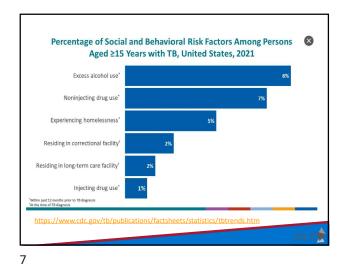


MYCOBACTERIUM TUBERCULOSIS ► Epidemiology TB is one of the most common infections in the world ► Nearly 2 billion people (1/4th of the worlds population) are infected with TB ► Every year about 10 million people develop TB disease ▶ 1.6 million die ▶ 2015- the World Health Organization (WHO) reported TB disease as the leading cause of death due to infectious disease in the world

MYCOBACTERIUM TUBERCULOSIS ► Incidence Progress Towards TB Elimination, United States, 1982–2021 reported an incidence of 2.5 cases per 1,00,000 population (8,300)-slight increase from 2021 ▶ Steady decreases since 1992 ▶ 0.2 deaths per 100,000 persons (526) TB related deaths-2019

 \otimes Percentage of TB Cases by Race/Ethnicity,* United States, 2021 (N=7,882) Hispanic or Latino Black or African American American Indian or Alaska Native 1% Native Hawaiian or Other Pacific Islander 1% Multiple race 1% wsroom/docs/factsheets/TB-in-the-US-508.pdf SPICE

5 6



Despite this decline ongoing concerns exist TB cases reported in almost every state
 >80% of U.S. TB cases are believed to be associated with longstanding, untreated latent TB infection
 > than 2/3 of cases in the U.S. are among non-U.S.-born persons
 Affects racial/ethnic minorities disproportionately
 Drug-resistant TB (MDR-TB) and extensively drug-resistant TB (XDR-TB) remain a serious public health issue-2020 a total of 56 cases²
 ¹Self-Study Modules on Tuberculosis Modules 2 Epidemiology of Tuberculosis ²https://www.cdc.gov/nchhstp/newsroom/docs/factsheets/TB-in-the-US-508.pdf

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FACTOR	DESCRIPTION
Susceptibility	Immune status of the exposed individual
Infectiousness	Directly related to number of bacilli expelled into the air. Individuals who expel many bacilli are more infectious than those that expel few or no bacilli.
Environment	Factors that affect the concentration of bacilli in the air (ventilation, circulation, air pressure, etc)
Exposure	Proximity, frequency and duration of exposure

9

PATIENT CHARACTERISTICS ASSOCIATED WITH **INFECTIOUSNESS Factor Description** Clinical Persistent cough > 3 weeks Respiratory tract disease, especially laryngeal disease (highly infectious) Failure to cover cough/sneeze Inadequate/Inappropriate treatment Procedure Undergoing cough-inducing or aerosol-generating procedure (e.g., bronchoscopy, sputum induction) Radiographic Cavitation on CXR Positive culture Mtb and Laboratory · Postive AFB smear

10

ENVIRONMENTAL FACTORS - INCREASE TRANSMISSION Factor Description Concentration of droplet nuclei in the air, the more of droplet probable that Mtb will be transmitted nuclei Space Exposure in small, enclosed spaces Air Circulation Recirculation of air containing droplet nuclei Air Pressure Positive air pressure in infected patients room causes droplet nuclei to flow to other areas

PROGRESSION OF TB

People Exposed to Mtb

Negative TST or IGRA

Normal CXR

Does Not Develop LTBI or B disease

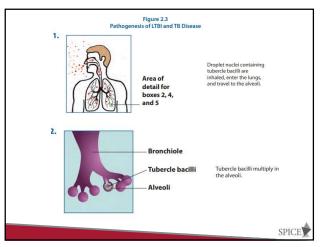
No Symptoms

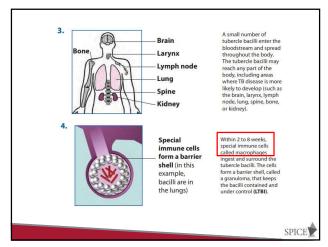
Has LTBI May have + Cx

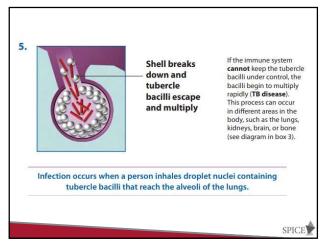
Not Infectious

May Develop Sx later

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INFECTION VERSUS DISEASE LATENT TB INFECTION TB DISEASE ▶ Infected with TB but do not ► Symptomatic with have disease unexplained weight loss, loss ▶ Usually have a positive skin of appetite, night sweats, fever, chills and fatigue ▶ Negative chest x-ray and a ▶ Cough for 3 weeks or longer negative sputum test and coughing up blood ▶ Do not feel sick ► Can spread disease and ► Cannot spread TB to othersshould not work-until needs treatment-refer to approved to return by local local health department health department ► Staff can work Without treatment approximately 5% of persons will develop disease in the first year or 2 after infection and another 5% sometime late in life (latent TB)

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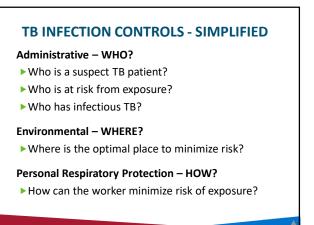


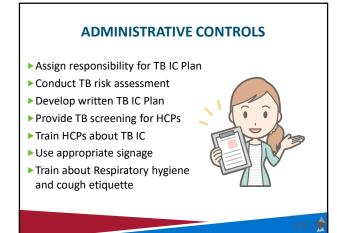
Administrative Controls

Environmental Controls

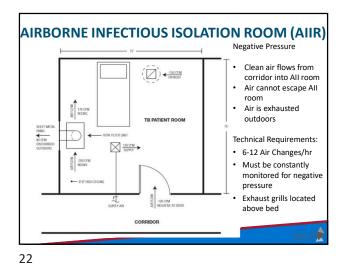
Respiratory Protection

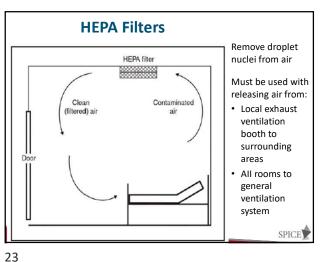
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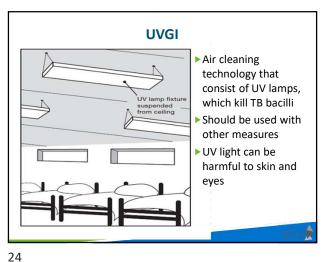


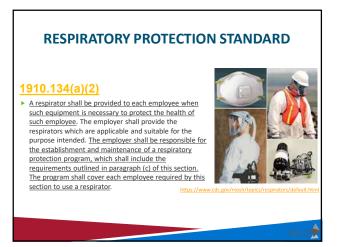












KEY ELEMENTS OF A RESPIRATORY PROTECTION PROGRAM (RPP)

▶ Assign a suitably trained program administrator

- ► Infection Preventionist
- Nurse Administrator
- Consult with a local industrial hygiene consulting service

Implement and maintain a written RPP

- ▶ Medical evaluation-Physician or other licensed health care professional (PLHCP)
- ▶ Fit testing
- ▶ Training
- ► Maintenance



25

26

MEDICAL EVALUATION

1910.134(E)(1)

- ▶ The employer shall provide a medical evaluation to determine the employee's ability to use a respirator, before the employee is fit tested or required to use the respirator in the workplace. The employer may discontinue an employee's medical evaluations when the employee is no longer required to use a respirator.

 - Perform medical evaluations using a medical questionnaire or an initial medical exam that contains the same information.
 - $Follow-up\ exam\ for\ employees\ providing\ a\ positive\ response\ (include\ test,\ consultations\ or\ diagnostic\ procedures)$
 - - ► During employee's normal work hour:
 - At a time and place convenient to the employee and Administered in a manner that ensures the employee

 - Employee provided the opportunity to discuss with the PLHCP.

SUPPLEMENTAL INFORMATION TO PLHCP 1910.134(E)(5)

- ▶ The following information must be provided to the PLHCP before the PLHCP makes a recommendation concerning an employee's ability to use a respirator:
 - ► The type and weight of the respirator
 - ► The duration and frequency
 - ► The expected physical work effort
 - ▶ Additional protective clothing and equipment to be worn and
 - ▶ Temperature and humidity extremes that may be encountered
 - ▶ Copy of the respiratory protection program and a copy of this section
- ► Employer shall:
 - ▶ Obtain a written recommendation from the PLHCP
 - Any limitations on respirator use, any needed medical follow up and a statement that the employee has been provided a copy

27

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SELECTION OF RESPIRATORS

1910.134(D)



- ▶ The employer shall select and provide an appropriate respirator based on the respiratory hazard(s) to which the worker is exposed
- ► The employer shall select a NIOSH-certified respirator
- ► The employer shall select respirators from enough models and sizes

https://www.cdc.gov/niosh/npptl/topics/respirators/disp_part/default.html

FIT TESTING 1910.134(F)

- ▶ Before an employee may be required to use any respirator with a negative or positive pressure tight-fitting facepiece, the employee must be fit tested with the same make, model, style, and size of respirator that will be used.
 - ▶ Pass an appropriate qualitative fit test (QLFT) or quantitative fit test (QNFT)
 - Fit tested prior to initial use, whenever a different respirator is used, and at least annually
 - Whenever changes in the employee's physical condition that could impact fit occur-dental changes, cosmetic surgery or obvious change in body weight



FIT TESTING 1910.134(F)

- Cannot be worn by employees who have:
 - ► Facial hair that comes between the sealing surface of the facepiece and the face
 - Any condition that interferes with seal
 - ▶ Other PPE will not interfere with seal
 - A user seal check is performed each time they put on the respirator



31

USER SEAL CHECK



▶ User seal check is not a fit test. The user seal check is one step an employee must take before any fit testing is performed and before the employee uses the respirator in the workplace.

32

FIT TESTING

QUALITATIVE FIT TESTING

- ➤ Qualitative fit testing is a non-numeric pass/fail test that relies on the respirator wearer's response to a substance ("test agent") used in the test to determine respirator fit.
- Performs a user seal check-enclosed area-test agent used



Quantitative fit testing is a method of measuring the amount

QUANTITATIVE FIT TESTING

- measuring the amount of leakage into a respirator. A numeric assessment of how well a respirator fits a particular individual.
- Performs a user seal check
- Connected to a machine that measures the leakage

33

TRAINING 1910.134(K)

- This paragraph requires the employer to provide effective training to employees who are required to use respirators.
- The training must be comprehensive, understandable, and recur annually, and more often if necessary.
- This paragraph also requires the employer to provide the basic information on respirators in Appendix D of this section to employees who wear respirators when not required by this section or by the employer to do so (voluntary use)



34

KEY ELEMENTS OF A RESPIRATORY PROTECTION PROGRAM

- ► Provide effective training
 - Why it is necessary
 - ▶ Limitations
 - ► How to inspect, put on and remove
 - How to recognize medical signs and symptoms that may limit effective use
 - Prior to use
 - Annually
- Conduct periodic evaluations
 - ► Solicit input from staff



WHEN A RESPIRATOR IS NOT REQUIRED

1910.134(C)(2)

- An employer may provide respirators at the request of employees or permit employees to use their own respirators, if the employer determines that such respirator use will not in itself create a hazard. If the employer determines that any voluntary respirator use is permissible, the employer shall provide the respirator users with the information contained in Appendix D to this section ("Information for Employees Using Respirators When Not Required Under the Standard"): and
- In addition, the employer must establish and implement those elements of a written respiratory protection program necessary to ensure that any employee using a respirator voluntarily is medically able to use that respirator, and that the respirator is cleaned, stored, and maintained so that its use does not present a health hazard to the user.
- If filtering facepiece respirators are the only respirator being worn voluntarily, employers are only required to provide the employee with a copy of Appendix D and make sure that the respirator itself is not creating a hazard, such as dermatitis from a dirty respirator.

OTHER ELEMENTS ➤ Program evaluation ➤ Recordkeeping ➤ Medical Evaluation ➤ Records of medical evaluations must be retained and made available in accordance with 29 CFR 1910.1020 ➤ Fit testing ➤ Name or identification of the employee ➤ Type of test performed ➤ Specific make, model, style and size of respirator tested ➤ Date of test ➤ Pass/fail results of fit testing ➤ Retain until the next fit test is administered ➤ A written copy of the current respirator program shall be retained by the employer

TB RISK ASSESSMENT SETTINGS EXPECTING TO ENCOUNTER TB PATIENTS

▶ Review Community TB profile

37

- ▶ Review number of TB patients encountered
- ▶ Determine which HCPs to include in both TB screening and RP program
- ► Assess the number of AIIR needed
- ▶ Determine types of environmental controls needed

▶ Determining your risk classification
 ▶ Low
 ▶ No TB cases; <200 beds & <3 active TB cases; >200 beds & <6 active TB cases
 ▶ Persons with TB disease not expected to be encountered; exposure unlikely
 ▶ Medium
 ▶ <200 beds & > 3 active TB cases; >200 beds & > 6 active TB cases
 ▶ HCP will or might be exposed to persons with TB disease
 ▶ Potential Ongoing Transmission
 ▶ Evidence of ongoing transmission in facility

TB RISK ASSESSMENT

▶ Reviewing number of cases

▶ National — State — County — Facility

(No longer used to determine frequency that HCP should be tested)

39

TB SCREENING, TESTING AND TREATMENT OF U.S. HEALTH CARE PERSONNEL (CDC RECOMMENDATIONS 2019)

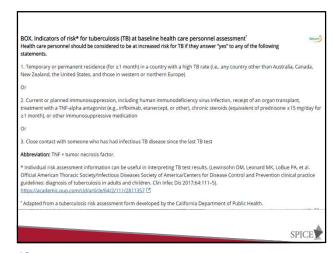
- ► U.S. healthcare personnel should be screened for TB upon hire (i.e., preplacement)
- ► TB screening includes a process that includes:
 - ► A baseline individual TB risk assessment (2019 updated recommendations)
 - ► TB symptom evaluation ► A TB test (e.g., TB blood
 - test or a TB skin test) and
 - Additional evaluation for TB diseased as needed



Figure 3.1 Health care worker collecting a blood

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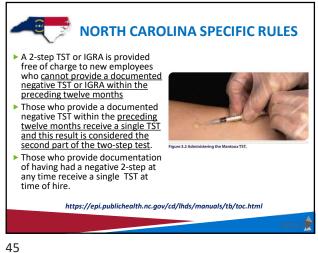
Category	2005 Recommendation	2019 Recommendation
Baseline (preplacement) screening and testing	TB screening of all HCP, including a symptom evaluation and test (IGRA or TST) for those without documented prior TB disease or LTBI.	TB screening of all HCP, including a symptom evaluation and test (IGRA or TST) for those without documented prior TB disease or LTBI (unchanged); individual TB risk assessment (new).
Postexposure screening and testing	Symptom evaluation for all HCP when an exposure is recognized. For HCP with a baseline negative TB test and no prior TB disease or LTBI, perform a test (IGRA or TST) when the exposure is identified. If that test is negative, do another test 8–10 weeks after the last exposure.	Symptom evaluation for all HCP when an exposure is recognized. For HCP with a baseline negative TB test and no prior TB disease or LTBL perform a test (IGRA or TST) when the exposure is identified. If that test is negative, do another test 8-10 weeks after the last exposure (unchanged)
Serial screening and testing for HCP without LTBI	According to health care facility and setting risk assessment. Not recommended for HCP working in low-risk health care settings. Recommended for HCP working in medium-risk health care settings and settings with potential ongoing transmission.	Not routinely recommended (new): can consider for selected HCP groups (unchanged): recommend annual TB education for all HCP (unchanged). including information about TB exposure risks for all HCP (new emphasis).
Evaluation and treatment of positive test	Referral to determine whether LTBI treatment is indicated.	Treatment is encouraged for all HCP with untreated LTBI, unless medically contraindicated (new) .

NORTH CAROLINA SPECIFIC RULES Tuberculin Skin Testing (TST) <u>may</u> be required by agency rules or OSHA; if OSHA guidelines apply or annual testing is being done by policy, a <u>two-step test or IGRA</u> should be done at the time of hire hospital employees Frequency: upon employment & by risk assessment operating room employees Frequency: upon employment & by risk assessment autopsy room employees BLOSHA
Frequency upon employment & by risk assessment
employees of ambulatory facilities that perform high hazard procedures
on suspected or active tuberculosis patients
BLOSHA
BLOSHA ex_USHA
Frequency, upon employment & by risk assessment
emergency medical personnel with direct patient contact
Br_OSHA
Frequency, upon employment & burning the contact personnel with DSHA <u>uency:</u> upon employment & by risk ass

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TB TESTING ▶ Perform an IGRA rather than a TST in individuals 5 years or older who meet the following criteria: ▶ Are likely to be infected with Mtb ▶ Have a low or intermediate risk of disease progression ► Testing for LTBI is warranted ▶ History of BCG vaccination ▶ Person unlikely to return for TST to be read (at the appropriate time

▶ Perform TST rather than an IGRA: ▶ In healthy children < 5 years of age for whom it has been decided that

diagnostic testing for LTBI is warranted

endations from the American Thoracic Society/Infectious Disease Society of America/CDC

TB TESTING

Table 3.4 - Advantages of using an IGRA compared to using the TST.

IGRA	TST
Requires one patient visit to conduct the test	Requires at least two patient visits to conduct the test
Results can be available in 24 hours	Results are available 48 to 72 hours later
Does not cause booster phenomenon	Can cause booster phenomenon
Previous BCG vaccination does not cause false-positive result	Previous BCG vaccination may cause false-positive result

https://www.cdc.gov/tb/education/ssmodules/pdfs/Module3.pdf

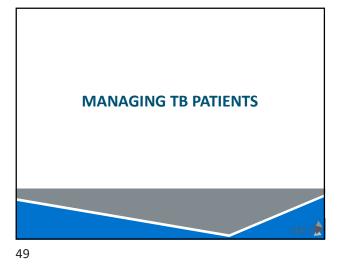
OCCUPATIONAL EXPOSURE EVALUATION

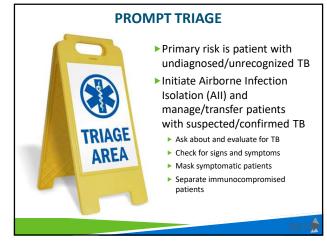


- ► HCP and other exposed persons screened by symptoms and TST or IGRA as soon as possible after exposure
- ▶ Follow-up testing repeated in 8-10 weeks following exposure, if initial result negative
- ▶ Treatment is encouraged for all HCP with untreated LTBI, unless medically contraindicated.

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47





CRITERIA FOR INITIATING AII PRECAUTIONS

- Know or suspected pulmonary, laryngeal or miliary (disseminated) TB disease
- ► Patients with known or suspected open/draining TB abscesses or have wound drains in place (JP)
- ► Gastric Aspirate (pediatrics only) culture positive for TB
- ▶ Rule out TB in differential diagnosis and AFB smears ordered
- ▶ Previously diagnosed smear-positive TB readmissions

https://epi.publichealth.nc.gov/cd/lhds/manuals/tb/toc.html

51

CRITERIA FOR DISCONTINUING AII PRECAUTIONS

- ➤ Sputum specimen results meet CDC criteria for discontinuation of respiratory isolation;
- ▶ Patient has <u>2</u> consecutive negative AFB smears collected at least 8 hours apart;
- It has been at least seven days since the last positive sputum smear and
- ▶ Patient has been compliant on TB medications to which the organism is susceptible and there is evidence of clinical response to treatment

https://epi.publichealth.nc.gov/cd/lhds/manuals/tb/toc.html Chapter XI

52

CDC CRITERIA FOR DISCONTINUING AII PRECAUTIONS

- ► Patients can be considered noninfectious when they meet ALL of the following three criteria
 - ➤ The patient has three consecutive, negative AFB sputum smear collected in 8–24-hour intervals and at least one specimen should be an early morning specimen
 - They are compliant with an adequate treatment regimen for two weeks or longer; and
 - ▶ Their symptoms have improved clinically

CDC recommendation on infection control provide evidencebased guidance. For regulations in your area refer to state and local regulations

https://www.cdc.gov/tb/publications/factsheets/prevention/ichcs.htm

AIRBORNE PRECAUTIONS

Common conditions:

> Tuberculosis,

Measles

Private room only

Room requires Negative airflow pressure

Doors must remain closed

Everyone must wear an N-95 respirator

Limit the movement and transport of the Resident

Hand hygiene before and after

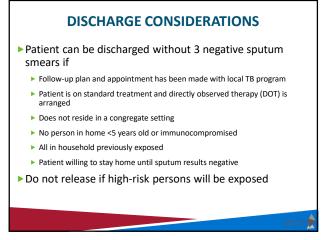
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All rooms should be checked daily when in use.

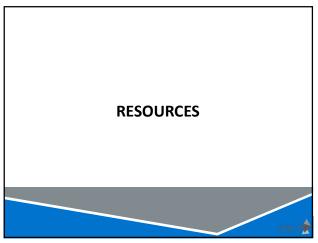
Results should be documented in the patient record

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EVALUATING PROBLEMS
 Conduct contact investigations for problems such as
 Conversion in TST or BAMT result in HCP
 TB disease diagnosis in HCP
 Suspected person-to-person transmission
 IC lapses exposing HCPs
 Possible outbreaks identified using automated lab systems

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CDC Centers for Disease Control and Prevention
CDC 24/7 Soring twee Protecting Propose.**

Tuberculosis (TB)
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