CONTACT PRECAUTIONS
PRECAUCIONES DE TRANSMISIÓN POR CONTACTO

Everyone must:

- Clean hands before entering and when leaving room.

Todos deben:

Lavarse las manos antes de entrar y antes de salir de la habitación.

All Healthcare Personnel must:

- Wear gloves when entering room and remove before leaving room.

Todo el personal de atención médica debe:

Usar guantes al entrar a la habitación y quitárselos antes de salir de la habitación.

- Wear a gown when entering room and remove before leaving.

Usar una bata al entrar a la habitación y quitársela antes de salir.

- Use patient-dedicated or single-use disposable equipment. If shared equipment is used clean and disinfect between patients.

Use equipo desechable de un solo uso o designado al paciente. Si se utiliza equipo compartido, limpiar y desinfectar entre pacientes.

Additional PPE may be required per Standard Precautions.

Es posible que se exija utilizar equipo de protección personal adicional según las precauciones estándar.

Family/Visitors should not visit if having signs or symptoms of an infection or a communicable disease. Visitation also based on facility’s policy.

Los familiares y visitantes no deben visitar si tienen señales o síntomas de infección o de una enfermedad contagiosa. Las visitas también dependen de la política de la instalación.

Follow instructions below before entering room.

Antes de entrar a la habitación, siga las instrucciones a continuación.

Translated by UNC Health Interpreter Services

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Contact Precautions

Remove sign after room is terminally cleaned upon discharge or discontinuation of precautions.

Common conditions (per CDC guidelines)
- Methicillin-resistant *Staphylococcus aureus* (MRSA)
- Vancomycin-resistant *Enterococcus* (VRE)
- Carbapenem-resistant *Enterbacterales* (CRE)
- Extended spectrum beta lactamase producers Gram Negative Rods (ESBL-GNR)
- *Candida auris* (C. auris)
- Other multidrug resistant organisms
- Scabies
- Uncontained draining wounds or abscesses
- RSV

Room Placement:
Use private room when available. When private rooms are unavailable, place together in the same room persons who are colonized or infected with the same pathogen.

Personal Protective Equipment
- Put on in this order
  - Alcohol based handrub or wash with soap and water if visibly soiled
  - Gown– secure ties and tie in back (bow should not be tied in front of the gown)
    - Gloves– pull over the cuffs of gown
- Take off and dispose in this order
  - (Do NOT wear same gown and gloves for multiple patients/residents)
    - Gloves– Carefully remove to prevent contamination of hands upon removal
    - Gown– Carefully remove to prevent contamination on clothing or skin
    - Alcohol based hand rub or wash hands with soap and water if visibly soiled

Dishes/Utensils:
No special precautions. Should be managed in accordance with routine procedures.

Room Cleaning:
Follow facility policy for Contact Precautions

Trash and Linen Management:
Bag linen and trash in patient/resident room (double bagging of trash or linen is not necessary unless outside of bag visibly contaminated).

Transport:
Essential transport only. Place patient/resident in a clean gown. Clean and disinfect transport equipment. Alert receiving department regarding patient/resident isolation precaution status.

Duration of Precautions:
For all multidrug resistant organisms, follow guidance and recommendations from CDC (Management of Multidrug-Resistant Organisms in Healthcare Settings) and SHEA (Duration of Contact Precautions for Acute-Care Settings).

For other guidance for duration of precautions, follow Appendix A- Type and Duration of Precautions Recommended for Selected Infections and Conditions within the CDC’s 2007 Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings