

This policy has been adopted by UNC Hospitals for its use in infection control. It is provided to you as information only.

Worksheet for Human Milk Exposure

<u>Human Milk Exposure Follow-Up Protocol Checklist</u> <u>All components of this checklist should ideally be completed within 24 hours of exposure</u>	<u>Person Responsible to Complete:</u>
Oversight of the completion of this Checklist	Nurse Manager of the unit where the exposure occurred or designee
Notify Charge Nurse, Nurse Manager and/or Nursing Supervisor of infant's exposure to another mother's human milk. Provide the following information: - Exposed infant's name and UNC Medical Record # - Source mother's name (and UNC Medical Record # if she has one)	RN assigned to the infant or first to discover incident
Notify exposed infant's Medical Care Provider of the exposure. Provide the following information: - Exposed infant's name and UNC Medical Record # - Source mother's name (and UNC Medical Record # if she has one)	RN assigned to the infant or first to discover incident
Report the specific incident details to Risk Management via: Web based SAFE reporting system which is to be completed at time of event. Notify via phone, 984-974-3041 during business hours. If after business hours leave a voicemail providing the following information: Exposed infant's name and UNC Medical Record # Source mother's name (and UNC MR # if she has one)	All staff who handled the human milk involved (includes Nutrition and Food Services staff if they were involved in handling/labeling of the human milk)
Notify Infection Prevention by calling 984-974-7500 during business hours. If after normal business hours, email the shared Infection Prevention inbox at epidemiology.survey@unchealth.unc.edu with details. Provide the following information to the Infection Prevention Nurse: Exposed infant's name and UNC Medical Record # Source mother's name (and UNC MR # if she has one)	RN assigned to the infant or first to discover incident
Call Risk Management at 984-974-3041 during business hours. - Inform Risk Management of need for source mother's lab costs to be covered - provide name and UNC Medical Record Number <u>Infection Prevention will contact Risk Management after source mother's labs are completed. Infection Prevention will provide Risk Management with the Source patient's name, Medical Record Number, Date of Services and Test Names.</u>	Infection Prevention

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Discuss incident with exposed infant's parent(s): 1. Explain next steps. 2. Obtain lab work from the source mother. a. When documenting an orders only encounter there must be a diagnosis to associate with the orders. Please use diagnosis of "Exposure to Bloodborne Pathogen." 3. Describe how the parent(s) will be informed of the lab work results, including who will provide the information. 4. Document the discussion in the exposed infant's chart. NOTE: labs do NOT need to be drawn from exposed infant NOTE: Risk Management may be consulted for disclosure advice.	Exposed infant's Medical Care Provider (Utilize Lactation Consultant to assist if needed)
Discuss incident with source mother: 1. Explain next steps and how lab tests will be obtained (See next page). a. <i>Note: If source mother has had testing recorded for bloodborne pathogens in the 30 days prior to an exposure (HIV, Hep B, and Syphilis serologies), this lab work may be used in determining risk to exposed patient</i> 2. HIV testing done per <u>Requesting Human Immunodeficiency Virus (HIV) Antibody or Antigen Testing Hospital Administrative Policy 0029</u>. 3. Describe how the exposed infant's parent(s) will be informed of the lab results, including who will provide the information. 4. Document the discussion in the source mother's chart. 5. Follow one of the three scenarios below to order the Human Milk Exposure labs based on the source mother's status (e.g., inpatient or outpatient).	Source mother's Medical Care Provider, exposed infant's Medical Care Provider and/or the Medical Care Provider for the infant whose milk was misappropriated (utilize Lactation Consultant to assist if needed)
Inform the Immunology Lab at (984) 974-1815 (or (984) 974-1805 after hours), that a Human Milk Exposure has occurred and the source mother's lab work will be ordered, obtained and sent to the Immunology lab as soon as it is available. **The Immunology lab MUST be notified that the specimen is coming.	Individual collecting source mother's labs.
If Nutrition Room Staff were involved in the incident, nursing will inform the staff in the Nutrition Room	RN assigned to the infant or first to discover incident
Notify Director of Nutrition Room if the incident involved actions by Nutrition Room Staff. (Provide the supervisor with the same information that the nursing leadership was given above.)	Nutrition and Food Services Staff
Obtain a Pediatric Infectious Disease consult. If not urgent, page during normal business hours (8a-5p) 7 days a week.	Exposed infants Medical Care Provider

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Directions for Obtaining Bloodborne Disease Screening Labs After a Human Milk Exposure: <i>*If source mother has had testing recorded for bloodborne pathogens in the 30 days prior to an exposure (HIV, Hep B, and Syphilis serologies), this lab work may be used in determining risk to exposed patient</i>	Person Responsible to Complete:
1. UNC INPATIENT Source Mother: When the source mother is currently a UNC inpatient, a Medical Care Provider orders required lab tests via EPIC order for bloodborne disease screening – choose ‘Breast Milk Exposure Package’	Source mother’s Medical Care Provider OR Exposed infant’s Medical Care Provider places EPIC order. Phlebotomy obtains required lab samples, tubing them to Tube Station #82-Immunology Lab. <i>*NOTE:</i> If there is any problem having the inpatient source mother’s lab work drawn, please contact the Inpatient Phlebotomy Supervisor on call due to the time sensitive nature of these labs.
2. OUTPATIENT Source Mother: 2A. When the source mother already has a UNC Medical Record number, but is no longer an inpatient: - Exposed infant’s Medical Care Provider orders required lab tests for source mother only via EPIC order for bloodborne disease screening– choose ‘Breast Milk Exposure Package’ - Source mother is escorted to Labor and Deliver (L/D) triage where labs are collected and sent to station #82 ESSENTIAL: Inform the Immunology Lab at (984) 974-1815 (or (984) 974-1805 after hours), that Human Milk Exposure labs have been drawn. 2B. When the source mother does not have a UNC medical record number: - L/D triage staff create a new medical record number (MRN) and a walk in appointment for source mother to have labs	Exposed infant’s Medical Care Provider. L/D triage staff

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drawn. 2. Exposed infant's Medical Care Provider orders required lab tests for source mother only via EPIC order for bloodborne disease screening– choose 'Breast Milk Exposure Package' 3. Labs are collected by L/D triage staff and sent to station 82. The L/D triage staff who collect the labs notifies Immunology. ESSENTIAL: Inform the Immunology Lab at (984) 974-1815 (or (984) 974-1805 after hours), that Human Milk Exposure labs have been drawn.	
3. If source mother is unable to have labs drawn within 24 hours at UNC Medical Center, provider should consult with Pediatric Infectious Disease for up-to-date information on the post-exposure prophylaxis to be offered to the exposed patient. It is the responsibility of the exposed infant's medical care provider to arrange for appropriate care and management.	Exposed infant's Medical Care Provider