

## PPE Doffing for Special Pathogens

(PPE sequence to be used for persons under investigation or confirmed for a special pathogen)

PPE Doffing monitor will wear an impermeable blue gown, gloves, mask, and face shield.

\*A PPE Doffing monitor is beneficial to aid the person donning and doffing from potential contamination.

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| <ol style="list-style-type: none"><li>1. Wipe away visual PPE contamination with a disinfectant wipe.</li><li>2. While still in the patient's room, walk to the door and stop. Remove the blue booties and perform hand hygiene.</li><li>3. Doff surgical gown. Break side tie. Reach behind your head, grab each side of the gown and pull it off and perform hand hygiene. If your gloves do not come off with the surgical gown, remove them.</li><li>4. Perform hand hygiene on inner gloves.</li><li>5. Exit to the doffing area entering on the high-risk side and receive doffing instructions from the PPE monitor.</li><li>6. Perform hand hygiene.</li><li>7. Check PPE integrity for rips, tears, or other visual contamination. Wipe away visual contamination with a disinfectant wipe.</li><li>8. Rip bottom tie from CAPR hood and discard.</li><li>9. Perform hand hygiene.</li><li>10. With one hand find your navel</li><li>11. Find the coverall zipper and slowly move up along the zipper until you</li></ol> | <ol style="list-style-type: none"><li>find the string for the zipper and unzip the coverall suit fully.</li><li>12. Reach under the CAPR hood and grab the suit's chest area and pull it off at the shoulders.<ol style="list-style-type: none"><li>a. Minimize touching the outside of the suit.</li><li>b. Push the suit down to the mid-calf area, touching only the inside of the suit.</li><li>c. Don't lower your boot covers</li><li>d. Step back and forth to remove leg from the coverall</li><li>e. Repeat with other leg</li><li>f. If needed, sit down on the chair provided on the low-risk side, keeping your feet in the high-risk side.</li><li>g. Touching only the inside of the suit, push coveralls over shoes</li><li>h. Pick up the suit from the inside and discard in the trash.</li></ol></li><li>13. Perform hand hygiene.</li><li>14. Remove the CAPR hood.<ol style="list-style-type: none"><li>a. Break the upper tie from the CAPR hood and discard.</li><li>b. Perform hand hygiene.</li></ol></li></ol> |
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- c. Undo the side hooks from the outside of the CAPR helmet.
- d. Remove the filter cap on top of the hood.
- e. Reaching behind your head begin to elevate the hood.
- f. Once it starts to move, close your eyes and lean forward slightly at a 45° angle and carefully pull the hood over the backside of the helmet.
- g. Carefully pull the hood over the helmet while keeping the helmet in place and discard it in the trash.

**15. IMMEDIATELY CLASP HANDS TOGETHER AND DO NOT TOUCH YOUR FACE.**

- 16. Perform hand hygiene.
- 17. Remove the inner gloves.
- 18. Perform hand hygiene, PPE monitor will apply ABHR to your hands.
- 19. Don a pair of nitrile gloves.
- 20. Fold boot cover to expose the inside and then touching only the inside remove the boot cover and step into the low-risk zone.
- 21. Perform hand hygiene, using ABHR from PPE monitor.
- 22. Fold over the other boot cover to expose the inside, and then touching only the inside remove the last boot cover and then step completely into the low-risk zone.

- 23. Perform hand hygiene, using ABHR from PPE monitor.
- 24. Remove gloves.
- 25. Perform hand hygiene.
- 26. Unplug and remove the CAPR helmet, placing on the low-risk table.
- 27. Perform hand hygiene.
- 28. Remove the belt with the battery pack and place on the low risk table.
- 29. Perform hand hygiene.
- 30. Remove feet from footwear.
- 31. Put on new nitrile gloves and wipe shoes with EPA registered disinfectant wipe.
- 32. Perform hand hygiene.
- 33. Remove nitrile gloves.
- 34. Perform hand hygiene.