

# Collaborative Antimicrobial Stewardship: Focus on Infection Prevention



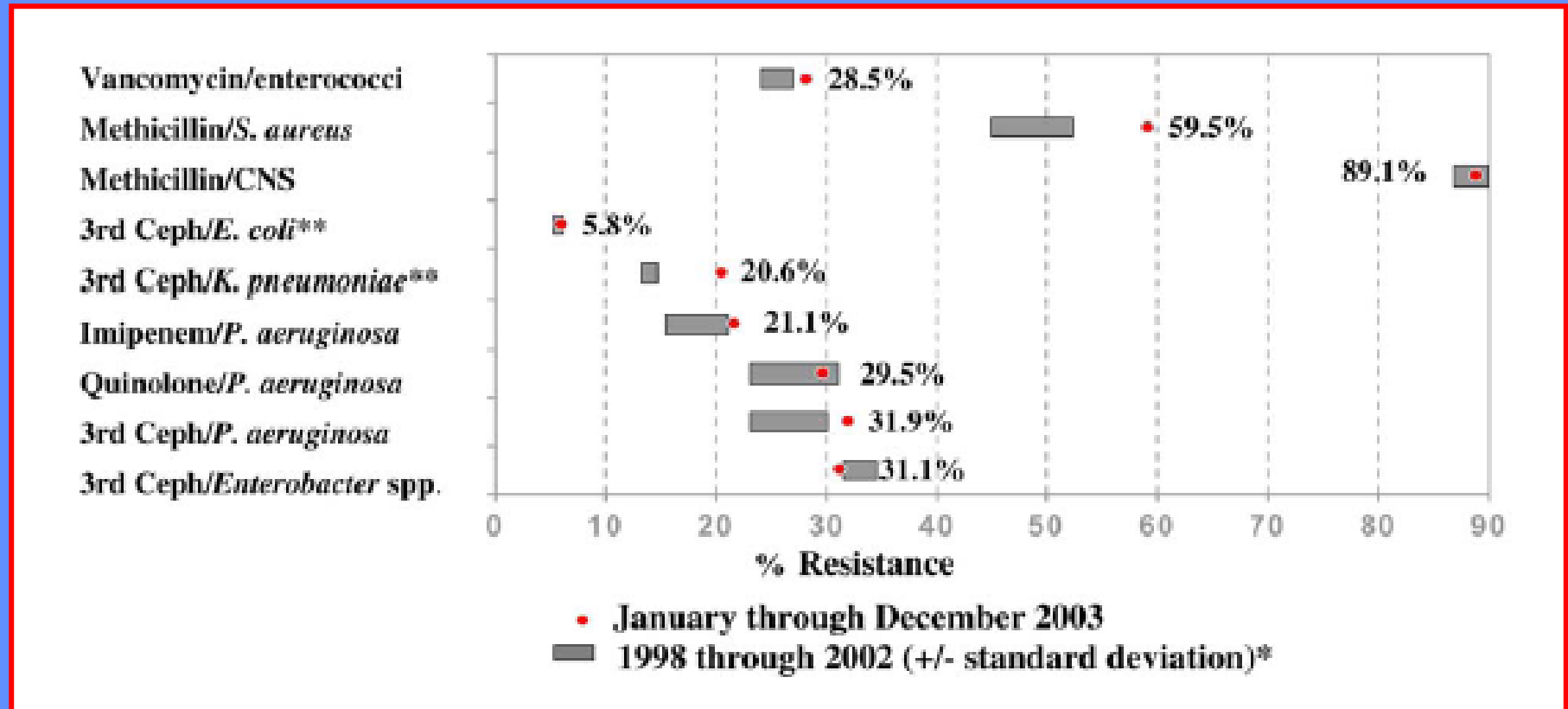
Christopher A. Ohl MD  
Associate Medical Director,  
Center for Antibiotic  
Utilization, Stewardship and  
Epidemiology  
Atrium Health Wake Forest  
Baptist

Professor of Medicine  
Wake Forest University  
School of Medicine

# Disclosures

- None

# Antimicrobial resistant Nosocomial Infections In ICU Patients 2003 compared with 1998-2002, NNIS



## ORGANISM

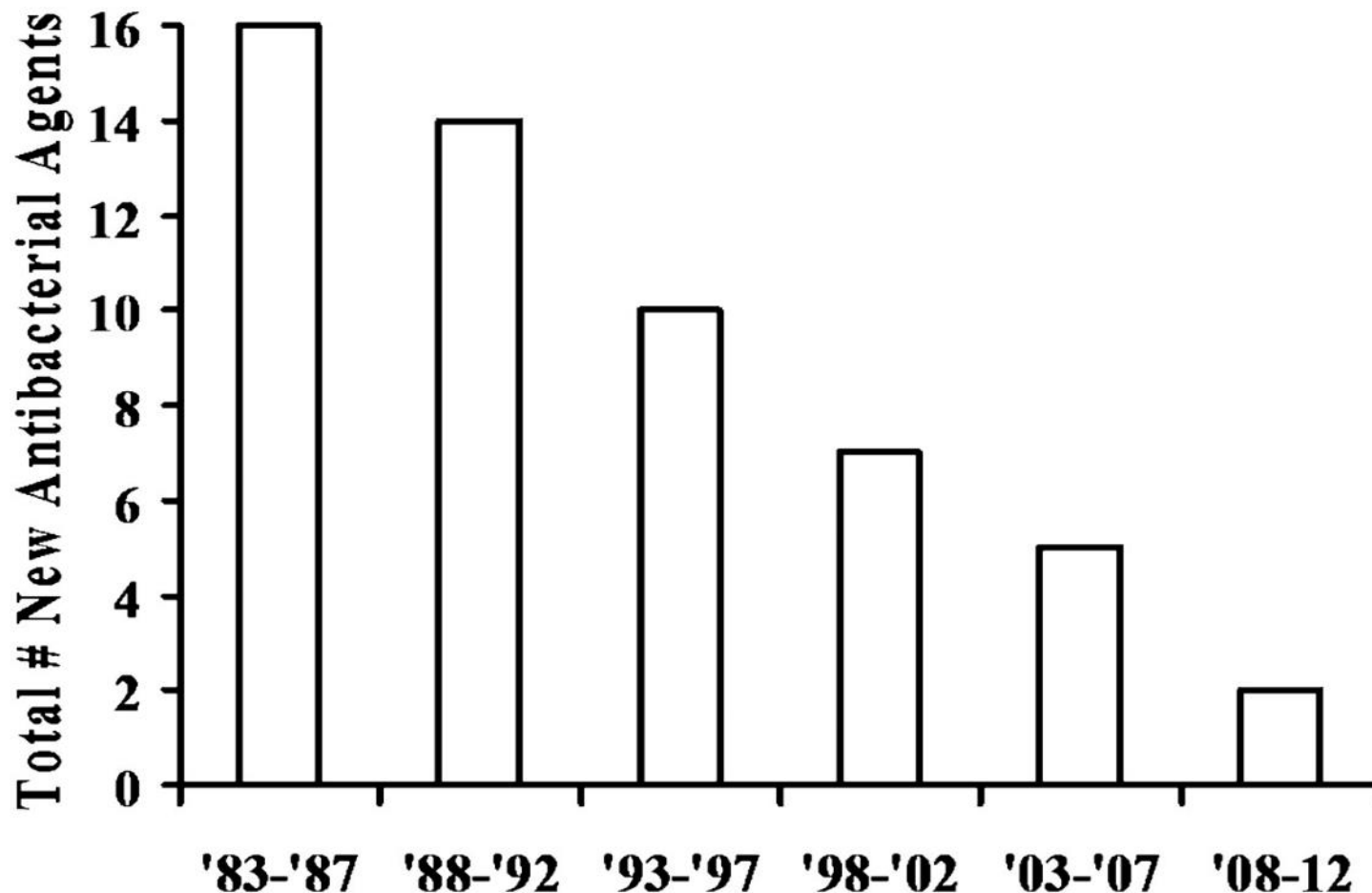
>100,000 CFU/ML ACINETOBACTER SPECIES

## SENSITIVITY

## MSCAN MIC

AMIKACIN	>32	RESISTANT
AMPICILLIN/SULBACTAM	>16/8	RESISTANT
CEFEPIME	>16	RESISTANT
CEFTAZIDIME	>16	RESISTANT
CIPROFLOXACIN	>2	RESISTANT
GENTAMICIN	>8	RESISTANT
MEROPENEM	>8	RESISTANT
PIPERACILLIN	>64	RESISTANT
TETRACYCLINE	>8	RESISTANT
TOBRAMYCIN	>8	RESISTANT
TMP/SMX	>2/38	RESISTANT
POLYMYXIN B	8	RESISTANT

**Number of New Molecular Entity (NME) Systemic Antibiotics Approved by the US FDA Per Five-year Period, Through 3/11.**



Clin Infect Dis. 2011;52:S397-S428



**STEWARDSHIP**

**GOD'S WAY OF LIFE!**

# Antimicrobial Stewardship Goals

- Prevent or slow the emergence of antimicrobial resistance
- Optimize selection, dose and duration of Rx
- Reduce adverse drug events including secondary infection (e.g. *C. difficile* AAD)
- Reduce morbidity and mortality
- Reduce length of stay
- Reduce health care expenditures

MacDougall CM and Polk RE. Clin Micro Rev 2005;18(4):638-56.

Ohl CA. J. Hosp Med. 2011.

Dellit TH, et. al. Clin Infect Dis. 2007;44:159-177

**Level of the patient**



**Level of  
the hospital**



# Stewardship Guidelines

## Infectious Diseases Society of America and the Society for Healthcare Epidemiology of America Guidelines for Developing an Institutional Program to Enhance Antimicrobial Stewardship

Timothy H. Dellit,<sup>1</sup> Robert C. Owens,<sup>2</sup> John E. McGowan, Jr.,<sup>3</sup> Dale N. Gerding,<sup>4</sup> Robert A. Weinstein,<sup>5</sup> John P. Burke,<sup>6</sup> W. Charles Huskins,<sup>7</sup> David L. Paterson,<sup>8</sup> Neil O. Fishman,<sup>9</sup> Christopher F. Carpenter,<sup>10</sup> P. J. Brennan,<sup>9</sup> Marianne Billeter,<sup>11</sup> and Thomas M. Hooton<sup>12</sup>

CID 2007;44:159-77

*Clinical Infectious Diseases*

**IDSA GUIDELINE**



## Implementing an Antibiotic Stewardship Program: Guidelines by the Infectious Diseases Society of America and the Society for Healthcare Epidemiology of America

Tamar F. Barlam,<sup>1,a</sup> Sara E. Cosgrove,<sup>2,a</sup> Lilian M. Abbo,<sup>3</sup> Conan MacDougall,<sup>4</sup> Audrey N. Schuetz,<sup>5</sup> Edward J. Septimus,<sup>6</sup> Arjun Srinivasan,<sup>7</sup> Timothy H. Dellit,<sup>8</sup> Yngve T. Falck-Ytter,<sup>9</sup> Neil O. Fishman,<sup>10</sup> Cindy W. Hamilton,<sup>11</sup> Timothy C. Jenkins,<sup>12</sup> Pamela A. Lipsett,<sup>13</sup> Preeti N. Malani,<sup>14</sup> Larissa S. May,<sup>15</sup> Gregory J. Moran,<sup>16</sup> Melinda M. Neuhauser,<sup>17</sup> Jason G. Newland,<sup>18</sup> Christopher A. Ohl,<sup>19</sup> Matthew H. Samore,<sup>20</sup> Susan K. Seo,<sup>21</sup> and Kavita K. Trivedi<sup>22</sup>

CID 2016;62:e51

<sup>1</sup>Section of Infectious Diseases, Boston University School of Medicine, Boston, Massachusetts; <sup>2</sup>Division of Infectious Diseases, Johns Hopkins University School of Medicine, Baltimore, Maryland;

<sup>3</sup>Division of Infectious Diseases, University of Miami Miller School of Medicine, Miami, Florida; <sup>4</sup>Department of Clinical Pharmacy, School of Pharmacy, University of California, San Francisco;

<sup>5</sup>Department of Medicine, Weill Cornell Medical Center/New York-Presbyterian Hospital, New York, New York; <sup>6</sup>Department of Internal Medicine, Texas A&M Health Science Center, College of

# CDC Core Elements of Hospital Antibiotic Stewardship Programs 2015

1999

**Leadership Commitment:** Dedicating necessary human, financial and information technology resources

2000

**Accountability:** Appointing a single leader responsible for program outcomes. Experience with successful programs show that a physician leader is effective

2000

**Drug Expertise:** Appointing a single pharmacist leader responsible for working to improve antibiotic use.

2000-2001

**Action:** Implementing at least one recommended action, such as systemic evaluation of ongoing treatment need after a set period of initial treatment (i.e. “antibiotic time out” after 48 hours)

2000-2013, 2017-2023

**Tracking:** Monitoring antibiotic prescribing and resistance patterns

**Reporting:** Regular reporting information on antibiotic use and resistance to doctors, nurses and relevant staff

2000

**Education:** Educating clinicians about resistance and optimal prescribing

# Prospective audit with intervention and feedback

- Antibiotic support teams
  - ID physician/Clinical Pharmacist
- Determine patients given “problem” antimicrobials
- Survey hospital culture/antibiotic data
- Review sterile body fluid cultures and therapy
- Make one on one interventions and patient specific education to responsible MD
- Has been shown to impact on antimicrobial use in both university and community hospitals
- Disdvantages: Compliance is voluntary. Resource intense

Barlam et al, Clinical Infectious Diseases CID 2016;62:e51

Paterson. Clin Infect Dis 2006; 42(Suppl):S90–5

LaRocco. Clin Infect Dis 2003; 37:742–3

# Preauthorization/Restriction

- Formulary restriction vs preauthorization/approval
- Pager/phone call most often used
- Team members: Respected physicians/Clinical pharmacists better than trainees/fellows
- Each intervention a ‘mini-consult’
- Clearly effective in modulating antimicrobial use
- Good for rapidly intervening in use
- Disadvantages: Perceived loss of autonomy for prescribers, inaccurate or misleading information from prescriber, labor intensive, all-hours support?

Paterson. Clin Infect Dis 2006; 42(Suppl):S90–5

Ryback. Pharmacotherapy 2007;27(10 Pt 2):131S–135S)

Barlam et al, Clinical Infectious Diseases CID 2016;62:e51

Linkin. ICHE 2006; 27:688

# Your CAUSE Team



# Additional Areas for Collaboration

- Nursing
- Geriatrics/Long Term Care
- Graduate Medical Education
- Public Health

Clinics Review Articles

Infectious Disease Clinics



## COLLABORATIVE ANTIMICROBIAL STEWARDSHIP

CONSULTING EDITOR

HELEN W. BOUCHER

EDITORS

ELIZABETH DODDS ASHLEY

S. SHAEFER SPIRES



March 2020

# CDC Core Elements of Hospital Antibiotic Stewardship Programs

**Leadership Commitment:** Dedicating necessary human, financial and information technology resources

**Accountability:** Appointing a single leader responsible for program outcomes. Experience with successful programs show that a physician leader is effective

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**Action:** Implementing at least one recommended action, such as systemic evaluation of ongoing treatment need after a set period of initial treatment (i.e. “antibiotic time out” after 48 hours)

**Tracking:** Monitoring antibiotic prescribing and resistance patterns

**Reporting:** Regular reporting information on antibiotic use and resistance to doctors, nurses and relevant staff

**Education:** Educating clinicians about resistance and optimal prescribing

<http://www.cdc.gov/getsmart/healthcare/implementation/core-elements.html>



## Intersection of ASP and IP Activities

### Antimicrobial Stewardship

#### Antimicrobial Dose Optimization

- Pharmacokinetic dosing
- Renal dose adjustments
- IV to Oral interchange

#### Formulary Review

- Antibiotic restrictions

#### Prospective Audit and Feedback

- Target antimicrobials
- 3 or more antimicrobials
- Duration of antimicrobials  $\geq 3$  days

#### Surveillance & Data Tracking

Provider Education

Patient Education

Patient Care Rounds

Policy Development

Committee Liaison

Active Surveillance Programs

Microbiology Diagnostics

Outbreak Management

Research & Projects

### Infection Prevention

#### HAI Process Measures

- Observations of direct care
- Documentation audits
- Report development

#### HAI Outcome Reporting and Feedback

#### Nursing Education

#### Emergency Management Planning

#### Construction safety

## Successful Joint IP-ASP Initiatives

- **IP:** CHG bathing, appropriate skin prep
- **ASP:** Appropriate antibiotic (timing, duration, redosing)
- **Joint:** SSI bundle development, MRSA/MSSA screening and decolonization

Surgical Site Infections

*Clostridioides difficile* Infection

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- **IP:** Tracking and Trending of MDRO Data, Isolation, hand hygiene
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Multidrug-Resistant Infections

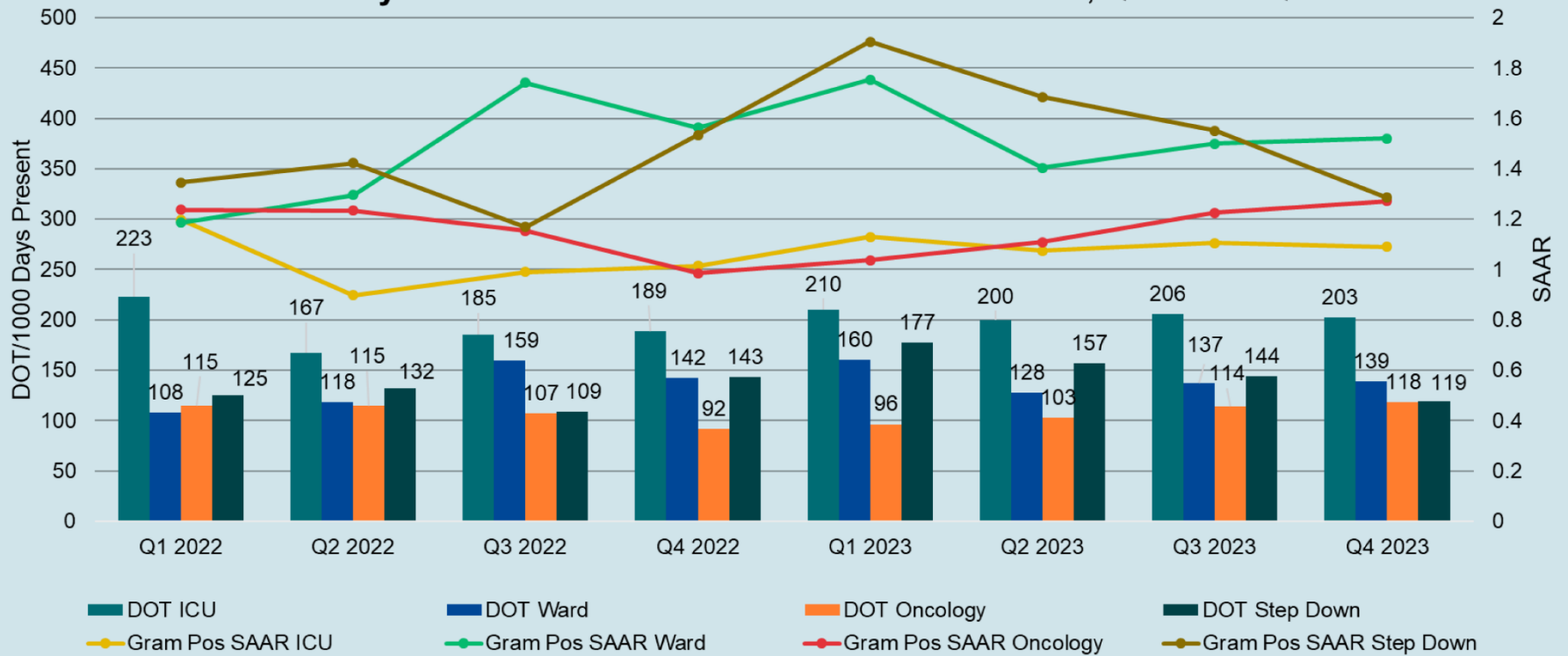
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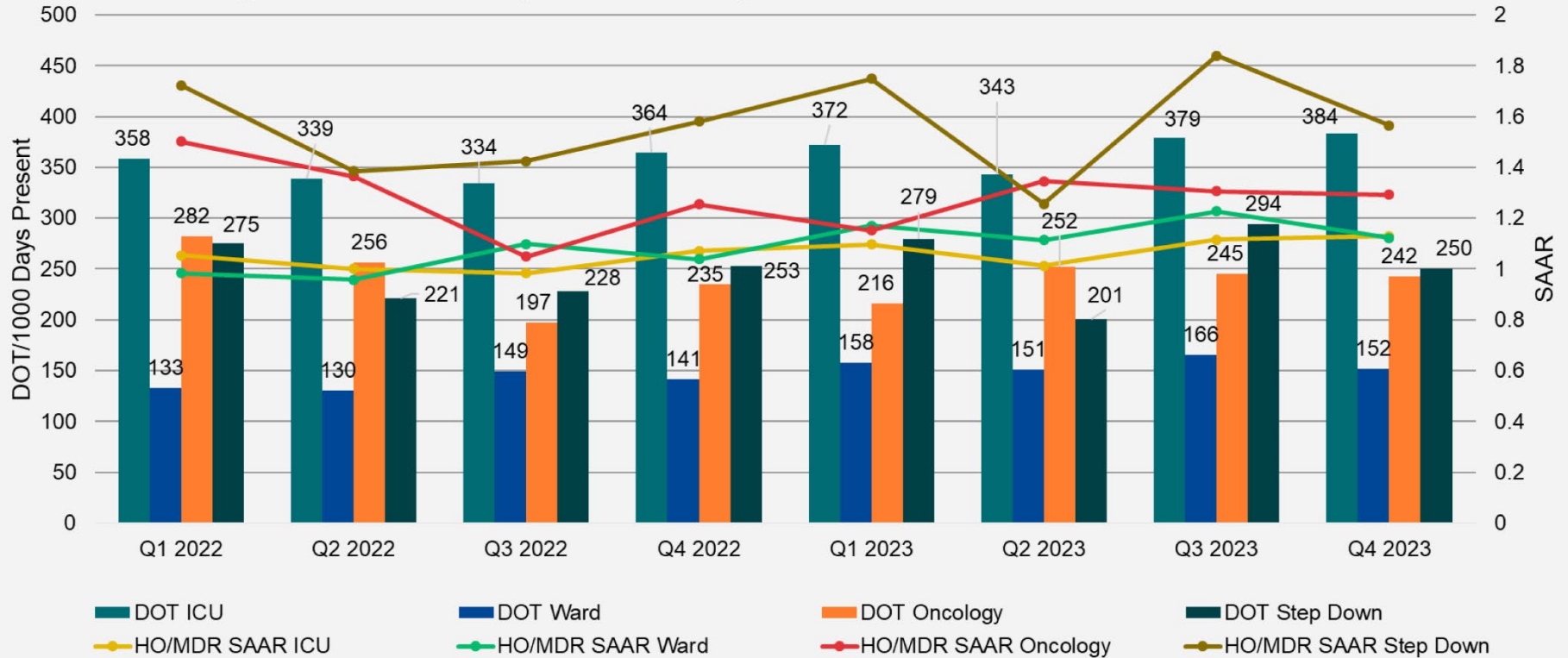
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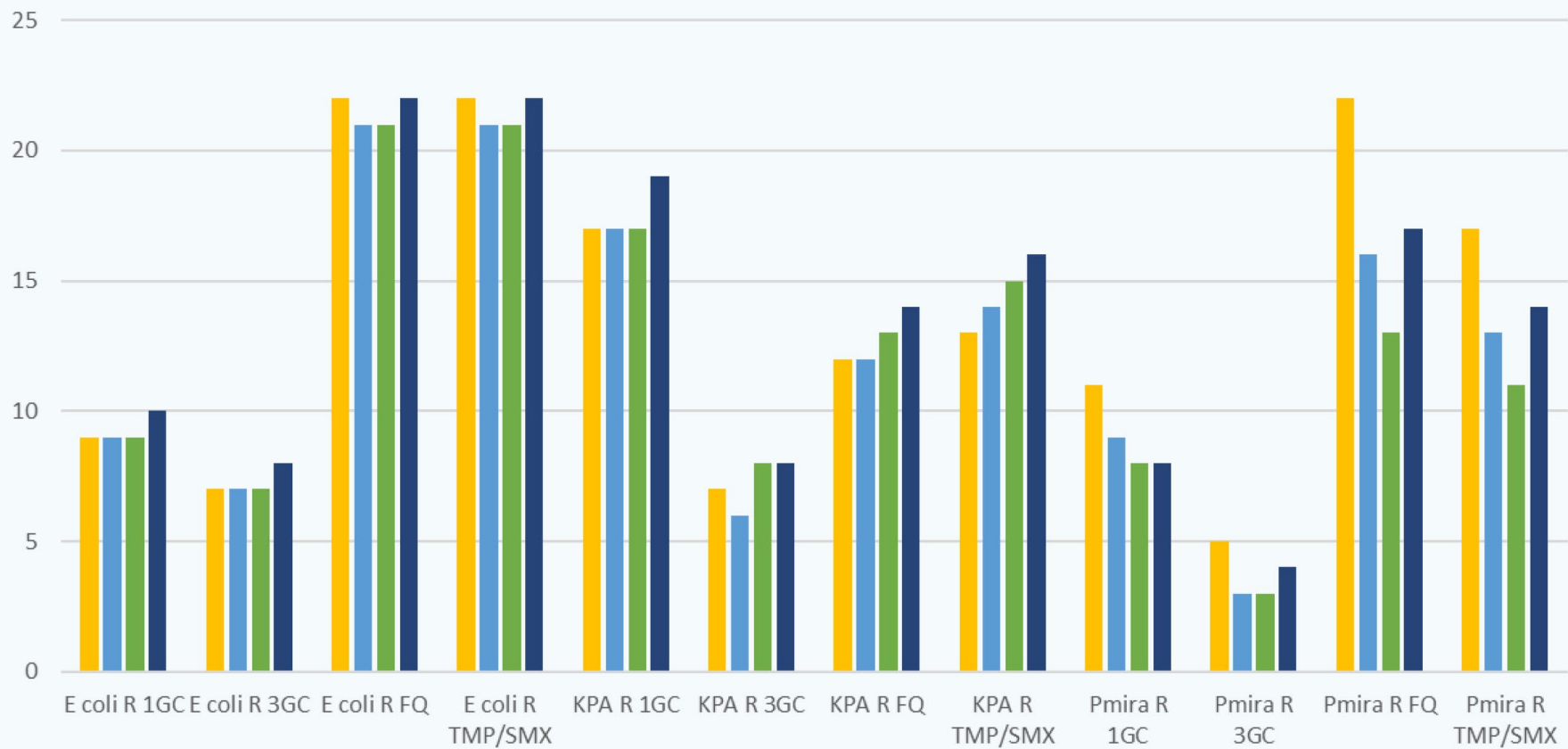
## Total DOT/1000 Days Present and SAAR By Quarter for **Antimicrobial Agents** Predominately Used for Resistant Gram-Positive Infections, Q1 2022 – Q4 2023



### Total DOT/1000 Days Present and SAAR By Quarter for **Broad Spectrum Antimicrobial Agents Predominately Used for Hospital-Onset Infections, Q1 2022 – Q4 2023**



% Isolates Resistant



# Local CAUSE Guidelines

<http://www.wakehealth.edu/School/CAUSE/Disease-State-Treatment-Guidelines.htm>

The screenshot shows a web browser window displaying the Wake Forest School of Medicine website. The page title is "Disease State Treatment Guidelines - Wake Forest School of Medicine - Google Chrome". The URL in the address bar is "www.wakehealth.edu/School/CAUSE/Disease State Treatment Guidelines.htm".

The website header includes the Wake Forest School of Medicine logo and a search bar. Below the header is a navigation menu with categories: Patients & Visitors, Referring Physicians, Research, Education, and About Us. A secondary navigation bar lists various departments and programs.

The main content area is titled "Disease State Treatment Guidelines for Adults" and includes a paragraph explaining that the following links provide antimicrobial treatment guidelines for adults with various infectious diseases, developed by CAUSE and approved by the CAUSE Advisory Board and the Pharmacy & Therapeutics Committee. It notes that sound clinical judgement should be applied in conjunction with the information provided by these guidelines.

Below the paragraph is a list of links to various guidelines:

- [Community Acquired Pneumonia Guidelines](#)
- [Hospital Acquired Pneumonia Guidelines](#)
- [Empiric Antibiotics for Sepsis](#)
- [Guidelines for Interpreting Procalcitonin](#)
- [Empiric Antibiotics for Infections \(not sepsis\)](#)
- [Febrile Neutropenia Algorithm \(patients NOT allergic to penicillin\)](#)
- [Febrile Neutropenia Algorithm \(patients WITH severe penicillin ALLERGY\)](#)
- [Clostridium difficile-Associated Colitis Diagnosis and Management](#)
- [C difficile Testing Algorithm](#)
- [Treatment of Pyelonephritis for Patients with Severe Penicillin Allergy](#)

On the right side of the page, there is a "Quick Reference" section for CAUSE, listing Christopher Ohl, MD, as the CAUSE Medical Director, with the email [cohl@wakehealth.edu](mailto:cohl@wakehealth.edu). Below this are buttons for "Locate Faculty" and "Ways to Give".

A left sidebar contains a "CAUSE" menu with the following items:

- Antibiotic Support Team (AST)
- [Disease State Treatment Guidelines](#)
- Antimicrobial Dosing Guidelines
- Prior Authorization
- Projects and Research
- Antibiotic Stewardship Curriculum



## Using Local Microbiologic Data To Develop Institution-Specific Guidelines for the Treatment of Hospital-Acquired Pneumonia\*

James R. Beardsley, PharmD; John C. Williamson, PharmD;  
James W. Johnson, PharmD; Christopher A. Ohl, MD;  
Tobi B. Karchmer, MD, MS; and David L. Bowton, MD, FCCP

**Table 3—Activity of Various Antibiotics Against Gram-Negative Isolates not Susceptible to Piperacillin-Tazobactam or Cefepime\***

Variables	Gentamicin	Amikacin	Ciprofloxacin	Meropenem	Piperacillin-Tazobactam	Cefepime
Cefepime nonsusceptible isolates (n = 26)	3 (12)	21 (81)	1 (4)	2 (8)	2 (8)	NA
Piperacillin-tazobactam nonsusceptible isolates (n = 28)	4 (14)	23 (82)	2 (7)	7 (25)	NA	4 (14)

\*Data are presented as No. (%). NA = not applicable.



# The Addition of Intravenous Metronidazole to Oral Vancomycin is Associated With Improved Mortality in Critically Ill Patients With *Clostridium difficile* Infection

Kristina E. E. Rokas,<sup>1</sup> James W. Johnson,<sup>1</sup> James R. Beardsley,<sup>1</sup> Christopher A. Ohl,<sup>2</sup> Vera P. Luther,<sup>2</sup> and John C. Williamson<sup>1</sup>

<sup>1</sup>Department of Pharmacy, Wake Forest Baptist Medical Center, and <sup>2</sup>Wake Forest University School of Medicine, Winston-Salem, North Carolina

(See the Editorial Commentary by Wilcox on pages 942–4.)

**Table 2. Treatment Outcomes**

Outcome	Monotherapy (n = 44)	Combination (n = 44)	P Value
In-hospital mortality	16 (36.4)	7 (15.9)	.03
Time to death, days, median (range)	21 (5–174)	15 (6–32)	.23
Clinical success			
Day 6	9 (20.5)	6 (13.6)	.57
Day 10	27 (61.4)	25 (56.8)	.83
Day 21	33 (75.0)	37 (84.1)	.43
Length of stay after CDI diagnosis, days, median (range) <sup>a</sup>	20.5 (10–64)	18.0 (6–166)	.99
Length of ICU stay after CDI diagnosis, days, median (range) <sup>a</sup>	9 (4–60)	11.0 (3–68)	.93

Data are no. (%) of patients, unless otherwise indicated.

Abbreviations: CDI, *Clostridium difficile* infection; ICU, intensive care unit.

<sup>a</sup> Analysis excluded patients who died.

Clin Infect Dis. 2015 Sep  
15;61(6):934-41. doi:  
10.1093/cid/civ409.29.



Hi, I'm from the Joint Commission, Has Dr. Ohl shared local susceptibility and abx use data with you?

Yes! Dr. Ohl shared some very helpful data with me!

- **IP:** CHG bathing, appropriate skin prep
- **ASP:** Appropriate antibiotic (timing, duration, redosing)
- **Joint:** SSI bundle development, MRSA/MSSA screening and decolonization

### High Yield:

- Where is SIP when you need them
- Allergy

## Surgical Site Infections

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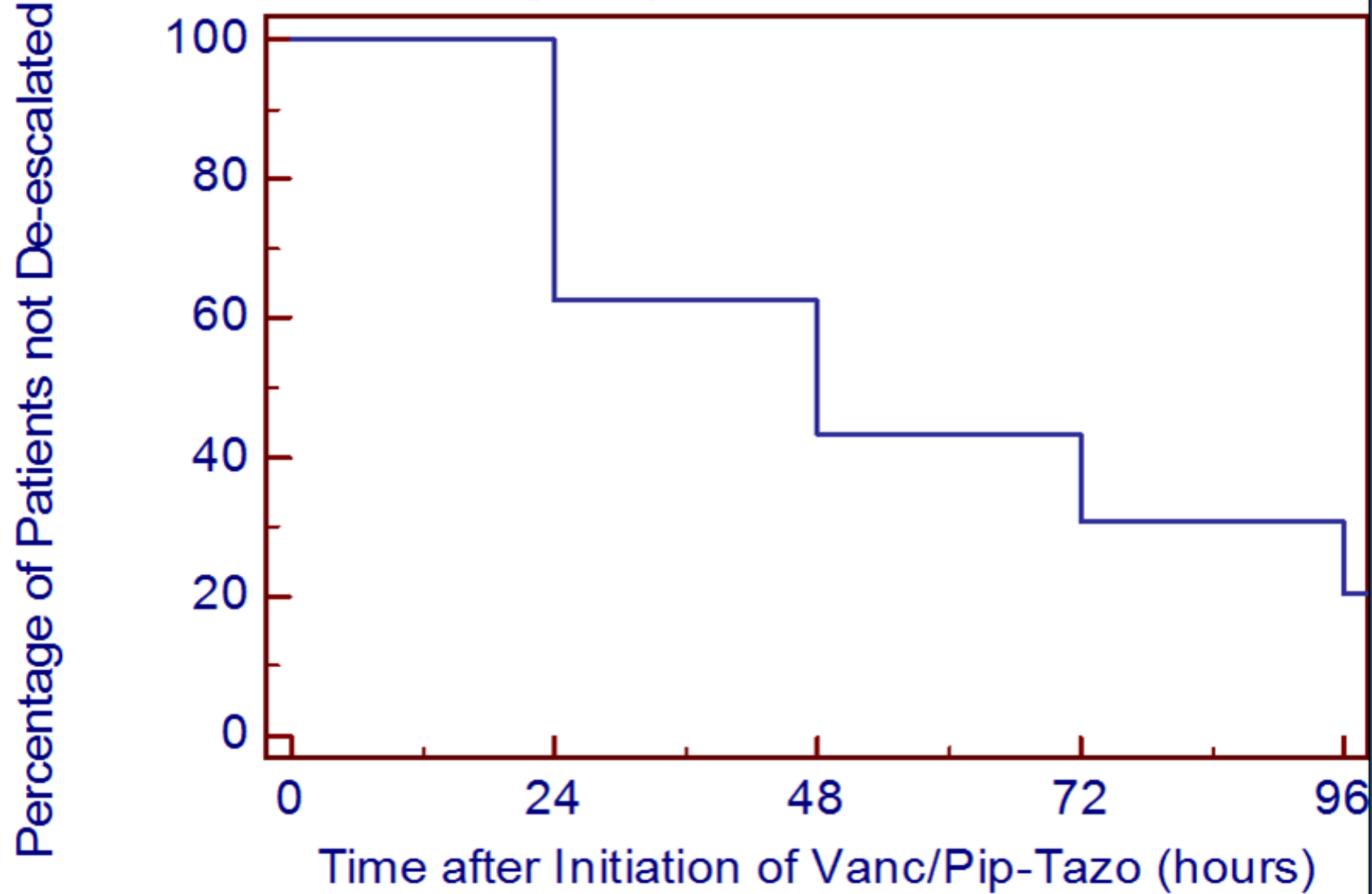
# Antibiotic De-escalation

## Vanc-Piperacillin tazobactam

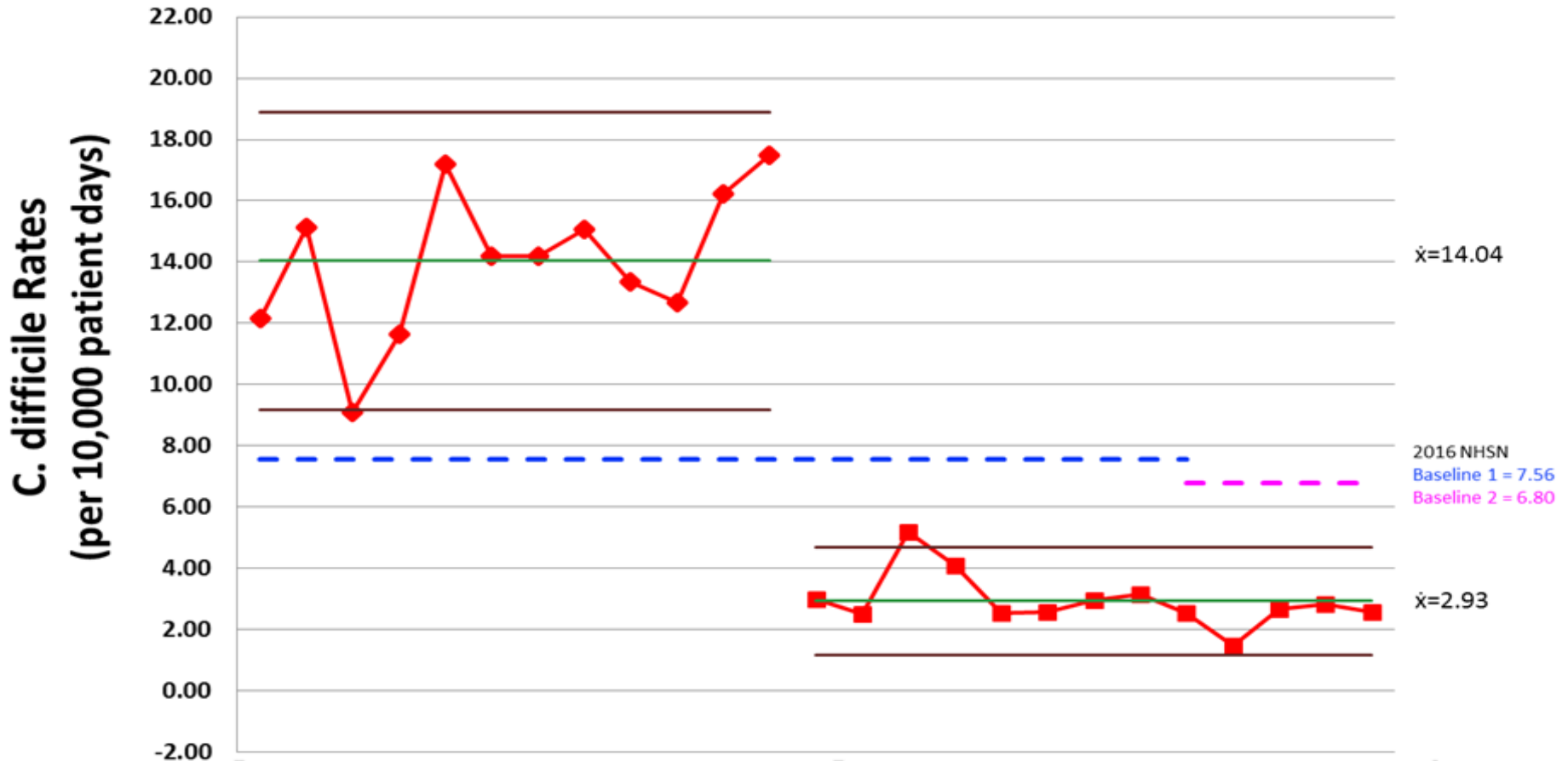
**Table 2** Patients with antibiotic regimen de-escalated by service

Time (hours) or Odds Ratio (95% CI)	Total <i>n</i> = 240 (%)	Critical Care <i>n</i> = 58 (%)	Oncology <i>n</i> = 21 (%)	Other <i>n</i> = 161 (%)
24	90 (38)	28 (48)	5 (24)	57 (35)
48	136 (57)	31 (53)	9 (43)	96 (60)
72	151 (63)	36 (62)	15 (71)	100 (62)
96	175 (73)	40 (69)	17 (81)	118 (73)
Odds Ratio (95% CI) at 72 h	N/A	0.7 (0.2–1.9)	Ref	0.7 (0.2–1.8)

Percentage of pts not De-escalated vs. Time



# WFUBMC HO C. Difficile vs NCDPH-predicted Rates April 2015 to April 2017



	Apr-15	May-15	Jun-15	Jul-15	Aug-15	Sep-15	Oct-15	Nov-15	Dec-15	Jan-16	Feb-16	Mar-16	Apr-16	May-16	Jun-16	Jul-16	Aug-16	Sep-16	Oct-16	Nov-16	Dec-16	Jan-17	Feb-17	Mar-17	Apr-17
HO	24	30	17	22	33	25	28	28	26	26	31	36	6	5	10	8	5	5	6	6	5	3	5	6	5
CO-HCFA	16	13	5	10	15	14	14	12	11	10	6	16	3	1	7	4	4	2	6	2	4	2	3	4	5
CO	17	30	18	28	23	30	29	26	25	29	24	26	12	12	4	2	3	4	4	3	2	6	1	8	4

## Successful Joint IP-ASP Initiatives

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# What Should be Included in AS Education for Providers (4)

## □ Guideline use: Inpatient big 4

- UTI
- CAP
- HAP/VAP
- Skin and soft tissue

## □ Guideline use: Outpatient big 4

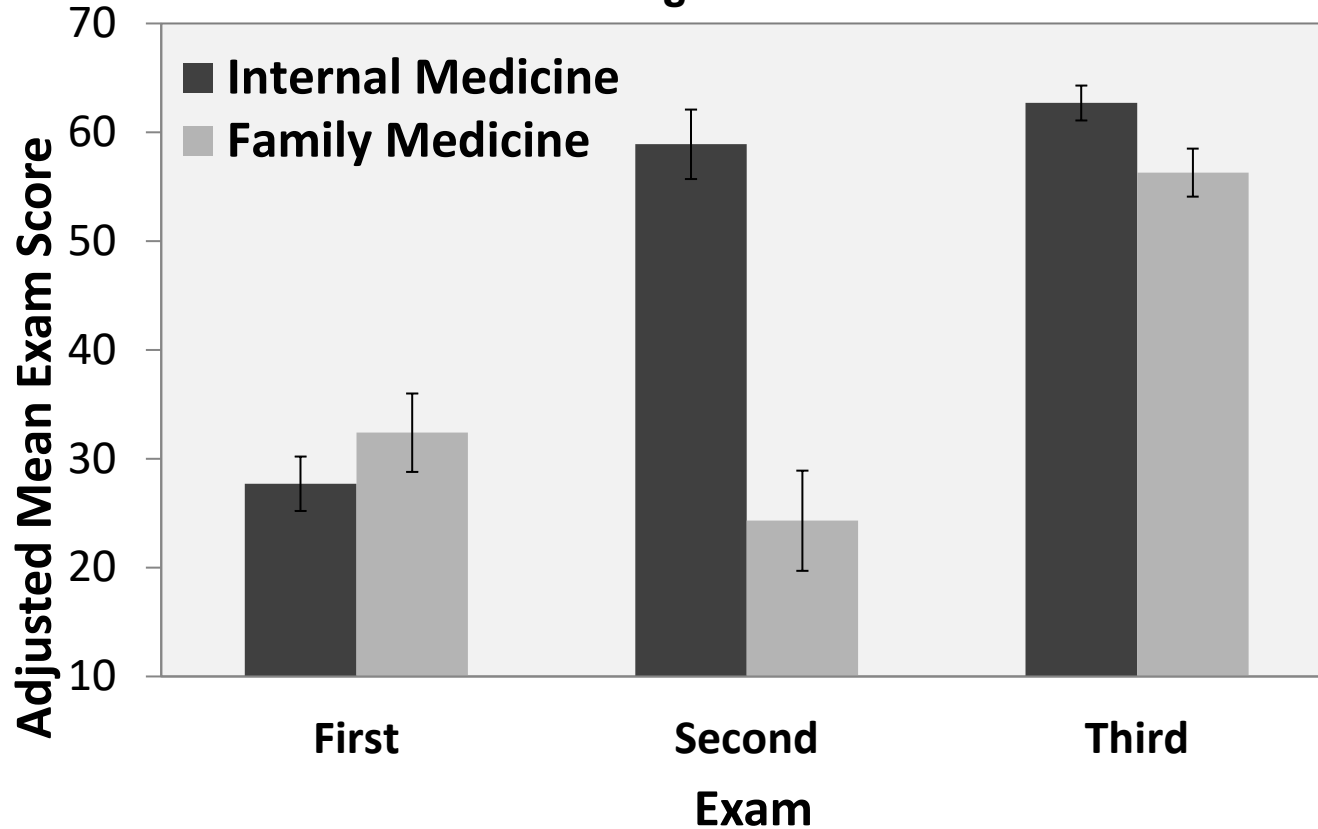
- Acute bronchitis
- Pharyngitis
- Sinusitis/Otitis media
- UTI



*"I'll be happy to give you innovative thinking. What are the guidelines?"*

# Small Group Case Conference Emphasizing Stewardship Principles

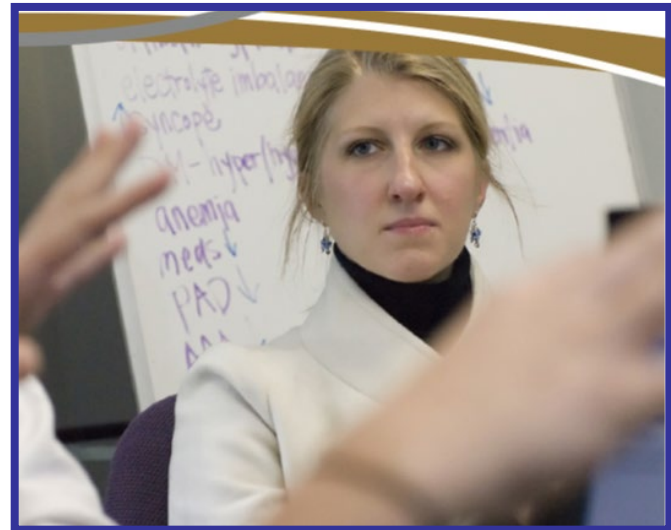
## Medical Knowledge Exam Performance



Luther et al. Presented at ID week 2015. Oct 2015, San Diego, CA

# Get Smart About Antibiotics: An Antibiotic Stewardship Curriculum for Medical Students

- ❑ 3 Large Group PowerPoint Sessions (45 min)
  - Antibiotic Resistance and Its Relationship to Antibiotic Use
  - "Get Smart About Antibiotics." An Introduction to Prudent Antibiotic Use
  - Common Respiratory Tract Infections: Evaluation and Therapy
  
- ❑ Five Small Group Activities
  - [Family Medicine Clerkship](#)
  - [Internal Medicine Clerkship](#)
  - [Surgery Clerkship](#)
  - [Pediatrics Clerkship](#)
  - [Emergency Medicine Clerkship](#)



Beta-lactam allergy is associated with poorer patient outcomes and increased length of stay

- Now confirmed in 4 studies in the past 5 years



## Optimizing Empiric Antibiotic Therapy in Patients with Severe $\beta$ -Lactam Allergy

Lindsay P. Kollischak,<sup>1,2</sup> James W. Johnson,<sup>2,3</sup> James R. Boardley,<sup>1</sup> David P. Miller,<sup>1</sup> John C. Williamson,<sup>2,3</sup> Vera P. Lether,<sup>1</sup> Christopher A. Olf<sup>1</sup>

Wake Forest Baptist Health, Department of Pharmacy, Winston-Salem, North Carolina, USA<sup>1</sup>; Wingate University, School of Pharmacy, Wingate, North Carolina, USA<sup>2</sup>; Wake Forest University School of Medicine, Winston-Salem, North Carolina, USA<sup>3</sup>

Antimicrobial Agents and Chemotherapy 2013;57:5918-23

# Antibiotic Stewardship and Allergy

- **XII. In Patients With a Reported History of  $\beta$ -Lactam Allergy, Should ASPs Facilitate Initiatives to Implement Allergy Assessments With the Goal of Improved Use of First-Line Antibiotics?**

## **Recommendation**

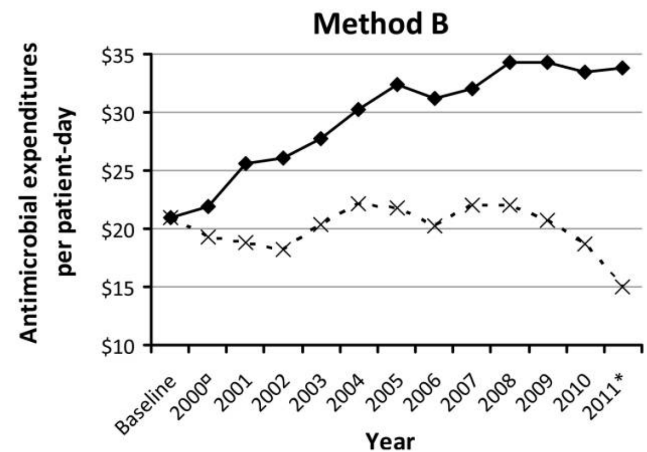
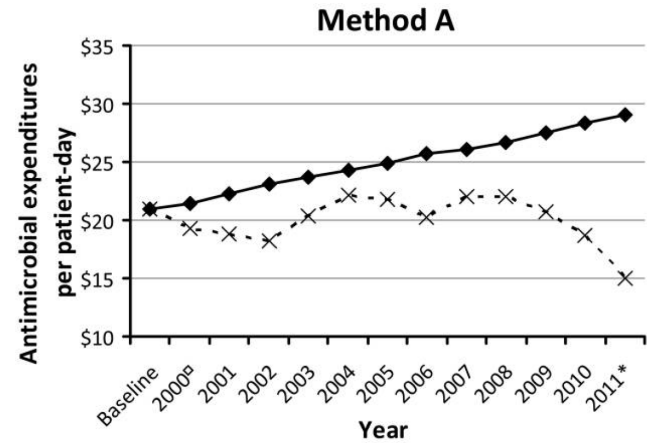
- In patients with a history of  $\beta$ -lactam allergy, we suggest that ASPs promote allergy assessments and penicillin (PCN) skin testing when appropriate (*weak recommendation, low-quality evidence*).
- Comment: Allergy assessments and PCN skin testing can enhance use of first-line agents, but it is largely unstudied as a primary ASP intervention; however, ASPs should promote such assessments with providers. In facilities with appropriate resources for skin testing, the ASPs should actively work to develop testing and treatment strategies with allergists.

Implementing an Antibiotic Stewardship Program: Guidelines by the Infectious Diseases Society of America and the Society for Healthcare Epidemiology of America

Clinical Infectious Diseases ; 2016 ; 62 : 51 -77

# Antimicrobial Cost Savings WFBMC

Year	Method A	Method B
2000 <sup>a</sup>	158,161	229,076
2001	548,002	1,267,638
2002	806,393	1,446,883
2003	473,174	1,354,129
2004	244,160	1,555,048
2005	419,613	2,005,202
2006	983,690	2,172,756
2007	675,036	1,990,967
2008	817,503	2,557,972
2009	1,278,301	2,782,519
2010	2,175,927	3,456,373
2011 <sup>b</sup>	1,770,827	2,406,399
Yearly average	920,070	2,064,441
Total savings	10,350,787	23,224,961





Hi, I'm from the Joint Commission, Do you have an Antibiotic Stewardship Program?

Yes! We have a wonderful, extremely helpful program

Special Article

**A COMPUTER-ASSISTED MANAGEMENT PROGRAM FOR ANTIBIOTICS  
AND OTHER ANTIINFECTIVE AGENTS**

R. SCOTT EVANS, PH.D., STANLEY L. PESTOTNIK, M.S., R.PH., DAVID C. CLASSEN, M.D., M.S., TERRY P. CLEMMER, M.D.,  
LINDELL K. WEAVER, M.D., JAMES F. ORME, JR., M.D., JAMES F. LLOYD, B.S., AND JOHN P. BURKE, M.D.

**ABSTRACT**

**Background and Methods** Optimal decisions about the use of antibiotics and other antiinfective agents in critically ill patients require access to a large amount of complex information. We have developed a computerized decision-support program linked to computer-based patient records that can assist physicians in the use of antiinfective agents and improve the quality of care. This program presents epidemiologic information, along with detailed recommendations and warnings. The program recommends antiinfective regimens and courses of therapy for particular patients and provides immediate feedback. We prospectively studied the use of the computerized antiinfectives-management program for one year in a 12-bed intensive care unit.

**Results** During the intervention period, all 545 patients admitted were cared for with the aid of the antiinfectives-management program. Measures of processes and outcomes were compared with those for the 1136 patients admitted to the same unit during the two years before the intervention period. The use of the program led to significant reductions in orders for drugs to which the patients had reported allergies (35, vs. 146 during the preintervention peri-

**F**ACED with an increasing loss of autonomy in the managed care marketplace, physicians often view the debate about the quality of care as simply about finding ways to reward them for doing less for patients and to control costs by the use of arbitrary rules for clinical care.<sup>1</sup> Skeptics view quality-of-care projects as a disguised form of marketing; this skepticism will not disappear until physicians can see quality-of-care efforts that make difficult decisions easier and more accurate.<sup>2,3</sup> Establishing systems for improving care is difficult, at best, for groups of specialist physicians, but it is next to impossible for physicians working alone or for those who are employees in large bureaucratic organizations.<sup>4</sup> Both the provision of care and the monitoring of its quality depend on data that are often not available either in paper medical records or in administrative and billing data bases. Elaborate clinical computer systems, which are increasingly available, are vital for health care organizations.

The usefulness of clinical computer systems is beginning to be recognized. Perhaps their immediate value can best be demonstrated in terms of the most

1998!!!



# CAUSE Publications and Abstracts

- Ohl CA, Luther VP. Antimicrobial stewardship for inpatient facilities. *J Hosp Med.* 2011 Jan;6 Suppl 1:S4-15
- Ohl CA, Ashley ED. Antimicrobial Stewardship Programs in Community Hospitals: The Evidence Base & Case Studies. *Clin Infect Dis.* 2011 53 Suppl 1:S23-8
- Palmer HR, Palavecino EL, Johnson JW, Ohl CA, Williamson JC. Clinical and microbiological implications of time-to-positivity of blood cultures in patients with Gram-negative bacilli bacteremia. *Eur J Clin Microbiol Infect Dis.* 2013 Feb;32(2):1833-9
- Luther VP, Ohl CA, Hicks LA. Antimicrobial Stewardship Education for Medical Students (Letter). *Clin Infect Dis.* 2013 Aug 13.
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