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Applicability UNC Medical Center

## Gastrointestinal (GI) Procedures

### I. Description

Outlines the practices and protocols followed to reduce infection risk associated with gastrointestinal endoscopy procedures.

### II. Rationale

The intent of this policy is to minimize the risk of infection incurred during gastrointestinal procedures. These risks are mitigated by diligent attention to aseptic technique and meticulous attention to cleaning/disinfection procedures. The majority of the invasive procedures performed involve the introduction of endoscopic instrumentation into the gastrointestinal system.

### III. Policy

#### A. Personnel

1. Personnel should adhere to the following Infection Prevention policies where applicable:
  - a. [Endoscope](#)
  - b. [Infection Prevention and Screening Program: Occupational Health Service](#)
  - c. [Infection Prevention Guidelines for Adult and Pediatric Inpatient Care](#)
  - d. [Ambulatory Care Clinical Services](#)
  - e. [Hand Hygiene and Use of Antiseptics for Skin Preparation](#)
  - f. [High-Level Disinfection \(HLD\) - Manual Reprocessing of Reusable Semi-](#)

[Critical Medical Devices](#)

- g. [Sterilization of Reusable Patient-Care Items](#)
- h. [Exposure Control Plan for Bloodborne Pathogens](#)
- i. [Tuberculosis Control Plan](#)
- j. [Guidelines for Disposal of Regulated Medical Waste](#)

## B. GI Procedure Room Policies

### 1. Traffic Control

- a. Access will be limited to the minimum number of persons needed to safely perform the procedure and, on occasion, observers. The clinical staff in charge of the procedure is responsible for controlling the number of persons present by approving observers, consultants, and other visitors. All observers, consultants, and visitors must comply with the Patient Care policy: [Hospital Visitation](#) policy.

### 2. Cleaning and Maintenance

- a. Environmental cleaning will be performed as outlined in the Infection Prevention policy: [Environmental Services](#).

### 3. Patient Management

- a. All patients entering the procedure room should be dressed in a clean hospital gown.
- b. Personnel are responsible for following the Infection Prevention policy: [Isolation Precautions](#). For patients with "rule out or suspected TB," refer to the Infection Prevention policy: [Isolation Precautions](#) for guidance.

## C. Cleaning and Disinfection of Endoscopes and Accessories

1. Appropriate personal protective equipment should be worn by staff when reprocessing scopes/instruments.
2. Staff responsible for reprocessing endoscopes must follow manufacturer instructions for use for all endoscopes, accessories, and related equipment. Staff must also comply with guidelines detailed in the Infection Prevention policy: [Endoscope](#). The required annual high-level disinfection competency should be completed at least every 365 days and is available on the [Infection Prevention intranet-site: Instrument Reprocessing](#) page.
3. Suction Canisters

- a. Suction canisters that are labeled "single use only" are to be used for one patient and one procedure.
  - b. The tubing to the oral suction canister is changed after each use.
  - c. The tubing to the scope canister is changed after each patient use.
4. SAF-T Pump
- a. Clean and utilize unit according to the SAF-T-Pump manufacturer's instructions.
  - b. Change red and clear suction tubing weekly or according to SAF-T-Pump manufacturer instructions.
5. Infrared Coagulation Unit (IRC)
- a. The IRC unit must be clearly marked "clean" or "dirty" depending upon its status.
  - b. Unplug the IRC unit from the power source before cleaning.
  - c. Discard the sheath covering the IRC probe.
  - d. If the probe is visibly contaminated, wipe the probe with a clean, wet cloth to remove any visible debris.
  - e. Wipe IRC handle with 1:10 diluted bleach.
  - f. Wipe IRC lightguide/lightsource for 2 minutes with 1:10 diluted bleach (~5,250-6,000 ppm) using a cotton washcloth, light dampened, not dripping wet.
  - g. Allow the lightguide to air-dry for 2 minutes.
  - h. Wipe the lightguide for at least 1 minute with sterile water.
  - i. Cover the probe when dry with a clean towel and store it in a clean, dry location.

## D. Handling and Storage of High-level Disinfected Endoscopes Ready for Use

1. Clean gloves should be worn when handling processed/clean endoscopes.
2. Cleaned and high-level disinfected scopes will **only** be stored in ventilated scope cabinets. Scopes may not be stored in patient care areas.
3. Staff reprocessing endoscopes must ensure that users can readily identify that the endoscope has been reprocessed. Endoscopes ready for use are tagged with a "clean" tag.

4. If a scope does not have a "clean" tag attached, the scope must not be used on a patient.

## E. Additional Guidelines

Equipment not in contact with sterile tissues or mucous membranes such as power sources, illuminators, insufflators, and suction devices should be cleaned and/or disinfected after each use according to the equipment manufacturer's instructions.

**Single use disposable items** - FDA regulations require all single use disposable items to be discarded after use unless. Please refer to the Infection Prevention policy: [Reuse of Single Use Devices \(SUDs\)](#).

## F. Implementation and Monitoring

The responsibility for both the implementation and monitoring of this policy belongs to the Medical Director of GI Procedures, and Clinical Nurse Manager/supervisor. New staff will be instructed in the method of compliance with this policy.

## IV. References

Society of Gastroenterology Nurses and Associates, Inc: Standards of Infection Prevention in Reprocessing Flexible Gastrointestinal Endoscopes; (SGNA, 2018).

Rutala, WA. APIC guidelines for selection and use of disinfectants. Am J Infect Control 1996; 24:313-342.

American Society for Gastrointestinal Endoscopy and the Society for Healthcare Epidemiology of America. Multi-society guideline for reprocessing flexible gastrointestinal endoscopes. Infection Prevention Hospital Epidemiology 2011: June 32:527-537.

Rutala, WA., Gergen, MF., and Weber, DJ. Disinfection of an infrared coagulation device used to treat hemorrhoids. Am J Infection Prevention 2012; 40: 78-9.

## V. Related Policies

[Infection Prevention Policy: Ambulatory Care Clinical Services](#)

[Infection Prevention Policy: Endoscope](#)

[Infection Prevention Policy: Environmental Services](#)

[Infection Prevention Policy: Exposure Control Plan for Bloodborne Pathogens](#)

[Infection Prevention Policy: Guidelines for Disposal of Regulated Medical Waste](#)

[Infection Prevention Policy: Hand Hygiene and Use of Antiseptics for Skin Preparation](#)

[Infection Prevention Policy: High-Level Disinfection \(HLD\) - Manual Reprocessing of Reusable Semi-Critical Medical Devices](#)

[Infection Prevention Policy: Infection Control and Screening Program: Occupational Health Service](#)

[Infection Prevention Policy: Infection Prevention Guidelines for Adult and Pediatric Inpatient Care](#)

[Infection Prevention Policy: Isolation Precautions](#)

[Infection Prevention Policy: Reuse of Single Use Devices \(SUDs\)](#)

[Infection Prevention Policy: Sterilization of Reusable Patient-Care Items](#)

[Infection Prevention Policy: Tuberculosis Control Plan](#)

[Patient Care Policy: Hospital Visitation](#)

## Approval Signatures

Step Description	Approver	Date
Policy Stat Administrator	Kimberly Novak-Jones: Nurse Educator	10/2021
	Thomas Ivester: CMO/VP Medical Affairs	10/2021
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