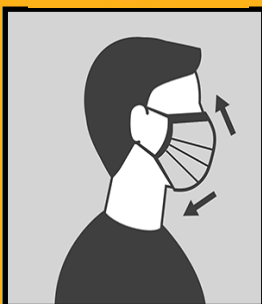
Clean hands before entering and when leaving room.

Lavarse las manos antes de entrar y antes de salir de la habitación.



Wear a gown when entering room and remove before leaving.

Usar una bata al entrar a la habitación y quitársela antes de salir.



Wear surgical/procedure mask when entering the room. Remove immediately before leaving room.

Usar una mascarilla quirúrgica o para procedimientos al entrar a la habitación. Quitársela justo antes de salir de la habitación.



Wear gloves when entering room. Perform hand hygiene after removing gloves.

Usar guantes al entrar a la habitación. Llevar a cabo la higiene de manos después de quitarse los guantes.

Additional PPE may be required per Standard Precautions.

Es posible que se exija utilizar equipo de protección personal adicional según las precauciones estándar.

Droplet Contact Precautions

Remove sign after room is terminally cleaned upon discharge or discontinuation of precautions.

Common conditions (per CDC guidelines)

Rhinovirus if associated with copious secretions

Invasive group A streptococcal infection associated with soft tissue involvement

Adenovirus pneumonia

Room Placement

Use private room when available. When private rooms are unavailable, place together in the same room persons who are colonized or infected with the same pathogen.

Spatial separation of ≥ 3 feet and drawing the curtain between patient/resident beds is especially important for patients/residents in multi-bed rooms with infections transmitted by the droplet route.

Personal Protective Equipment

Put on in this order

- Alcohol based handrub or wash with soap and water if visibly soiled
 - Gown
- Surgical/procedure mask– Cover nose, mouth, and chin. If wearing a mask with ties, all ties must be secured.
 - Gloves

Take off and dispose in this order

- Gloves– perform hand hygiene after removing gloves
- Gown- Unfasten gown ties, taking care that sleeves don't contact your body when reaching for ties. Pull gown away from neck and shoulders, touching inside of gown only.
- Surgical/procedure mask– Do NOT grasp front of the mask when removing. Grasp bottom ties then the ties at top and pull away from face. For ear loop masks stretch the ear loops, remove, and handle only ear loops.
 - Alcohol based handrub or wash hands with soap and water if visibly soiled.

Dishes/Utensils:

No special precautions. Should be managed in accordance with routine procedures.

Room and Equipment Cleaning:

Follow facility policy for Droplet Contact Precautions for room cleaning. Use patient-dedicated or single-use disposable equipment. If shared equipment is used, clean and disinfect between patients.

Trash and Linen Management:

Bag linen and trash in patient/resident room (double bagging of trash or linen is not necessary unless outside of bag visibly contaminated).

Transport:

Essential transport only. Place patient/resident in a medical grade mask. Clean and disinfect transport equipment. Alert receiving department regarding patient/resident isolation precaution status.

Duration of Precautions:

For guidance for duration of precautions, follow Appendix A- Type and Duration of Precautions Recommended for Selected Infections and Conditions within the CDC's 2007 Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings