

ELIZABETH DODDS ASHLEY, PHARMD, MHS, BCIDP







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Disclosures

Scientific Advisory Board: HealthTrackRx

dason STEWARDSHIP OUTREACH NETWORK

What is Stewardship?

Antimicrobial stewardship is the effort to measure and improve how antibiotics are prescribed by clinicians and used by patients.

US Centers for Disease Control and Prevention. https://www.cdc.gov/antibiotic-use/core-elements/index.html#print

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AMR Impacts More Than Human Health...



CDCs 2019 AR Threats Report. https://www.cdc.gov/drugresistance/biggest-threats.html

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Stewardship - Part of a Larger Plan...

2015 WHO Action Plan

- To improve awareness and understanding of AR through effective communication, education and training
- To strengthen the knowledge and evidence base through surveillance and research
- To reduce the incidence of infection through sanitation, hygiene and infection prevention measures
- To optimize the use of antimicrobial medicines in human and animal health
- To develop the economic case for sustainable investment that takes account of the needs of all countries and to increase investment in new medicines, diagnostic tools, vaccines and other interventions



https://www.who.int/publications/i/item/9789241509763

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U.S. National Efforts - 5 Goals

- Goal 1. Slow the emergence of resistant bacteria and prevent the spread of resistant infections
- Goal 2. Strengthen national One Health surveillance efforts to combat resistance
- Goal 3. Advance development and use of rapid and innovative diagnostic tests for identification and characterization of resistant bacteria

Goal 4. Accelerate basic and applied research and development for new antibiotics, other therapeutics and vaccines

Goal 5. Improve international collaboration and capacities for antibiotic-resistance prevention, surveillance, control and antibiotic research and development



 $https://aspe.hhs.gov/sites/default/files/migrated_legacy_files//196436/CARB-National-Action-Plan-2020-2025.pdf$

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Antibiotic Overuse is Common In Nursing Homes



75% of nursing home residents receive an antibiotic if stay > 6 months



> 50% of antibiotic prescriptions in nursing homes are unnecessary



If needed, the antibiotic prescribed is often too broad in spectrum and/or the course is longer than needed

J Am Med Dir Assoc 2012;13:568 e1-13. Infect Dis Clin N Am 2017;31:619-38.

U.S. Nursing Home Stewardship Regulatory Timeline

July 2015- CMS adds stewardship to COP* for nursing homes

May 2019- Delayed since 11/2017, long term care facility surveys for stewardship begin

April 2020- Nursing homes required to report COVID-19 data into NHSN

* COP= condition of participation

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Conditions of Participation

What exactly is required?

- have an ASP that includes antibiotic use protocols and a system to monitor antibiotic use
- Needs to be included in the Infection Control program



DEPARTMENT OF HEALTH AND HUMAN SERVICES

Centers for Medicare & Medicaid Services

42 CFR Parts 405, 431, 447, 482, 483, 485, 488, and 489

[CMS-3260-F]

RIN 0938-AR61

Medicare and Medicaid Programs; Reform of Requirements for Long-Term Care Facilities

AGENCY: Centers for Medicare & Medicaid Services (CMS), HHS.

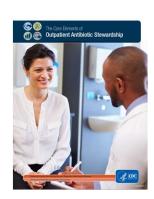
ACTION: Final rule.

SUMMARY: This final rule will revise the requirements that Long-Term Care facilities must

meet to participate in the Medicare and Medicaid programs. These changes are necessary to

There are Many Resources Available







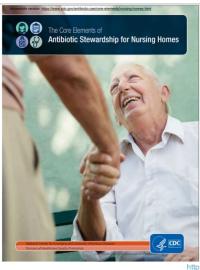


https://www.cdc.gov/antibiotic-use/core-elements/index.html

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CDC Core Elements- Nursing Homes





https://www.cdc.gov/antibiotic-use/core-elements/index.html

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Leadership Commitment

Demonstrate support and commitment to safe and appropriate antibiotic use in your facility.

Priority examples (select):

Write statements of support

Include stewardship-related duties in job descriptions

Communicate the priority with nursing and prescribers

Create a culture through messaging, education and celebrating improvement

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Additional Resources



Agency for Healthcare



Nursing Home Antimicrobial Stewardship Guide

Overview of the Guide
The Nursing Home Antimicrobial Stewardship Guide
provides toolkits to help nursing homes optimize their use

Browse Antimicrobial Stewardship Toolkits
Toolkits on four topic areas are available.

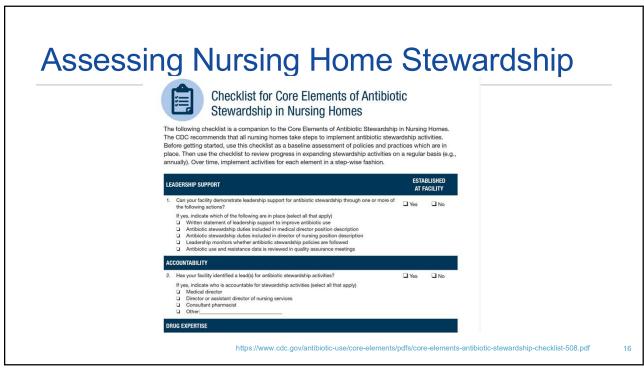
Implement, Monitor, and Sustain a

ProgramTwo toolkits help nursing homes start and maintain antimicrobial stewardship programs.

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https://www.ahrq.gov/nhguide/index.html







Identify physician, nursing and pharmacy leads responsible for promoting and overseeing antibiotic stewardship activities in your facility

Key points:

- Empower the medical director
- · Empower the director of nursing
- Engage the consultant pharmacist
- Partner with infection prevention program coordinator, referral lab, department of health

https://www.cdc.gov/antibiotic-use/core-elements/pdfs/core-elements-antibiotic-stewardship-H.pdf

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Accountability Resources



Toolkit 1. Start an Antimicrobial Stewardship Progra

Tool 2. Roles and Responsibilities for Antimicrobial Stewardship
This table provides an example role and responsibility. Each nursing home should cc
what the team needs to accomplish and how best to assign roles and responsibilities.



- 3. Appoint two champions to promote the importance of an antimicrobial stewardship program in the nursing home. These individuals should lead the effort and be responsible for program outcomes. Two champions are recommended to increase the chance that the antimicrobial stewardship program always has a leader through periods of staff change. These champions should have the following qualities:
 - a. A basic knowledge of antibiotics
 - b. An interest in playing a leadership role in the nursing home
 - c. The respect of his or her peers
 - d. An understanding of how to be a good team player
 - e. An understanding of the importance of improving antibiotic use in nursing homes

https://www.cdc.gov/antibiotic-use/core-elements/pdfs/core-elements-antibiotic-stewardship-H.pdf



Drug Expertise

Establish access to consultant pharmacists or other individuals with experience or training in antibiotic stewardship for your facility.

Priority areas:

- · Work with consultant pharmacists
- Partner with local antibiotic stewardship program leads
- Develop relationships with infectious diseases consultants

https://www.cdc.gov/antibiotic-use/core-elements/pdfs/core-elements-antibiotic-stewardship-H.pdf

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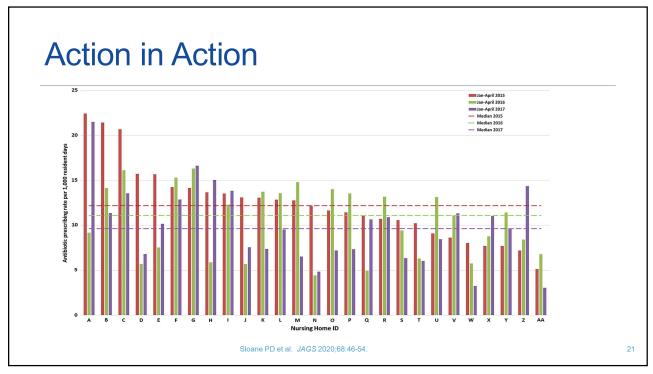
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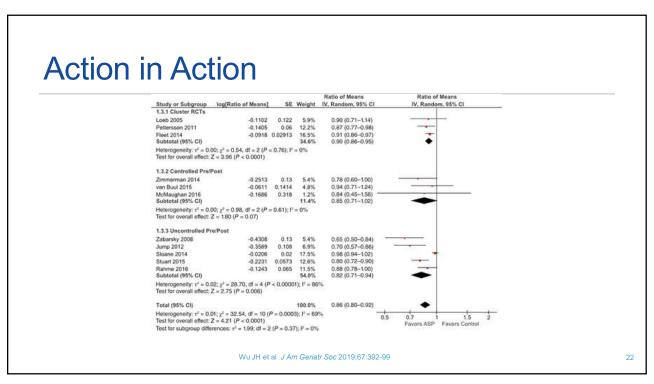


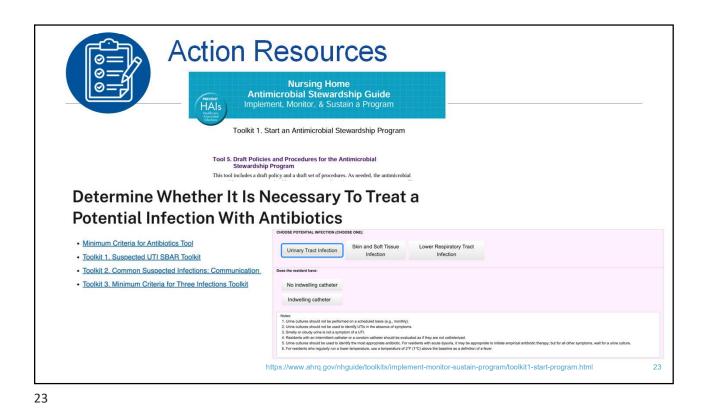
Implement at least one policy or practice to improve antibiotic use.

Priority examples (select):

- · Policies that support optimal antibiotic use
- Broad interventions to improve antibiotic use
- Pharmacy-based interventions interventions to improve antibiotic use
- Infection and syndrome specific interventions to improve antibiotic use











Tracking & Reporting

Monitor at least one process measure of antibiotic use and at least one outcome from antibiotic use at your facility.

Provide regular feedback on antibiotic use and resistance to prescribing clinicians, nursing staff and other relevant clinical staff.

Priority examples (select):

- · Process measures: How and why antibiotics are prescribed
- Antibiotic use measures: How often and how antibiotics are prescribed
- Antibiotic use outcome measures: Tracking the adverse outcomes and costs from antibiotics

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Measuring Antimicrobial Use





Sources for Antibiotic Data in Nursing Homes

Purchasing data

 -Can be difficult for dispensing from a central pharmacy location to many facilities

Dispensing data

Can be difficult with a lot of floor stock

Electronic MAR

Paper and pencil ©

Point prevalence survey

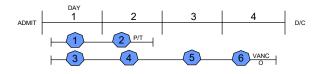


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Are Additional Metrics Available?

Number of antibiotic days

Note: this is not the same as Days of Therapy



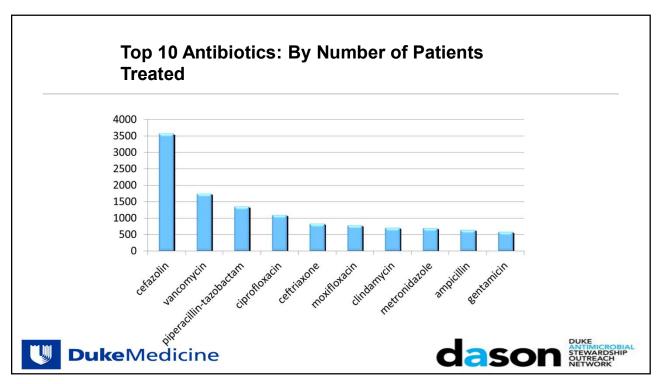
- DOT:
 - Piperacillin/tazobactam= 2
 - Vancomycin = 4
- Antibiotic days:
 - Overall = 4





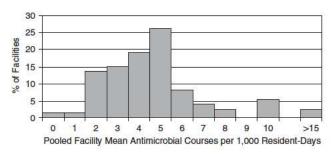
Polk et al. CID 2011;53(11):1100-10

		1					
Data	Exam	nie					
		PIC					
					QTY	QTY	Y
	DRUG NAME	SIG			DATE WRITTEN AUT		
	DOXYCYCLINE 100 MG CAPSULE	TAKE ONE CAPSULE PO TWICE	DAILY X 7 DAYS	(BRONCHITIS/COPD)	27-Jan-16	14	14
	CIPROFLOXACIN 500MG TABS(*)	ONE TABLET PO TWICE	DAILY. (OSTEOMYELITIS)	(DC 2/8/16)	4-Jan-16	70	55
	VANCOMYCIN 1 GM ADD-VAN VIA		HOURS OVER 60-90 MINUTE		12-Jan-16	60	8
	VANCOMYCIN 1 GM ADD-VAN VIA	INFUSE 1GM I.V. EVERY 12	HOURS OVER 60-90 MINUTE	S (*Activate before use*)	25-Jan-16	28	8
	SULFAMETHOXAZOLE/TMP DS TAB	TAKE 1 TABLET BY MOUTH	TWICE DAILY X 14 DAYS.	(PYELONEPHRITIS)	11-Jan-16	28	2
	CEFPODOXIME 200 MG TABLET	TAKE ONE TABLET PO EVERY		(PYELONEPHRITIS)	12-Jan-16	20	5
		Doxycycline: Ciprofloxacir Vancomycin:	n: 55/2= 27.5- 2	8 DOT			
					QTY	QTY	
		SIG TAKE ONE CAPSULE PO			DATE WRITTEN AUTH	DISP	DOT
	DOXYCYCLINE 100 MG CAPSULE	TWICE		BRONCHITIS/COPD)	27-Jan-16 1-		
	CIPROFLOXACIN 500MG TABS(*)			DC 2/8/16)	4-Jan-16 7	5 5	5 28
	VANCOMYCIN 1 GM ADD-VAN VIA		HOURS OVER 60-90 MINUTES (*Activate before use*)	12-Jan-16 6	0 1	8 4
			HOURS OVER 60-90				
	VANCOMYCIN 1 GM ADD-VAN VIA SULFAMETHOXAZOLE/TMP DS	INFUSE 1GM I.V. EVERY 12	MINUTES (*Activate before use*)	25-Jan-16 2	5 1	8 4
		TAKE 1 TABLET BY MOUTH	TWICE DAILY X 14 DAYS. (PYELONEPHRITIS)	11-Jan-16 2	в :	2 1
	CEFPODOXIME 200 MG TABLET	TAKE ONE TABLET PO EVERY	12 HOURS FOR 10 DAYS (PYELONEPHRITIS)	12-Jan-16 2) :	5 3



New Starts

Courses/starts per 1,000 resident days



- Advantages: easier to measure
- Disadvantages: does not tell the whole picture- what about durations and overall exposure
 - Remember- a single course of chronic UTI prophylaxis is only started once!!!

Benoit SR et al. JAGS 2008;56:2039-44.



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Proportion of Residents Receiving Antibiotics

Number (or percentage) of patients receiving antimicrobials

Advantages:

This number can help target education.

Disadvantages:

This can still underestimate key prescribing practices.

Table 2. Comparison of antibiotic use and cost indicators by physician, February 1999-September 2001*

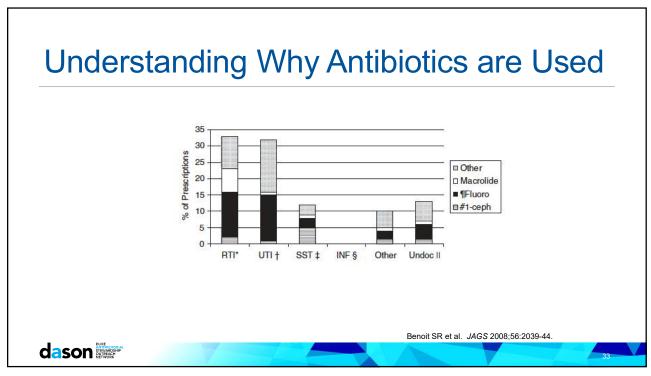
Physician code	Incidence	AUR	Cost/RCD	Cost/ Ab-day	
A	3.7 ± 1.3	3.7 ± 1.6	\$0.18 ± 0.11	\$5.49 ± 2.50	
В	4.9 ± 1.4	4.7 ± 1.3	\$0.25 ± 0.12	\$5.35 ± 1.83	
C	4.6 ± 2.7	4.2 ± 2.2	\$0.30 ± 0.20	\$7.43 ± 4.52	
D	6.5 ± 2.4	6.5 ± 2.5	\$0.39 ± 0.19	\$5.87 ± 1.72	
E	5.5 ± 1.4	4.7 ± 1.3	\$0.25 ± 0.12	\$5.31 ± 1.74	
FI	4.1 ± 2.1	3.3 ± 1.9	\$0.19 ± 0.12	\$6.01 ± 3.37	
F2	6.1 ± 1.9	5.5 ± 2.1	\$0.27 ± 0.17	\$5.00 ± 1.93	
P value	<.001	<.001	<.001	.08	

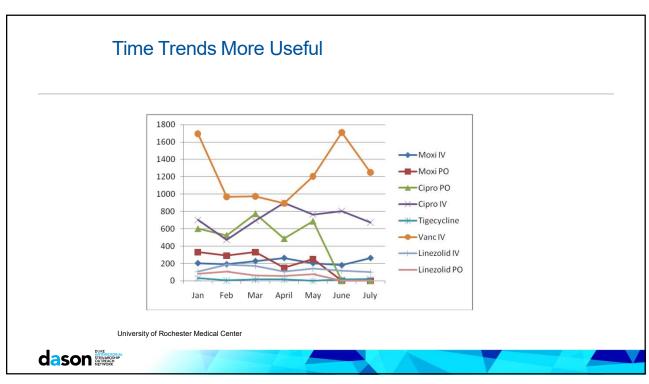
RCD, Resident care-days; Ab, antibiotic; AUR, antimicrobial utilization ratio; Cost/RCD = Total cost for antibiotics per month/total resident care-days per month; cost per A Day = Total cost for antibiotics per month/total antibiotic-days per month; incidence = Number of antibiotic courses started per 1000 resident care-days per month; AUR = Number of antibiotic days per month/number of resident care-days per month multiplied by 100 (%).

*Values **Myelocitic** JM and **New Period** (%) = New Period**









There is no substitute for chart review (in some cases)...

Measures of antibiotic use

Point prevalence of antibiotic use. Point prevalence surveys of antibiotic use track the proportion of residents receiving antibiotics during a given time period (i.e., a singleday, a week, or a month). Because the data collection is timelimited, point prevalence surveys are an easier way to capture antibiotic use data. In addition to providing a snap-shot of the burden of antibiotic use in a facility, point-prevalence surveys can capture specific information about the residents receiving antibiotics and indications for antibiotic therapy. Unlike other antibiotic use measures which focus only on the prescriptions initiated in the nursing home, prevalence surveys could also include data on residents admitted to the facility already receiving an antibiotic to track the total burden of individuals at risk for complications from antibiotic use (e.g., C. difficile infection).

CDC. Core Elements of Antibiotic Stewardship in Nursing Homes- Appendix B 2015.



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National Data

- Cohort of 309,884 US nursing homes residents from 1,664 nursing homes in 2016
 - 54% of residents received at least 1 systemic antibiotic

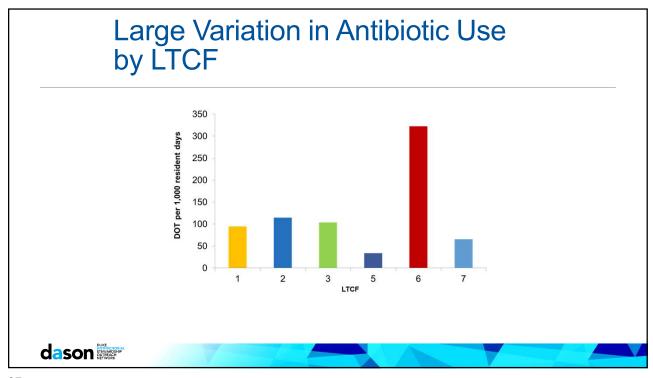
Antibiotic	Total Courses		Course Duration (Days)	
	No.	96	Median	IQR
Total	436,619	NA	7	5-10
Genitourinary infections				
Total	146,239	NA	7	5-1
Ciprofloxacin	32,042	22	7	4-1
Nitrofurantoin	22,995	16	8	6-9
Trimethoprim-sulfamethoxazole	18,492	13	7	5-4
Levofloxacin	12,736	9	6	4-
Cephalexin	12,351	8	7	5-1
Respiratory infections	_			
Total	100,165	NA	7	4-1
Levofloxacin	32,966	33	7	5-1
Azithromycin	17,879	17	5	4-
Amoxicillin-Clavulanic Acid	9,768	10	8	5-1
Doxycycline	7,359	7	8	6-1
Ceftriaxone	4,472	4	5	3-
Skin, soft-tissue, and musculoskeletal infections				
Total	81,488	NA	8	6-1
Cephalexin	17,476	21	8	6-1
Doxycycline	9,918	12	9	7-1
Trimethoprim-sulfamethoxazole	9,186	11	8	7-1
Vancomycin (IV)	6,005	7	7	4-1
Clindamycin	5,960	7	8	6-1
Gastrointestinal and intraabdominal infections				
Total	26,105	NA	9	6-1
Metronidazole	10,539	40	9	6-1
Vancomycin (oral)	8,428	32	10	6-1
Rifaximin	1,612	6	13	7-2
Ciprofloxacin	1,178	6	7	7-1
1-Pvofloxacin	683	3	7	5-1

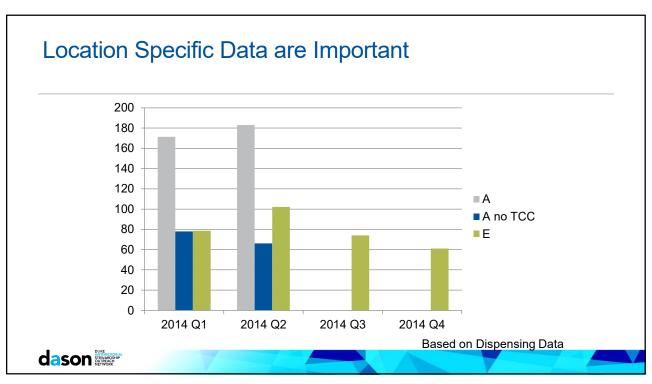
Kabbani S et al. Antimicrob Stewardship & Healthcare Epidemiol 2021;1:e58

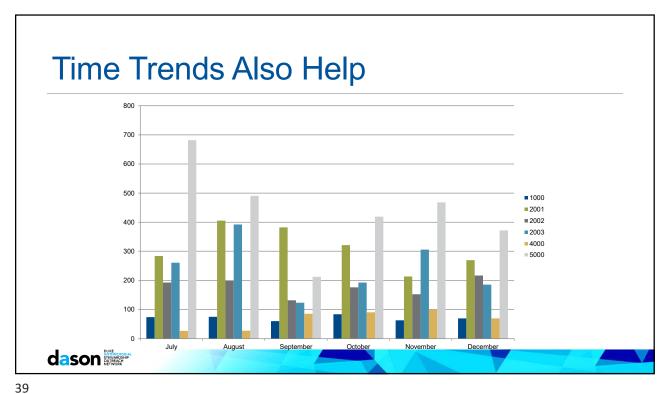


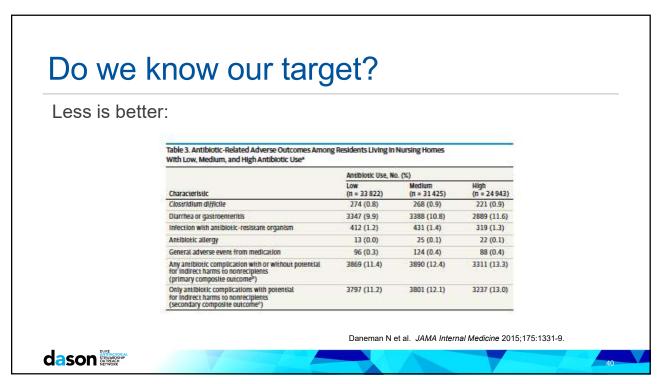
Note. IQR, interquartile range; IV, intravenous.

*Nursing home-initiated courses, first antibiotic order start date ≥ 3 days after nursing home admissis abstibute, course, all profess for the same drug with ≤ 1 days ean.









Making the Data Actionable

Data alone will not answer all the questions, but is allows more refined reviews

- Who?- Who is writing for the antibiotics?
- What?- What is the most frequently used antibiotic?
- Where?- Are there units that tend to use the most antibiotics?
- When?- Are there times when antibiotics are most likely to be prescribed?
- Why? What is the most common reason antibiotics are used?

From there

- Conversations become more productive
- Guidelines for use can be created with provider input
- Remember- always ask why- the reasons behind the use might not be what you had guessed!



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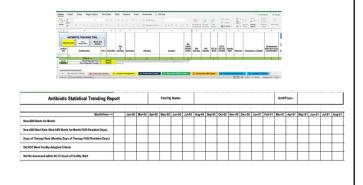
- · Tool options for monitoring
 - o Antibiotic Use Tracking Sheet (tool 2) (PDF | Word | Excel)
 - Sample Monthly Summary Reports to review progress (tool
 3) (PDF I Word I Excel)
 - Quarterly or Monthly Prescribing Profile to report findings back to prescribing clinicians (tool 4) (<u>PDF</u> I <u>Word</u>)



https://www.ahrq.gov/nhguide/toolkits/implement-monitor-sustain-program/toolkit2-monitor-sustain-program.html







https://www.rochesterpatientsafety.com/index.cfm?Page=For%20Nursing%20Homes

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Nursing Home

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Education

Provide resources to clinicians, nursing staff, residents and families about antibiotic resistance and opportunities for improving antibiotic use.

Priority examples (select):

- Education to prescribers
- Education to nursing
- · Education to residents and families

