

# Definitions and Surveillance for Healthcare Associated Infections (HAIs) in Long-term Care

Evelyn Cook, RN, CIC Associate Director SPICE



# How confident are you that your facility has a strong infection prevention program that includes all the necessary elements?

A. Completely confident

B. Somewhat confident

C. Not confident

D. Have NO idea



# Do you believe you have the skills and the qualifications to oversee the infection prevention program?

A. Yes

B. No

C. No way; No how



# If you wanted to compare your IP surveillance data to another NH in your community that cared for a similar resident population, how confident are you that events will be tracked the same way?

- A. Very confident
- B. Slightly confident
- C. Not confident at all
- D. Not sure if I can compare my own data from one year to the next



# What standardized definition does your facility use for surveillance?

- A. National Healthcare Safety Network (NHSN)
- B. Revised McGeer Definitions
- C. Loeb Criteria
- D. When the physician documents an infection
- E. No standardized criteria
- F. A and B



**DISCUSS** 

**DESCRIBE** 

**DISCUSS** 

The importance of surveillance

Standardized surveillance definitions

Ways to implement and apply surveillance definitions



- "Surveillance is a comprehensive method of measuring outcomes and related processes of care, analyzing the data, and providing information to members of the healthcare team to assist in improving those outcomes and processes (APIC Text)
- "Surveillance system must include "routine, ongoing, and systematic collection, analysis, interpretation, and dissemination of surveillance data to identify infections (i.e., HAI and communicable-acquired), infection risks, communicable disease outbreaks and to maintain or improve resident health status:" (CMS 2/23)



# Rationale for Conducting Surveillance

- One of the most important aspects of an IP's responsibilities
- Should cover residents, staff, contractors (in the facility) and visitors
- Include process and outcome measures

Establish Baseline Data
Reduce Infection Rates
Detection of Outbreaks
Monitor Effectiveness of
Interventions
Education of HCP

Required as a Component of Plan



## **Types of Surveillance**

Total (or Whole) House
 Surveillance



- Targeted Surveillance
- Combination Surveillance
   Strategy











# **Total (Whole House)**

- Monitor:
  - All infections
  - Entire population
  - All units



Pros	Cons
Monitor all infections	Overall rate not sensitive or riskadjusted
Include entire population	No trends or comparison
	Labor intense and inefficient use of resources
	Not based on risk assessment



# **Priority Directed (Targeted)**

- Focus on:
  - Care units
  - Infections related to devices
  - Invasive procedures
  - Significant organisms epidemiologically important
  - High-risk, high-volume procedures
  - Infections having known risk reduction methods





# **Targeted Surveillance**

Pros	Cons
Risk-adjusted rates	May miss some infections
Can measure trends and make comparisons	Limited information on endemic rates
More efficient use of resources	
Can target potential problems	
Identify performance improvement opportunities	
Can evaluate effectiveness of prevention activities	



## **Combination**

#### Monitor:

- Targeted events in defined populations and
- Selected whole-house events



- Rates are risk-adjusted
- Measure trends
- Target potential problems
- Track selected events house-wide

#### Cons:

May miss some infections







# Selection of Processes and Outcomes

#### **Processes**

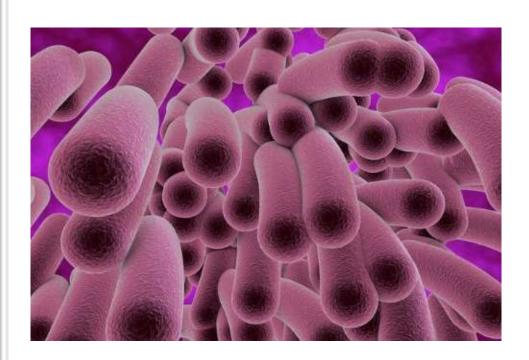
- Hand hygiene
- Urinary Catheter insertion/maintenance

#### **Outcomes**

- Acute respiratory infections
- Urinary tract infections
- Skin/Soft Tissue Infections
- Gastroenteritis









# Consideration for Choosing Outcome Measures

- Mandatory/required-Cat 1C
- \*Frequency (incidence) of the infection
- \*Communicability
- \*System/resident cost (个mortality, hospitalization)
- \*Early Detection

\*Based on the Infection Prevention risk assessment



# Should be included in routine surveillance

Points to Consider	Infections	Comments
Evidence of transmissibility in a healthcare setting	Viral respiratory tract infections, viral GE, and viral conjunctivitis	Associated with outbreaks among residents and HCP in LTCFs
Processes available to prevent acquisition of infection, i.e., HH compliance		
Clinically significant cause of morbidity or mortality	Pneumonia, UTI, GI tract infections, (including C. difficile) and SSTI	Associated with hospitalization and functional decline in LTCF residents
Specific pathogens causing serious outbreaks	Any invasive group A Streptococcus infection, acute viral hepatitis, norovirus, scabies, influenza-COVID-19, C auris	A single laboratory- confirmed case should prompt further investigation



# Infections that <u>could</u> be included in routine surveillance

Points to Consider	Infections	Comments
Infections with limited transmissibility in a healthcare settings	Ear and sinus infections, fungal oral and skin infections and herpetic skin infections	Associated with underlying comorbid conditions and reactivation of endogenous infection
Infections with limited preventability		



# Infections for which other accepted definitions should be applied in LTCF surveillance

Points to Consider	Infections	Comments
Infections with other accepted definitions (may apply to only specific at-risk residents)	Surgical site infections, central-line- associated bloodstream infections and ventilator-associated pneumonia	LTCF-specific definitions were not developed. Refer to the National Healthcare Safety Network's criteria



### Sources of Data for Surveillance

- Clinical ward/unit rounds
- Medical Chart
- Lab reports
- Kardex/Patient Profile/Temperature logs
- Antibiotic Starts
- IT support





## Surveillance

 The facility's surveillance system must include a data collection tool and the use of nationally-recognized surveillance criteria such as but not limited to, the CDC's National Healthcare Safety Network (NHSN) Long Term Care Criteria to define infections or revised McGeer criteria

State Operations Manual
Appendix PP - Guidance to Surveyors for
Long Term Care Facilities

**Table of Contents** (*Rev. 02-03-2023*)







Infection surveillance only

Identify trends in a population



Applied retrospectively as it relates to clinical diagnosis/treatment

Limited elements



Focus on transmissible/prevent able infections

Not for clinical decision

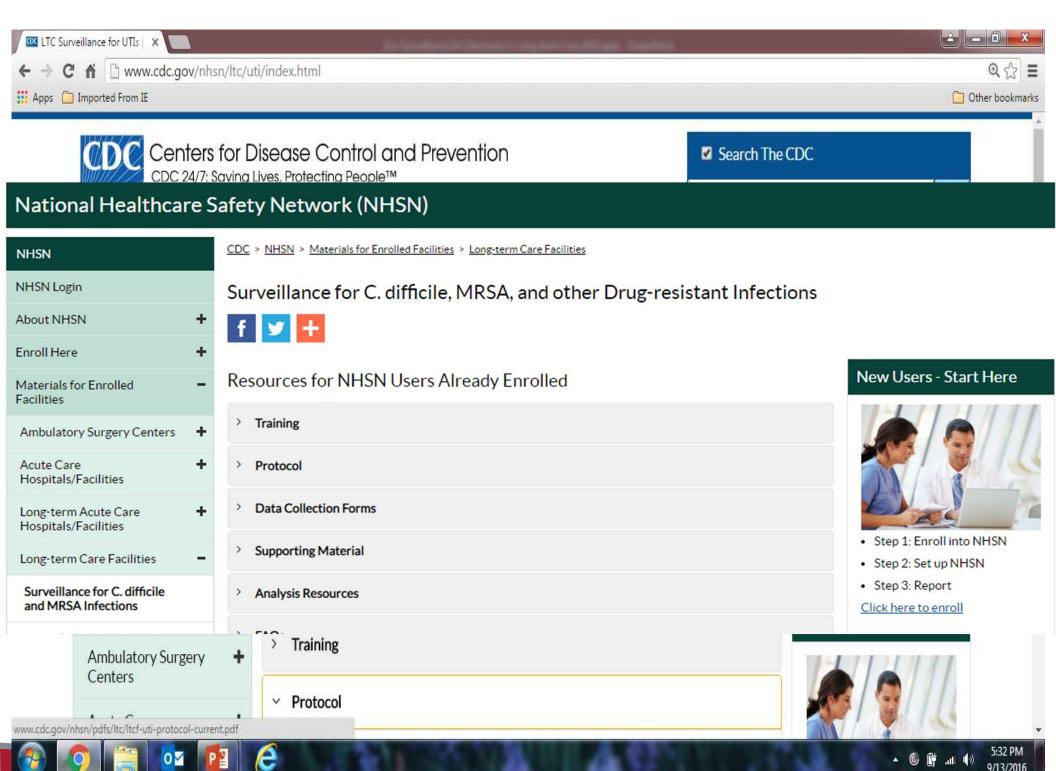


# Minimum Criteria for Initiation of Antibiotics in Long-Term Care Residents

### **Suspected Urinary Tract Infection**

Loeb et al. Development of Minimum Criteria for the Initiation of Antibiotics in Residents of Long-Term Care Facilities: Results of a Consensus Conference.

Inf Control Hosp Epi. 2001



## **Purposes of NHSN**



Provide facilities with risk-adjusted data that can be used for inter-facility comparisons and local quality improvement activities



Assist facilities in developing surveillance and analysis methods that permit timely recognition of patient and healthcare personnel safety problems and prompt intervention with appropriate measures



Conduct collaborative research studies with members



Data repository for reporting healthcare associated infections, COVID-19 infections, COVID vaccinations and certain process measures







#### SHEA/CDC POSITION PAPER

## Surveillance Definitions of Infections in Long-Term Care Facilities: Revisiting the McGeer Criteria

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#### Long-term Care <u>Catheter-associated</u> UTI Infection Worksheet WCGES Criteria-2012

Resident Name	MR#	Date of Bi	rth	Resident Location (Hall/room#
Date Specimen collected:  □ < 2 calendar days= Community-Onset (CO)  □ > 2 calendar days = Long-term Care Facility Onset (LO)		Gender: Resident type:   Short-stay Long-stay  Male Date of 1 <sup>st</sup> admission to facility: / /  Female Date of current admission to facility: / /		
Primary Resident Service Type:  □ Long-term general nursing □ Long-term dementia □ Long-term psychiatric □ Skilled nursing/Short-term Rehab □ Bariatric □ Hospice/Palliative □ Ventilator		to your far *If yes, da facility: / *If Yes, did	cility in the past te of last transfe / d the resident ha	erred from an acute care facility t 4 weeks?    yes   No er from acute care to your  ave an indwelling catheter at the cility?  yes   No
Indwelling Urinary Catheter status at time of event onset:  □ In place □ Removed within last 2 calendar days □ Not in place		calendar of Site where Unknown	lays: inserted: p You	e or removed within last 2  Infacility Infospital Information Officer  Insertion: / /
If urinary catheter not in place, was there another urinary device type present at time of event onset?   Yes  No  If Yes, other device type:  Suprapubic  Condom (males only)  Intermittent straight catheter		Transfer to acute care facility within 7 days?  □ Yes □ No		
Date of Event (date of first sign/symptom OR date of specimen:		Person co	mpleting form:	

Criteria for Symptomatic Urinary Tract Infection, with an Indwelling catheter (Ca-UTI)

For residents wit	h an indwelling o	catheter both	Criteria 1 and	2 must be met

#### Criteria 1

At least one of the following sign/symptom sub-criteria present:

- a) Fever, rigors, or new-onset hypotension with no alternate site of infection of
- Either acute change in mental status or functional decline, with no alternate diagnosis AND leukocytosis
- c) New-onset suprapubic pain or costovertebral angle pain or tenderness of
- d) Purulent discharge from around the catheter or acute pain, swelling, or tenderness of the testes, epididymis, or prostate a

#### Criteria 2

Urinary catheter specimen culture with at least:

At least 10° cfu/ml (>100,000 cfu) of any organism(s)

Surveillance Definitions of Infections in Long-Term Core Facilities: Revisiting the April Criteria https://www.ncbi.nhm.nih.gov/pmc/urticlus/PMC1538836/pdf/nihms430715.pdf MC SPICE 4/2024 ray

#### Long-term Care <u>Catheter-associated</u> UTI Infection Worksheet WCGes, Criteria-2012

#### Comments:

- Urine specimens should be processed within 1-2 hours OR refrigerated and processed within 24 hours.
- Recent catheter trauma, catheter obstruction or new onset of hematuria are useful localizing signs that are consistent with UTI but are not necessary for diagnosis
- Urinary catheter specimens for culture should be collected following replacement of the catheter (if current catheter has been in place for >14 days)

Surveillance Definitions of Infections in Long-Term Core Facilities: Revisiting the Corp. Criteria https://www.ncbl.nim.nih.gcv/pmc/articles/PMC3538836/pdf/inlims430715.pdf NC SPICE 4/2024 109



### Attribution of infection to LTCF

- No evidence of an incubating infection at the time of admission to the facility
  - Basis of clinical documentation of appropriate signs and symptoms and not solely on screening microbiologic data
- Onset of clinical manifestation occurs > 2 calendar days after admission.



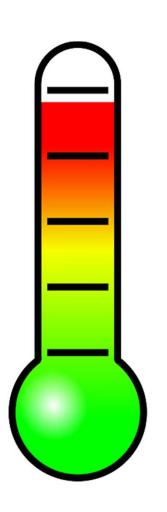
### Attribution of infection to LTCF

- All symptoms must be new or acutely worse
- Non-infectious causes of signs and symptoms should always be considered prior to diagnosis
- Identification of an infection should not be based on a single piece of evidence
  - Clinical, microbiologic, radiologic
- Diagnosis by physician insufficient (based on definition)



#### **Fever:**

- A single oral temperature >37.8°C
   [100°F], OR
- Repeated oral temperatures >37.2°C [99°F]; rectal temperature >37.5° (99.5°F) OR
- >1.1°C [2°F] over baseline from a temperature taken at any site



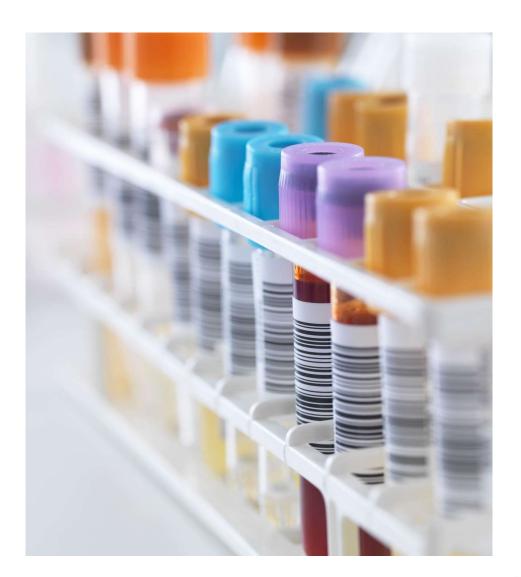


#### Leukocytosis

Neutrophilia > 14000
 WBC/mm<sup>3</sup>

OR

 Left shift (>6% bands or ≥1500 bands/mm³)





### **Acute Change in Mental Status from Baseline**

Based on Confusion Assessment Method (CAM) criteria available in MDS

Change	Criteria	
Acute Onset	Evidence of acute change in mental status from resident baselin	e
Fluctuating	Behavior fluctuating (e.g., coming and going or changing in seve during assessment)	rity
Inattention	Resident has difficulty focusing attention (e.g., unable to keep tr discussion or easily distracted	ack of
Disorganized Thinking	Resident's thinking is incoherent (e.g., rambling conversation, ur flow of ideas)	nclear Either
Altered level of consciousness	Resident's level of consciousness is described as different from baseline (e.g., hyperalert, sleepy, drowsy, difficult arouse, nonresponsive)	/or



#### **Acute Functional Decline**

- New 3-point increase in total ADL score (0-28) from baseline based on 7 ADLs {0 = independent; 4 = total dependence}
  - 1. Bed mobility
  - 2. Transfer
  - 3. Locomotion within LTCF
  - 4. Dressing
  - 5. Toilet use
  - 6. Personal hygiene
  - 7. Eating



# Site Specific Definitions



**Knowledge Checks** 





# Respiratory Tract Infections

#### **Criteria Comments**

#### A. Common cold syndrome/pharyngitis

At least **two** criteria present

- Runny nose or sneezing
- 2. Stuffy nose (i.e., congestion)
- 3. Sore throat or hoarseness or difficulty swallowing
- 4. Dry cough
- 5. Swollen or tender glands in neck

Fever may or may not be present. Symptoms must be new, and not attributable to allergies



# **Respiratory Tract Infections**

Criteria	Comments
B. <u>Influenza-like Illness</u>	If criteria for influenza-like illness and another
Both criteria 1 and 2 present	upper or lower respiratory tract infection are
1. Fever	met at the same time, only the diagnosis of influenza-like illness should be used
<ol><li>At least <b>three</b> of the following symptom sub-criteria (a-f) present</li></ol>	
a. Chills	
b. New headache or eye pain	Due to increasing uncertainty surrounding the timing of the start of influenza season, the
c. Myalgias or body aches	peak of influenza activity and the length of the
d. Malaise or loss of appetite	season, 'seasonality' is no longer part of the
e. Sore throat	criteria to define influenza-like illness
f. New or increased dry cough	

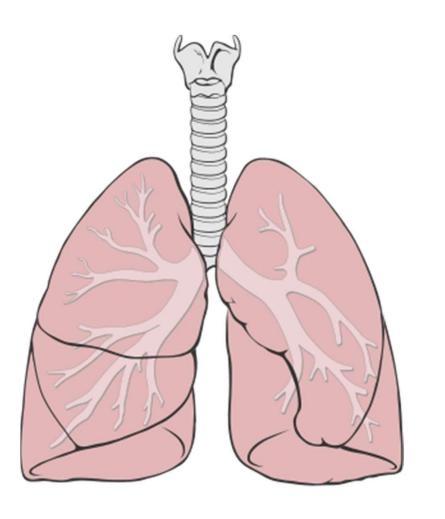
# Respiratory Tract Infections

	Criteria		Comments
C.	<u>Pneur</u>	<u>nonia</u>	
All c	riteria 1	L-3 present	
1.	Interpretation of chest radiograph as demonstrating pneumonia or the presence of <a href="new">new</a> infiltrate		For both pneumonia and lower respiratory tract infections, presence of underlying conditions which could mimic a
2.		piratory sub-criteria (a-f) presentation (con	respiratory tract infection presentation (congestive heart failure, interstitial lung disease),
b. Ne	New or increased cough	should be excluded by review	
	b.	New or increased sputum production	of clinical records and an assessment of presenting
	C.	$O_2$ saturation <94% on room air or a reduction in $O_2$ saturation of more than 3% from baseline	symptoms and signs
	d.	New or changed lung exam abnormalities	
	e.	Pleuritic chest pain	
	f.	Respiratory rate of ≥ 25/min	
3.	At leas criteri	st <b>one</b> constitutional a	



# Respiratory Tract Infections

		Criteria	Comments
D.		respiratory tract chitis or Tracheo- hitis	
All criteria 1-3 present			For both pneumonia and lower respiratory tract infections,
l.	perfor	radiograph not med <u>or</u> <i>negative</i> for nonia or new infiltrate.	presence of underlying conditions which could mimic a respiratory tract infection presentation (congestive heart failure, interstitial lung disease), should be excluded by review
2.		st <b>two</b> of the following atory sub-criteria (a-f) nt	
	a.	New or increased cough	of clinical records and an
	b.	New or increased sputum production	assessment of presenting symptoms and signs
	C.	$O_2$ saturation <94% on room air or a reduction in $O_2$ saturation of more than 3% from baseline	
	d.	New or changed lung exam abnormalities	
	e.	Pleuritic chest pain	
	f.	Respiratory rate of ≥ 25/min	
3.	At leas criteri	st <b>one</b> constitutional a	





## Knowledge Check

## Knowledge Check #1

Mr. Do Little has multiple comorbidities including hypertension and acute respiratory failure. Vitals on admission WNL

On day seven after admission, the daughter tells the nurse "dad is not responding like he used to. He can not hold a conversation, tires easily and is not able to brush his teeth, eat or dress without assistance." I think he has a UTI. He needs an antibiotic.



## Clinical Picture

#### Physical exam:

- Temp 100.7, pulse 107, RR 26 and O2 sat 93%
- Ronchi noted on auscultation of the chest the resident is confused

MD notified and orders urine and chest x-ray

#### Results:

- Culture + E. coli 10<sup>2</sup> cfu/ml and
- chest x-ray: no new findings



## Does Mr. Do Little have an infection?

Yes

• No

Have no idea



## What surveillance criteria are met?

- A. Common Cold
- B. Pneumonia
- C. Urinary tract infection
- D. Lower respiratory track



## If Yes, is it facility or community associated?

Facility

Community



## **Respiratory Tract Infections**

**Criteria Comments** 

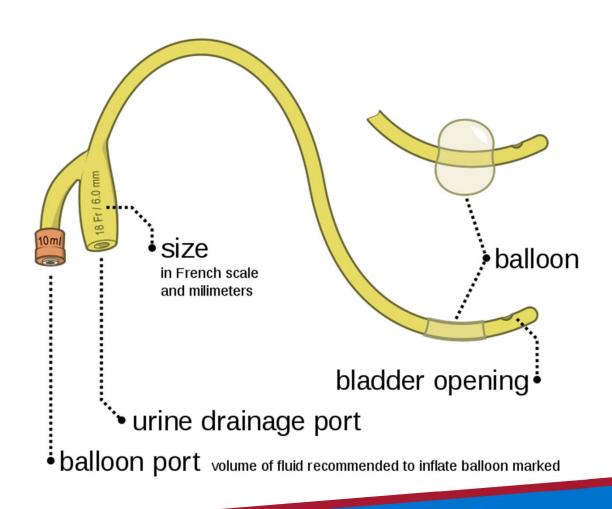
## D. <u>Lower respiratory tract (Bronchitis or Tracheo-</u>bronchitis

All criteria 1-3 present

- 1. Chest radiograph not performed <u>or negative</u> for pneumonia or new infiltrate.
- 2. At least **two** of the following respiratory subcriteria (a-f) present
  - a. New or increased cough
  - b. New or increased sputum production
  - c.  $O_2$  saturation < 94% on room air or a reduction in  $O_2$  saturation of more than 3% from baseline
  - d. New or changed lung exam abnormalities
  - e. Pleuritic chest pain
  - f. Respiratory rate of  $\geq 25/\min$
- At least one constitutional criteria

For both pneumonia and lower respiratory tract infections, presence of underlying conditions which could mimic a respiratory tract infection presentation (congestive heart failure, interstitial lung disease), should be excluded by review of clinical records and an assessment of presenting symptoms and signs

## WHAT ABOUT URINARY TRACT INFECTIONS





## What do the Guidelines Say?

- Insert catheters only for appropriate indications
- Avoid use of urinary catheters in patients and nursing home residents for management of incontinence
- Keep the catheter and collecting tube free from kinking
- Empty the drainage bag regularly using a separate, clean collecting container for each resident (even in semi-private rooms)
- Changing indwelling catheters or drainage bags at routine, fixed intervals is not recommended. It is suggested to change catheters and drainage bags based on clinical indications such as infection, obstruction, or when the closed system has been compromised

https://www.cdc.gov/infectioncontrol/quidelines/cauti/index.html



## Urinary Specimens: What do the Guidelines Say?

- Specimens collected through the catheter present for more than a few days reflect biofilm microbiology.
- For residents with <u>chronic indwelling catheters</u> (greater than 14 <u>days</u>) and symptomatic infection, changing the catheter immediately prior to instituting antimicrobial therapy allows collection of a bladder specimen, which is a more accurate reflection of infecting organisms.
- Urinary catheters coated with antimicrobial materials have the potential to decrease UTIs but have not been studied in the LTCF setting.

SHEA/APIC Guideline: Infection prevention and control in the long-term care facility Philip W. Smith, MD, Gail Bennett, RN, MSN, CICb Suzanne Bradley, MD, Paul Drinka, MD, Ebbing Lautenbach, MD, James Marx, RN, MS, CIC, Lona Mody, MD, Lindsay Nicolle, MD and Kurt Stevenson, MD July 2008



## **McGeer Urinary Tract Infections**

#### without catheter

		Comments	
Λ	For Posidonts without on inducting	c) In the absence of fover of	LITI should be diagnosed who

Critoria

#### A. For Residents without an indwelling catheter

Both criteria 1 and 2 present

- At <u>least one</u> of the following sign/symptom sub-criteria (a-c) present:
  - Acute dysuria <u>or</u> acute pain, swelling, or tenderness of the testes, epididymis, or prostate
  - b) Fever <u>or</u> leukocytosis and

At least one of the following localizing urinary tract sub-criteria:

- i. Acute costovertebral angle pain or tenderness
- ii. Suprapubic pain
- iii. Gross hematuria
- iv. New or marked increase in incontinence
- v. New or marked increase in urgency
- vi. New or marked increase in frequency

- In the absence of fever of leukocytosis, then at least two or more of the following localizing urinary symptoms
  - i. Suprapubic pain
  - ii. Gross hematuria
  - iii. New or marked increase in incontinence
  - iv. New or marked increase in urgency
  - v. New or marked increase in frequency
- One of the following microbiologic subcriteria
  - a) At least 10<sup>5</sup> cfu/ml of no more than 2 species of microorganisms in a voided urine
  - b) At least 10<sup>2</sup> cfu/ml of any number of organisms in a specimen collected by an in and out catheter

UTI should be diagnosed when there are localizing s/s and a positive urinary culture

Comments

A diagnosis of UTI can be made without localizing symptoms if a blood culture isolate of the same organism isolated from the urine and there is no alternate sight of infection

In the absence of a clear alternate source, fever or rigors with a positive urine culture in a non-catheterized resident will often be treated as a UTI. However, evidence suggest most of these episodes are not from a urinary source

Pyuria does not differentiate symptomatic UTI from asymptomatic bacturia

Absence of pyuria in diagnostic test excludes symptomatic UTI in residents of LTCF

Urine specimens should be processed within 1-2 hours, or refrigerated and processed with in 24 hours.

# McGeer Urinary Tract Infections

**Criteria Comments** 

B. <u>For the resident with an</u> indwelling catheter

**Both** criteria 1 and 2 present

- At least **one** of the following sign/symptom sub-criteria (a-d) present:
  - Fever, rigors, or new onset hypotension, with no alternate site of infection
  - b) Either acute change in mental status <u>or</u> acute functional decline with no alternate diagnosis and Leukocytosis
  - c) New onset suprapubic pain <u>or</u> costovertebral angle pain or tenderness
  - d) Purulent discharge from around the catheter <u>or</u> acute pain, swelling, or tenderness of the testes, epididymis, or prostate
- Urinary catheter culture with at least 10<sup>5</sup> cfu/ml of any organism(s)

Recent catheter trauma, catheter obstruction or new onset hematuria are useful localizing signs consistent with UTI, but not necessary for diagnosis

Urinary catheter specimens for culture should be collected following the replacement of the catheter (if current catheter has been in place for >14 days)







## **NHSN Notes**

- Indwelling urinary catheter should be in place for a minimum of 2 calendar days before infection onset (day 1 = day of insertion)
- Indwelling urinary catheter: a drainage tube that is inserted into the urinary bladder through the urethra, is left in place and is connected to a closed collection system, also called a foley catheter. Indwelling urinary catheters do not include straight in-and-out catheters or suprapubic catheters (these would be captures as SUTIs, not CA-SUTIs)
- Indwelling catheters which have been in place for > 14 days should be changed prior to specimen collection but failure to change catheter does not exclude a UTI for surveillance purposes



## **NHSN** Key Reminders

- 1. "Mixed flora" is not available in the pathogen list within NHSN. Therefore, it cannot be reported as a pathogen to meet the NHSN UTI criteria. Additionally, "mixed flora" often represents contamination and likely represents presence of multiple organisms in culture (specifically, at least two organisms).
- 2. Yeast and other microorganisms, which are not bacteria, are not acceptable UTI pathogens, and therefore, cannot be used to meet NHSN UTI criteria without the presence of a qualifying bacterium.
- 3. To remove the subjectivity about whether a fever is attributable to a UTI event, the presence of a fever, even if due to another cause (for example, pneumonia), must still be counted as a criterion when determining if the NHSN UTI definition is met.





# Tract Infections For Residents without an indwelling catheter

#### Must meet Criteria 1,2 OR 3

#### Criteria 1

One of the following true:

- 1. Acute dysuria
- 2. Acute pain, swelling or tenderness of the testes, epididymis or prostate

#### AND

A positive urine culture with no more than 2 species of microorganisms, at least one of which is a bacterium of ≥10<sup>5</sup> CFU/ml

#### Criteria 2

Either of the following:

- Fever: (Single temperature >100° F or >99° F on repeated occasions (more than once) OR an increase of >2° F over baseline
- Leukocytosis: >10,000
   cells/mm³ or left shift (6% or
   1, 500 bands/mm³

#### **AND**

One or more of the following (New or Marked increase):

- Costovertebral angle pain or tenderness
- 2. Suprapubic tenderness
- 3. Visible (Gross) hematuria
- 4. Incontinence
- 5. Urgency
- 6. Frequency

#### AND

A positive urine culture with no more than 2 species of microorganisms, at least one of which is a bacterium of  $\geq 10^5$  CFU/m

#### Criteria 3

<u>Two</u> or more of the following (New and/or marked increase):

- 1. Costovertebral angle pain or tenderness
- 2. Incontinence
- 3. Urinary urgency
- 4. Urinary frequency
- 5. Suprapubic tenderness
- 6. Visible (gross) hematuria

#### **AND**

A positive urine culture with no more than 2 species of microorganisms, at least one of which is a bacterium of ≥10<sup>5</sup> CFU/ml

<u>Comments: Fever can be used to meet SUTI criteria even if the resident has another</u> possible cause for the fever (for example, pneumonia

## **NHSN Urinary Tract Infections**

<u>For the resident with an indwelling catheter-or removed within 2 calendar days prior to the event onset (day of catheter removal is day 1)</u>

**Criteria Comments** 

#### CA-SUTI

<u>One or more</u> of the following (Signs and Symptoms and Laboratory and diagnostic Testing):

- \*Fever (Single temperature >100° F or >99° F on repeated occasions OR an increase of >2° F over baseline)
- b) Rigors
- c) New onset hypotension, with no alternate noninfectious cause
- New onset confusion/functional decline with no alternate diagnosis AND Leukocytosis (>10,000 cells/mm³ or left shift (6% or 1, 500 bands/mm³)
- e) New or marked increase in costovertebral angle pain or tenderness
- f) New or marked increase in suprapubic tenderness
- g) Acute pain, swelling, or tenderness of the testes, epididymis, or prostate
- Purulent discharge from around the catheter insertion site
- i) Acute dysuria (used only if catheter removed)



A positive urine culture with no more than 2 species of microorganisms, at least one of which is a bacterium of  $\geq 10^5$  CFU/ml

\*Fever can be used to meet CA-SUTI criteria even if the resident has another possible cause for the fever (for example, pneumonia)

## Asymptomatic Bacteremic Urinary Tract Infection (ABUTI)

## Resident with or without an indwelling urinary catheter:

1. No qualifying fever or signs or symptoms (specifically no urinary urgency, urinary frequency, acute dysuria, suprapubic tenderness, or costovertebral angle pain or tenderness). If no catheter is in place, fever alone would not exclude ABUTI if other criteria are met

#### <u>AND</u>

2. A positive urine culture with no more than 2-species of microorganisms, at least one of which is a bacterium of  $\geq 10^5$  CFU/ml

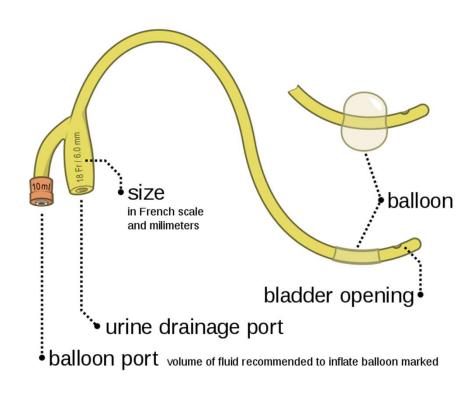
## <u>AND</u>

3. A positive blood culture with at least 1 matching bacteria to the urine culture



## **Knowledge Check**







## **Knowledge Check # 1**



#### 1 Mar.

Mrs. Ross is a resident in your facility, admitted on February 1st. An indwelling urinary catheter was inserted on March 1st.



#### 5 Mar.

On March 5, the nurse practitioner documented that Mrs. Ross complained of suprapubic pain.



#### 6 Mar.

The following day, on March 6, a specimen collected from the Foley catheter was sent to the lab and subsequently tested positive for greater than 100,000 CFU/ml of E. coli and 100,000 CFU/ml of Candida



## Does Mr. Ross have a UTI?

A. Yes

B. No



## If Yes, is it catheter associate?

A. No

B. Yes

What criteria are met?



# McGeer Urinary Tract Infections

Criteria Comments

B. <u>For the resident with an</u> <u>indwelling catheter</u>

Both criteria 1 and 2 present

- At least **one** of the following sign/symptom sub-criteria (a-d) present:
  - a) Fever, rigors, or new onset hypotension, with no alternate site of infection
  - b) Either acute change in mental status <u>or</u> acute functional decline with no alternate diagnosis and Leukocytosis
  - New onset suprapubic pain or costovertebral angle pain or tenderness
  - d) Purulent discharge from around the catheter <u>or</u> acute pain, swelling, or tenderness of the testes, epididymis, or prostate
- Urinary catheter culture with ≥10<sup>5</sup> cfu/ml of any organism(s)

Recent catheter trauma, catheter obstruction or new onset hematuria are useful localizing signs consistent with UTI, but not necessary for diagnosis

Urinary catheter specimens for culture should be collected following the replacement of the catheter (if current catheter has been in place for >14 days)



## **NHSN Urinary Tract Infections**

For the resident with an indwelling catheter



#### **Criteria Comments**

#### CA-SUTI

One or more of the following (Signs and Symptoms and Laboratory and diagnostic Testing):

- a) \*Fever (Single temperature >100° F or >99° F on repeated occasions OR an increase of >2° F over baseline)
- b) Rigors
- c) New onset hypotension, with no alternate site of infection
- New onset confusion/functional decline
   AND Leukocytosis (>14,000 cells/mm³ or left shift (6% or 1, 500 bands/mm³)
- e) New or marked increase in costovertebral angle pain or tenderness
- f) New or marked increase in suprapubic tenderness
- g) Acute pain, swelling, or tenderness of the testes, epididymis, or prostate
- h) Purulent discharge from around the catheter



A positive urine culture with no more than 2 species of microorganisms, at least one of which is a bacterium of  $\geq 10^5$  CFU/ml

\*Fever can be used to meet CA-SUTI criteria even if the resident has another possible cause for the fever (for example, pneumonia)

## Knowledge Check # 2

Mr. U, a resident of LTC facility has a urinary catheter in place for 3 days for acute urinary retention. Later that day he spikes a fever of 101°F and has a cough with shortness of breath.

The physician orders a urine culture, and it comes back positive with >100,000 CFU/ml of Pseudomonas aeruginosa and Candida albicans.

Upon further work, up Mr. U is determined not to have any other symptoms that meet the NHSN CA-SUTI criteria,

§ But, a chest X-ray does show infiltrates in the right upper lobe of the lung.



## Does Mr. U have an infection?

A. Yes

B. No

## What type of infection does Mr. U have?

- Pneumonia
- 2. Catheter Associated UTI
- 3. UTI but no catheter



# McGeer Urinary Tract Infections

Criteria Comments

B. For the resident with an indwelling catheter

Recent catheter trauma, catheter

1. At least **one** of the following sign/symptom sub-criteria (a-d) present:

**Both** criteria 1 and 2 present

- a) Fever, rigors, or new onset hypotension, with no alternate site of infection
- b) Either acute change in mental status <u>or</u> acute functional decline with no alternate diagnosis and Leukocytosis
- New onset suprapubic pain <u>or</u> costovertebral angle pain or tenderness
- d) Purulent discharge from around the catheter <u>or</u> acute pain, swelling, or tenderness of the testes, epididymis, or prostate
- Urinary catheter culture with ≥10<sup>5</sup> cfu/ml of any organism(s)

Recent catheter trauma, catheter obstruction or new onset hematuria are useful localizing signs consistent with UTI, but not necessary for diagnosis

Urinary catheter specimens for culture should be collected following the replacement of the catheter (if current catheter has been in place for >14 days)



## **NHSN Urinary Tract Infections**

For the resident with an indwelling catheter



> 2 days

**Criteria Comments** 

#### CA-SUTI

One or more of the following (Signs and Symptoms and Laboratory and diagnostic Testing):

- \*Fever (Single temperature >100° F or >99° F on repeated occasions OR an increase of >2° F over baseline)
- b) Rigors
- New onset hypotension, with no alternate site of infection
- New onset confusion/functional decline
   AND Leukocytosis (>14,000 cells/mm³ or left shift (6% or 1, 500 bands/mm³)
- e) New or marked increase in costovertebral angle pain or tenderness
- f) New or marked increase in suprapubic tenderness
- g) Acute pain, swelling, or tenderness of the testes, epididymis, or prostate
- h) Purulent discharge from around the catheter



A positive urine culture with no more than 2 species of microorganisms, at least one of which is a bacterium of  $\geq 10^5$  CFU/ml

\*Fever can be used to meet CA-SUTI criteria even if the resident has another possible cause for the fever (for example, pneumonia)

# Respiratory Tract Infections

Criteria **Comments Pneumonia** All criteria 1-3 present For both pneumonia and lower Interpretation of chest respiratory tract infections, radiograph as demonstrating presence of underlying pneumonia or the presence of new infiltrate conditions which could mimic a respiratory tract infection At least one of the following 2. respiratory sub-criteria (a-f) presentation (congestive heart present failure, interstitial lung disease), should be excluded by review New or increased cough of clinical records and an b. New or increased assessment of presenting sputum production symptoms and signs O<sub>2</sub> saturation <94% on room air or a reduction in O<sub>2</sub> saturation of more than 3% from baseline New or changed lung exam abnormalities Pleuritic chest pain f. Respiratory rate of ≥ 25/min At least one constitutional criteria



## **Knowledge Check #3**

Day 1: Ms. R had an indwelling urinary catheter inserted for a bladder outlet obstruction

Day 2: The indwelling urinary catheter remains in place

Day 3: The resident's indwelling urinary catheter remains in place. The resident had a single oral temp of 100.2°F. A urine culture was collected from the catheter



## Ms. R continued

Day 4: The indwelling urinary catheter remains in place. No symptoms documented

Day 5: The urine culture was positive for Candida glabrata 10<sup>5</sup> CFU/ml



## Does Ms. R have an infection?

A. Yes

B. No

## What type of infection does Ms. R have?

- 1. Catheter Associated UTI
- 2. UTI but no catheter

#### Which definition is met?

- 1. NHSN
- 2. McGeer
- 3. Both



## **McGeer Urinary Tract Infections**

**Criteria Comments** 

B. For the resident with an indwelling catheter



**Both** criteria 1 and 2 present

- At least **one** of the following sign/symptom sub-criteria (a-d) present:
  - a) <u>Fever,</u> rigors, or new onset hypotension, with no alternate site of infection
  - Either acute change in mental status <u>or</u> acute functional decline with no alternate diagnosis <u>and</u> Leukocytosis
  - c) New onset suprapubic pain <u>or</u> costovertebral angle pain or tenderness
  - d) Purulent discharge from around the catheter <u>or</u> acute pain, swelling, or tenderness of the testes, epididymis, or prostate
- 2. Urinary catheter culture with ≥10<sup>5</sup> cfu/ml of <u>any</u> organism(s)

Recent catheter trauma, catheter obstruction or new onset hematuria are useful localizing signs consistent with UTI, but not necessary for diagnosis

Urinary catheter specimens for culture should be collected following the replacement of the catheter (if current catheter has been in place for >14 days)



## **Knowledge Check # 4**

Mrs. C is an 85-year-old female who is normally ambulatory, independent of ADLs and very social with staff and other residents. She has been a resident of your facility for 10 years

This morning, March 5<sup>th</sup>, Mrs. C seems confused, refuses breakfast, is incontinent of stool and does not want to get out of bed.

Vital Signs: Temp 99.5, RR 22, O<sup>2</sup>Sat 93% on room air and BP is 110/70. Urine is dark yellow and has a strong odor.

Physician orders, UC, BC and chest x-ray



## **Knowledge Check # 4**

Diagnostic test are completed, and results are as follows:

UC positive for >10<sup>5</sup> cfu/ml of klebsiella pneumonia and > 10<sup>2</sup> candida albicans

Chest x-ray negative for infiltrate

BC + for Klebsiella pneumonia

What Surveillance Definition Does Mrs. C meet?

- 1. Lower respiratory tract
- 2. Gastroenteritis
- 3. Urinary tract infection
- 4. Bloodstream infection
- 5. Asymptomatic Bacteremic Urinary Tract Infection



## Asymptomatic Bacteremic Urinary Tract Infection (ABUTI)

Resident with or without an indwelling urinary catheter:

1. No qualifying fever or signs or symptoms (specifically no urinary urgency, urinary frequency, acute dysuria, suprapubic tenderness, or costovertebral angle pain or tenderness). If no catheter is in place, fever alone would not exclude ABUTI if other criteria are met

#### <u>AND</u>

2. A positive urine culture with no more than 2-species of microorganisms, at least one of which is a bacterium of  $\geq 10^5$  CFU/ml

## **AND**

3. A positive blood culture with at least 1 matching bacteria to the urine culture









Criteria	Comments
A. Cellulitis/soft tissue/wound infection	More than one resident with streptococcal skin
At least <b>one</b> of the following criteria is present	infection from the same serogroup (e.g., A, B, C, G) in a LTCF may suggest an outbreak
1. Pus present at a wound, skin, or soft tissue site	
<ul> <li>2. New or increasing presence of at least four of the following sign/symptom sub-criteria</li> <li>a) Heat at affected site</li> <li>b) Redness at affected site</li> <li>c) Swelling at affected site</li> </ul>	For wound infections related to surgical procedures: LTCF should use the CDC's NHSN surgical site infection criteria and report these infections back to the institution performing the original surgery
d) Tenderness or pain at affected site	Presence of organisms cultured from the surface (e.g., superficial swab culture) of a wound is not enough evidence that the wound is infected
e) Serous drainage at affected site	
f) One constitutional criteria	



Criteria	Comments
<ul><li>B. <u>Scabies</u></li><li>Both criteria 1 and 2 present</li><li>1. A maculopapular and/or itching rash</li></ul>	Care must be taken to rule out rashes due to skin irritation, allergic reactions, eczema, and other non-infectious skin conditions
<ul><li>2. At least one of the following sub-criteria:</li><li>a) Physician diagnosis</li></ul>	An epidemiologic linkage to a case can be considered if there is evidence of geographic proximity in the facility, temporal relationship to the onset of symptoms, or evidence of a common source of exposure (i.e., shared caregiver).
<ul><li>b) Laboratory confirmation (scrapping or biopsy)</li></ul>	
<ul> <li>c) Epidemiologic linkage to a case of scabies with laboratory confirmation</li> </ul>	



Criteria	Comments
- 1 1/ 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	

#### C. Fungal oral/perioral and skin infections

#### Oral candidiasis:

#### Both criteria 1 and 2 present:

- Presence of raised white patches on inflamed mucosa, or plaques on oral mucosa
- 2. Medical or dental provider diagnosis

#### Mucocutaneous candida infections are usually due to underlying clinical conditions such as poorly controlled diabetes or severe immunosuppression. Although not transmissible infections in the healthcare setting, they can be a marker for increased antibiotic exposure

#### **Fungal skin Infection:**

#### **Both** criteria 1 and 2 present:

- 1. Characteristic rash or lesion
- Either a medical provider diagnosis or laboratory confirmed fungal pathogen from scrapping or biopsy

Dermatophytes have been known to cause occasional infections, and rare outbreaks, in the LTC setting.

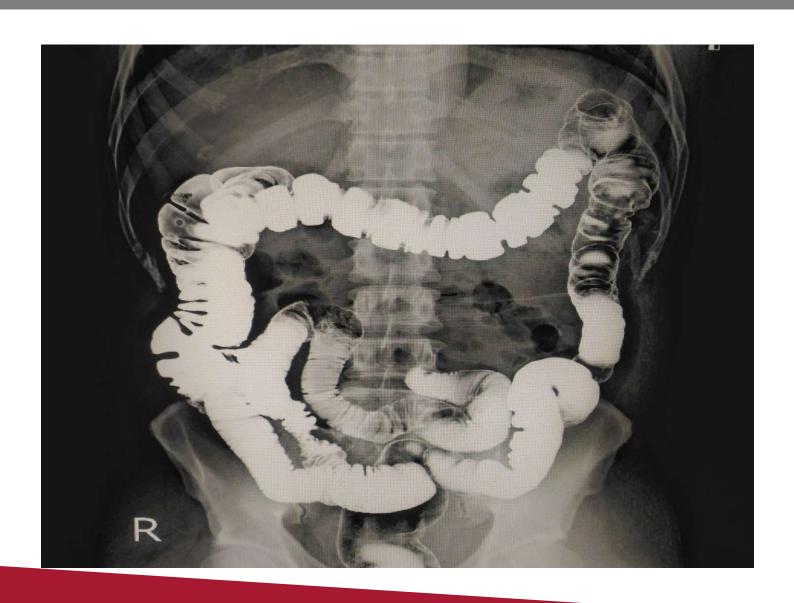


	Criteria	Comments	
D.	Herpes viral skin infections	Reactivation of old herpes simplex ("cold sores") or	
<u>He</u>	rpes simplex infection	herpes zoster ("shingles") is not considered a	
Bo	th criteria 1 and 2 present:	healthcare-associated infection	
1.	A vesicular rash	Primary herpes viral skin infections are very uncommon in LTCF, except in pediatric populations where it should be considered healthcareassociated.	
2.	Either physician diagnosis or laboratory confirmation		
<u>He</u>	rpes zoster infection		
Both criteria 1 and 2 present:			
1.	A vesicular rash		
2.	Either physician diagnosis or laboratory confirmation		



	Criteria	Comments
	Conjunctivitis	Conjunctivitis symptoms ("pink eye") should not be due to allergic reaction or trauma.
At	least <b>one</b> of the following criteria present:	ade to anergio reaction of traditia.
1.	Pus appearing from one or both eyes, present for at least 24 hours	
2.	New or increasing conjunctival erythema, with or without itching.	
3.	New or increased conjunctival pain, present for at least 24 hours.	







#### **Criteria Comments Gastroenteritis** Care must be taken to exclude noninfectious causes of symptoms. For At least one of the following criteria instance, new medication may cause present diarrhea, nausea/vomiting; initiation Diarrhea, three or more liquid or of new enteral feeding may be watery stools above what is associated with diarrhea; nausea or normal for the resident within a vomiting may be associated with 24-hour period gallbladder disease. 2. Vomiting, two or more episodes in a 24-hour period Presence of new GI symptoms in a Both of the following single resident may prompt sign/symptom sub-criteria enhanced surveillance for additional present: cases. A stool specimen positive for a pathogen (such as In the presence of an outbreak, stool Salmonella, Shigella, E. from specimens should be sent to coli 0157:H7, confirm the presence of norovirus, or Campylobacter species, other pathogens (such as rotavirus rotavirus) and E. coli 0157:H7). b) At least one of the following GI sub-criteria present Nausea ii. Vomiting Abdominal pain iii. Diarrhea



#### **Criteria Comments**

#### B. Norovirus gastroenteritis

Both criteria 1 and 2 present

- 1. At least one of the following GI sub-criteria
  - a) Diarrhea, three or more liquid or watery stools above what is normal for the resident within a 24-hour period
  - b) Vomiting, two or more episodes in a 24hour period
- A stool specimen positive for detection of norovirus either by electron microscopy, enzyme immune assay, or by a molecular diagnostic test such as polymerase chain reaction (PCR).

In the absence of laboratory confirmation, an outbreak (2 or more cases occurring in a LTCF) of acute gastroenteritis due to norovirus infection in a LTCF may be assumed to be present if all of the following criteria are present ("Kaplan criteria")

- a) Vomiting in more than half of affected persons
- b) A mean (or median) incubation period of 24-48 hours
- c) A mean (or median) duration of illness of 12-60 hours
- d) No bacterial pathogen is identified in stool culture.



Criteria	Comments
Citteria	Comments

#### C. <u>Clostridium difficile</u> gastroenteritis

**Both** criteria 1 and 2 present

- One of the following GI subcriteria
  - Diarrhea, three or more liquid or watery stools above what is normal for the resident within a 24hour period
  - b) The presence of toxic megacolon (abnormal dilation of the large bowel documented on radiology)
- **2. One** of the following diagnostic sub-criteria
  - a) The stool sample yields a positive laboratory test result for *C. difficile* toxin A or B, or a toxin-producing *C. difficile* organism is identified in a stool culture or by a molecular diagnostic test such as PCR
  - b) Pseudomembranous colitis is identified during endoscopic examination or surgery, or in histopathologic examination of a biopsy specimen.

A "primary episode" of *C. difficile* infection (CDI) is defined as one that has occurred without any previous history of CDI., or that has occurred more than 8 weeks after the onset of a previous episode of CDI.

A "recurrent episode" of CDI is defined as an episode of CDI that occurs 8 weeks or less after the onset of previous episode, provided the symptoms from the earlier (previous) episode resolved

Individuals previously infected with *C. difficile* may continue to remain colonized even after symptoms resolve

In the setting of a GI outbreak, individuals could test positive for *C. difficile* toxin due to ongoing colonization and be co-infected with another pathogen. It is important that other surveillance criteria are used to differentiate infections in this situation.

### Gastrointestinal Tract Infections

# CDI LabID Event (different than an infection)

C. difficile positive laboratory
 assay, tested on a loose-unformed
 stool specimen, and collected
 while a resident is receiving care
 from the LTCF, and the resident
 has no prior C. difficile positive
 laboratory assay collected in the
 previous two weeks (<14 days)
 while receiving care from the LTCF</li>



# Why is *C.*difficile Surveillance Important?

C. difficile is the leading cause of acute diarrhea in nursing home residents



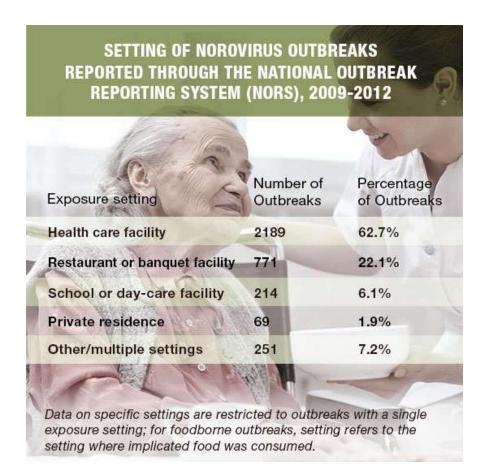
C. difficile infections contribute to approximately 14,000 deaths/year

## ~ 90% elderly



Prevention activities, like antimicrobial stewardship programs and hand hygiene are shown to prevent the spread of *C. difficile* and other infections







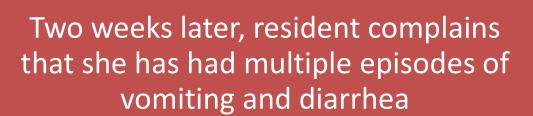
https://www.cdc.gov/norovirus/images/settings-lg.jpg

## Knowledge Check



## Knowledge Check # 1

Mrs. Hammer is admitted to your facility for rehab after having hip replacement surgery at the local hospital. While in the hospital she received treatment for *C. difficile* infection





## Ms. Hammer

The nurse remembers that this is the 8<sup>th</sup> such case of diarrhea and vomiting and that the resident's roommate had similar symptoms 2 days ago.



When completing the line listing of infected cases, the following data was noted:

6/8 residents had vomiting

5/8 residents had diarrhea

Most symptoms occurred within 48 hours of each other

Symptoms lasted on average of 36 hours (range 24-48 hrs)



# What type of infection does Ms. Hammer have?

A. C. difficile

B. Gastroenteritis

C. Norovirus

D. Just an upset stomach



#### **Criteria Comments Norovirus gastroenteritis** In the absence of laboratory confirmation, an outbreak (2 or more cases occurring in a LTCF) of **Both** criteria 1 and 2 present acute gastroenteritis due to norovirus infection in At least **one** of the following GI sub-criteria a LTCF may be assumed to be present if all of the following criteria are present ("Kaplan criteria") Diarrhea, three or more liquid or watery stools above what is normal for the Vomiting in more than half of affected resident within a 24 hour period persons Vomiting, two or more episodes in a 24 b) A mean (or median) incubation period of 24hour period 48 hours A stool specimen positive for detection of A mean (or median) duration of illness of 12norovirus either by electron microscopy, 60 hours enzyme immune assay, or by a molecular d) No bacterial pathogen is identified in stool diagnostic test such as polymerase chain culture. reaction (PCR).



**Criteria Comments** 

#### A. Gastroenteritis

At least **one** of the following criteria present

- 1. Diarrhea, three or more liquid or watery stools above what is normal for the resident within a 24-hour period
- Vomiting, two or more episodes in a 24-hour period
- 3. Both of the following sign/symptom sub-criteria present:
  - a) A stool specimen positive for a pathogen (such as Salmonella, Shigella, E. coli 0157:H7, Campylobacter species, rotavirus)
  - b) At least **one** of the following GI sub-criteria present
    - i. Nausea
    - ii. Vomiting
    - iii. Abdominal pain
    - iv. Diarrhea

Care must be taken to exclude non-infectious causes of symptoms. For instance, new medication may cause diarrhea, nausea/vomiting; initiation of new enteral feeding may be associated with diarrhea; nausea or vomiting may be associated with gallbladder disease.

Presence of new GI symptoms in a single resident may prompt enhanced surveillance for additional cases.

In the presence of an outbreak, stool from specimens should be sent to confirm the presence of norovirus, or other pathogens (such as rotavirus and *E. coli* 0157:H7).

## **Questions?**



