

Outbreak Investigations, Emerging Pathogens, and the Role of Public Health

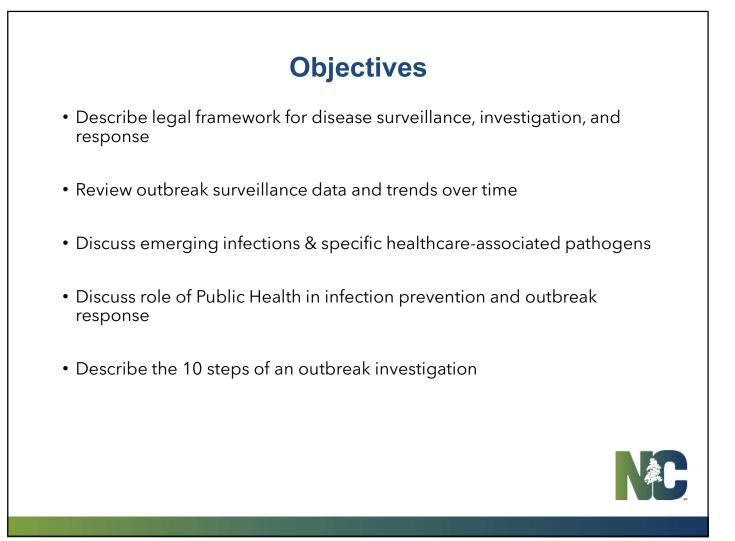
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SHARPPS Program North Carolina Division of Public Health

Fall 2024



Public Health: Legal Framework

- Public Health Laws and Rules:
 - General Statutes
 - NC Administrative Code rules
- Health Director's Authority (State & Local)
 - Surveillance
 - Investigation
 - Control Measures



Public Health Law

General Statutes §130A-144: Investigation and Control Measures

(a) The **local health director shall investigate**... cases of communicable diseases and communicable conditions reported to the local health director

(b) Physicians, persons in charge of medical facilities or laboratories, and other persons shall... permit a local health director or the State Health Director to examine, review, and obtain a copy of medical or other records...

(d) The **attending physician shall give control measures**... to a patient with a communicable disease or communicable condition and to patients reasonably suspected of being infected or exposed to such a disease or condition.

(e) The local health director shall ensure that control measures... have been given to prevent the spread of all reportable communicable diseases or communicable conditions and any other communicable disease or communicable condition that represents a significant threat to the public health.

(f) All **persons shall comply with control measures**, including submission to examinations and tests...





10A NCAC 41A .0103: Duties of local health director: report communicable diseases

(a) Upon receipt of a report of a communicable disease or condition... the **local health director** shall:

(1) immediately **investigate** the circumstances... [to] include the collection and submission for laboratory examination of specimens necessary to assist in the diagnosis and indicate the duration of control measures;

(2) determine what **control measures** have been given and ensure that proper control measures... have been given and are being complied with;

(c) Whenever an **outbreak of a disease or condition** occurs which is not required to be reported... but **which represents a significant threat to the public health**, the local health director shall give appropriate control measures... and **inform the Division of Public Health**



Public Health Law

10A NCAC 41A .0101: Reportable diseases and conditions

80+ reportable diseases and conditions

- Timeline of reporting varies between immediately and within 7 days
- Laboratory reporting requirements



Public Health Law

• 10A NCAC 41A .0106

• Infection Prevention - Reporting of Healthcare Associated Infections

• 10A NCAC 41A .0206

• Infection Prevention - Health Care Settings, 1992

• 10A NCAC 41A .0201

• General Control Measures

• 10A NCAC 41A .0202 - .0205

• Control Measures for HIV, Hepatitis B, STDs, TB

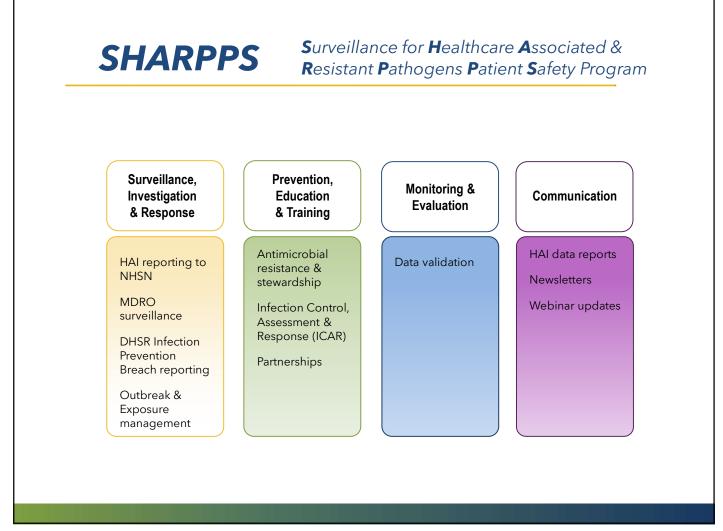


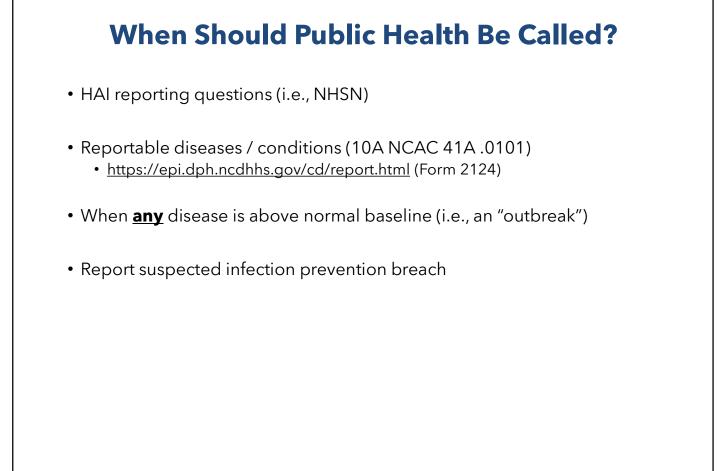
SHARPPS

Surveillance for Healthcare Associated & Resistant Pathogens Patient Safety Program

Mission

To work in partnerships to prevent, detect, and respond to events and outbreaks of healthcare-associated and antimicrobial resistant infections in North Carolina.



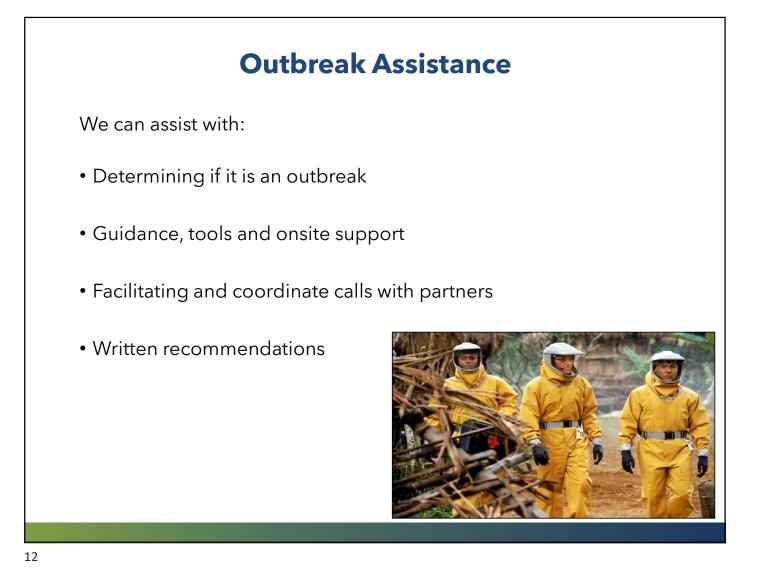


What Happens When Public Health is Called?

- Data Review
- Clinical Investigation
- Environmental Investigation
- Control Measures
- Communication (Resident/Family/Public)
- Laboratory Support







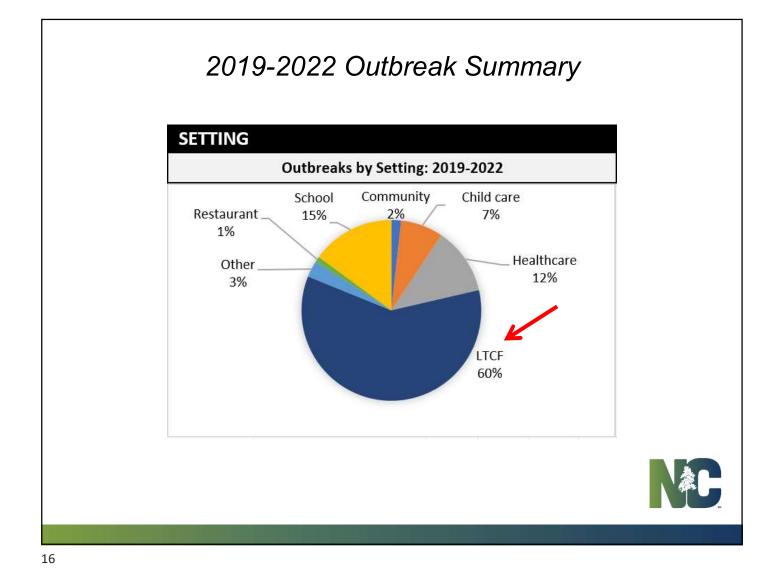
Examples of Responses

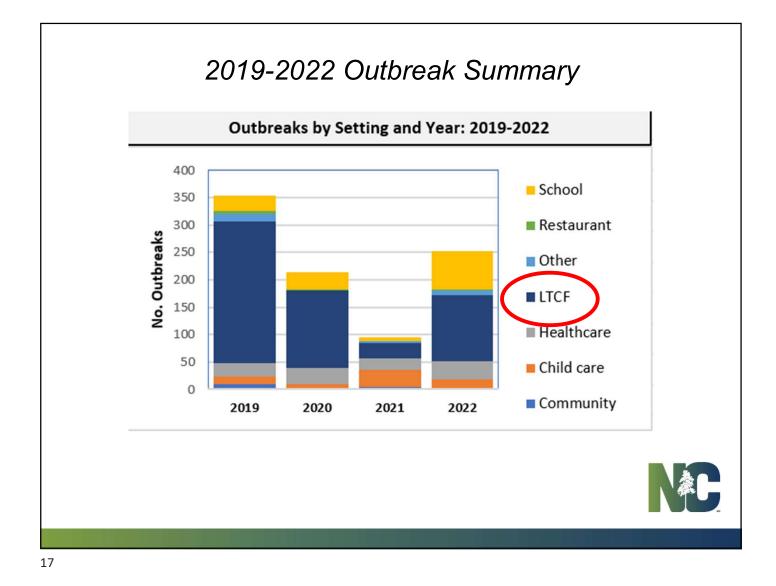
- Multidrug Resistant Acinetobacter (CRAB) in a nursing home
- Scabies in long-term care facilities
- Acute Hepatitis B among shared glucometer patients
- Potential C. auris transmission in dialysis facility
- Post-op endocarditis among patients receiving same surgical device
- Legionellosis associated with healthcare facilities
- National responses:
 - Non-tuberculosis mycobacterium (NTM) and heater-cooler units
 - Resistant Pseudomonas and artificial tears
 - Botulism-like illness following cosmetic surgery



Outbreak Summary

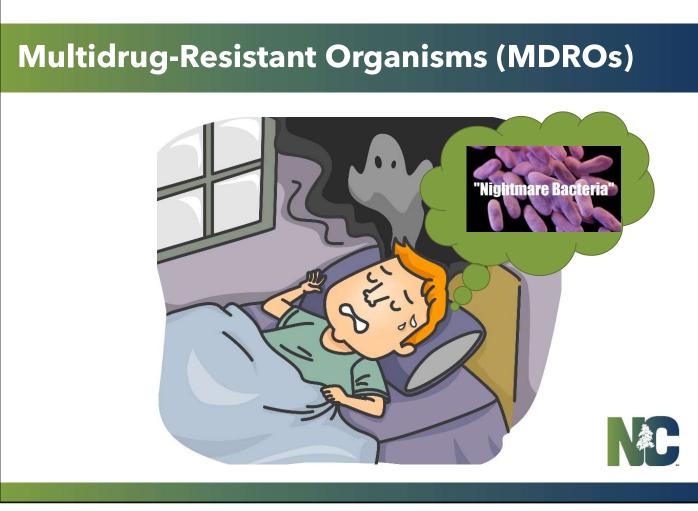


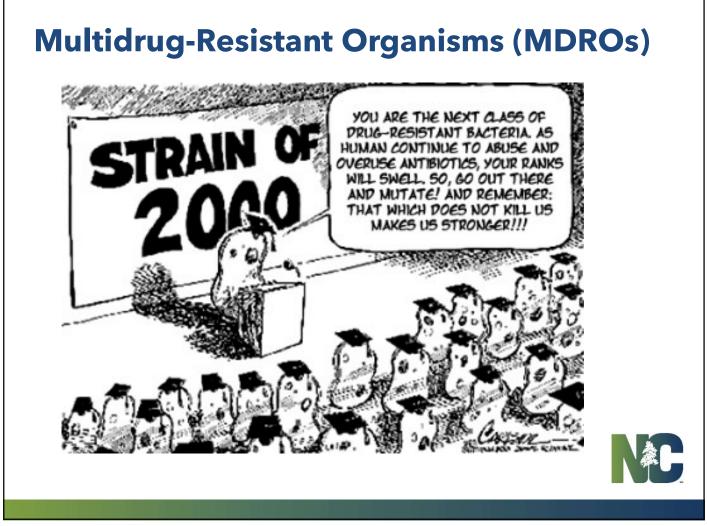




10/21/2024







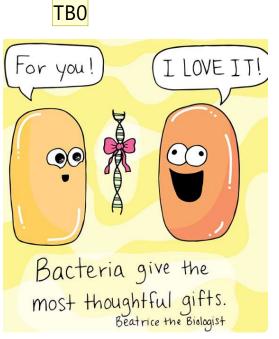
Significance of MDROs

- Affects vulnerable patient populations
- Are easily transmitted in and between healthcare / congregate care settings
- Difficult to treat
 - Require more toxic antimicrobials to treat
- Improper treatment
 - Some organisms may produce another enzyme that makes it easier to transmit resistance
- Cause increase in:
 - Mortality
 - Healthcare costs
 - Length of stays
- Estimates of economic costs vary, up to 20 BILLION dollars in direct healthcare costs



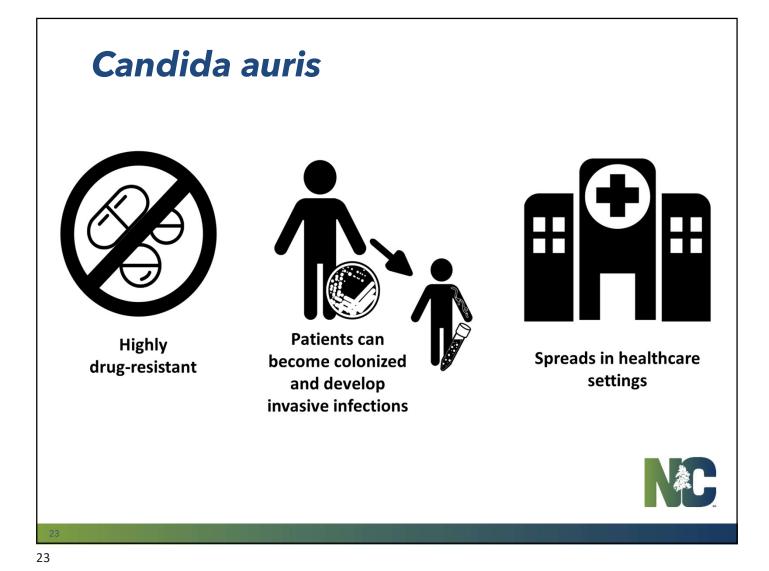
Significance of Carbapenemase-producing Organisms (CPO)

- Carbapenemase-producing organisms
 - Mobile genetic elements, such as plasmids
 - Highly resistant
- Urgent public health threat
- Over 9,000 healthcare-associated infections each year
- Up to 50% mortality



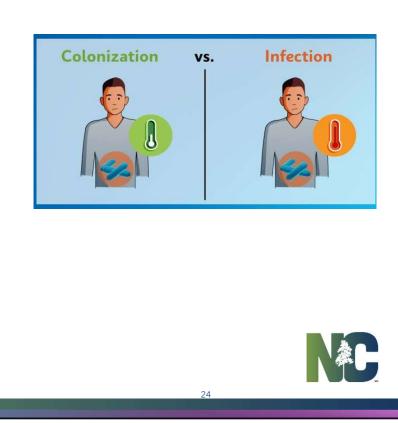


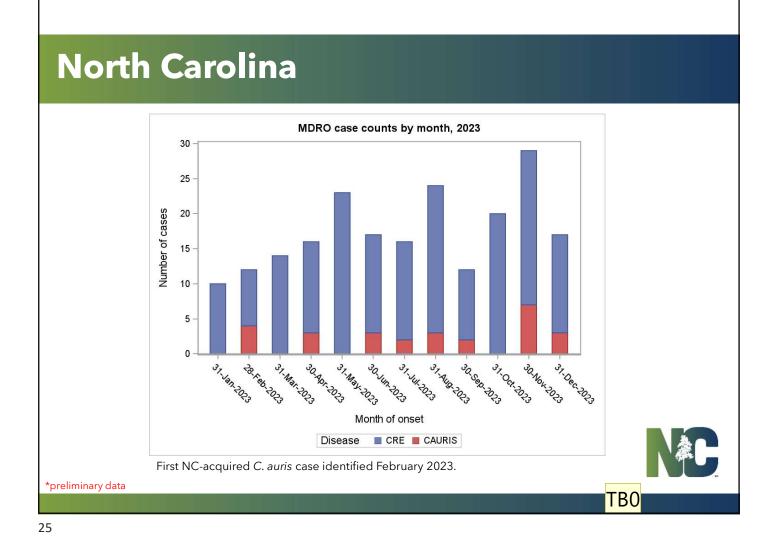
TB0 Update slide content for CPO specific info Breeyear, Taylor L, 2024-09-17T19:16:36.630



MDRO Colonization

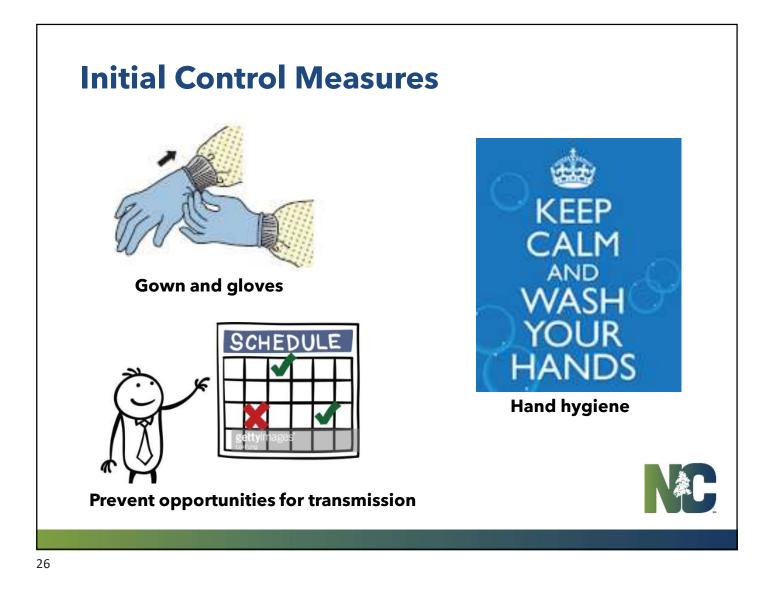
- Colonization means that a person is carrying a MDRO but does not have symptoms of an infection.
- Colonized people play a large role in the spread of MDROs to other people in healthcare settings (require infection control action).





TB0 Update

Update Breeyear, Taylor L, 2024-09-17T19:18:10.873

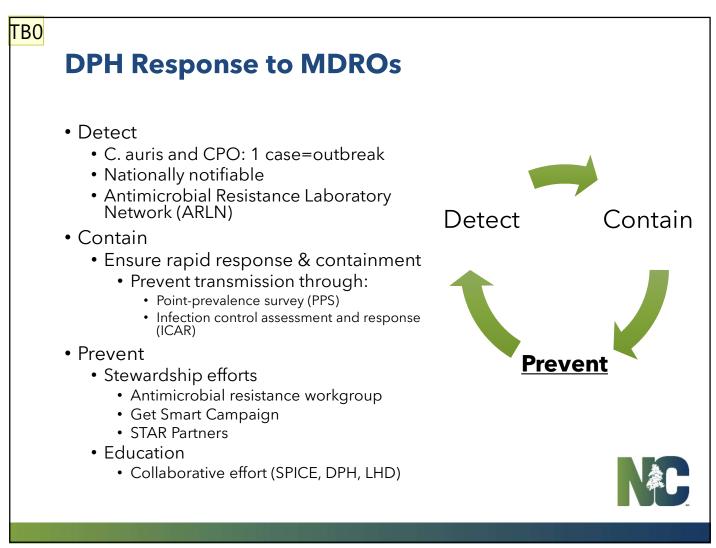


Targeted MDRO Specific InfectionPrevention MeasuresTBO

- Laboratory Notification
- Private room
 - Indefinite contact precautions for colonized and infected patients.
 - Enhanced barrier precautions in long-term care
 - For *C.auris,* with approval by DPH.
 - If necessary, cohort infected residents.
- Adherence to hand hygiene and transmission-based precautions.
- Clean with <u>List P</u> disinfectant for *C. auris*.
- Conduct screening.
- Educate staff about organism and reasons for precautions.
 Including non-clinical staff like EVS
- Review infection prevention policies and procedures.
- Communicate diagnosis with other facilities on transfer or discharge.
- Antimicrobial Stewardship



See comment on Major Findings slide Breeyear, Taylor L, 2024-09-17T19:35:24.716 TB0



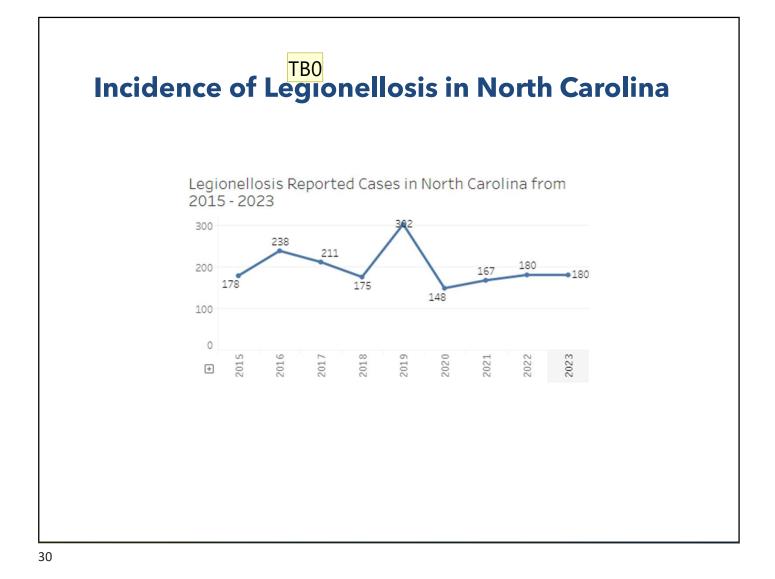
TB0 See comment on Major Findings slide. Talk more about screening collaboration with DPH Breeyear, Taylor L, 2024-09-17T19:35:51.669

Legionellosis

- Caused by inhalation Legionella pneumophilia
- Transmission: Inhalation of aerosolized water
- Risk factors
 - >50 years old, smokers, compromised immune systems
- Two manifestations:

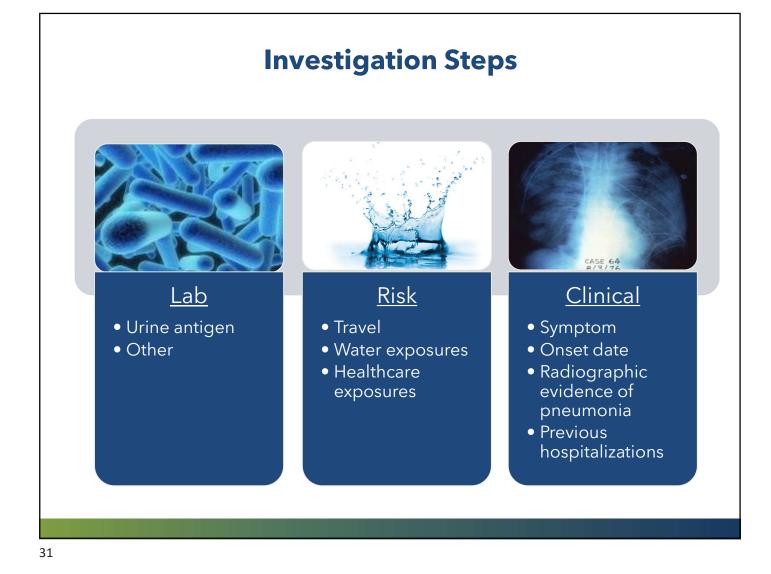
	Legionnaires' disease	Pontiac Fever
Incubation period	2-14 days	5-72 hours
Symptoms	Non-productive cough and pneumonia	Self-limited febrile illness; no pneumonia
Resolution	Typically requires antibiotics; ~15% case-fatality rate	Spontaneous recovery in 2-5 days

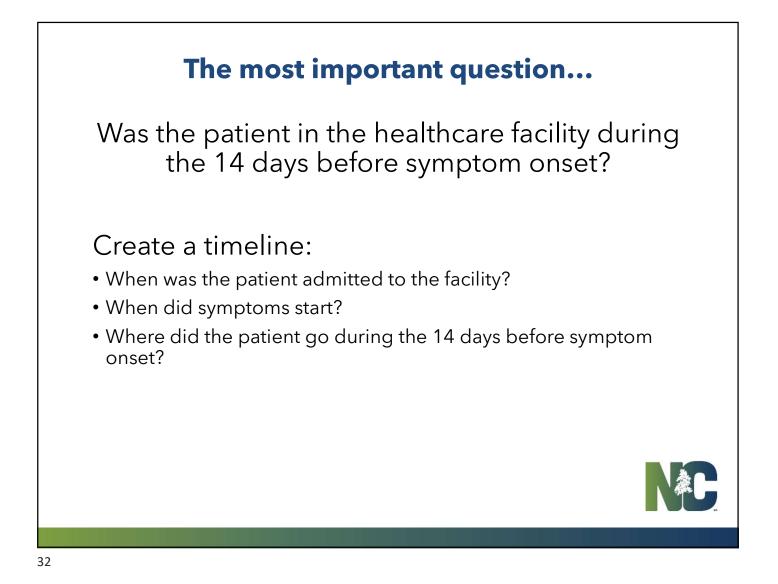


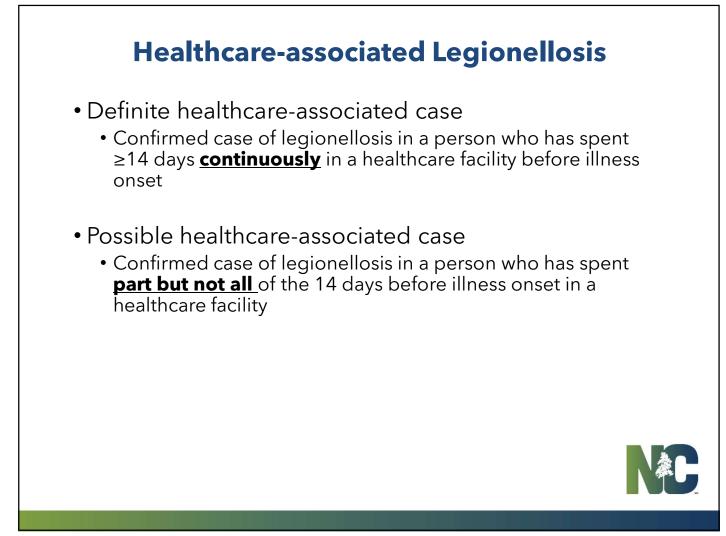


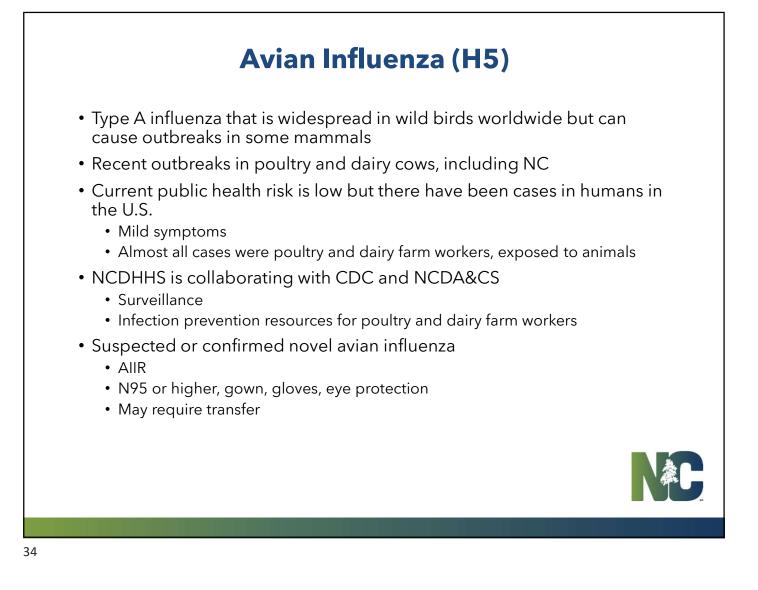
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Updated numbers? Breeyear, Taylor L, 2024-09-17T19:19:04.770









TB0

Tis the (respiratory virus) season!

- Encourage vaccine uptake
- Provide face masks, tissues and hands-free trash can, hand sanitizer
- Post signs with respiratory hygiene/cough etiquette reminders
- Ensure staff do not work while sick
- Ongoing outbreak?
 - Contact our RIPS team at <u>infectionprevention@dhhs.nc.gov</u> for assistance.

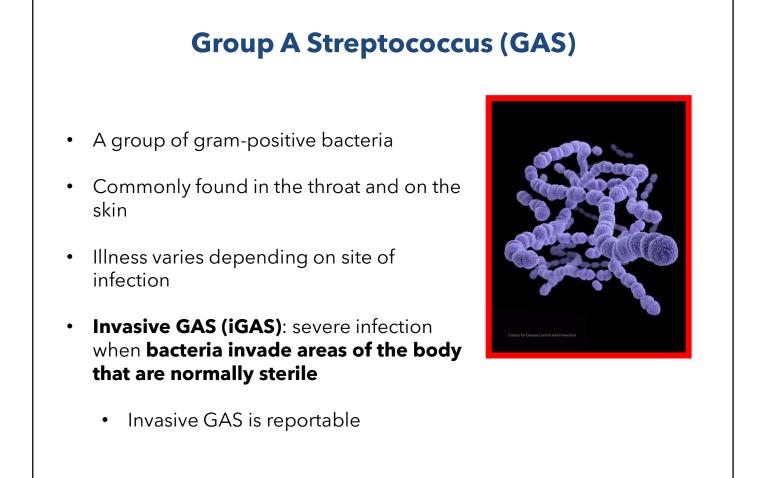




CDC: Preventing Transmission of Viral Respiratory Pathogens in Healthcare Settings

Slide 35

TB0 My thought was to somehow use this as plug for RIPS doing respiratory outbreak visits Breeyear, Taylor L, 2024-09-17T21:19:03.423



LTCF residents at higher risk • Elderly at higher risk • ~ 15% of people aged 65 years or older die from their invasive GAS infection¹ • Older adults in LTCFs have a 6x greater risk of disease and 1.5x greater risk of death than older adults in the community² • Age, comorbidities, breaks in skin, indwelling devices Wound care Careful attention to IP practices essential to prevent transmission 1. Centers for Disease Control and Prevention. Active Bacterial Core Surveillance Bact Facts Interactive Data Dashboard, Emerging Infections Program Network, Group A Streptococcus. Available at ABCs Bact Facts Interactive Data Dashboard | CDC.

2. Invasive Group A Streptococcal Infection in Older Adults in Long-term Care Facilities and the Community, United States, 1998-2003 - Volume 13, Number 12-December 2007 - Emerging Infectious Diseases journal - CDC

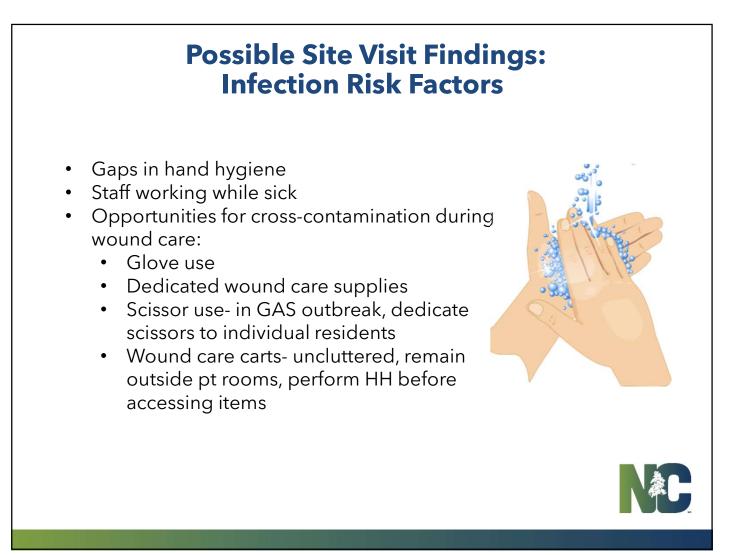




• Site visit to assess IP, educate staff



practices



Summary: Example GAS Outbreak

Over the course of a year:

- 30+ symptomatic cases, 7 invasive cases
- 30+ asymptomatic carriers
- 8 hospitalizations, 3 deaths
- Epi, laboratory, site assessments:
 - All invasive cases had wounds
 - Whole genome sequencing from 21 positives showed all but 3 were related, many months apart
 - Wound care observations identified opportunities for cross contamination



10/21/2024



Reasons to Investigate an Outbreak

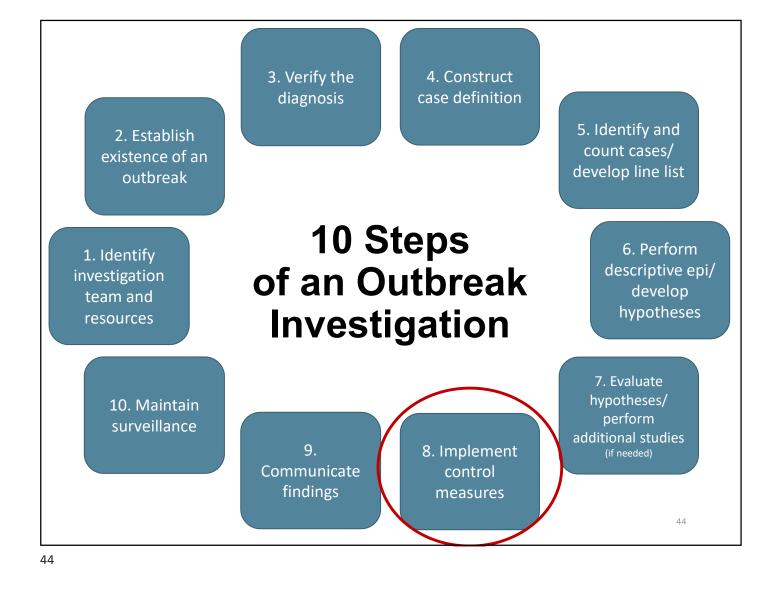
- Identify, describe the source
- Describe new diseases / learn more about known diseases
- Identify populations at risk
- Evaluate existing prevention strategies
 - e.g., immunization requirement
- Opportunity to educate public about disease prevention
- Address public concern
- Develop strategies to prevent future outbreaks
- Fulfill legal obligation and duty to care for the public
- End the outbreak!



Principles of Outbreak Investigations

- Be systematic
 - Follow the same steps for every type of outbreak
 - Write down case definitions
 - Ask the same questions of everybody
- Stop often to re-assess what you know
 - Line list and epidemic curve provide valuable information
 - Consider control measures to be applied
- Coordinate with partners





2. Establish existence of outbreak

What is an Outbreak?

- Anything above what is normally seen for any given time period
- If you aren't sure, call us!
- <u>In a facility setting</u>, an outbreak is generally defined as two or more individuals with the same illness

Caveat to this rule:

- One case of certain diseases = Outbreak
 - C. auris, MDROs with novel carbapenemases
 - Disease not normally seen (Avian Flu, SARS, Ebola)



GAS Outbreak Summary This example outbreak opened with:

- Invasive resident case followed by six resident and staff noninvasive cases
- Two additional invasive cases
- Within one month timeframe





- Review medical records, laboratory reports
- Talk with patients
- Request additional testing if needed
- Consult with local health department, communicable disease branch, state public health lab



4. Construct a case definition

What is a Case Definition?

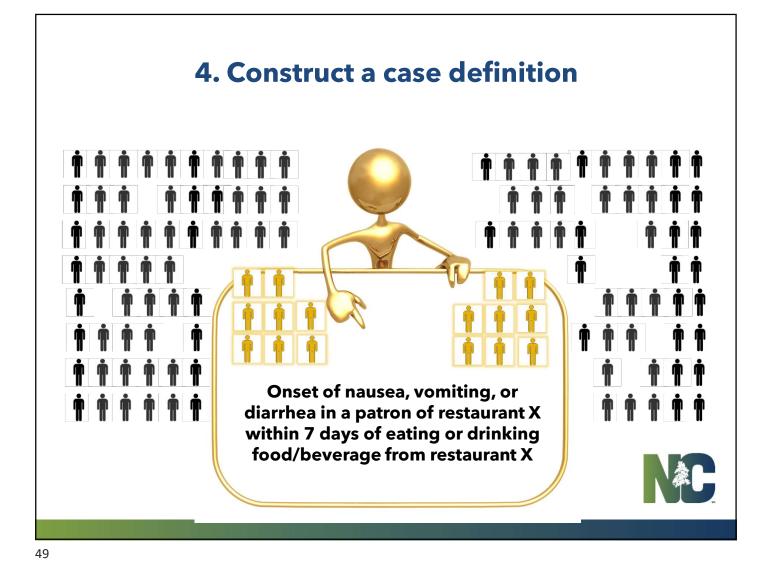
- Allows a simple, uniform way to identify cases
- "Standardizes" the investigation
- Is specific to the outbreak

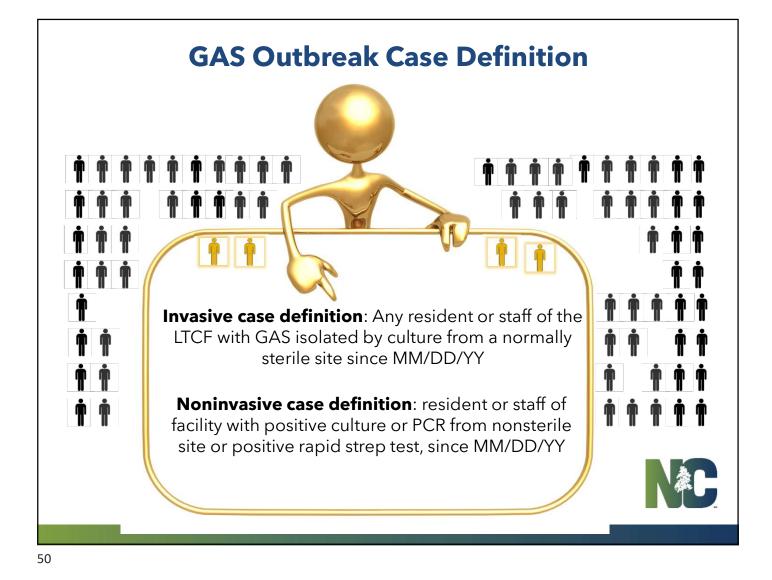
3 components:

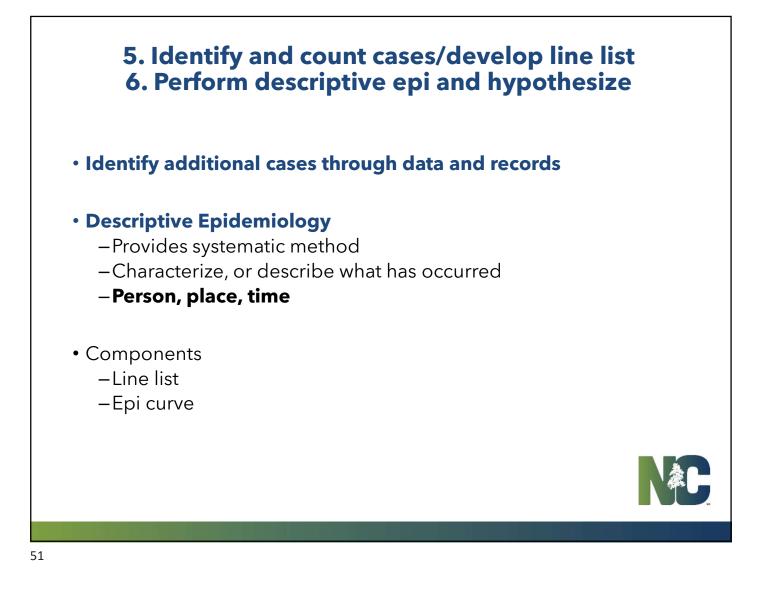
Person..... Type of illness, characteristics (e.g., "a person with...") Place...... Location of suspected exposure

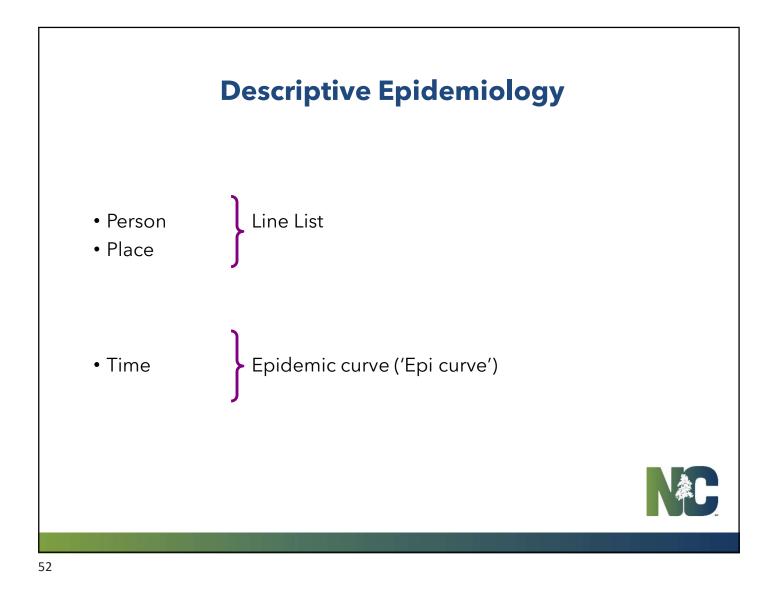
Time...... When exposure or illness occurred







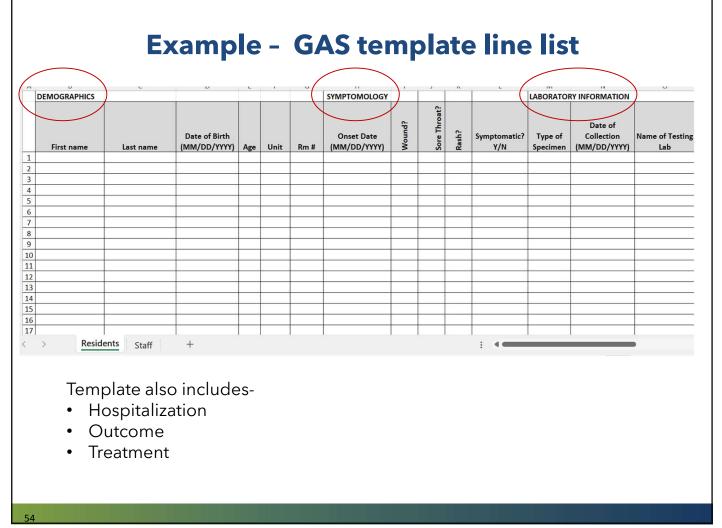


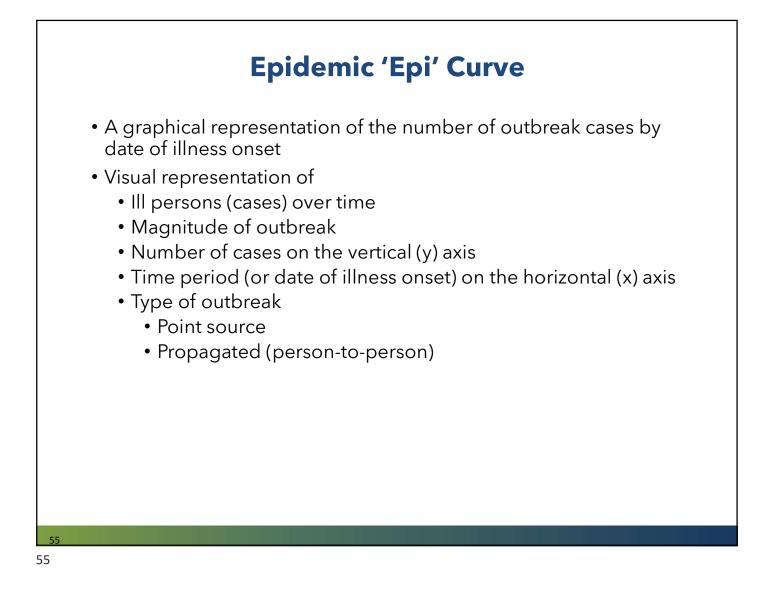


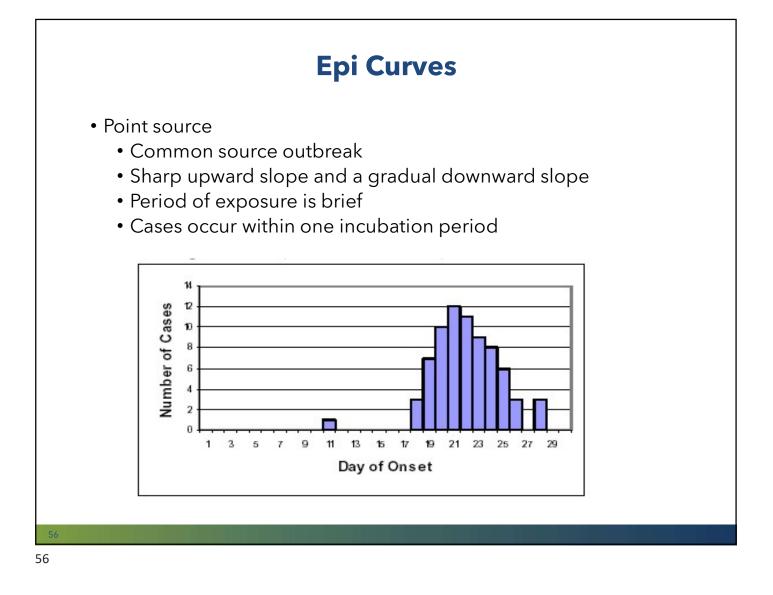
Line List

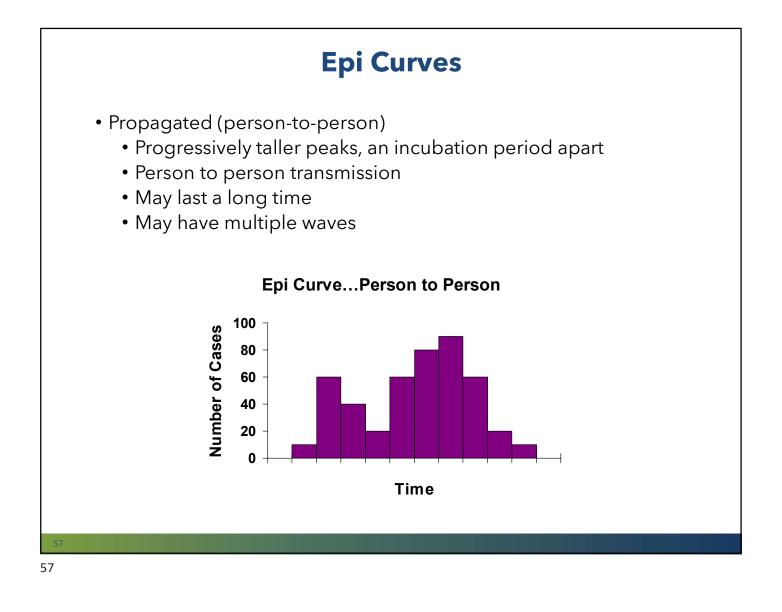
- Method to systematically record information
- Simple to review, update, summarize
- Each row represents data for a single 'case'
- Information to include:
 - Identifying information
 - Demographics
 - Clinical- symptoms, specimen date and source, outcome
 - Exposure/risk factor

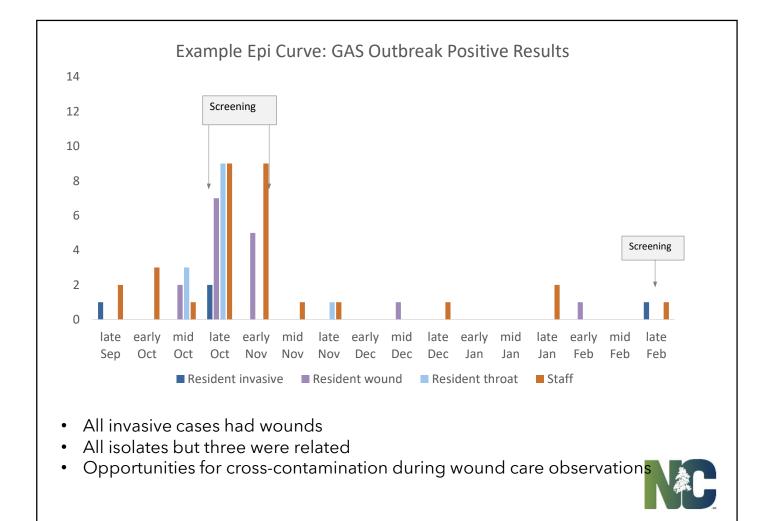


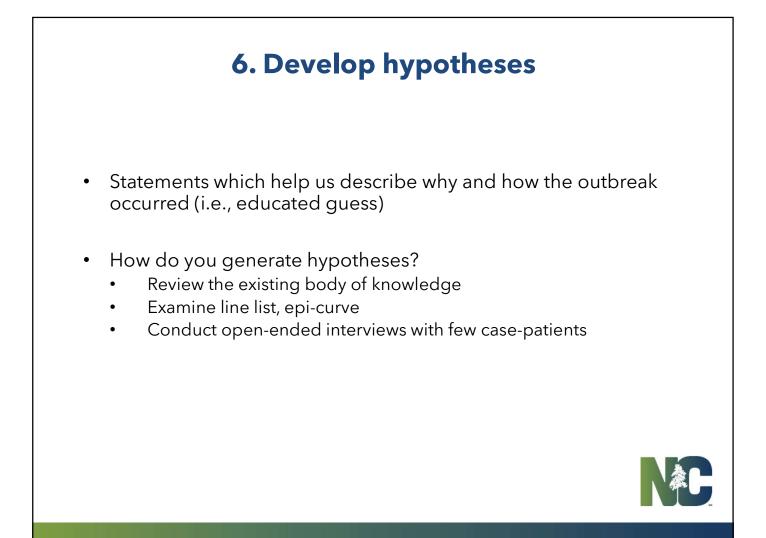












7. Evaluating the Hypotheses

- Two methods:
 - Compare hypothesis with established facts
 - Perform additional studies (e.g., analytic)
 - Cohort or case-control
 - Assess exposures equally among ill and non-ill persons



8. Control Measures

- When should control measures be implemented *immediately*
 - Source is known
 - Continued risk of either exposing others or being exposed (e.g., HCW diverting injectable drugs)

• Control measures:

- Are applied as soon as possible
- May change during investigation
- Example GAS outbreak control measures
 - Screen residents and staff via cultures, treat all positives
 - Ill staff stay home from work
 - Appropriate precautions for ill residents
 - Refresher education for staff
 - IP observations and support
 - Masking during wound care; universal masking at onset
 - Halted admissions with wounds for ltd time period (d/t transmission not controlled)



9. Communicate Findings

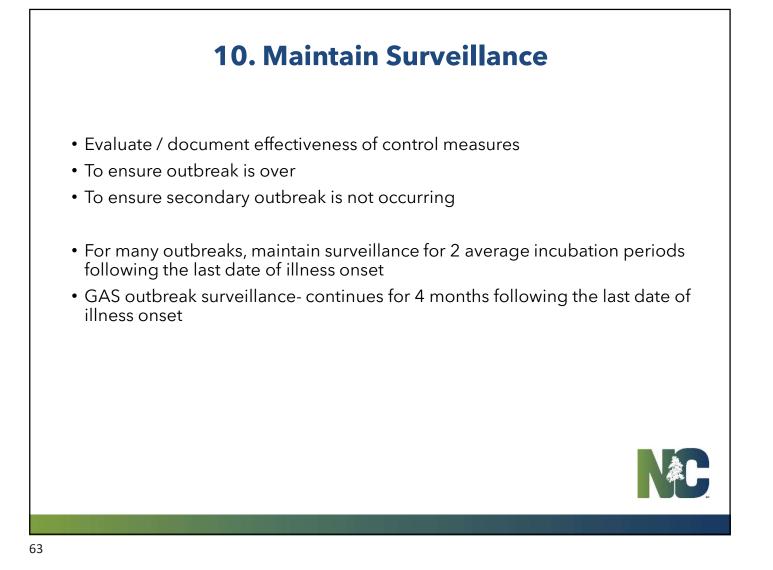
• Oral

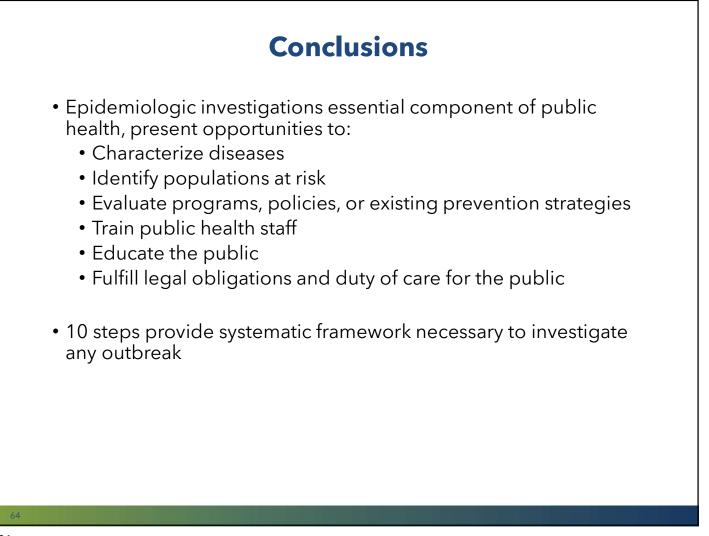
- Internally with team
- Externally to public, media, health care providers

• Written

- Daily updates (e.g., Situation Reports)
- Final outbreak report







Resources

• MDROs

- CDC Strategies to Prevent and Contain MDROs
 <u>https://www.cdc.gov/healthcare-associated-infections/php/preventing-mdros/index.html</u>
- NCDHHS Healthcare-Associated Infections (HAIs) https://epi.dph.ncdhhs.gov/cd/diseases/hai.html

Injection Safety

- CDC Preventing Unsafe Inject Practices https://www.cdc.gov/injection-safety/hcp/infection-control/index.html
- CDC Project Firstline https://www.cdc.gov/project-firstline/index.html

Antimicrobial Stewardship

- Be Antibiotics Aware Campaign
 <u>https://epi.publichealth.nc.gov/cd/antibiotics/campaign.html</u>
- NC DPH Antimicrobial Stewardship
 <u>https://epi.publichealth.nc.gov/cd/antibiotics/stewardship.html</u>
- NC DPH STAR Partners
 https://epi.publichealth.nc.gov/cd/antibiotics/star_partners.html

• Group A Strep in LTC (CDC resources)

- https://www.cdc.gov/group-a-strep/php/ltcf-toolkit/increased-risk.html
- https://www.cdc.gov/group-a-strep/php/ltcf-toolkit/transmission.html



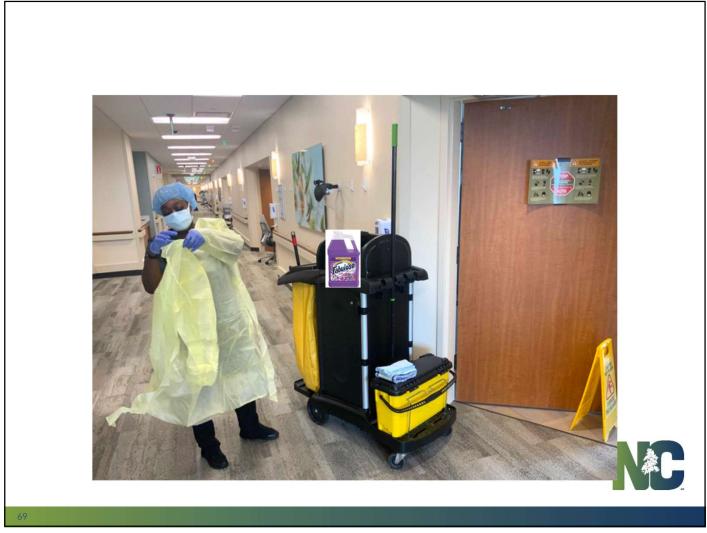


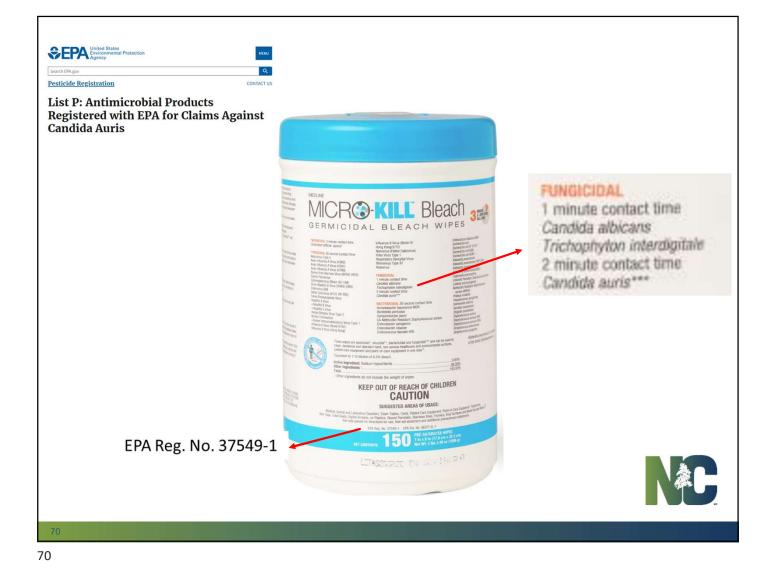


C. auris – Comprehensive Infection Prevention Response

C. auris Case Study Fall 2024







DURBERS OF LOW AND LOD HOSPITAL DISINFECTION

- 1. Always use personal protective equipment.*
- 2 Open Micro-Kill Bleach Germicidal Bleach Wipes canister.
- 3 Remove pre-saturated 7 in x 8 in wipe,
- 4. Apply pre-saturated towelette and wipe desired surface to be disinfected.
- 5. Basi sol must be removed prior to disinfecting. A 30 second toriact time is required to kill the bacteria and viruses** on the label except 1 minute contact time is required to kill Candide albicans and Trichophyston intendigitale, a 2 minute unfact time is required to kill Candida auris ***, and a 3 minutes contact time is required to kill Clostridium difficile tores". Reapply as necessary to ensure that the surface remains visibly wet for the entire contact time.
- 6. Alsw surface to an dry and discard used wipe and empty canister

IZE STORAGE AND DISPOSAL). TO OPEN CONFETER.

DERECTIONS FOR USE

I is a volation Federal Law to use this product in a manner ROSPITAL DISINFECTION

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 Utility on carefular:
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 tel in 1d. PUSH FINGER THROUGH OPENING.

place lid. Pull out exposed wipe and snap off. The next We pose up automatically. Ship post up automatically. Ship post at automatically. Do not fully when down when finished to retain moisture.

Us not fush mise down the tailed to retain moisture. * NLIS WY-1, HEV AND HCV ON PRECLEANED BINROWENTAL SURFACES/OBJECTS PREVIOUSLY SOILED WITH BLOOD/BODY FLUIDS 11 habt com nations

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All ore indication. 4 ELEXANDE PROCEDURE: Blood body fluids must be thoroughly denotion advisorational botton application of Micro-Kill Bleach Branciael Bleach Wijes.

· CONTACT TIME: Allow surface(s) to retrain visibly well

- and a 3 minute contact time is required to all Database difficult sports? IDISPOSAL OF INFECTIOUS MATERIAL/Bondbay fluids must be autochaived and deposed of according to local regulations for infectious waste deposed DISINGERAL PROTECTIONS FOR CLEANING PRIOT DISINFECTING ACANST Cleaning and the system PERSONAL PROTECTION: Wer appropriate larger protection such as gloves, gown, mask, or ere ouvery CLEANING PROCEDURE: Free anather inset must distinfection by application with Moro-Val Basch format Basch Wipes, Ceaning is to include vigous wing mote scoubbing, until all visible sail nervous. Special intervi-its needed for high-buch surfaces. Surface in plant rooms are to be cleaned in an expression more special intervi-tion on out be to interview to reprove any more the sports. Restormar are to be cleaned in all. During and the sports. Restormar are to be cleaned in the interview and the sports. Restormar are to be cleaned in the interview and the sports. Restormar are to be cleaned in the interview and the sports. Restormar are to be cleaned in the interview and the sports. Restormar are to be cleaned in the interview and the sports. Restormar are to be cleaned into its. During and the sports. Restormar are to be cleaned into its. During and splicit vigots.

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• INFECTIOUS MATERIAL DISPOSAL: Materials used in the cleaning process that may contain feet, weath and to be disposed of immediately in accordance with local regulations for infectious materials depart ****SFEDIAL INSTRUCTIONS FOR CLEANNEP FORTIO DISINFECTING AGAINST Candida and: PERSONAL PROTECTION: Ware appropriate hard protection such as gloves, given, make or ever CLEANINE PROTECTION: For a cleaning the and by application with a cleaning the material match of scrubbing and al valide valid areas patient comes are to be cleaned in a spropriate run-patient comes are to be cleaned in a spropriate run-patient comes are to be cleaned in a spropriate run-andh as from right to left or left to give in sprova andro cleaning. Restooms are to be cleaned and spropriate run-and has from right to left or left to give in sprovale runa-and runame. Restooms are to be cleaned and spropriate runa-and runame. Restooms are to be cleaned and spropriate runa-and runame. Restooms are to be cleaned and spropriate runa-and runame. Restooms are to be cleaned and the runame and runame. Restooms are to be cleaned and the runame and runame. Restooms are to be cleaned and the runame and runame. Restooms are to be cleaned and the runame and runame. Restooms are to be cleaned and the runame and runame. Restooms are to be cleaned and the runame and runame. Restooms are to be cleaned and the runame and runame. Restooms are to be cleaned and the runame and runame. Restooms are to be cleaned and the runame and runame. Restooms are to be cleaned and the runame and runame. Restooms are to be cleaned and the runame and runame. Restooms are to be cleaned and the runame and runame. Restooms are to be cleaned and the runame.

Solied cloths.

 INFECTIOUS MATERIAL DISPOSAL: Materials used a flat clearing process that may contain feest-waster at bit disposed of immediately in accordance with loal registries for infectious materials disposal.





