

## GUIDELINES FOR ENVIRONMENTAL INFECTION CONTROL IN HEALTH-CARE FACILITIES, 2003

William A. Rutala, Ph.D., M.P.H.

Director, Statewide Program for Infection Control and Epidemiology  
and Professor of Medicine, University of North Carolina at Chapel  
Hill, NC, USA

Former Director, Hospital Epidemiology, Occupational Health and  
Safety, UNC Health Care, Chapel Hill, NC (1979-2017)

1

## Sources of Healthcare-Associated Pathogens

Weinstein RA. Am J Med 1991;91 (suppl 3B):179S

- Endogenous flora (SSI, UTI, CLABSI): 40-60%
- Exogenous: 20-40% (e.g., cross-infection via contaminated hands [staff, visitors])
- Other (environment): 20%
  - Medical devices/inanimate objects
  - Contact with environmental surfaces (direct and indirect)

2

## GUIDELINE FOR ENVIRONMENTAL INFECTION CONTROL IN HEALTHCARE FACILITIES

- Review recommendations for:
  - Air
  - Water
  - Environmental Services
  - Environmental Sampling
  - Laundry and Bedding
  - Animals in Healthcare Facilities
  - Regulated Medical Waste

3

## GUIDELINE FOR ENVIRONMENTAL INFECTION CONTROL IN HEALTHCARE FACILITIES

- Ranking of Recommendations
  - Category IA-strongly recommended and strongly supported by studies
  - Category IB-strongly recommended and supported by some studies and strong theoretical rationale
  - Category IC-required by regulatory agencies
  - Category II-suggested for implementation

4

## MECHANISMS OF TRANSMISSION

- Contact
  - Direct (actual physical contact between source and patient)
  - Indirect (transmission from source to patient through an intermediate object)
  - Droplet (transmission  $\leq 3$  feet)
- Airborne (true airborne phase of transmission)

5

## MECHANISMS OF TRANSMISSION

- Common vehicle-source is common to those who acquire the disease
  - Food
  - Water
  - Medications
  - Blood
  - Equipment
- Arthropod-borne

6



## GUIDELINE FOR ENVIRONMENTAL INFECTION CONTROL IN HEALTHCARE FACILITIES

### □ Review recommendations for:

- Air
- Water
- Environmental Services
- Environmental Sampling
- Laundry and Bedding
- Animals in Healthcare Facilities
- Regulated Medical Waste

7

## NOSOCOMIAL AIRBORNE FUNGAL INFECTIONS

8

## AIRBORNE FUNGAL OUTBREAKS

### Requirements

- Susceptible host
- Reservoir
- Source
- Infecting dose inhaled (most dependent on concentration of fungi in the air)

9

## MOST COMMON PATHOGENS ASSOCIATED WITH CONSTRUCTION OR RENOVATION OUTBREAKS

- *Aspergillus* spp. (by far most important)
- Zygomycetes
- Other fungi
- Miscellaneous

10

## Review of Fungal Outbreaks

Kanamori, Rutala, Sickbert-Bennett, Weber. CID. 2015;61:433

### Review of Fungal Outbreaks and Infection Prevention in Healthcare Settings During Construction and Renovation

Hajime Kanamori,<sup>1,2</sup> William A. Rutala,<sup>1,2</sup> Emily E. Sickbert-Bennett,<sup>1,2</sup> and David J. Weber<sup>2,3</sup>

<sup>1</sup>Hospital Epidemiology, University of North Carolina Health Care, and <sup>2</sup>Division of Infectious Diseases, University of North Carolina School of Medicine, Chapel Hill

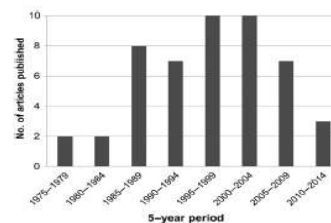
Hospital construction and renovation activities are an ever-constant phenomenon in healthcare facilities, causing dust contamination and possible dispersal of fungal spores. We reviewed fungal outbreaks that occurred during construction and renovation over the last 4 decades as well as current infection prevention strategies and control measures. Fungal outbreaks still occur in healthcare settings, especially among patients with hematological malignancies and those who are immunocompromised. The causative pathogens of these outbreaks were usually *Aspergillus* species, but Zygomycetes and other fungi were occasionally reported. *Aspergillus* most commonly caused pulmonary infection. The overall mortality of construction/renovation-associated fungal infection was approximately 50%. The minimal concentration of fungal spores by air sampling for acquisition of fungal infections remains to be determined. Performing infection control risk assessments and implementing the recommended control measures is essential to prevent healthcare-associated fungal outbreaks during construction and renovation.

**Keywords:** fungal outbreaks; *Aspergillus*; healthcare-associated infections; construction; renovation.

11

## Review of Fungal Outbreaks

Kanamori, Rutala, Sickbert-Bennett, Weber. CID. 2015;61:433



**Figure 1.** Trend of fungal outbreaks and infections associated with construction, renovation, and demolition.

12



## Review of Fungal Outbreaks

Kanamori, Rutala, Sickbert-Bennett, Weber. CID. 2015;61:433

Table 2. Fungal Infections and Associated Mortality by Each Underlying Disease During Construction, Renovation, or Demolition

Underlying Diseases	No. of Articles Published	No. of Patients Infected	No. of Patients Died	Mortality, No.* (%)
Hematologic malignancies or bone marrow transplant	26	414	148	131/298 (45.9)
Other malignancies, transplant, and/or immunosuppressed patients	13	105	38	38/90 (83.3)
Patients in intensive care unit	3	8	2	2/4 (50)
Rheumatology patients	2	6	4	4/6 (66.7)
After surgery	2	8	1	1/8 (12.5)
Premature infant	2	3	2	2/3 (66.7)
Nephrology and dialysis patients	1	3	2	2/3 (66.7)
Total	49	547	197	180/372 (48.0)

\* Articles in which the number of patients infected or died was unknown were excluded for mortality calculations.

## Review of Fungal Outbreaks

Kanamori, Rutala, Sickbert-Bennett, Weber. CID. 2015;61:433

Table 1. Characteristics of Fungal Outbreaks and Infections Associated With Construction, Renovation, and Demolition

Author, Year	Patient Population	No. of Patients Infected	Type of Infection (Site)	Aspergillus spp. Involved	Reservoir or Source	Aspergillus Fungal Species	Molecular Typing	Control Measures
Asper, 1985 [21]	Cancer patients	8	Unknown	Aspergillus infection (lung, pharynx, or multiple sites)	Preexisting medical illness and during construction	Unknown	Unknown	Unknown
Amos, 1989 [22]	Immunocompromised (renal transplant)	3	1	Aspergillus infection (lung)	Aspergillus infection (lung)	Renovation, spaces on dirt floor, mold, and the above mentioned	Aspergillus species in 100% of isolates	Unknown
Beckel, 1992 [23]	Transplanted patients (hematologic malignancy)	1	1	Invasive Aspergillus infection (lung)	A. flavus	Construction, defective ventilation and air filtration	A. A. Resonance, 100% of isolates	Unknown
Levens, 1992 [27]	Immunocompromised patients with renal allograft recipients or hematologic malignancy	10	4	Invasive Aspergillus infection (lung)	Aspergillus sp.	Renovation, construction for access to the new hospital	Aspergillus species from an environmental source	Unknown
Kassam, 1995 [24]	Premature infants	2	2	Fungal infection (lung)	Aspergillus sp., Rhizopus, Rhizopus	Renovation of adjacent hospital wing and demolition of roof, mold in distribution line casing	0.88 fungi per hour per sample compared to 0.22 fungi per hour per sample in construction free area	Unknown
Quin, 1998 [25]	Immunocompromised (hematologic malignancy, high-dose corticosteroid therapy or disseminated infection)	11	11	Aspergillus infection (pulmonary)	A. flavus, A. fumigatus, A. niger, Aspergillus sp.	Hospital renovation and construction site	6.9 ± 0.7 Aspergillus per cubic meter compared to 1.2 Aspergillus per cubic meter in construction free area	Unknown
Barnes, 1999 [26]	Children undergoing BMT	6	6	Invasive Aspergillus infection (lung)	Unknown	Building work involving a network of floor system to the unit	130 fungal spores of Aspergillus spp. BMT unit during building work	Unknown

13

14

## NOSOCOMIAL ASPERGILLOSIS IN OUTBREAK SETTINGS

Vonberg, Gastmeier. JHI 2006. 63:245

- 53 studies with 458 patients
- 356 patients (78%) were lower respiratory tract
- Aspergillus fumigatus (154) and A. flavus (101)**
- Underlying disease-hematologic malignancies 299 (65%)
- Overall fatality rate in these 299 patients (57.6%)**
- Construction or demolition probable/possible source-49%; virtually all outbreaks attributable to airborne source, usually construction
- Patients at risk should not be exposed to *Aspergillus*

15

## UNDERLYING CONDITIONS IN PATIENTS WITH NOSOCOMIAL ASPERGILLOSIS

	No. of Patients	Mortality (%)
Hematologic malignancy	299	57.6
Solid organ transplant		55.9
Renal transplant	36	
Liver transplant	8	
Other immunocompromised		52.3
High-dose steroid therapy	15	
Neonates	5	
Other malignancy	4	
Chronic lung disease	2	
ICU patients ("high-risk")	2	
No exact classification possible	49	
Patients without severe immunodeficiency		39.4
Thoracic surgery	25	
Cataract surgery	5	
ICU patients ("low risk")	5	
Other surgery patients	3	
TOTAL	458	55.0

16



17



18





19

## Aspergillus

- *Aspergillus* spores are **ubiquitous** (soil, fruits, vegetables, dust, decaying organic matter) in the environment
- Conidia may travel long distances as airborne particles and are inhaled by humans (several hundred spores each day)
- In most healthy persons, **spores are removed by innate defense mechanisms (macrophages)**
- **Severely immunocompromised (IC) hosts** (hematologic, solid organ transplant) **a serious complication**
- Air is normally the route of fungal spore transmission

20

## Medically-Important Mycotic Agents *Aspergillus fumigatus*



21

## AIRBORNE FUNGAL OUTBREAKS

Portal of Entry	Number of Outbreaks
Respiratory tract	27
Skin	7
Operative site	3
Peritoneal dialysis catheter	1
Mixed	1
Not stated	2

22

## AIRBORNE FUNGAL OUTBREAKS

- Shown to **increase the amount of airborne fungal spores dramatically** (and in consequence increases the risk of *Aspergillus* infection in susceptible patients)
  - Internal renovation/construction/excavation-construction is a never-ending phenomenon
  - Ceiling access
  - Contaminated or defective air supply
- Minimal airborne **concentration of *Aspergillus* necessary to cause infection in immunocompromised patients remains unknown**

23

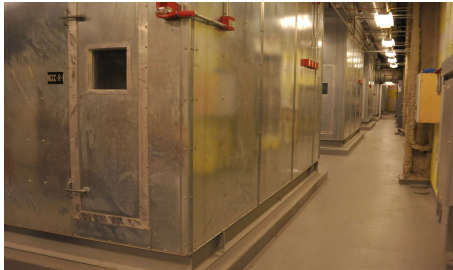
## AIRBORNE FUNGI AT UNC HEALTH CARE, 2013

- **Air sampling** conducted using **large volumes** (>1000L) to increase likelihood of detecting a low level of spores
- BMTU Air Sampling
  - 1 fungal colony (no *Aspergillus*)
- Outside Air Sampling
  - 85 fungal colonies-100L (850 fungal colonies in 1000L)

24

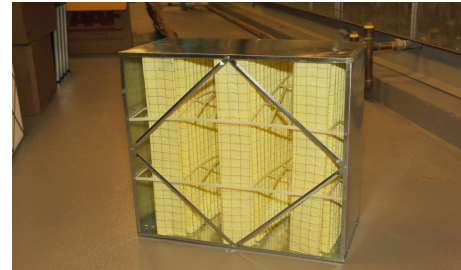


## Heating, Ventilation and Air Conditioning Four HVAC Systems In Cancer Hospital



25

## Heating, Ventilation and Air Conditioning MERV 14 (90-95% in 0.3-1u)



26

## RELEVANT GUIDELINES

- 2003: Guidelines for preventing health-care-associated pneumonia (HICPAC)
- 2003: Guidelines for environmental infection control in health-care facilities (CDC, HICPAC)
- 2000: Guidelines for preventing opportunistic infections among hematopoietic stem cell transplant recipients (CDC, IDSA, ASBMT)
- American Institute of Architects Academy of Architecture for Health. Guidelines for Design and Construction of Hospital and Health Care Facilities, 2006. (telephone #: 888-272-4115)
- Construction and Renovation, 3rd Edition, and Infection Prevention for Construction DVD, Association for Professionals in Infection Control and Epidemiology, 2007 (\$173 member price) APIC store: [www.apic.org/](http://www.apic.org/)
- APIC Text of Infection Control and Epidemiology, 3rd ed. Association for Professionals in Infection Control and Epidemiology, 2009. [www.apic.org/](http://www.apic.org/)
- ASHRAE - American Society of Heating, Refrigeration and Air Conditioning Engineers

27

## INFECTION CONTROL RISK ASSESSMENT (ICRA)

- **ICRA is a multidisciplinary**, organizational, documented process that after **considering the facility's patient population and type of construction project (non-invasive to major demolition)**:
  - **Focuses on reduction of risk from infection**
  - Acts through phases of facility planning, design, construction, renovation, facility maintenance and
  - Coordinates and weights knowledge about infection, infectious agents, type of construction project and care environment permitting the **organization to anticipate potential impact**

28

## 1-DETERMINING CONTROL MEASURES

Identify type of Construction

- Type A – Inspection and non-invasive activities
- Type B – Small scale, short duration, minimal dust and debris
- Type C – Larger scale, longer duration activities that create moderate amount of dust and debris
- Type D – Major demolition and construction

2021 American Society for HC Engineering of the AHA

29

## 2-DETERMINING CONTROL MEASURES

Patient Risk Groups

- **Low risk** – Non patient care areas i.e., office areas, public areas-Change from prior
- **Medium risk** – Patient care support areas i.e., waiting areas, clinical engineering, kitchen, sterile processing (dirty side)
- **High risk** – Patient care areas i.e., patient rooms and areas, all inpatient nursing units, ER, employee health, pharmacy, medication rooms, imaging suites, diagnostic imaging laboratory
- **Highest risk** – Procedural, invasive, sterile support and highly compromised patient care areas i.e., all ICUs and, oncology, surgical suites (OR, PACU), **procedural suites**, pharmacy compounding, sterile processing (clean side), dedicated isolation units, **invasive imaging suites**

30



### 3-DETERMINING CONTROL MEASURES

Table 3 - Class of Precautions:

Patient Risk Group	Construction Project Type			
	TYPE A	TYPE B	TYPE C	TYPE D
LOW Risk Group	I	II	II	III
MEDIUM Risk Group	I	II	III	IV
HIGH Risk Group	I	III	IV	V
HIGHEST Risk Group	III	IV	V	V

Infection control permit and approval will be required when Class of Precautions III (Type C) and all Class of Precautions IV or V are necessary.

Environmental conditions that could affect human health, such as sewage, mold, asbestos, gray water and black water will require Class of Precautions IV for LOW and MEDIUM Risk Groups and Class of Precautions V for HIGH and HIGHEST Risk Groups.



31

### INFECTION CONTROL PRECAUTIONS BY CLASS

- Class I**
1. Perform noninvasive work activity as to not block or interrupt patient care.
  2. Perform noninvasive work activities in areas that are not directly occupied with patients.
  3. Perform noninvasive work activity in a manner that does not create dust.
  4. Immediately replace any displaced ceiling tile before leaving the area and/or at end of noninvasive work activity.

- Class II**
1. Perform only limited dust work and/or activities designed for basic facilities and engineering work.
  2. Perform limited dust and invasive work following standing precautions procedures approved by the organization.
  3. This Class of Precautions must never be used for construction or renovation activities.

32

### SURVEILLANCE<sup>1</sup>

- Maintain a high index of suspicion for healthcare-associated pulmonary aspergillosis in severely immunocompromised patients (ANC <500/mm<sup>3</sup> for 2 weeks or <100/mm<sup>3</sup> for 1 week)(IA)
- Surveillance cultures
  - Do NOT perform routine, periodic cultures of nasopharynx (IB)
  - Do NOT perform routine, periodic cultures of equipment or devices used for respiratory therapy, PFTs, or dust in rooms of HSCT recipients (IB)
  - NO recommendation for routine microbiologic air sampling before, during, or after facility construction or renovation (Unresolved)
- Perform routine surveillance of the ventilation status of PEs: room air exchanges, pressure relations, filtration efficacy (IB)

<sup>1</sup>Tablan OC, et al. Guidelines for preventing health-care-associated pneumonia. 2003

33

### PREVENTION

- Well designed and maintained ventilation system
  - Appropriate placement of intake ducts
  - Filter all hospital air (90-95% efficient filters)
  - Maintain filter integrity
  - Maintain appropriate pressure relationships
  - Proper maintenance of fans and filters
- Review all construction and renovation activities
- HEPA filters in HVAC in "high" risk areas

34

### PREVENTION

- Procedures during construction and renovations
  - Seal hospital construction areas behind impervious barriers
  - Clean construction area daily (i.e., remove dust)
  - Assure that ventilation system does not transport dust from inside construction area to other locations
  - Move immunocompromised patients from adjacent areas
  - Thoroughly clean construction area prior to patient use
  - Conduct surveillance for airborne fungal infections
  - Avoid transporting construction material through patient areas

35

### AIR-HANDLING SYSTEMS IN HCF

- Ensure HVAC filters are properly installed and maintained (IB)
- Monitor areas with special ventilation (AII, PE) for ACH and pressure differentials (IB)
- Inspect filters periodically (IC)
- Ensure intakes (>6 ft above ground) and exhaust outlets (>25 ft from intake) are located properly (IC)

36



## Heating, Ventilation and Air Conditioning

### Filter Bank of MERV 8



37

## AIR-HANDLING SYSTEMS IN HCF

- Do not use through-the-wall ventilation units (air induction ventilation) for PE (IC)
- **Seal windows with centralized HVAC**, especially PE areas (IB, IC)
- **Do not shut down HVAC** for other than required maintenance, filter changes, and construction (IB, IC); coordinate to allow relocation of immunocompromised (IC)
- **Keep emergency doors and exits in PE (protective environments) closed** (II)

38

## Windows Closed



39

## CONSTRUCTION, RENOVATION, REPAIR

- **Establish a multi-disciplinary team to coordinate construction** (IB, IC)
- **Educate both the construction team and healthcare staff** in IC patient-care areas about the airborne infection risk (IB)
- **Incorporate mandatory adherence agreements for infection control into construction contracts** (IC)

40

## CONSTRUCTION, RENOVATION, REPAIR

- **Using active surveillance**, monitor for airborne infections in immunocompromised patients (IB)
- **Implement infection control measures**: define the need for barriers (IB), ensure proper operation of the HVAC system (IB), implement dust control measures (IB), relocate IC patients as needed (IB), clean work zones daily (IB), create negative pressure in work areas relative to adjacent patient-care areas (IB), provide crews with designated entrances, corridors, elevators (IB)

41

## SPECIAL HEALTHCARE SETTINGS

High Risk Patients (PE, Solid Organ Transplants, Neutropenic)

- Planning new units for high-risk patients
  - **Air-filtration**: **Install HEPA filters** (99.97% efficient in filtering 0.3μ-sized particles) either centrally or point of use (IB)
  - **Directed airflow**: Place air-intake and exhaust ports so that room **air flows across patient's bed** and exits on opposite side of the room (IC)
  - **Well-sealed room** (IB)
  - **Room-air pressure**: Maintain room at **positive pressure** with respect to corridor (IB)
  - **Room-air changes**: Maintain at **≥12 per hour** (IC)

42



## SPECIAL HEALTHCARE SETTINGS

High Risk Patients (PE, Solid Organ Transplants, Neutropenic)

- Do not routinely use laminar airflow (100-400 ACH) in PE (II).
- **Minimize exposure of high-risk patients to activities that might cause aerosolization of fungal spores** (eg, vacuuming, disruption of ceiling tiles) (IB)
- Patients leave their room, provide respiratory protection (eg, N95, surgical mask) (II)
- **Minimize time the IC patients are outside their rooms** for diagnostic procedures and other activities (IB)

43

## SPECIAL HEALTHCARE SETTINGS

(Airborne Infection Isolation-AII)

- Planning new or renovating All units
  - **Directed airflow: exhaust air to the outside**, away from air-intake and populated areas (IC)
  - **Well-sealed room** (IB)
  - **Room-air pressure:** Maintain continuous **negative room** with respect to corridor; monitor air pressure periodically (IB); install self-closing doors (IC)
  - **Room-air changes:** Maintain at **≥12 per hour** (IB)

44

## SPECIAL HEALTHCARE SETTINGS

(Operating Rooms)

- Infection control measures for operating rooms
  - **Room-air pressure:** Maintain **positive-pressure** ventilation with respect to corridors and adjacent areas (IC)
  - **Room-air changes:** Maintain at **≥15 per hour** (IC) with at least 3 ACH of fresh air (**20 AC/hr** per FGI)
  - **Directed Airflow:** Introduce air at the ceiling and exhaust air near the floor (IC)
  - **Doors:** Keep room doors closed except for essential personnel, patients, equipment; limit entry to essential personnel (IB)

45

## SPECIAL HEALTHCARE SETTINGS

(TB in Operating Rooms)

- If possible, last case of the day to allow for maximum removal of air contaminants (II)
- OR personnel should use **N95 respirators** (IC)
- **Intubate in the OR or All** (IB); extubate in All (IB); **keep OR door closed after intubation until 99.9% air contaminants are removed** (IC)
- **Use portable HEPA if the ACH does not meet specifications for negative pressure** (II)

46

## Portable HEPA Units

Rutala et al. ICHE 1995;16:391

Can rapidly reduce levels of airborne particles (0.3μ, for example, 90% in ~5 m); used in construction worksite and reduce risk to TB exposure.



47

## SUMMARY

- Airborne fungal infections cause significant morbidity and mortality for immunocompromised patients
- Despite understanding of the usual sources and reservoirs of these pathogens outbreaks continue to occur
- Well-designed and maintained ventilation systems and use of proper infection control techniques during construction will prevent most fungal outbreaks

48



## SUMMARY

- Surveillance is key to early detection of outbreaks
- In the event of an outbreak careful evaluation of cases and an environmental evaluation will usually uncover a correctable cause
- New tools of molecular epidemiology may prove useful to link specific reservoirs with outbreaks

49

## GUIDELINE FOR ENVIRONMENTAL INFECTION CONTROL IN HEALTHCARE FACILITIES

- Review recommendations for:
  - Air
  - **Water**
  - Environmental Services
  - Environmental Sampling
  - Laundry and Bedding
  - Animals in Healthcare Facilities
  - Regulated Medical Waste

50

## Water As A Source of Nosocomial Outbreaks



51

## WATER RESERVOIRS

- Potable water
- Sinks
- Faucet aerators
- Showers
- Tub immersion
- Toilets
- Dialysis water
- Ice and ice machines
- Water baths
- Flowers
- Eye wash stations

52

## WATER AS A SOURCE OF NOSOCOMIAL OUTBREAKS

53

## WATER RESERVOIRS

Rutala, Weber. ICHE 1997;18:609

Reservoir	Associated Pathogen(s)	Transmission	Importance*	Prevention and Control
Potable water	<i>Pseudomonas</i> , <i>Mycobacteria</i> , <i>Legionella</i>	Contact	Moderate	Follow public health guidelines
Sinks	<i>Pseudomonas</i>	Contact, droplet	Low	Use separate sinks for handwashing and disposal of contaminated fluids
Faucet aerators	<i>Pseudomonas</i>	Contact, droplet	Low	No precautions necessary at present
Showers	<i>Legionella</i>	Inhalation	Low	Prohibit use in immunocompromised patients
Ice and ice machines	<i>Legionella</i> , <i>Enterobacter</i> , <i>Pseudomonas</i> , <i>Salmonella</i> , <i>Cryptosporidia</i>	Ingestion, contact	Moderate	Periodic cleaning; use automatic dispenser (ie, avoid open chest storage compartments in patient areas)
Eyewash stations	<i>Pseudomonas</i> , <i>Legionella</i> , <i>Aeroba</i>	Contact	Low	Have available sterile water for eye flush or weekly (or monthly) flush eyewash stations
Dental-unit water systems	<i>Pseudomonas</i> , <i>Legionella</i> , <i>Spirillum</i> , <i>Actinobacter</i>	Contact	Low	Clean water systems
Dialysis water	Gram-negative bacilli	Contact	Moderate	Follow guidelines: dialysate <2,000 organisms/mL; water <200 organisms/mL

54



## Healthcare Outbreaks Associated with Water Reservoir

Kanamori, Weber, Rutala. Clin Infect Dis 2016;62:1423

Clinical Infectious Diseases

INVITED ARTICLE



HEALTHCARE EPIDEMIOLOGY: Robert A. Weinstein, Section Editor

### Healthcare Outbreaks Associated with a Water Reservoir and Infection Prevention Strategies

Hajime Kanamori,<sup>1,2</sup> David J. Weber,<sup>1,2</sup> and William A. Rutala<sup>1,2</sup>

<sup>1</sup>Division of Infectious Diseases, University of North Carolina School of Medicine, and <sup>2</sup>Hospital Epidemiology, University of North Carolina Health Care, Chapel Hill

Hospital water may serve as a reservoir of healthcare-associated pathogens, and contaminated water can lead to outbreaks and severe infections. The clinical features of waterborne outbreaks and infections as well as prevention strategies and control measures are reviewed. The common waterborne pathogens were bacteria, including *Legionella* and other gram-negative bacteria, and nonbacterial pathogens, although fungi and viruses were occasionally described. These pathogens caused a variety of infections, including bacteremia and invasive and disseminated diseases, particularly among immunocompromised hosts and critically ill adults as well as neonates. Waterborne outbreaks occurred in healthcare settings with emergence of new reported reservoirs, including electronic faucets (*Pseudomonas aeruginosa* and *Legionella*), decorative water wall fountains (*Legionella*), and heater-cooler devices used in cardiac surgery (*Mycobacterium chelonae*). Advanced molecular techniques are useful for achieving a better understanding of reservoirs and transmission pathways of waterborne pathogens. Developing prevention strategies based on water reservoirs provides a practical approach for healthcare personnel.

**Keywords:** waterborne outbreaks; healthcare-associated infections; water; outbreaks.

55

## Healthcare Outbreaks Associated with Water Reservoir

Kanamori, Weber, Rutala. Clin Infect Dis 2016;62:1423

Table 2. Summary of Key Issues and Infection Prevention Strategies Against Waterborne Outbreaks by Major Water Reservoir in Healthcare Settings

Reservoir	Key Issues	Infection Prevention Strategies
Potable water, tap water, and hospital water systems	Potable water is not sterile, and pathogenic waterborne organisms may exist at potable water at acceptable levels of coliform bacteria (<1 coliform bacterium/100 mL). Healthcare-associated outbreaks have been associated with contaminated potable water. Sanitization devices are often placed with potable water, which may lead to contamination of the equipment and subsequent healthcare-associated infections. Common pathogens include <i>Pseudomonas aeruginosa</i> , <i>Legionella</i> , and <i>NTM</i> .	Follow public health guidelines. Hold water temperature at the outlet at the highest temperature (above 50°C, preferably >55°C). Do not drink tap water. Maintain standards for potable water (<1 coliform bacterium/100 mL). Rinse sanitization equipment with sterile water. Filtered water, or hot water followed by distilled water. Some require a back-siphonage prevention device (monitoring of water samples for growth of <i>Legionella</i> ). Laboratory detection can be technically difficult, temporary, and expensive. Potential methods of eradication include filtration, ultraviolet, or chemical treatment (chlorine, hypochlorite, and copper-silver ionization [0.4–0.6 ppm and 30–50 ppm, respectively]).
Sinks	Contamination of sinks with gram-negative bacteria has been reported. Some studies demonstrate a transmission link between a colonized sink and infected patients. Some studies describe that multidrug-resistant gram-negative bacteria are associated with contaminated sinks. Green-negative bacteria can survive wet environments, including sinks, for a long time (>200 d). Transmission can be caused by splashing of water droplets from contaminated sinks to hands of healthcare personnel, followed by transient colonization of hands. Common pathogens include gram-negative bacilli, <i>Pseudomonas aeruginosa</i> , and <i>Legionella</i> .	Use separate sinks for handwashing and disposal of contaminated fluids. Decontaminate a sink as a reservoir if epidemic spread of gram-negative bacteria was sink is suspected.
Faucet aerators	Faucet aerators may serve as a platform for accumulation of waterborne pathogens. Potential pathogens include <i>Pseudomonas</i> , <i>Stenotrophomonas</i> , and <i>Legionella</i> .	Routine screening and disinfection or permanent removal of all aerators are not warranted at present. No precautions necessary at present. For <i>Legionella</i> outbreaks, clean and disinfect faucet aerators in high-risk patient areas periodically, or consider removing them in the case of additional infections.
Showers	Some outbreaks are linked to contaminated shower heads or installation of aerators. Common pathogens include <i>Pseudomonas aeruginosa</i> , <i>NTM</i> , group A <i>Streptococcus</i> , and <i>Aspergillus</i> .	Prohibit use of showers in neurologic patients. Control <i>Legionella</i> contamination of potable water.
Ice and ice machines	Patients can acquire pathogens by drinking ice or ingesting oral drinks, or use of contaminated ice for cooling medical procedures and equipment. Large outbreaks occurred where ice machines have become contaminated and ice used for cooling patients' water. Common pathogens include <i>Pseudomonas</i> , <i>Stenotrophomonas</i> , <i>Legionella</i> , and <i>Aspergillus</i> .	Do not handle ice by hand. Do not store pharmaceuticals or medical solutions on ice for consumption. Use automatic dispenser rather than open chest storage compartments. Clean and disinfect catchage device regularly.

56

## Healthcare Outbreaks Associated with Water Reservoir

Kanamori, Weber, Rutala. Clin Infect Dis 2016;62:1423

Eye wash stations	Stationary and portable eye wash stations may not be used for months or years. The water source may stand in the incoming pipes at room temperature for a long period. Pathogens, including <i>Pseudomonas</i> , <i>Legionella</i> , and <i>Aspergillus</i> , could be transmitted.	Use sterile water for eye flush or regularly (eg, monthly) flush eye wash stations.
Dental unit water systems	Potable water usually supplies dental units. Water delivered to dental devices (eg, dental handpieces and air/water syring) as well as dental unit water lines may be contaminated. Immunocompromised patients may be at risk for infection. Pathogens, including <i>Salmonella</i> , <i>Pseudomonas</i> , <i>Acinetobacter</i> , <i>Legionella</i> , and <i>NTM</i> , have been recovered from water supplies in dental units.	Clean dental water systems. Flush with water and disinfectant solution, or use of clean-water system that put sterile water into the dental unit. Flush dental instruments with water and air for 20–30 sec from any dental device connected to the dental water system that enters the patient's mouth (eg, handpiece). Ensure that water in dental unit meets standards (<500 CFU/mL).
Dialysis water	Excessive levels of gram-negative bacilli in the dialysate were responsible for pyrogenic reactions in patients or bacteremia, which was caused by bacteria or endotoxin entry into the blood from the contaminated dialysate.	Follow AAMI standards for quality assurance performance of dialysis devices. Disinfect water distribution system on a regular basis. Perform microbiological testing and endotoxin testing for water in dialysis settings regularly. Maintain dialysis water input (<200 CFU/mL and dialysate output) <200 CFU/mL per CWS.
Water and ice baths	Contaminated water baths were used to thaw or warm blood products (fresh plasma, cryoprecipitate) or peritoneal dialysate bottles, followed by contamination of the infusate caused during preparation. Contaminated ice baths were used to cool syringes or bottles of saline in measuring cardiac output. Potential pathogens include <i>Pseudomonas</i> , <i>Acinetobacter</i> , <i>Burkholderia</i> , <i>Staphylococcus</i> , and <i>Enterobacter</i> .	Consider routine cleaning, disinfection, and changing of water in water baths. Add peroxide to water bath or use plastic overwrap of blood products and keep the surfaces dry. Use sterile water in ice baths for at room temperature used for intravascular catheters.

1430 • CID 2016;62 (1 June) • HEALTHCARE EPIDEMIOLOGY

57

## Healthcare Outbreaks Associated with Water Reservoir

Kanamori, Weber, Rutala. Clin Infect Dis 2016;62:1423

Reservoir	Key Issues	Infection Prevention Strategies
Bathing, tub immersion, and hydrotherapy	Tub immersion used in hospitals for physical hydrotherapy and for cleaning of wounds can result in cross-contamination, transmission from environmental reservoirs, or contamination of water. Outbreaks have occurred related to water immersion. Water contamination of central venous catheters during bathing. Potential pathogens include <i>Pseudomonas</i> , <i>Enterobacteriaceae</i> , <i>Candida</i> , <i>Acinetobacter</i> , <i>Legionella</i> , <i>Aspergillus</i> , and <i>NTM</i> .	Adhere strictly to proper disinfection of tub between patients. Drain and clean tubs and basins after use of each patient, and disinfect surfaces and components according to the manufacturer's instructions. Use of sterile water for tub immersion and 0.5 ppm in tubs/basins per CDC. Disinfect after each use. Other culture sites with tubs/basins include cleaning.
Turkey	Transmission can be caused by aerosolization of fecal bacteria via bathroom or kitchen plumbing system by hand flushing, eg, for multiple or neurologically impaired patients, or children. Potential pathogens include <i>Escherichia coli</i> , <i>Salmonella</i> , <i>Pseudomonas</i> , <i>Staphylococcus</i> , <i>Burkholderia</i> , <i>Acinetobacter</i> , and <i>Enterobacteriaceae</i> .	Facilitate good handwashing practices. Clean and disinfect surfaces with disinfectants. Avoid use of hand flushing. No return to your disinfectant into bowl. Separate toilet bowl from other toilet surfaces.
Flowers and vases	Flower vases and potted plants are heavily colonized with potential pathogens, including <i>Acinetobacter</i> , <i>Stenotrophomonas</i> , <i>Pseudomonas</i> , <i>Legionella</i> , <i>Burkholderia</i> , <i>Acinetobacter</i> , <i>Enterobacteriaceae</i> , and <i>Stenotrophomonas</i> . No health-care-associated cases directly linked to flower vases or potted plants have been reported.	Prohibit fresh flowers and potted plants in the rooms of immunocompromised and CDI patients. Do not add antimicrobial agent to vase water and discard vases after use.
Electronic faucets	Electronic faucets were found to be contaminated by several waterborne pathogens that have been associated with outbreaks associated with electronic faucets include a larger distance between the valve and the tip, resulting in a larger column of water and more air in the water production of faucets, reduced water flow, reduced flushing effect (spray) (faucet), and more water made of water (faucet) (faucet).	Electronic faucets need to be designed so that they do not promote the growth of microorganisms. No guidelines that some authors have recommended to suppress electronic faucets in high-risk patient care areas (eg, NICU, ICU). Some have recommended periodic monitoring of water samples for growth of <i>Legionella</i> .
Decorative water wall fountains	<i>Legionella pneumophila</i> cases associated with decorative water wall fountains have been reported. There is an uncharacteristic risk in hospitals serving immunocompromised patients (eg, with <i>Legionella</i> pneumonia).	Avoid installation, especially in healthcare facilities serving immunocompromised patients or in areas serving for high-risk patients. Perform maintenance regularly and monitor water safety device status.
Heater-cooler units	Healthcare-associated <i>Acinetobacter baumannii</i> outbreaks due to heater-cooler units during cardiac surgery in a water source has been recently reported. Airborne transmission from contaminated heater-cooler unit water.	Ensure that heater-cooler units are safe and properly maintained according to the manufacturer's instructions. Enhance vigilance for <i>Acinetobacter</i> infections in patients after cardiac surgery. Use of heater-cooler units. Perform maintenance and monitor results of surgical procedures within several areas after cardiac surgery.
Miscellaneous	Potential reservoirs include distilled water or container (bottles) with <i>Enterobacteriaceae</i> and <i>B. cepacia</i> water tanks. Outbreaks have been linked to heater-cooler units, water cooler (gastrointestinal illness), hot water ( <i>Acinetobacter baumannii</i> infection), electronic water ( <i>Acinetobacter baumannii</i> infection), and heater-cooler units ( <i>Acinetobacter baumannii</i> infection). Heater-cooler units used in cardiac surgery ( <i>Acinetobacter baumannii</i> infection).	Consider control measures based on risk assessment by each reservoir when available.

58

## LEGIONELLA: EPIDEMIOLOGY

- 10,000 - 40,000 cases/yr (1–5% of adult pneumonia)
- Reservoir: **Ubiquitous in aquatic environments**
- Associated with devices that produce potable or non-potable water aerosols** (e.g., cooling towers, evaporative condensers, showers, faucets, decorative water fountains, whirlpool baths, ice machines, medication nebulizers, nasogastric feedings diluted in tap water)
- Transmission: **Inhalation of aerosols** (no person-to-person transmission)

59

## Facility Requirements to Prevent *Legionella* Infections

Facilities must develop and adhere to policies and procedures that inhibit microbial growth in building water systems that reduce the risk of growth and spread of *Legionella* and other opportunistic pathogens in water.

DEPARTMENT OF HEALTH & HUMAN SERVICES  
Centers for Medicare & Medicaid Services  
7500 Security Boulevard, Mail Stop C2-21-16  
Baltimore, Maryland 21244-1850



Center for Clinical Standards and Quality/Survey & Certification Group

DATE: June 02, 2017

TO: State Survey Agency Directors

FROM: Director

SURVEY and Certification Group

SUBJECT: Requirement to Reduce *Legionella* Risk in Healthcare Facility Water Systems to Prevent Cases and Outbreaks of Legionnaires' Disease (LD)

Ref: S&C 17-30-ALL

### Memorandum Summary

**• Legionella Infections:** The bacterium *Legionella* can cause a serious type of pneumonia called LD in persons at risk. Those at risk include persons who are at least 50 years old, smokers, or those with underlying medical conditions such as chronic lung disease or immunosuppression. Outbreaks have been linked to poorly maintained water systems in buildings with large or complex water systems including hospitals and long-term care facilities. Transmission can occur via aerosols from devices such as showerheads, cooling towers, hot tubs, and decorative fountains.

60



## CONTROLLING WATERBORNE MICROORGANISMS

- Water Systems in HCF
  - **Hot water temp at the outlet at the highest temp allowable, preferable >124°F (IC)**
  - When state regulations do not allow hot water temp >120°F, chlorinate the water or periodically increase >150°F (II)
  - Water disruptions: post signs and do not drink tap water (IB, IC)

61

## LEGIONELLA What's in your water?



62

## LEGIONELLA: CONTROL MEASURES

- Establish **surveillance system to detect Legionnaires disease (IB)**; provide clinicians with lab tests (e.g., urine antigen, DFA, culture)
- **No recommendation on culturing water** in HCF that do not have patients at high-risk for *Legionella* (transplant)(unresolved issue)
- **One laboratory-confirmed case of *Legionella*, or two cases suspected in 6 mo in facility that does not treat IC patients, conduct epidemiological investigation (IB).**

63

## LEGIONELLA: CONTROL MEASURES

- **One case in IC patient, conduct a combined epidemiological and environmental investigation (IB)**
- **If evidence of HA transmission, conduct environmental investigation to determine source:** collect water samples from potential source of aerosolized water and subtype isolates of *Legionella* from patients and environment (IB)
- **If source identified, institute water system decontamination (IB)** and assess the efficacy of implementing control measures (IB)
- Culturing for *Legionella* in water from transplant units can be performed as part of comprehensive strategy (II)

64

## LEGIONELLA: CONTROL MEASURES

- If *Legionella* spp are detected in water of a transplant unit, do the following:
  - **Decontaminate the water supply (IB)**
  - **Restrict immunocompromised patients from showers (IB)**
    - Use non-contaminated water for sponge baths (IB)
    - Provide sterile water for drinking, tooth brushing (IB)
    - Do not use water from faucets in patient rooms (IB)

65

## DIALYSIS WATER

- Excessive levels of gram-negative bacilli in the dialysate have been responsible for pyrogenic reactions in patients
- Hazard caused by bacteria or endotoxin gaining entrance into the blood from the dialysate

66



## DIALYSIS WATER

### Control Measures

- **Sample dialysis water (input) monthly (IA)**
    - **Maintain water <200 bacteria/mL\***
  - Sample dialysate (output) monthly (IA)
    - Maintain water <2,000 bacteria/mL
  - Perform endotoxin testing (IA)
  - Disinfect water distribution system on a regular basis (monthly recommended) (IA)
- \*AAMI (2014) has a lower water quality standard for dialysis water (<100 CFU/ml)

67

## ICE AND ICE MACHINES

- Occasional source for nosocomial outbreaks
- Large outbreaks have developed when ice machines have become contaminated and ice used for cooling drinking water
- Typical pathogens
  - *Mycobacteria*
  - *Cryptosporidium*
  - *Salmonella*
  - *Legionella*

68

## ICE AND ICE MACHINES

### Control Measures

- **Do not handle ice by hand (II)**
- **Use scoop to dispense ice** and keep scoop on chain (not in ice bin)(II)
- Do not store pharmaceuticals or medical solutions on ice intended for consumption (IB)
- **Limit access to ice-storage chests (II)**
- **Machines that dispense ice are preferred (II)**
- **Clean and disinfect ice-storage chests on a regular basis** (eg, monthly)(II)

69

## HYDROTHERAPY TUB



70

## HYDROTHERAPY TANKS AND POOLS

- Used in hospitals for physical therapy for cleaning of burn wounds and birthing
- Skin infections have occurred related to water immersion
  - "Hot tub" folliculitis
  - Cellulitis (rare)
- Typical pathogens
  - Folliculitis: *Pseudomonas aeruginosa*
  - Cellulitis: *Citrobacter*

71

## HYDROTHERAPY TANKS AND POOLS

- **Drain after each patient, and disinfect surfaces and components per recommendations (II)**
- Add disinfectant to the water: 15 ppm in small hydrotherapy tanks and 2-5 ppm in whirlpools (II)
- Disinfect after using tub liners (II)
- No recommendation for antiseptic in water during hydrotherapy session (unresolved)

72



## DENTAL UNIT WATER

- Problem: **Water delivered to dental handpieces and air/water syringes may become contaminated**
- Contamination level =  $10^2$ - $10^6$  microorganisms/ml
- Risk for disease acquisition most likely with immunocompromised patients
- Control measures (between patients)
  - Flush dental instruments with water and air for 20-30s from any dental device connected to the dental water system that enters the patient's mouth (e.g., handpieces)(II)
  - **Ensure water in dental unit meets standards (<500 CFU/ml- EPA Drinking Water Standard)(IC)**

73

## Water Wall Fountains and Electronic Faucets



74

## Water Walls Linked to Legionnaires'

- Palmore et al. ICHE 2009;30:764
  - **2 immunocompromised patients exposed to decorative fountain** in radiation oncology; isolates from patients and fountain identical; disinfection with ozone, filter and weekly cleaning
- Houpt et al. ICHE 2012;33:185
  - Lab-confirmed Legionnaires disease was dx in 8 patients; **6 had exposure to decorative fountain** (near main entrance to hospital); high counts of *Legionella pneumophila* 1 **despite disinfection and maintenance**

75

## Water Walls and Decorative Water Fountains

**Present unacceptable risk** in hospitals serving immunocompromised patients (even with standard maintenance and sanitizing methods)

76

## Electronic Faucets A Possible Source of Nosocomial Infection?



77

## Electronic Faucets

- Conserve water
- Conserve energy
- Hygienic
- Hands free
- Barrier free

78



## Electronic (E) vs Handle-Operated (HO) Faucets

- **100% E vs 30% HO *Legionella*** (no cases). Halabi et al. JHI 2001;49:117
- Significant difference HPC levels between brand A (32%) and B (8%) E compared to HO (11%). Hargreaves et al. 2001; 22:202
- No difference in *P. aeruginosa*. Assadian et al. ICHE. 2002;23:44.
- **73% E** samples did not meet water std vs **0% HO**
- **29%** of water samples from E and **1%** from HO yielded *P. aeruginosa*. Merrer et al. Intensive Care Med 2005;31:1715
- **95% E** grew *Legionella* compared to **45% HO** (water-disruption events). Syndor et al. ICHE; 33:235

79

## Issues Associated with Electronic Faucets

- **A longer distance between the valve and the tap, resulting in a longer column of stagnant, warm water, which favors production of biofilms**
- **Reduced water flow**; reduced flushing effect (growth favored)
- Valves and pipes made of **plastic** (enhances adhesion *P. aeruginosa*)

80

## Prevention Measures

- Electronic faucets constructed so they do not promote the growth of microorganisms
- A potential source of nosocomial pathogens
- **No guideline (but some have recommended) to remove electronic faucets from at-risk patient care areas (BMTU)**
- **Some have recommended periodic monitoring of water samples for growth of *Legionella***
- **More data are needed to establish role in HAIs**

81

## GUIDELINE FOR ENVIRONMENTAL INFECTION CONTROL IN HEALTHCARE FACILITIES

- Review recommendations for:
  - Air
  - Water
  - **Environmental Services**
  - Environmental Sampling
  - Laundry and Bedding
  - Animals in Healthcare Facilities
  - Regulated Medical Waste

82

## TRANSMISSION

- Person to person
  - Airborne: Influenza
- Environment to person
  - Airborne: *Aspergillus*
- Person to environment to person
  - *Enterococcus* (VRE), *S. aureus* (MRSA)
- Person to fomite (e.g., bronchoscope) to person
  - Indirect contact: Tuberculosis (MDR-TB)

83

## ENVIRONMENTAL SURFACES

- **Disinfect noncritical medical equipment surfaces with an EPA-registered hospital disinfectant (II)**
- Keep housekeeping surfaces visibly clean using an EPA-registered disinfectant (II) or detergent and water
- Clean walls, blinds, and window curtains when visibly soiled (II)
- Do not do disinfectant fogging (IB)
- Clean/disinfectant blood spills per OSHA (IC)
- Prepare cleaning solutions daily or as needed (II)

84



## CARPETS

- Carpets are heavily colonized with potential pathogens ( $10^5$  bacteria/sq in)
- No evidence that carpets influence healthcare-associated infections
- **Control measures:** avoid in high-traffic zones in patient-care areas or where spills are likely (IB), clean carpet periodically (II)

85

## FLOWERS

- Flower vases and potted plants are heavily colonized with potential pathogens
  - **Vase water colonized with  $10^7$  -  $10^{10}$  bacteria/ml**
- No outbreaks directly linked to flower vases or potted plants
- **Control Measures:** **Flowers and potted plants need not be restricted from immunocompetent patients (II);** designate the care of flowers and potted plants to staff not involved in patient care (II); **do not allow fresh or dried flowers, or potted plants in patient-care areas for immunosuppressed patients (II)**

86

## SPECIAL PATHOGENS

(VRE, MRSA, *C. difficile*)

- Ensure compliance with disinfection procedures (IB)
- Pay special attention to cleaning and disinfecting high-touch surfaces (carts, charts, bedrails) (IB)
- With CP patients, use disposable items when possible (IB)
- Use appropriate handwashing and PPE during cleaning and disinfecting procedures (IB)

87

## GUIDELINE FOR ENVIRONMENTAL INFECTION CONTROL IN HEALTHCARE FACILITIES

- Review recommendations for:
  - Air
  - Water
  - Environmental Services
  - **Environmental Sampling**
  - Laundry and Bedding
  - Animals in Healthcare Facilities
  - Regulated Medical Waste

88

## MICROBIOLOGIC SAMPLING OF THE ENVIRONMENT

- History
  - Pre-1970, hospitals regularly cultured air and surfaces
  - By 1970, AHA advocated discontinuation because HAI not associated with levels of microbes in the air and surfaces; not cost-effective
  - In 1981, CDC recommended targeted sampling (eg, sterilizers and dialysis water)

89

## MICROBIOLOGIC SAMPLING OF THE ENVIRONMENT

- Targeted microbiological sampling
  - Support of an investigation of an outbreak
  - Research
  - Monitor a potentially hazardous environmental condition
  - Quality assurance

90



## MICROBIOLOGIC SAMPLING OF THE ENVIRONMENT

- Do not conduct random microbiological sampling of air, water, and surfaces (IB)
- When indicated, conduct microbiologic sampling as part of an epidemiologic investigation (IB)
- Limit microbiologic sampling for QA to: biological monitoring, dialysis water, or evaluation of infection control measures (IB)

91

## MICROBIOLOGIC SAMPLING OF THE ENVIRONMENT

- Select a high-volume sampler if level of microbial contamination are expected to be low (II)
- When sampling water, choose media and incubation temp to facilitate recovery (II)
- When conducting environmental sampling, document departures from standard methods (II)

92

## GUIDELINE FOR ENVIRONMENTAL INFECTION CONTROL IN HEALTHCARE FACILITIES

- Review recommendations for:
  - Air
  - Water
  - Environmental Services
  - Environmental Sampling
  - **Laundry and Bedding**
  - Animals in Healthcare Facilities
  - Regulated Medical Waste

93

## LAUNDRY AND BEDDING

- Although fabrics in healthcare facilities can be a source of large numbers of microorganisms  $10^6$ - $10^8$  CFU/100 cm<sup>2</sup>, **the risk of disease transmission during the laundry process appears to be negligible**
- OSHA defines **contaminated laundry** as “soiled with blood or OPIM or may contain sharps”

94

## LAUNDRY AND BEDDING

- Bag or contain contaminated laundry at the point of use (IC)
- Do not sort or pre-rinse fabrics in patient-care areas (IC)
- Do not conduct routine microbiological sampling of clean linens (IB)
- Use sterilized linens, drapes, and gowns for situations requiring sterility (IB)
- Use hygienically clean textiles (i.e., laundered) in NICU (IB)

95

## LAUNDRY AND BEDDING

- **If hot-water laundry cycles are used, wash with detergent in water at least 160°F for at least 25 min (IC)**
- If low-temperature (<160°F) cycles are used, use chemicals suitable for low temperature washing at proper use concentration (II)
- Package, transport and store clean fabrics by methods that ensure their cleanliness and protect them from dust and soil (II)

96



## LAUNDRY AND BEDDING

- Clean and disinfect mattress covers by using disinfectants that are compatible (IB)
- Keep mattresses dry (IB)
- Replace mattress if they become torn (II)
- Air-fluidized beds: change the polyester filter sheet at least weekly (II); clean/disinfect the polyester filter thoroughly, especially between patients (IB)

97

## GUIDELINE FOR ENVIRONMENTAL INFECTION CONTROL IN HEALTHCARE FACILITIES

- Review recommendations for:
  - Air
  - Water
  - Environmental Services
  - Environmental Sampling
  - Laundry and Bedding
  - **Animals in Healthcare Facilities**
  - Regulated Medical Waste

98

## ANIMALS

- **General Infection Control**
  - Minimize contact with animal saliva, urine, feces (II)
  - Practice hand hygiene after animal contact (II)
- Protection for Immunocompromised Patients
  - Conduct a case-by-case assessment to determine animal contact is appropriate (II)
  - No recommendation on pet visits to terminally IC patients outside their PE units (unresolved)

99

## SERVICE ANIMALS



100

## ANIMALS

- Service Animals
  - Avoid the use of nonhuman primates/reptiles (IB)
  - **Allow service animals unless the animal creates a threat to other persons or interferes with the provision of services (IC)**
  - **If separated from handler, designate a responsible person to supervise (II)**

101

## PET THERAPY



102



## ANIMALS

- Pet Visitation, Pet Therapy
  - Enroll animals that are fully vaccinated, healthy, clean, negative for enteric pathogens (II)
  - Ensure the animals are trained and supervised (II)
  - Conduct pet therapy in a public area of the facility (II)
  - Use routine cleaning protocols for surfaces (II)
  - Restrict animals from access to patients-care areas, ORs, isolation, PE, places where people eat (II)

103

## ANIMALS

- Animals as patients in human HCF
  - If animal brought to HCF for care, avoid use of OR or area where invasive procedures are performed (II)
  - **If reusable medical or surgical instruments are used in an animal procedure, restrict future use of these instruments to animals only (II)**

104

## GUIDELINE FOR ENVIRONMENTAL INFECTION CONTROL IN HEALTHCARE FACILITIES

- Review recommendations for:
  - Air
  - Water
  - Environmental Services
  - Environmental Sampling
  - Laundry and Bedding
  - Animals in Healthcare Facilities
  - **Regulated Medical Waste**

105

## REGULATED MEDICAL WASTE (RMW)

- **Major categories of RMW: microbiology; pathology; bulk blood; sharps (II)**
- Develop a plan for collection and disposal of RMW (IC)
- Sharps into puncture-resistant containers (IC)
- Biosafety levels 1 and 2 should autoclave on-site (II); BL 3 must autoclave/incinerate (II)
- Decontaminate blood VHF before disposal (IC)

106

## GUIDELINE FOR ENVIRONMENTAL INFECTION CONTROL IN HEALTHCARE FACILITIES

- Review recommendations for:
  - Air
  - Water
  - Environmental Services
  - Environmental Sampling
  - Laundry and Bedding
  - Animals in Healthcare Facilities
  - Regulated Medical Waste

107

Thank you

108



## REFERENCES

- Weber DJ, Rutala WA. Environmental issues and nosocomial infections. In: Prevention and Control of Nosocomial Infections. Ed: Wenzel RP. 3rd Edition. Williams & Wilkins, 1997.
- Guideline for Environmental Infection Control in Healthcare Facilities, 2003. MMWR. 52: RR-10:1-44.
- Rutala WA and DJ Weber. 1987. Environmental issues and nosocomial infections. In Farber BF, editor: Infection control in intensive care. Churchill Livingstone, New York. pp. 131-172.