Occupational Health Update: Acute Care Facilities 4/7/25

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1

Disclosures



- No financial relationships to disclose
- No off-label or investigational use of medications and/or devices
- The information and views set out in this presentation are those of the author and do not necessarily reflect the official opinion of the University of North Carolina at Chapel Hill or UNC Health



Objectives



- Vaccine Overview in US
- ACIP Updates
- Vaccines for HCPs (Pre-exposure prophylaxis)
- Post-exposure prophylaxis (Bloodborne Pathogens)
- Tuberculosis
- Employee Well-Being
- Civic Health

3



QUNC How Do We Know Vaccines Really Work? SCHOOL OF MEDICINE DISEASE Diphtheria 22 >99% 21,053 H. influenzae serotype B (invasive, <5 years of age) 20,000 18² >99% Hepatitis A 117,333 (est) 37,700³ 68% Hepatitis B (acute) 66,232 (est) 20,700³ 69% 530,217 1,2752 >99% Measles Meningococcal disease (all serotypes) 2,8864 371² 87% 98% Mumps 162,344 3,7802 Pertussis 200,752 18,6172 91% Pneumococcal disease (invasive, <5 years of age) 16,069 1,7005 89% Polio (paralytic) 16,316 100% Rotavirus (hospitalizations, <3 years of age) 62,5006 30,6257 51% Rubella 47,745 >99% 12 Congenital Rubella Syndrome >99% Smallpox 02 29,005 100% https://www.immunize.org/wp-26² Tetanus 96% content/uploads/catg.d/p4037.pdf Varicella 4,085,120 8,2978 >99%

5





ACIP Updates

Advisory Committee on Immunization Practices

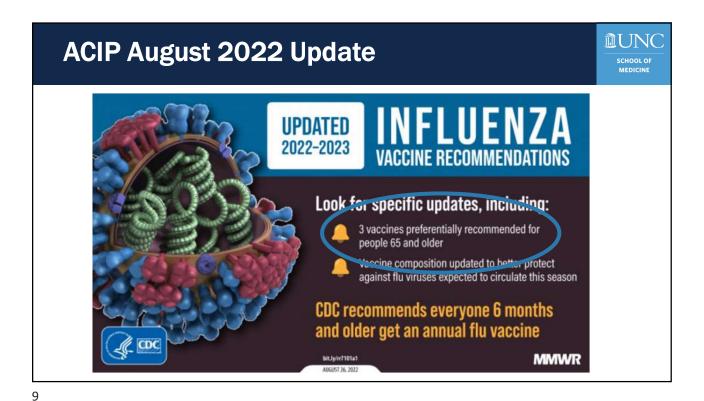


7

ACIP April 2022 Update



- Hepatitis B Vaccines are now universally recommended for all adults aged 19 – 59 years old instead of based solely on risk factors. This reflects the rising cases of Hepatitis B since nadir in 2014, and acknowledges that risk-based intervention misses people reluctant to disclose.
- Also note that ACIP recommendations for Hepatitis B screening was updated in March 2023 to include testing at least once per lifetime in addition to risk factor based testing



ACIP Feb 2023 Update



JYNNEOS for Monkeypox

- Two vaccines (JYNNEOS and ACAM2000) for orthopoxviruses (including MPX and smallpox). JYNNEOS w/ much less contraindications.
- Pre- or post- exposure prophylaxis indications based on risk factors (generally intimate, prolonged contact)
- Most healthcare workers do not need to get this vaccine. Exceptions include HCPs w high risk exposure (caring for +pt for prolonged period without PPE) and lab personnel handling specimens

https://www.cdc.gov/mmwr/volumes/71/wr/mm7122e1.htm

ACIP June 2023/2024 Update



- RSV Vaccine (Abrysvo or Arexvy)
 - Single dose (for now), high efficacy over two RSV seasons
 - Can be coadministered with other vaccines
 - Adults 75+
 - Adults 60 74 at higher risk for severe illness and hospitalization
 - Got rid of shared decision-making
 - Abrysvo is also recommended for pregnant people 32 36 wks GA from Sept – Jan
 - When vaccinating nonpregnant adults, it should be done year round (in contrast with pregnant people and babies only during RSV season)
 - Not affirmatively recommended for healthcare workers at this time unless they fall into another category

11

ACIP December 2023 Update



- Polio
 - New: Unvaccinated or partially vaccinated adults should complete primary series
 - Case of polio in 2022 in NY in an unvaccinated adult prompted this new recommendation
 - Unchanged: Fully vaccinated adults with exposure risk (travel to endemic area, etc) should get one booster

https://www.cdc.gov/mmwr/volumes/72/wr/mm7249a3.htm

ACIP June 2024 Update



- Pneumococcal Vaccines
 - New availability of PCV21 (Merck Sharp & Dohme Corp.)
 - Don't forget PCV15 and PCV20 were approved in 2022.
 - PCV21 is interchangeable with PCV20, unless you are in the Western US where preference is PCV20 since it has serotype 4.
 - PCV13 is gone, and PPSV23 is really only used in conjunction with PCV15. Easiest is if you get either PCV20 or PCV21 on formulary.
 - Not affirmatively recommended for healthcare workers at this time unless they fall into another category

https://www.cdc.gov/mmwr/volumes/73/wr/mm7336a3.htm?s_cid=mm7336a3_w

13

ÛUNC **ACIP June 2024 Update** Adults ≥65 years old Complete pneumococcal vaccine schedules PCV20 or PCV21 None* PCV15 PPSV23 PPSV23 only PCV20 or PCV21 PCV15 ≥1 year at any age PCV13 only PCV20 or PCV21 ≥1 vear[†] at any age PCV13 at any age & PCV20 or PCV21 ≥5 years§ PPSV23 at <65 yrs Also applies to people who received PCV7 at any age and no other pneumococcal vaccines 1 If PPSV23 is not available, PCV20 or PCV21 may be used † Consider minimum interval (8 weeks) for adults with an immunocompromising condition, cochlear implant, or cerebrospinal fluid leak (CSF) leak § For adults with an immunocompromising condition, cochlear implant, or CSF leak, the minimum interval for PPSV23 is ≥8 weeks since last PCV13 dose and ≥5 years since last PCV13 dose and ≥5 years since last PPSV23 dose See CDC for guidelines on adults 19-64 with chronic conditions https://www.cdc.gov/pneumococcal/downloads/Vaccine-Timing-Adults-JobAid.pdf



Vaccines Indicated for Healthcare Personnel



15

HCP Vaccination Recommendations

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SCHOOL OF MEDICINE

Vaccination	Recommendation		
COVID-19	Everyone 6 months+ should get at least one dose of newest formulation		
Hepatitis B	If no prior dose, either 2 doses of Heplisav-B or 3-dose series of either Engerix or Recombivax Obtain serology 1-2 months after final dose		
Influenza	Give 1 dose annually		
MMR	HCP born in 1957 or later need 2-doses of MMR, 4 weeks apart if no prior immunit or vaccination. Before 1957, consider serology testing and dosing if needed		
Varicella	If no prior infection, serologic immunity, prior vaccination, give 2 doses of varicella vaccine 4 weeks apart		
Tetanus, diphtheria, pertussis	theria, Give 1 dose to all who have not received previously. Each pregnancy. Booster even 10 years (Td or Tdap)		
Meningococcal	Routinely to microbiologists exposed to isolates of N. Meningitidis		



COVID Vaccines



- So wait I thought it wasn't required anymore for healthcare personnel?
 - The federal CMS regulation which had required all HCPs to be covid vaccinated has been retired. Individual hospitals, LTC companies, etc can decide to have it be an internal condition of employment if they wish.

Hepatitis B



Indications

Universal; HCP with potential blood exposure (OSHA required OR signed refusal)

Administration

- Prior to administration do not routinely perform serologic screening for HB unless cost effective
- After last dose in the series, test for immunity (>10 mIU/mL); if inadequate provide one more series and test again for immunity; if inadequate test consider as "non-responder"
- If non-immune after two series, test for HBsAg

19

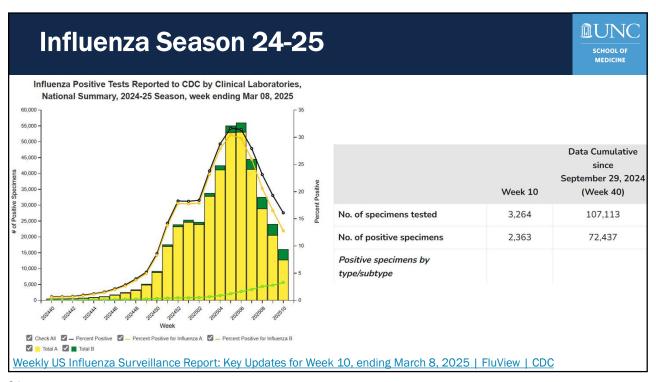
Hepatitis B



- HEPLISAV-B approved in late 2017
- Adults > 18 years of age
- Two doses one month apart
- Not studied in hemodialysis patients

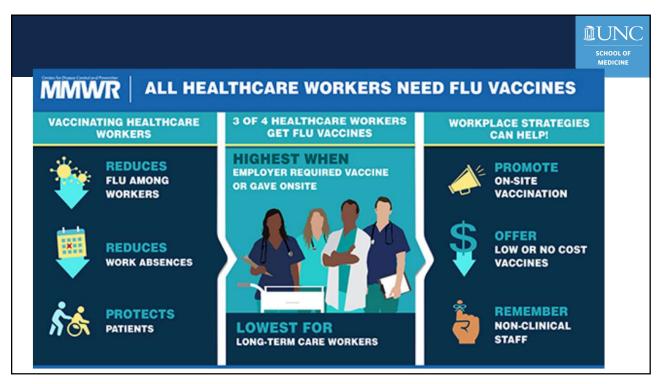
Age (years)	Table 7 Study 3: Seroprotection Rates of HEPLISAV-B and Engerix-B ^a (ages 18 - 70 years)					
	HEPLISAV-B ^a		Engerix-B ^a		Difference in SPRs (HEPLISAV-B minus Engerix-B	
	N	SPR (95% CI)	N	SPR (95% CI)	Difference (95% CI)	
18-29	174	100.0% (97.9, 100.0)	99	93.9% (87.3, 97.7)	6.1% (2.8, 12.6)*	
30-39	632	98.9% (97.7, 99.6)	326	92.0% (88.5, 94.7)	6.9% (4.2, 10.4)*	
40-49	974	97.2% (96.0, 98.2)	518	84.2% (80.7, 87.2)	13.1% (9.9, 16.6)*	
50-59	1439	95.2% (94.0, 96.3)	758	79.7% (76.6, 82.5)	15.5% (12.6, 18.7)*	
60-70	1157	91.6% (89.9, 93.1)	588	72.6% (68.8, 76.2)	19.0% (15.2, 23.0)*	

https://www.fda.gov/downloads/BiologicsBloodVaccines/Vaccines/ApprovedProducts/UCM584762.pdf and the product of the product









Influenza vaccines



ACIP recommendations

- One annual dose for all persons ≥ 6 months of age (sometimes 2 doses for kids)
- Required for residents and HCP in ECFs in NC (1 N.C. Gen. Stat. Ann. § 131E-113(a))
- Required in SC LTC (S.C. Code Ann. Regs. 61-17)
- No legal mandates for other healthcare workers
- Immunize as soon as vaccine becomes available for the current season

https://www.cdc.gov/flu/pdf/professionals/acip/acip-2021-22-summary-of-recommendations-updated.pdf/acip/acip-2021-22-summary-of-recommendations-updated.pdf/acip/acip-2021-22-summary-of-recommendations-updated.pdf/acip/acip-2021-22-summary-of-recommendations-updated.pdf/acip-2021-22-summary-of-recommendations-updated.pdf/acip-2021-22-summary-of-recommendations-updated.pdf/acip-2021-22-summary-of-recommendations-updated.pdf/acip-2021-22-summary-of-recommendations-updated.pdf/acip-2021-22-summary-of-recommendations-updated.pdf/acip-2021-22-summary-of-recommendations-updated.pdf/acip-2021-22-summary-of-recommendations-updated.pdf/acip-2021-22-summary-of-recommendations-updated.pdf/acip-2021-22-summary-of-recommendations-updated.pdf/acip-2021-22-summary-of-recommendations-updated.pdf/acip-2021-22-summary-of-recommendations-updated.pdf/acip-2021-22-summary-of-recommendations-updated.pdf/acip-2021-22-summary-of-recommendations-updated.pdf/acip-2021-22-summary-of-recommendations-updated.pdf/acip-2021-22-summary-of-recommendations-updated-pdf/acip-2

Long-term-care-toolkit.pdf (cdc.gov)

25

Measles, Mumps, Rubella (MMR)



Measles

- Born before 1957: Consider immune (except during outbreak): Born after 1957: 2 doses
- Immunity = Appropriate immunizations or positive serology

Mumps

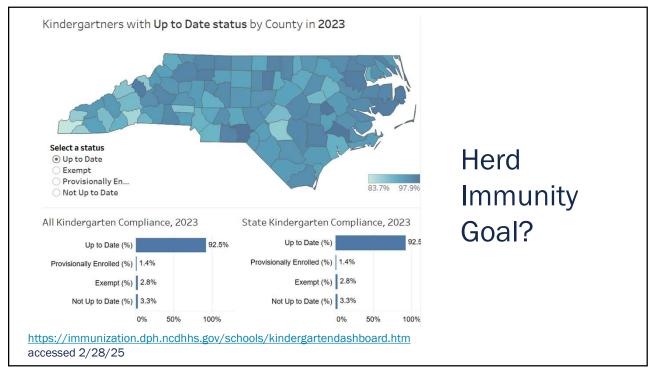
- Born before 1957: Consider immune (except during outbreak): Born after 1957: 2 doses.
- 3rd dose considered in outbreak settings.
- Immunity = Appropriate immunizations or positive serology

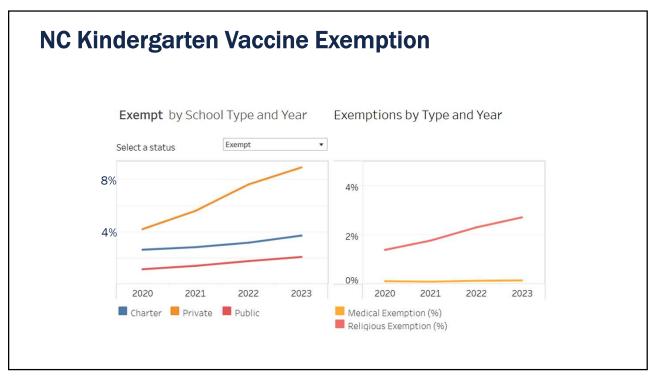
Rubella

- 1 dose of MMR to susceptible women of childbearing potential
- Immunity = Appropriate immunizations or positive serology











Measles Prep Plan – Sense of Urgency

- Educational campaigns aimed at HCPs on early recognition every minute that goes by with an undiagnosed measles patient in your facility is exposing more and more people
- Fast-paced contact investigations. Coordination between OHS, IP, Plant Engineering and health dept along with immediate availability of immunoglobulin and MMR (window for post-exposure ppx in most cases is 72 hours)
- Practice drills at all entry points (outpatient, ED, urgent care) after protocols are developed (isolate suspected pt in neg pressure room, call IP/Epi-On-Call, etc)
- Occupational Health:
 - Maintain up-to-date records of all employes
 - Review records now and offer MMR doses to those out of compliance
 - If your facility might care for a measles patient:
 - Maintain list of those with approved exemptions (key since CDC recommends only immune HCPs provide measles care)
 - · Discuss how to address immunocompromised HCPs who want to opt out

31

Varicella



- Special consideration should be given to those who have close contact with
 - Persons at high risk for severe disease (e.g., immunocompromised persons)
 - Persons are at high risk for exposure or transmission (e.g., teachers of young children, college students, military recruits, international travelers)

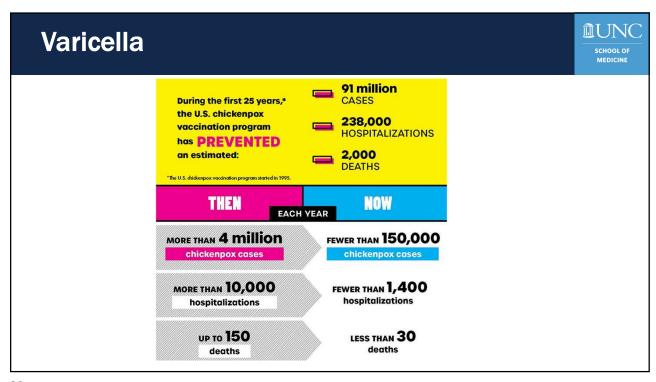


- 2 doses of vaccine (gold standard), positive serology. Could also accept history of varicella if lab confirmed or epi-linked, but verbal report "I had chicken pox as a kid" doesn't count.
- Receiving Shingrix vaccine does not count as immunity for varicella





https://www.cdc.gov/mmwr/preview/mmwrhtml/rr6007a1.htm



Tetanus-diphtheria-acellular pertussis (Tdap)



- Substitute 1 dose Tdap for all adults when Td booster due if no history of Tdap.
 - May be used to provide tetanus PEP
 - Provide to all adults with exposure to young children (no delay after Td)
 - Also recommended for pregnant people in each pregnancy (preferably 27-36 weeks gestational age)
 - Only one dose of Tdap is required, employees who are 10 years out from Tdap can be boosted with Td or Tdap (but Tdap preferred)

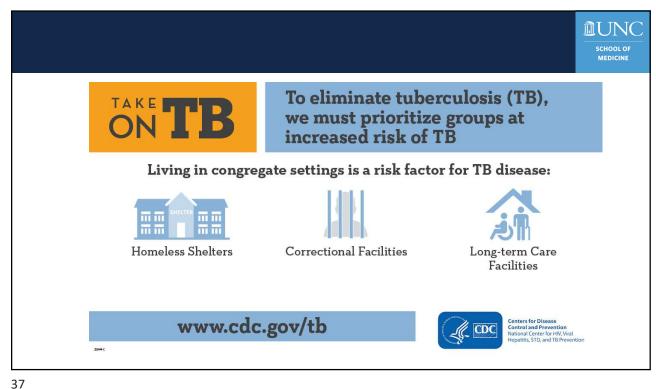
Meningococcal Vaccine



- Recommended for adults had high risk of disease (persistent complement deficiency, functional or anatomic asplenia, or HIV infection (adolescents)).
 - Two vaccines series are needed: MenACWY and Serogroup B (MenB)
- MenACWY
 - Immunosuppressed 2 doses of MenACWY and boosters every 5 years, 2 or 3-dose MenB
 - Microbiologists 1 dose, booster every 5 years (MenACWY), 2 or 3dose MenB
 - Now they could get the combo MenABCWY vaccine when both are indicated
 - Anatomic/functional asplenia patients should be vaccinated against MenACWY/MenB

35





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Testing/ Treatment



- Baseline (preplacement) screening and testing. All U.S. health care personnel should
 have baseline TB screening, including an individual risk assessment, which is necessary for
 interpreting any test result. IGRAs (quant gold or T spot) or tb skin tests can be used. Follow
 CDC algorithm for interpretation.
- Serial screening and testing for health care personnel without LTBI is NOT indicated. In the absence of known exposure or evidence of ongoing TB transmission, U.S. health care personnel (as identified in the 2005 guidelines) without LTBI should not undergo routine serial TB screening or testing at any interval after baseline (e.g., annually.) Could consider annual screening with high risk groups like respiratory therapists.
- Health care personnel with LTBI and no prior treatment should be offered, and strongly
 encouraged to complete treatment with a recommended regimen, including short-course
 treatments, unless a contraindication exists

Sosa LE, Njie GJ, Lobato MN, et al. Tuberculosis Screening, Testing, and Treatment of U.S. Health Care Personnel: Recommendations from the National Tuberculosis Controllers Association and CDC, 2019. MMWR Morb Mortal Wkly Rep 2019;68:439–443. DOI: http://dx.doi.org/10.15585/mmwr.mm6819a3external.icon.

NC TB Policy Manual



- Patients in long term care facilities
 - Testing upon admission (two-step TST or IGRA). Annual screening which can be accomplished by a verbal elicitation of symptoms.
 - 10A NCAC 41A .0205; 10A NCAC 13D .2202 &.2209
- Long term care facility employees
 - Testing upon employment (two-step for TST or IGRA) and after any exposures.
 Annual education.
 - 10A NCAC 41A .0205; 10A NCAC 13D .2202 & .2209; OSHA

https://epi.dph.ncdhhs.gov/cd/lhds/manuals/tb/COVIDvaxMemo01282021.pdf

39

Fit Testing



- If employees may need to wear respirators as part of their PPE (i.e. for caring for COVID patients), then they need to be annually fit tested through your respiratory protection program.
- Medical clearance for N95s is not complicated there really aren't medical conditions which affirmatively preclude the use of an N95 except anatomical challenges.



Bloodborne Pathogens



41

Bloodborne Pathogens



- Approximately 385,000 needle sticks and other sharps-related injuries to hospital-based healthcare personnel each year.
- 58 total known occupationally acquired HIV cases in HCPs; all but 1 were prior to 1999.
- 88% (50/57) of the documented cases of occupational HIV transmission from 1985-2004 involved a percutaneous exposure. Of those, 45/57 involved a hollow-borne needle.
- 41% of sharp injuries occur during use; 40% after use/<u>before</u> <u>disposal</u>; 15% during/after disposal

https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6353a 4.htm

Steps for Prevention



- Needleless devices
- Single-hand recapping
- Handwashing stations
- Sharps containers
- Laundry
- Disposal of contaminated material
- Mask, eye protection, gloves, & face shields





43

OSHA Bloodborne Pathogens Standard



- Employers must establish a written exposure control plan and provide annual training
- Mandates use of universal precautions (all body fluids assumed contaminated except sweat)
- Employers must utilize engineering and work practice controls to minimize/eliminate exposure

(e-CFR 1910.1013)

https://www.osha.gov/laws-regs/regulations/standardnumber/1910/1910.1030

OSHA Bloodborne Pathogens Standard



- Requires offering hepatitis B vaccine to persons with the potential for exposure
- Testing of exposed employees for Hepatitis B and HIV
- Post-exposure prophylaxis must be immediately available as per CDC guidelines
- All work-related needle stick injuries and cuts from sharp objects that are contaminated with another person's blood or other potentially infectious material are OSHA-reportable regardless of the source patient disease status.

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(e-CFR 1910.1013)

45

Bloodborne Pathogens



- Risk (percutaneous exposure)
 - HBV • 22.0 – 30.0% (HBeAG+) • 1.0 – 6.0% (HBeAG-)
 - HCV • 1.8%
 - HIV 0.3% (1 in 300)
- Risk (mucous membrane)
 - HBV
 Yes (rate unknown)
 - HCVYes (rate unknown but very small)
 - 0.1% (1 in 1000) • < 0.1% (non-intact skin)

- Test source for hepatitis B (HBsAg), hepatitis C (HCV PCR), HIV (4th gen, HIV antibodies and p24 antigen)
- Provide hepatitis B prophylaxis, if indicated
- Provide follow-up for hepatitis C, if indicated
- If source HIV+ or at "high risk" for HIV, offer employee HIV prophylaxis per CDC protocol

CDC, 2003

ÎUNC Post-exposure Pathway SCHOOL OF MEDICINE Baseline Labs 4 Months 2 Weeks 6 Months _/_/__ _/_/_ _/_/_ _/_/_ _/_/_ _/_/_ Lab - only if baseline abnormal or clinical indication HIV test - 4th generation HIV test - 4th generation HIV positive If source positive and HCP unknown, need HBsAb. If HBsAb ≥ 12 mIU/mL testing complete. If HBsAb < 12 mIU/mL, need anti-HBc & HBsAg at haseling. HBsAg positive Lab - only if baseline abnormal or clinical indication Hepatitis C RNA PCR HCV RNA PCR HIV test – 4th generation If source unknown and HCP HBsAb unknown, need HBsAb. If HBsAb ≥12 mIU/mL testing complete. If HBsAb <12 mIU/mL, need anti-HBc & HbsAg at baseline HIV test -HIV test -Unknow source generation Anti-HCV (Hepatitis C HCV RNA PCR antibody) HCV antibody

47

Current HIV PEP



- 10A NCAC 41A .0202
- CONTROL MEASURES HIV
 - When the source case is known, the attending physician or occupational health provider responsible for the exposed person shall notify the healthcare provider of the source case that an exposure has occurred.
 - This healthcare provider shall arrange HIV testing of the source person (unless known to be HIV+) and notify the OHS provider of the test results.
 - Source patient consent is <u>not required</u>

Current HIV PEP



- Three-drug regiment
 - Tenofovir-emtricitabine (Truvada) + raltegravir (Isentress) for 4 weeks (28 days)
 - Other regiments are available for known HIV-source patients with specific drug resistance but these cases are rare.
 - Start within 72 hours
 - Baseline HIV, 6 weeks, 4-6 months



Kuhar, D. T., Henderson, D. K., Struble, K. A., Heneine, W., Thomas, V., Cheever, L. W., Gomaa, A., Panlilio, A. L., & US Public Health Service Working Group. (2013). Updated US Public Health Service Guidelines for the Management of Occupational Exposures to Human Immunodeficiency Virus and Recommendations for Postexposure Prophylaxis. Infection Control and Hospital Epidemiology, 34(9), 875–892. https://doi.org/10.1086/672271

49

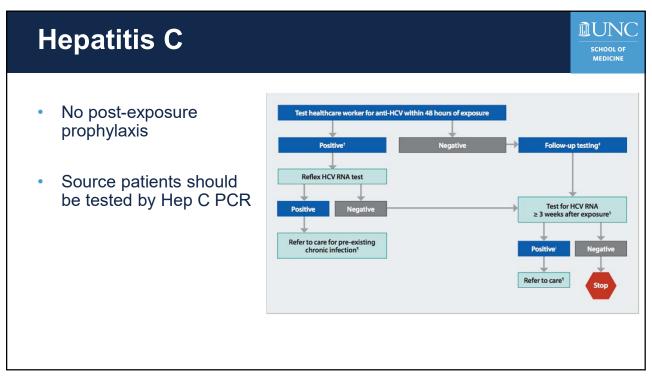
Hepatitis B



- Universal; HCP with potential blood exposure (OSHA required or HCP may decline)
 - No need to routinely obtain Hep B titers if an employee has documented vaccine series and a positive titer
 - In practice, we usually titer and give a booster if titer is < 10 mIU/mL
 - For known non-responders, with exposure they should get Hepatitis B Immune Globulin (HBIG) within 24 hours (up to 7 days after exposure)

Hepatitis B Postexposure Management of Health Care Personnel after Occupational Exposure to Blood and Body Fluids, by Health Care Personnel HepB Vaccination and Response Status Postexposure testing results for source patient (HBsAg) HepB Vaccination and Response Status Postexposure testing results for HCP (anti-HBs) HBIG* Vaccination Postvaccination postexposure prophylaxis postexposure prophylaxis Serologic Testing[†] Documented responder⁵ after complete series (3 or more doses) No action needed 2 doses HBIG separated by 1 month Positive/ unknown No action needed No action needed Documented nonresponder[®] after 2 complete series HBsAg Anti-HBc HBsAb* Negative No action needed No action needed No action needed No action needed Acute infection Positive IgM positive Negative Positive/ unknown 1 dose HBIG Initiate Infection resolved Negative IgG Positive Positive less than 10 mIU/mL** IgG Positive Response unknown after a complete series Chronic infection Positive Negative Negative less than 10 mIU/mL None Initiate revaccination Vaccinated Negative Negative Positive Susceptible Negative Negative Negative Any result greater than or equal to 10 mIU/mL No action needed No action needed No action needed Otero, William, Parga, Julián, & Gastelbondo, Johanna. (2018). Serology of hepatitis B virus: multiple scenarios and multiple exams. Revista colombiana de Gastroenterología, 33(4), 411-422. https://doi.org/10.22516/25007440.327 Unvaccinated/ Positive/ unknown 1 dose HBIG Complete vaccination Yes incompletely vaccinated or vaccine refusers Negative No action needed Complete vaccination Yes *HBIG should be administered intramuscularly as soon as possible after exposure when indicated. The effectiveness of HBIG when administered greater than 7 days after percutaneous, mucosal, or nonintact skin exposures is unknown. HBIG and HepB vaccine should be administered in separate anatomic injection sites. Should be performed 1 to 2 months after the last dose of the HepB vaccine series (and 4 to 6 months after administration of HBIG to avoid detection of passively administered anti-HBs) using a quantitative method that allows detection of the protective concentration of anti-HBs (greater than or equal to 10 mIU/mL). A responder is defined as a person with anti-HBs greater than or equal to 10 mIU/mL after 3 or more doses of HepB vaccine. A nonresponder is defined as a person with anti-HBs less than 10 mlU/mL after 2 complete series of HepB vaccine. **HCP who have anti-HBs less than 10 mlU/mL, or who are unvaccinated or incompletely vaccinated, and sustain an exposure to a source patient who is HBsAg-positive or has unknown HBsAg status, should undergo baseline testing for HBV infection as soon as possible after exposure and follow-up testing approximately 6 months later. Initial baseline tests consist of total anti-HBc; testing at approximately 6 months consists of HBsAg and total anti-HBc. https://www.cdc.gov/vaccines/pubs/pinkbook/hepb.html#Epidemiology

51



Follow-up Testing



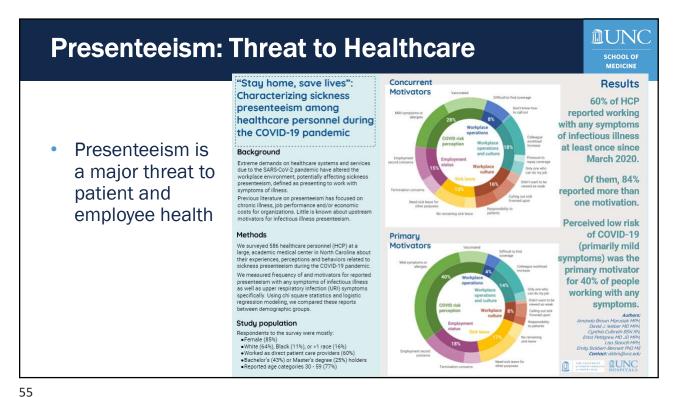
- Hepatitis B
 - Not required if employee has immunity
- HIV
 - Dependent on source patient and available testing
- Hepatitis C
 - Dependent on source patient, test for HCV antibodies and HCV RNA

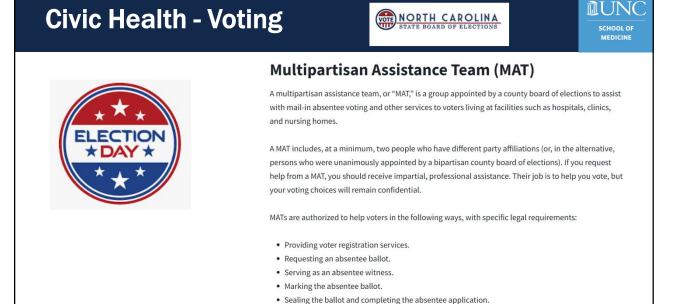
53

Employee Well-being



- Could be its own lecture
- Taking good care of employees benefits all: patients, employees, and the business (safer environment, lower turnover, less staffing shortages)
- Physical and mental well-being
 - Living wages and robust benefits
 - Parental leave
 - Comprehensive DEI (diversity, equity and inclusion) trainings and meaningful reflections in workplace policies/practices, not just lip service
 - Safety from workplace violence
 - Fair PTO policies that disincentivize presenteeism
 - Access to resources for burnout, moral injury





· Mailing the voted absentee ballot in the closest U.S. mail depository or mailbox, if the voter has a



