



# CONTACT PRECAUTIONS PRECAUCIONES DE



## TRANSMISIÓN POR CONTACTO

Family/Visitors should not visit if having signs or symptoms of an infection or a communicable disease. Visitation also based on facility's policy.

*Los familiares y visitantes no deben visitar si tienen señales o síntomas de infección o de una enfermedad contagiosa. Las visitas también dependen de la política de la instalación.*

**Follow instructions below before entering room.**

***Antes de entrar a la habitación, siga las instrucciones a continuación.***

### **Everyone must:**



**Clean hands before entering and when leaving room.**

### **Todos deben:**

***Lavarse las manos antes de entrar y antes de salir de la habitación.***



### **All Healthcare Personnel must:**

### **Todo el personal de atención médica debe:**



**Wear gloves when entering room and remove before leaving room.**

***Usar guantes al entrar a la habitación y quitárselos antes de salir de la habitación.***



**Wear a gown when entering room and remove before leaving.**

***Usar una bata al entrar a la habitación y quitársela antes de salir.***



**Use patient-dedicated or single-use disposable equipment. If shared equipment is used clean and disinfect between patients.**

***Usar equipo desechable de un solo uso o designado al paciente. Si se utiliza equipo compartido, limpiar y desinfectar entre pacientes.***

**Additional PPE may be required per Standard Precautions.**

***Es posible que se exija utilizar equipo de protección personal adicional según las precauciones estándar.***

# Contact Precautions

*Remove sign after room is terminally cleaned upon discharge or discontinuation of precautions.*

## **Common conditions (per CDC guidelines)**

Methicillin-resistant *Staphylococcus aureus* (MRSA)

Vancomycin-resistant *Enterococcus* (VRE)

Carbapenem-resistant *Enterbacterales* (CRE)

Extended spectrum beta lactamase producers Gram Negative Rods (ESBL-GNR)

*Candida auris* (C. auris)

Other multidrug resistant organisms

Scabies

Uncontained draining wounds or abscesses

RSV

## **Room Placement:**

Use private room when available. When private rooms are unavailable, place together in the same room persons who are colonized or infected with the same pathogen.

## **Personal Protective Equipment**

### **Put on in this order**

- Alcohol based handrub or wash with soap and water if visibly soiled
- Gown– secure ties and tie in back (bow should not be tied in front of the gown)
  - Gloves– pull over the cuffs of gown

### **Take off and dispose in this order**

- (Do NOT wear same gown and gloves for multiple patients/residents)
- Gloves– Carefully remove to prevent contamination of hands upon removal
  - Gown– Carefully remove to prevent contamination on clothing or skin
  - Alcohol based hand rub or wash hands with soap and water if visibly soiled

## **Dishes/Utensils:**

No special precautions. Should be managed in accordance with routine procedures.

## **Room Cleaning:**

Follow facility policy for Contact Precautions

## **Trash and Linen Management:**

Bag linen and trash in patient/resident room (double bagging of trash or linen is not necessary unless outside of bag visibly contaminated).

## **Transport:**

Essential transport only. Place patient/resident in a clean gown. Clean and disinfect transport equipment. Alert receiving department regarding patient/resident isolation precaution status.

## **Duration of Precautions:**

For all multidrug resistant organisms, follow guidance and recommendations from CDC (Management of Multidrug-Resistant Organisms in Healthcare Settings) and SHEA (Duration of Contact Precautions for Acute-Care Settings).

For other guidance for duration of precautions, follow Appendix A- Type and Duration of Precautions Recommended for Selected Infections and Conditions within the CDC's 2007 Guideline for Isolation Precautions:

Preventing Transmission of Infectious Agents in Healthcare Settings